

Congressional Award





What is the Congressional Award Program?

The Congressional Award is a public-private partnership created by Congress to promote and recognize achievement, initiative and service in America's youth, ages 14 to 23. The Congressional Award provides a unique opportunity for young people to set

and achieve personally challenging goals in four program areas:

The Four Program Areas:

- Volunteer Public Service providing voluntary public service to others and the community.
- Personal Development developing personal interests, social and employment skills.
- Physical Fitness improving quality of life through fitness activities.
- Expedition/Exploration undertaking a wilderness or venture experience



How can your school become involved in the Congressional Award program?

As a teacher or youth mentor, you spend valuable time with young people. Through The Congressional Award, you can act as an Advisor and guide youth to develop a lifestyle that focuses on improving themselves and their community. Advisors are a necessary component for students to be successful in this endeavor. The Congressional

Award program can complement the many activities in students' lives that are already taking place. Activities such as improving musical skills, developing athletic abilities, or volunteering in the community can be used to earn a Congressional Award.

What are my Roles and Responsibilities as an Advisor?

- Review The Congressional Award requirements and guidelines as provided in the program booklet with the participant.
- Support the participant in setting and achieving personally challenging, and fulfilling goals.
- Help the participant identify appropriate activities and qualified validators for each goal.
- Once the participant has completed the set activities for a given Award level, review their records and help complete the Record Book.



Registration:

Teachers or Mentors interested in getting involved or receiving more information, contact Senator Lugar at 1180 Market Tower, 10 West Market Street, Indianapolis, Indiana (317) 226-5555 or e-mail him at senator_lugar@lugar.senate.gov or visit his website student page at http://lugar.senate.gov/

How are the awards presented?

Senator Lugar will recognize his constituents who earn Bronze and Silver Congressional Award Medals throughout the year. The Gold Congressional Award ceremony is held annually in the U.S. Capitol and is presided over by the leadership of the House and Senate. An unlimited number of Congressional Awards may be earned throughout the country.