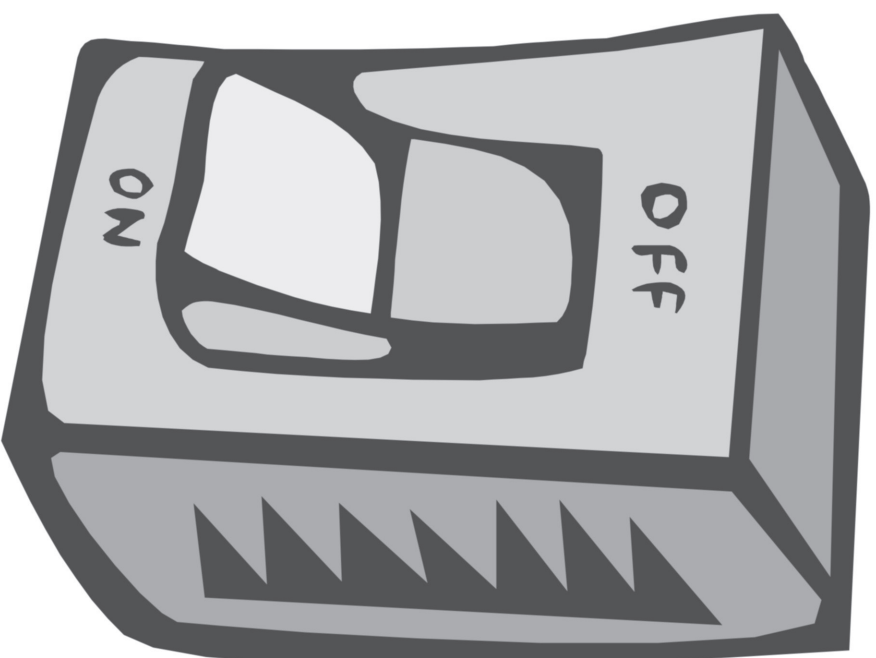


Save Electricity



Save energy! Turn off lights and machines when you aren't using them.

SAVING ENERGY

Most of the energy we use today comes from coal, oil, and natural gas. They are **fossil fuels**. They take millions of years to form. We can't make more quickly. They are **nonrenewable**. We need to save energy whenever we can. You can help.

Reduce: A good way to save energy is by not wasting things. Don't use paper plates or cups all the time. You only use them once—then throw them away. Write on both sides of your paper. Use a lunch box and thermos instead of paper bags and box drinks. Buy one big bottle of juice instead of six little ones. Buy one big bag of chips—not ten little ones. Reducing waste saves energy. It takes energy to make things and to get rid of them. Buy things without a lot of packaging. Some candy has more plastic around it than food in it. What a waste!

Reuse: Try to use things more than once. Wash out plastic sandwich bags and use them again. Use the comics from newspapers to wrap presents. Buy toys at yard sales and you can save energy and money, too. Give your old clothes and toys to someone who needs them—don't throw them away.

Repair: Fix old things whenever you can. Paint your big sister's old bike instead of buying a new one.

Compost: Put grass clippings, leaves, branches and food waste into a compost pile instead of throwing them away. It makes great fertilizer for your lawn or garden.

Recycle: You can recycle lots of things—cans, paper, glass, and plastic. It only takes a minute to recycle and it saves energy. It takes a lot of energy to dig up metal and make a can. It only takes a little energy to make a new can from an old one. And cans can be recycled over and over again. Plastic bottles can be recycled into clothes and rugs. Paper can be recycled into boxes and bags. Don't throw away anything you can recycle.

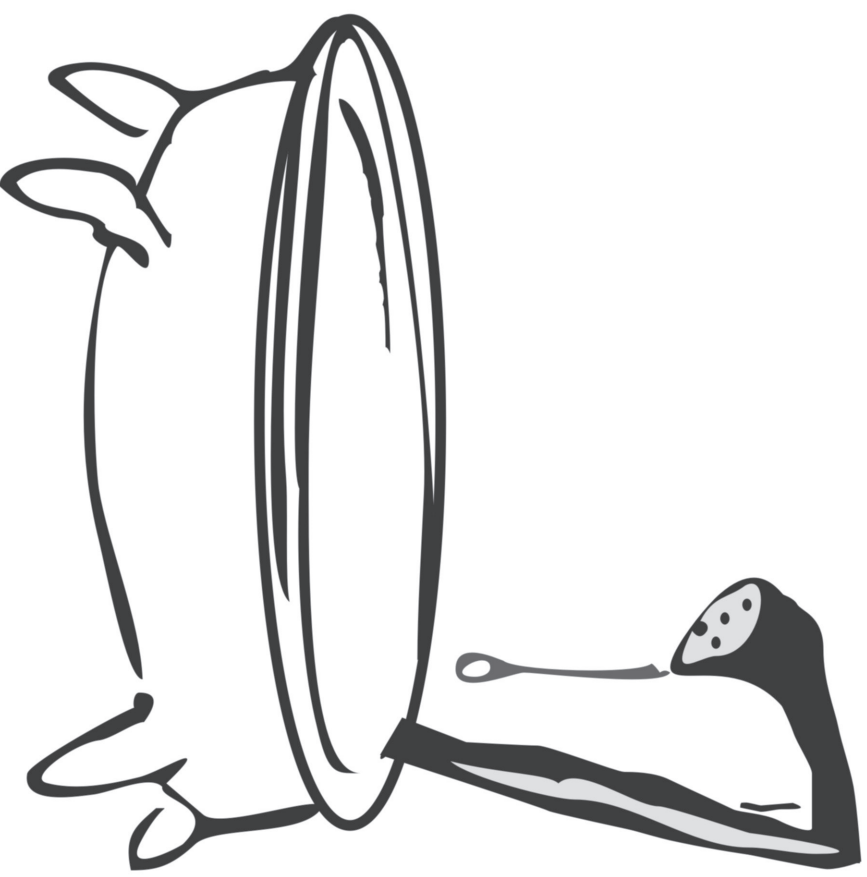
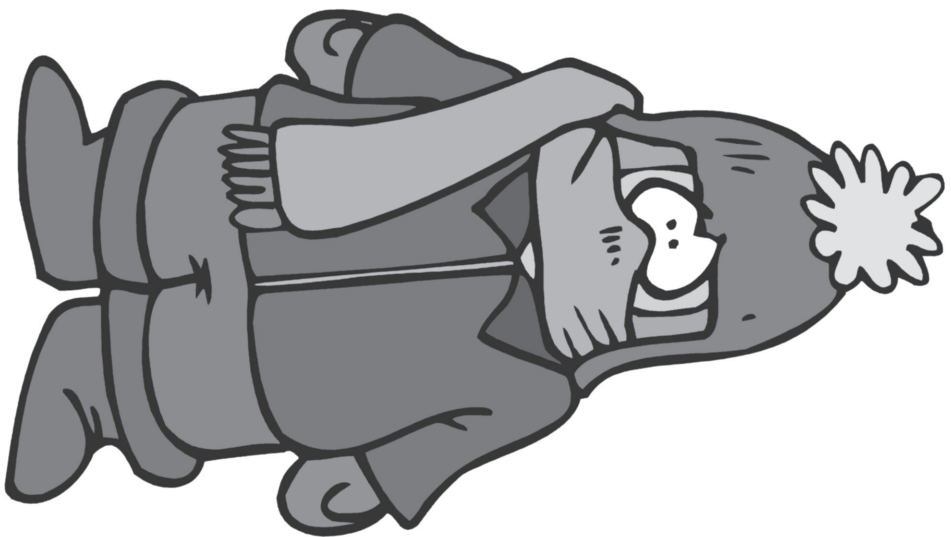
Save electricity: You use a lot of electricity every day. Use only what you need. Don't turn on two lights if you only need one. Remember to turn off the lights when you leave a room. Turn off the TV and video games, too. On a sunny day, read by a window. It's a simple way to save energy. Keep the refrigerator door closed. Know what you want before you open the door. If you're pouring a drink, don't leave the door open. It takes a lot of energy to cool things. If the air conditioner is on, keep doors and windows closed. Don't go in and out, in and out. If you can, just use a fan and wear light clothes.

Save heat: It takes a lot of energy to heat houses and water. If the heat is on, keep doors and windows closed. Wear warm clothes instead of turning up the heat. At night, use blankets to stay warm. When you take a bath, use only the water you need. And don't stand in the shower for a long time. Heating water uses energy.

Save gasoline: It takes a lot of energy to operate a car. Walk or ride your bike wherever you can. If you and some of your friends are going to the same place, go together. Take the bus instead of asking for a ride to school.

The things you do every day make a difference. If everyone saves just a little energy, it adds up to a lot.

Save Heat



It takes a lot of energy to heat your home and water.

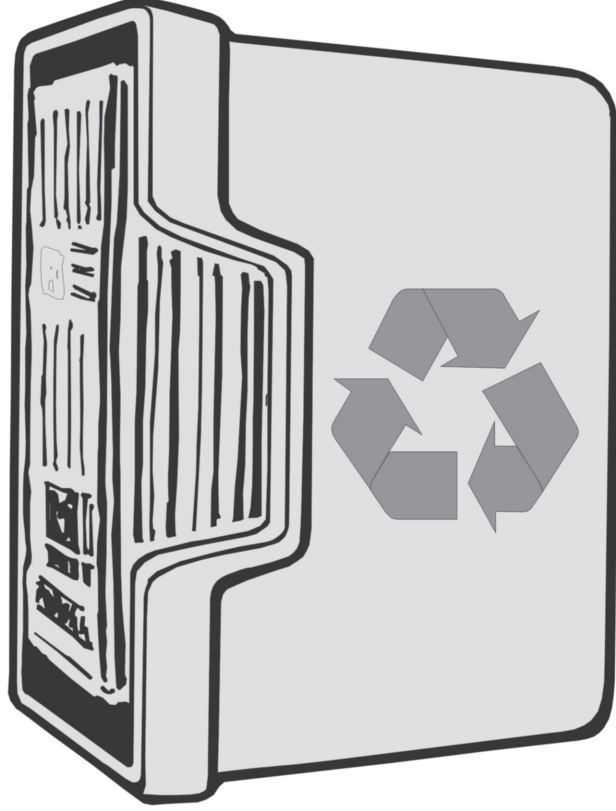
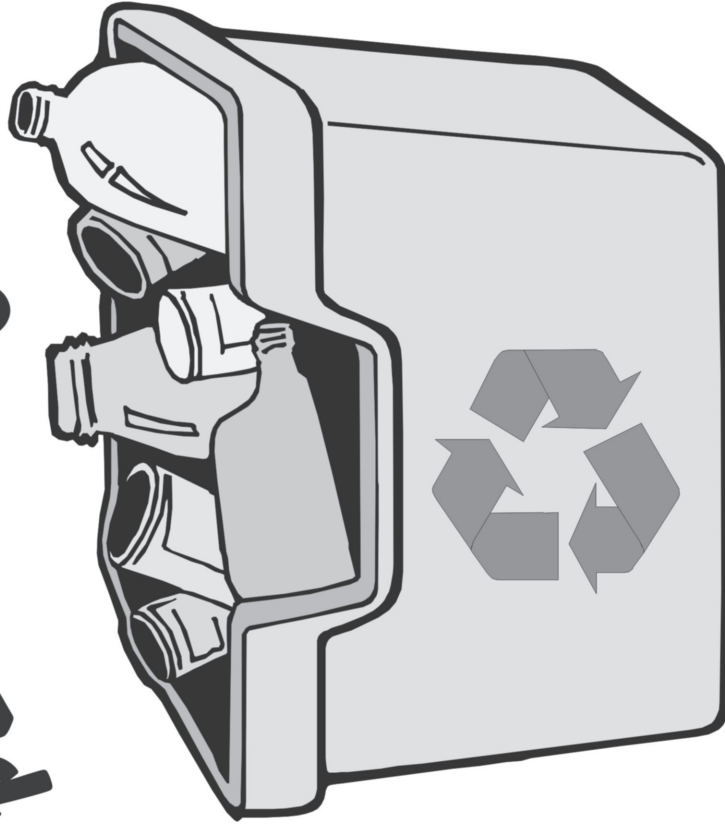
Recycle

PLASTICS

GLASS

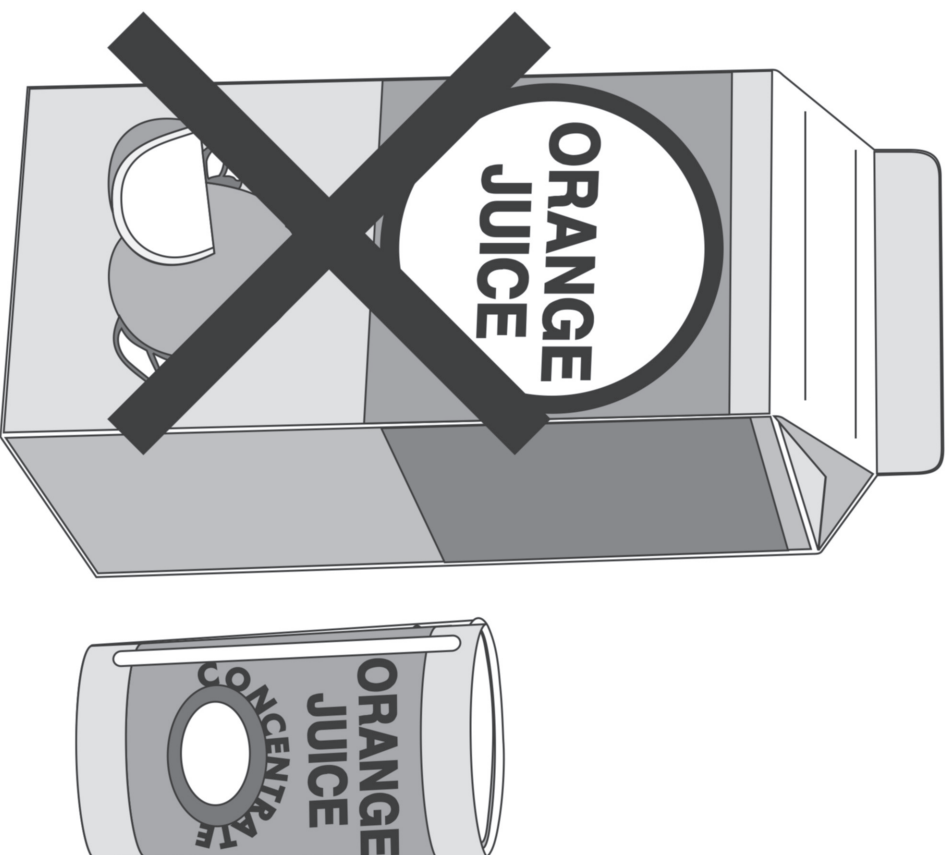
CANS

PAPER



Recycle everything you can.
Recycling saves energy.

Reduce



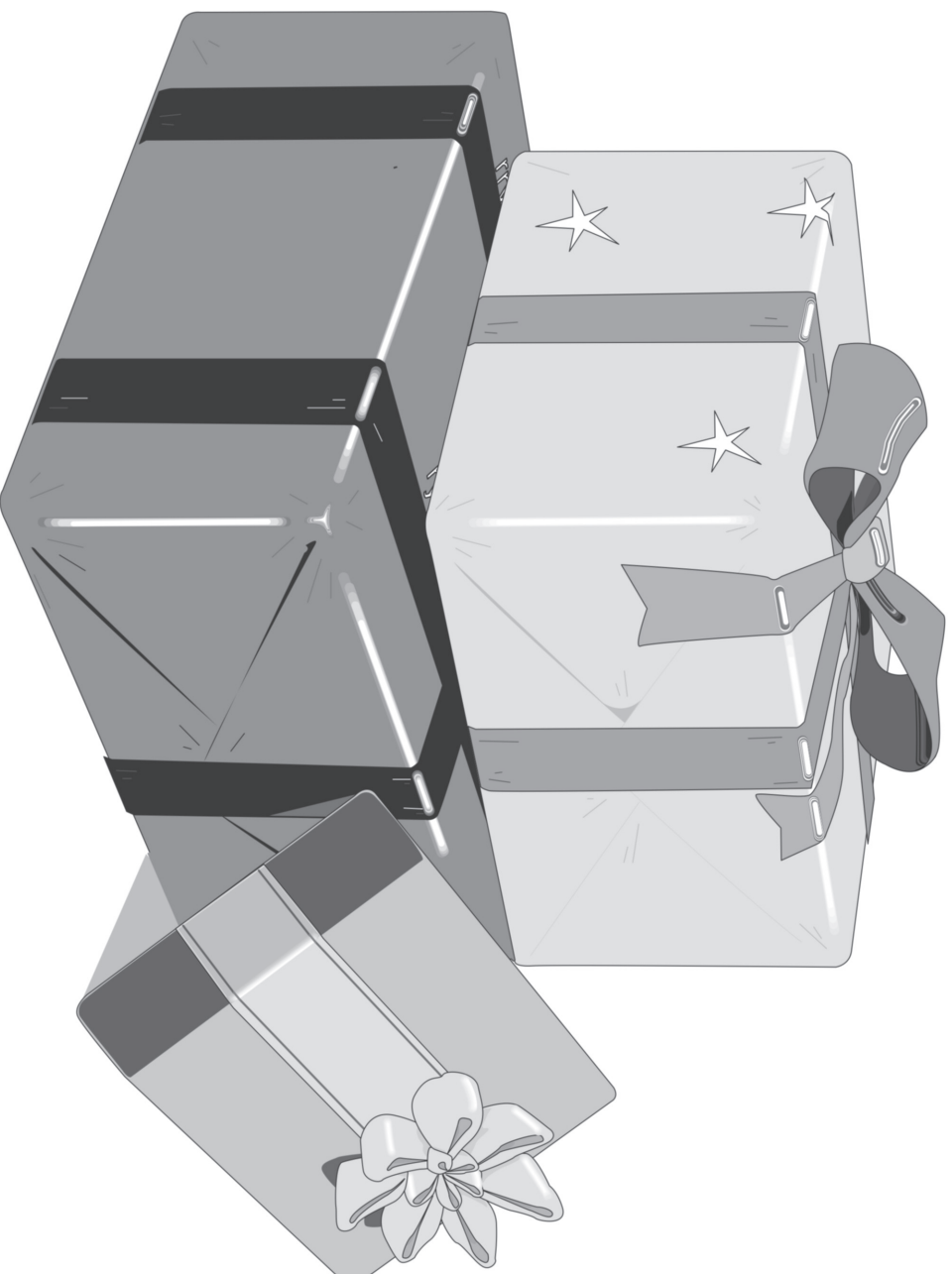
Reducing the amount of waste saves energy.

Repair



Repair things instead of throwing them away.

Reuse



Reuse things instead of throwing them away.

Compost



Compost food and yard waste.