

FOOD AND DRUG ADMINISTRATION
CENTER FOR DRUG EVALUATION AND RESEARCH

NINETY-NINTH MEETING OF THE
CARDIOVASCULAR AND RENAL DRUG ADVISORY COMMITTEE

8:08 a.m.

Thursday, May 29, 2003

Holiday Inn - Silver Spring
8777 Georgia Avenue
Silver Spring, Maryland

ATTENDEES

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DONNA GRIEBEL, M.D.
VENKAT JARUGULA, PH.D.
LESLIE KENNA, PH.D.
DOUGLAS THROCKMORTON, M.D.
MARCEA WHITAKER, M.D.

REPRESENTATIVES ON BEHALF OF SANOFI-SYNTHELABO:

SYLVAIN DURRELMAN, PH.D.
PIERRE MAISON-BLANCHE, M.D.
JIM OPPERMANN, PH.D.
CLAUS ROEHRBORN, M.D.
JEREMY RUSKIN, M.D.
DOMINIQUE SALLIERE, M.D.
JON VILLAUME, PH.D.
WOJCIECH ZAREBA, M.D., PH.D.

ATTENDEES (Continued)

REPRESENTATIVES ON BEHALF OF BAYER PHARMACEUTICALS:

JOHN CAMM, M.D.
BOB CLARK
GERALD FAICH, M.D.
PAUL MacCARTHY, M.D.
JOEL MORGANROTH, M.D.
DR. P. SUNDARESAN
MARY TAYLOR, M.P.H.
THOMAS SEGERSON, M.D.
UDHO THADANI, M.D.

ALSO PRESENT:

CULLEY CARSON, M.D.
RODNEY FALK, M.D.
KATHERINE McCOMAS, PH.D.
WILLIAM SHELL, M.D.
MICHAEL SWEENEY, M.D.

C O N T E N T S

QT PROLONGATION ISSUES ASSOCIATED WITH TWO NEW DRUG APPLICATIONS: NDA 21-287, ALFUZOSIN HCl, SANOFI-SYNTHELABO INC., FOR THE PROPOSED INDICATION OF TREATMENT OF THE SIGNS AND SYMPTOMS OF BENIGN PROSTATIC HYPERPLASIA; AND NDA 21-400, LEVITRA, VARDENAFIL HCl, BAYER PHARMACEUTICALS CORPORATION, PROPOSED FOR THE INDICATION OF TREATMENT OF ERECTILE DYSFUNCTION

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P R O C E E D I N G S

(8:08 p.m.)

1
2
3 DR. BORER: Welcome to the 99th meeting of the
4 Cardiovascular and Renal Drugs Advisory Committee of the
5 U.S. FDA.

6 We'll begin the meeting which will deal with
7 issues relating to QT prolongation on the electrocardiogram
8 by drugs that are not antiarrhythmic drugs.

9 We have a number of special government
10 employees sitting ad hoc on the committee today because of
11 the nature of the drugs we're going to be talking about and
12 the problems we're going to be discussing. So I'd like to
13 begin by having everybody at the table introduce him or
14 herself. John, why don't you begin.

15 DR. NEYLAN: I'm John Neylan. I'm Vice
16 President of Clinical Research at Wyeth Research. I serve
17 on the committee as the industry representative.

18 DR. ARTMAN: My name is Mike Artman. I'm a
19 pediatric cardiologist at New York University School of
20 Medicine.

21 DR. CARABELLO: I'm Blase Carabello, a
22 cardiologist from the Baylor College of Medicine and the
23 Houston VA.

24 DR. BARBEY: I'm Toby Barbey, clinical
25 pharmacology from Georgetown University.

1 DR. HIRSCH: My name is Alan Hirsch. I'm an
2 associate professor of medicine and cardiovascular
3 specialist and vascular medicine clinician at the
4 University of Minnesota Medical School in Minneapolis.

5 DR. PICKERING: Tom Pickering. I'm at the
6 Cardiovascular Institute at Mount Sinai Hospital in New
7 York.

8 DR. ARMSTRONG: Paul Armstrong, cardiologist,
9 University of Alberta.

10 DR. RODEN: Dan Roden, clinical pharmacology
11 and cardiology at Vanderbilt.

12 DR. BERNITSKY: Gay Bernitsky. I'm a clinical
13 urologist.

14 DR. LORELL: Beverly Lorell, a cardiologist at
15 Harvard Medical School and Beth Israel Deaconess Medical
16 Center.

17 DR. CUNNINGHAM: I'm Susanna Cunningham. I'm a
18 professor in the School of Nursing at the University of
19 Washington in Seattle.

20 DR. LINDENFELD: I'm JoAnn Lindenfeld. I'm a
21 cardiologist at the University of Colorado.

22 DR. BORER: Jeff Borer. I'm at the Weill
23 Medical College of Cornell University.

24 MS. PETERSON: I'm Jayne Peterson. I'm the
25 acting Executive Secretary of the advisory committee for

1 today.

2 DR. FLEMING: Thomas Fleming, University of
3 Washington, Seattle.

4 DR. HANNO: Phil Hanno, urologist at the
5 University of Pennsylvania.

6 DR. KOWEY: Peter Kowey. I'm a cardiologist
7 and electrophysiologist from Philadelphia.

8 DR. NISSEN: Steve Nissen, cardiologist,
9 Cleveland Clinic Foundation.

10 DR. KENNA: Leslie Kenna, clinical pharmacology
11 reviewer, FDA.

12 DR. JARUGULA: Venkat Jarugula, clinical
13 pharmacology reviewer, FDA.

14 DR. WHITAKER: Marcea Whitaker, medical
15 officer, FDA.

16 DR. BENSON: George Benson, urology team
17 leader, FDA.

18 DR. GRIEBEL: Donna Griebel, Deputy Director of
19 the Division of Reproductive and Urologic Drug Products.

20 DR. THROCKMORTON: Doug Throckmorton. I'm the
21 Director of the Division of Cardio-Renal Drug Products.

22 DR. BORER: In addition, we have one voting ad
23 hoc member of the committee, Edward Pritchett, who is a
24 consulting professor of medicine in the Divisions of
25 Cardiology and Clinical Pharmacology at Duke, and Dr.

1 Pritchett is on the telephone and can hear us and
2 participate, though he's not physically present.

3 Before we move on, I want to remind everybody
4 that what happened just now is important to happen
5 throughout the meeting. That is, if you're going to say
6 something, press the button on your microphone and speak
7 into the microphone please. It will help us to know that
8 you have something to say and it will be possible for the
9 transcriber to hear you.

10 Jayne Peterson will now read the conflict of
11 interest statement.

12 MS. PETERSON: Good morning. It's quite a long
13 one today, so bear with me.

14 The following announcement addresses the issue
15 of conflict of interest with regard to this meeting and is
16 made a part of the record to preclude even the appearance
17 of such at this meeting.

18 Based on the submitted agenda for the meeting
19 and all financial interests reported by the committee
20 participants, it has been determined that all interests in
21 firms regulated by the Center for Drug Evaluation and
22 Research which have been reported by the participants
23 present no potential for an appearance of a conflict of
24 interest at this meeting with the following exceptions.

25 Dr. L. Gay Bernitsky has been granted a waiver

1 under 21 U.S.C. 355(n)(4), an amendment of section 504 of
2 the Food and Drug Administration Modernization Act, for
3 ownership of stock in one of alfuzosin's competitors who
4 also makes an alpha adrenergic blocker, and this is valued
5 at less than \$5,000. Because this stock interest falls
6 below the de minimis exemption allowed under 5 C.F.R.
7 2640.202(a)(2), a waiver under 18 U.S.C. 208 is not
8 required.

9 Dr. Jeff Borer has been granted a waiver under
10 18 U.S.C. 208(b)(3) for his consulting with one of the
11 sponsors of Levitra. The firm also makes competing
12 products to alfuzosin and Levitra. Dr. Borer consults on
13 unrelated matters, for which he receives \$10,001 to \$50,000
14 annually.

15 Dr. Susanna Cunningham has been granted waivers
16 under 18 U.S.C. 208(b)(3) and under 21 U.S.C. 355(n)(4), an
17 amendment of section of 505 of the Food and Drug
18 Modernization Act, for ownership of stock in one of
19 alfuzosin's competitors which is valued between \$25,000 and
20 \$50,000. The 21 U.S.C. 355(n)(4) waiver also includes
21 ownership of stock in one of Levitra's competitors valued
22 between \$5,001 and \$25,000. Because this stock interest
23 falls below the de minimis exemption allowed under 5 C.F.R.
24 2640.202(a)(2), a waiver under 18 U.S.C., section 208 is
25 not required.

1 Dr. Thomas Fleming has been granted a waiver
2 under 18 U.S.C. 208(b) (3) for membership on three unrelated
3 data monitoring committees supported by one of the sponsors
4 of Levitra who is also a competitor of both Levitra and
5 alfuzosin. He receives between \$10,001 and \$50,000 per
6 year. Dr. Fleming's waiver is also for his membership on
7 two additional unrelated data monitoring committees
8 supported by a competitor to both Levitra and alfuzosin.
9 He receives less than \$10,001 per year.

10 Dr. Alan Hirsch has been granted a waiver under
11 18 U.S.C. 208(b) (3) for his consulting with the sponsor of
12 alfuzosin. Dr. Hirsch consults on unrelated matters for
13 which he receives less than \$5,000 annually and for his
14 membership on a speaker's bureau for the sponsor of
15 alfuzosin. Dr. Hirsch does not receive any personal
16 remuneration from this interest. However, his employer
17 receives less than \$5,001 annually in support of the
18 Vascular Medicine Research Fellowship.

19 Dr. Peter Kowey has been granted a waiver under
20 18 U.S.C. 208(b) (3) for the following interests:
21 Consultant to the sponsor of alfuzosin on unrelated matters
22 for which he receives less than \$10,000 annually.
23 Consultant to a firm that makes competing products to
24 alfuzosin and Levitra. He consults on unrelated matters
25 and receives less than \$10,000 annually. Consultant to one

1 of the sponsors of Levitra on unrelated matters. The firm
2 also makes competing products to alfuzosin and Levitra. He
3 receives between \$10,001 and \$50,000 annually. Lectures
4 for one of the sponsors of Levitra. The firm also makes
5 competing products to alfuzosin and Levitra. And lectures
6 for a firm that makes competing products to alfuzosin and
7 Levitra. He receives between \$5,001 to \$10,000 a year from
8 each.

9 Dr. Edward Pritchett has been granted a waiver
10 under 21 U.S.C. 355(n)(4), an amendment of section 505 of
11 the Food and Drug Administration Modernization Act, for
12 ownership of stock in a competitor to alfuzosin and
13 Levitra. The stock is valued between \$5,001 to \$25,000.
14 Because the stock interest falls below the de minimis
15 exemption allowed under 5 C.F.R. 2640.202(a)(2) a waiver
16 under 18 U.S.C. 208 is not required.

17 Dr. Dan Roden has been granted a limited waiver
18 under 18 U.S.C. 208(b)(3) for the following interests:
19 Stock in a competitor of alfuzosin. The stock is held in a
20 trust fund and is valued between \$50,001 to \$100,000.
21 Consulting with one of the sponsors of Levitra on unrelated
22 matters for which he receives \$10,000 annually. The firm
23 also makes competing products to Levitra and alfuzosin. He
24 receives less than \$10,001 per year. Under the terms of
25 the limited waiver, Dr. Roden will be permitted to

1 participate in the committee's discussions concerning
2 alfuzosin and Levitra, but will not be voting.

3 A copy of these waiver statements may be
4 obtained by submitting a written request to the agency's
5 Freedom of Information Office, room 12A-30 of the Parklawn
6 Building.

7 In addition, we would like to disclose that Dr.
8 John Neylan is participating in the meeting as an acting
9 industry representative, acting on behalf of regulated
10 industry.

11 In the event that the discussions involve any
12 other products or firms not already on the agenda for which
13 an FDA participant has a financial interest, the
14 participants are aware of the need to exclude themselves
15 from such involvement and their exclusion will be noted for
16 the record.

17 With respect to all other participants, we ask
18 in the interest of fairness that they address any current
19 or previous financial involvement with any firm whose
20 products they may wish to comment upon.

21 Thank you.

22 DR. NISSEN: Are we ready for a coffee break
23 yet?

24 (Laughter.)

25 DR. BORER: The meeting is open for public

1 comment, and I think we have one, Jayne, that you want to
2 introduce.

3 MS. PETERSON: Yes, if I could introduce Mr.
4 Katherine McComas. This is really not public comment.
5 Katherine is conducting a survey, a conflict of interest
6 survey, for the University of Maryland, and she'd like to
7 say a few words.

8 DR. McCOMAS: Good morning. My name is
9 Katherine McComas, and I'm working with the FDA on a study
10 of public understanding of the conflict of interest
11 procedures that the FDA uses to monitor and manage its real
12 or potential conflicts of interest of its advisory
13 committee members. This study is being conducted across
14 multiple centers at the FDA and across multiple meetings.

15 I also have a separate survey that I'll be
16 distributing to the advisory committee members under
17 separate cover.

18 I realize you have a very busy day today. The
19 survey takes about 15 minutes to fill out. If you have a
20 chance to complete it today, there's a box on the
21 registration desk where you can drop it. Otherwise,
22 there's a business reply envelope that you can drop it and
23 it will make its way to me.

24 We really appreciate your taking the time to
25 fill this out. The more responses we get, the more valid

1 and reliable our results and the better we are able to make
2 recommendations to the FDA about ways to improve, if
3 necessary, the conflict of interest procedures to improve
4 overall satisfaction and understanding with the process.

5 I'll be around today. If you have any
6 questions, please seek me out. And thank you again for
7 your time and thank you for letting me address the group.

8 DR. BORER: Thank you.

9 If there is no public comment, we'll move on to
10 the agenda. There is an introductory statement on the
11 agenda. I'll summarize it here, read it in part. QT
12 prolongation issues associated with two new drug
13 applications: NDA 21-287 for alfuzosin hydrochloride from
14 Sanofi-Synthelabo for the proposed indication of treatment
15 of the signs and symptoms of benign prostatic hyperplasia;
16 and NDA 21-400 for Levitra, or vardenafil hydrochloride,
17 from Bayer for the proposed indication of treatment of
18 erectile dysfunction.

19 We're asked to focus our discussion on the
20 clinical trial designs which may be used for the assessment
21 of QT prolongation and the pros and cons. The approaches
22 to the correction of QT interval for drugs that affect
23 heart rate. And I'm sure we'll be discussing the positive
24 negative characteristics of each of the correction
25 algorithms that's being used now. And risks of cardiac

1 arrhythmias associated with different degrees of QT
2 prolongation, which is really the meat of the discussion.
3 Pre-marketing clinical safety data from these applications
4 and post-marketing safety data relevant to cardiac QT
5 prolongation from drugs in the same two drug classes, that
6 is, alpha adrenergic blockers and phosphodiesterase type 5
7 inhibitors, will be considered.

8 As an introduction to this discussion, Doug
9 Throckmorton, Director of the Division of Cardiovascular
10 and Renal Drug Products, will welcome us and provide some
11 background.

12 DR. THROCKMORTON: Dr. Borer, thank you very
13 much. I have two general things that I'd like to say. The
14 first is just to sort of provide a little bit of context
15 for the meeting today.

16 Detecting proarrhythmic risk for drugs that are
17 not antiarrhythmics has emerged as a real concern in drug
18 development and has occupied a lot of attention and a lot
19 of concern both within and without the agency and the
20 sponsors that we regulate. That concern has emerged in two
21 different ways.

22 One, there has been the release of a
23 preliminary concept paper of thoughts that will potentially
24 lead to a guidance document from the agency or the
25 international regulatory community about how to think about

1 looking for this proarrhythmic risk using primarily the
2 biomarker QT prolongation on the electrocardiogram,
3 although obviously the use of post-marketing as well and
4 other adverse events. That release of that document led to
5 a public meeting in early January where public comment was
6 solicited and received.

7 Today we have an opportunity to look at two
8 trials that have been conducted following some of the
9 suggestions that were discussed in both that paper and at
10 that meeting in January. It will be interesting to have
11 feedback from the committee with regard to the wisdom of
12 that suggestion, whether or not they believe this
13 particular trial design gives them the answers that they
14 feel they need as regards QT interval prolongation.

15 The one other thing that I need to mention,
16 Jeff, is I'd like to take the opportunity to thank three
17 members of the Cardio-Renal Committee. This is their last
18 meeting, and I'd like to use this opportunity to personally
19 thank them and thank them on behalf of the agency for
20 really terrific service that they've rendered over the last
21 several years. Dr. Hirsch, Dr. Lindenfeld, and Dr. Fleming
22 have all really contributed materially to the discussion
23 and the assistance that the agency has received from this
24 committee, and I'd just like to thank them because it's
25 been a real pleasure to work with them and I think they've

1 really helped us a great deal.

2 Thank you.

3 DR. BORER: I think all of us sitting around
4 the table, as well as the sponsors, would add to your note
5 of thanks to the three people who are leaving.

6 With that, we'll move on to the formal
7 presentation, first from Sanofi-Synthelabo. Dr. Jon
8 Villaume will introduce the presentation.

9 DR. VILLAUME: Good morning. My name is Jon
10 Villaume. I'm representing Sanofi-Synthelabo Research, the
11 developer of alfuzosin hydrochloride. Alfuzosin is before
12 the FDA for the treatment of the signs and symptoms of
13 benign prostatic hyperplasia, but today we will be
14 presenting electrocardiographic studies that we have
15 performed to assess the effect of alfuzosin on cardiac
16 repolarization.

17 In this presentation, we'll provide evidence to
18 demonstrate that the studies we have performed are adequate
19 to make an assessment of the effect of alfuzosin on cardiac
20 repolarization; that the effect size that we see, as
21 measured by the QT interval length, is small, even at
22 supratherapeutic doses; and that these increases are not
23 clinically significant.

24 The reason we have made that conclusion is the
25 following.

1 First, the increase the we see at the maximum
2 studied dose is likely to be the maximum that will be
3 achieved because the drug is pharmacokinetically very well
4 behaved.

5 Two, we have used a control agent that produces
6 a modest increase in QT interval length in a reliable
7 manner, and our effect size at supratherapeutic doses was
8 well below that level.

9 Further, drugs that have represented a
10 ventricular arrhythmogenic risk produce effect sizes that
11 are much larger.

12 And in addition to that, we have something that
13 many sponsors don't have at the time of initial approval,
14 and that is we have a large post-marketing database, and in
15 our surveillance of the post-marketing use of alfuzosin,
16 there is absolutely no signal of ventricular arrhythmogenic
17 risk.

18 Now, our presentation is divided into four
19 parts.

20 First, I will present background on alfuzosin
21 and discuss some of the issues that bring us here today.

22 After that, Dr. Jim Oppermann of Sanofi-
23 Synthelabo will discuss pharmacokinetics as they relate to
24 the evaluation of the adequacy of the design of the studies
25 that we have undertaken and will describe today.

1 Following that, Dr. Wojciech Zareba, who is
2 associate professor of cardiology at the University of
3 Rochester, will describe the study design and present the
4 results of our electrocardiographic studies.

5 Following that, Dr. Jeremy Ruskin of the
6 Massachusetts General Hospital will provide his perspective
7 on our data.

8 We also have a number of consultants to aid us
9 in answering questions from the panel. They include Dr.
10 Pierre Maison-Blanche from Hopital Lariboisiere in Paris.
11 Dr. Maison-Blanche was a principal reviewing cardiologist
12 on the studies that we performed. Dr. Craig Pratt from the
13 Methodist Hospital in Texas is also available to answer
14 questions. Dr. Claus Roehrborn of the University of Texas
15 was the principal investigator on our large U.S. BPH study,
16 and Dr. Roehrborn is an authority on BPH. And finally, we
17 have Joel Verter of the Statistics Collaborative to address
18 analytical issues. We also have additional members of
19 Sanofi-Synthelabo who will also be available to answer
20 questions.

21 Alfuzosin was first approved for this
22 indication in 1987. It's now approved in 108 countries,
23 including all of Europe and Canada and Australia, but it
24 has never been marketed for any indication other than BPH.

25 We filed an NDA for a once daily dosage form in

1 December of 2001, and that NDA demonstrated that there was
2 an improvement in the symptoms of BPH and it also increased
3 urinary flow. In those studies we identified 10 milligrams
4 once daily as the therapeutic dose and that no dose
5 titration was necessary. This dose is important because it
6 will become a benchmark dose in the studies that we're
7 discussing today.

8 Finally, the drug was very well tolerated in
9 these studies.

10 Now, our NDA also contained a number of
11 additional sources of information that are very relevant to
12 the assessment of ventricular arrhythmogenic risk, besides
13 the ECG studies.

14 First, we provided results of assay in the hERG
15 potassium channel, and we provide results here, all
16 conducted in the same system, first of a number of drugs
17 that are associated with ventricular arrhythmogenic risk,
18 astemizole, cisapride, and terfenadine. And then we have
19 an assessment of all of the approved alpha blockers.

20 We present first the IC50 for each of these
21 drugs in this particular assay and then provide the IC50
22 relative to the Cmax at the therapeutic dose of each of
23 these drugs. You can see, at least for alfuzosin, there is
24 a wide separation between the Cmax at therapeutic dose and
25 the concentration necessary to provide inhibition in this

1 particular assay, and this is contrasted to the ratios that
2 are obtained with the drugs that are known to be associated
3 with ventricular arrhythmogenic risk.

4 Next we have a number of clinical sources of
5 information. In the NDA, we provided a high dose ECG study
6 and that was study 4532, with the highest dose of 40
7 milligrams per day. We'll be presenting that briefly
8 later. That showed no clinically significant increase in
9 the QT interval length at suprathreshold dose.

10 As I mentioned before, since the drug has been
11 on the market since 1988, primarily in Europe, we have a
12 large experience base from post-marketing use, accounting
13 for 3.7 million patient-years of use, and we've identified
14 no signal of ventricular arrhythmogenic risk. Very
15 importantly, there has never been reported to us, either in
16 any of the clinical studies or ever in post-marketing use,
17 a single case of the signature adverse event for drug-
18 induced ventricular arrhythmia, and that is a torsade de
19 pointes type of arrhythmia.

20 Now, in October 2001, we received an approvable
21 letter from the FDA, and that approvable letter did not
22 identify any issues related to the efficacy of the drug.
23 The only issue that was raised related to the assessment of
24 the effect on cardiac repolarization. Based on the
25 approvable letter that we received and then subsequent

1 discussions with the FDA, it became apparent that they felt
2 they could not evaluate whether alfuzosin did or did not
3 have an effect on cardiac repolarization because the method
4 that we had employed in our ECG studies was novel and had
5 not been used extensively to evaluate drugs known to have
6 an effect on cardiac repolarization. Therefore, the study
7 needed to be validated.

8 The second issue was that we had not performed
9 an interaction study with ketoconazole at the maximum
10 allowable dose.

11 To address those issues, we had several
12 discussions with the FDA and obtained their recommendations
13 on the studies that we should perform and developed a plan,
14 and that plan included study 5105 that compared single
15 doses of 10 and 40 milligrams of alfuzosin to placebo. It
16 was very similar in design to the previous study, 4532,
17 except that now we have added to the study a positive
18 control and that control was moxifloxacin, an approved
19 antiarrhythmic, as I said, that has been known to reliably
20 produce a modest increase in the QT interval at the
21 therapeutic dose.

22 We also provided the protocol for a study to
23 assess the interaction with the maximum allowable dose of
24 ketoconazole.

25 With that, I will turn the podium over to Dr.

1 Jim Oppermann who is responsible for clinical
2 pharmacokinetics at Sanofi-Synthelabo, and Dr. Oppermann
3 will discuss the pharmacokinetics of the drug as it relates
4 to the design of the studies that we will be showing today.

5 DR. OPPERMANN: Thanks, Jon, and good morning.

6 Today I'd like to talk about the
7 pharmacokinetic properties of alfuzosin that demonstrate
8 that the QT interval evaluation that we did after a single
9 dose is appropriate. And secondly, I'd like to talk about
10 the intrinsic and extrinsic factors that may alter or
11 increase the exposure to alfuzosin and compare those
12 factors relative to the exposure that we had in the 40
13 milligram ECG study and demonstrate that in fact at this
14 dose, we basically exceeded those exposures that would be
15 expected to be achieved in the clinical situation, even at
16 the extremes of certain exposures.

17 Now, when considering single-dose versus
18 repeated-dose designs, there are three major factors to
19 worry about. The first is the time to reach steady state.

20 The second, what is in fact the exposure after repeated
21 administration versus single administration, and then
22 thirdly, what's happening to the metabolites?

23 With respect to time to reach steady state, on
24 this graph I've plotted the trough levels of alfuzosin,
25 that is, 24-hour samples that were obtained after the first

1 dose, second dose, third dose, fourth, fifth dose of a
2 once-a-day regimen. 24 subjects were in this study. As
3 you can see graphically, basically there was no difference
4 in the mean values across the 5 sampling days.

5 Statistically they say the same thing. There's no day
6 effect. So based on this analysis, we can conclude that
7 steady state is essentially reached after the first dose.

8 Now, let's look at a 24-hour plasma profile
9 comparing single and repeated administration. So this
10 particular slide represents the plasma concentration time
11 profile in 58 subjects receiving a single dose of an
12 alfuzosin tablet. As you can see, there's a nice prolonged
13 plateau, basically plateauing from around 6 hours to 14
14 hours. And if we now overlay that graph with the plasma
15 concentration time profile that occurs after 5 days of
16 repeated administration in 42 subjects, you can see that
17 there are very small differences from a single dose to
18 repeated dose in these two curves.

19 And if you then look at the pharmacokinetic
20 parameters, single dose versus repeated dose, for C_{max}, a
21 very small increase. For AUC, approximately a 15 percent
22 increase was observed, single versus repeated dose, and
23 essentially no difference for C_{max}. This base value
24 basically agrees with the exposure increase you would
25 expect for a drug that's got a half-life of 9 hours, which

1 alfuzosin does.

2 Now, what's happening to the metabolites? This
3 is a radiochromatogram of a plasma sample taken from a
4 subject who received C14-alfuzosin. The first thing to
5 note is that alfuzosin is in fact the major radioactive
6 component in this sample. The metabolites that occur are
7 in the background. They're very low level. There are two
8 major peaks here which represent the glucuronides of
9 alfuzosin itself and the glucuronides of its two
10 O-desmethyl metabolites.

11 Now, what is the time course for this
12 appearance and disappearance of these metabolites in
13 plasma? Again, this is a graph from a radioactive study
14 conducted in 3 human subjects given 10 milligrams of the
15 C14-alfuzosin. The top curve represents total
16 radioactivity, which then would be the sum of alfuzosin and
17 its metabolites, and the bottom curve represents alfuzosin
18 itself.

19 First of all, you can see from this curve that
20 the metabolites, which are the differences here, are
21 rapidly produced. So, therefore, they would be expected to
22 be present at the time you're doing a single dose
23 evaluation of the QT interval. And secondly, the
24 metabolite disappearance mirrors the disappearance rate of
25 alfuzosin. So they're formed and rapidly eliminated.

1 They're probably formation rate-limited because they're
2 glucuronides and they are rapidly excreted. So under these
3 conditions, there would be no expected accumulation of
4 metabolites after repeated administration.

5 Therefore, based on the steady state, the
6 results after repeated administration, and the fact that
7 metabolites don't accumulate, we feel that the single dose
8 design to evaluate QT effects is in fact appropriate.

9 Now, what other factors might increase exposure
10 to alfuzosin, factors that might impact on the choice of
11 the top dose or the design of the QT interval study?

12 First of all, metabolism is the primary
13 elimination pathway of alfuzosin, and in that regard,
14 CYP3A4, cytochrome P450 3A4, is the primary isozyme
15 responsible for metabolism of alfuzosin. In vitro, in
16 human hepatocytes, ketoconazole inhibits 90 percent of
17 alfuzosin's metabolism.

18 We had done a study with 200 milligrams, the
19 recommended dose of ketoconazole, and the agency asked us
20 to go back and do a study with 400, the maximum allowable
21 dose, and we did that. This study was conducted in 12
22 healthy male volunteers, and the study design was alfuzosin
23 alone, then treatment with ketoconazole for 8 days, and on
24 the 7th day of that 8-day treatment, alfuzosin was given
25 again.

1 These profiles represent the results from that
2 study. The bottom curve is alfuzosin when given alone.
3 The top curve is alfuzosin when given in the presence of
4 ketoconazole at steady state, and the parameter changes, as
5 a function of the high dose of ketoconazole, were for Cmax,
6 2.3 times increase, and for AUC, 3 times increase.

7 Now, the 40 milligram dose was the dose chosen
8 for the ECG study based on those results, but we also
9 looked at the exposure that we got with the 40 milligram
10 dose relative to other factors that might increase
11 exposure. So we had conducted a study in hepatic
12 impairment and basically in moderate and severe hepatic
13 impairment. The clearance changes are roughly 3- to 3.5-
14 fold difference. Age has a slight effect in subjects that
15 are greater than 75 years old. There's a slight increase
16 in AUC and Cmax in the order of 1.3-fold. Renal impairment
17 has about a 1.5-fold effect on the plasma concentrations.
18 This is as expected because renal clearance is only a minor
19 pathway. Less than 10 percent of the dose is excreted in
20 urine, as alfuzosin itself. Here's the ketoconazole
21 results, which I showed you. Diltiazem, which is a
22 moderate 3A4 inhibitor, as expected, gave lesser effect
23 than ketoconazole, about 1.5-fold, and then basically this
24 is the small increase in AUC that we saw with a repeated
25 dose versus a single dose.

1 So the bottom line is that 40 milligrams covers
2 all these situations, and it should be noted at the 40
3 milligram dose in both of the ECG studies, that there was a
4 significant percentage of postural hypotension that was
5 achieved. 20 percent of the subjects had an issue with
6 postural hypotension indicating that we're getting close to
7 the top tolerated dose.

8 We also compared the exposure that we got in
9 the 40 milligram QT study with data that we had generated
10 during our phase III trials. In this particular slide, we
11 have plotted the actual peak concentrations. These were
12 determined in this 10- to 14-hour window after alfuzosin
13 dosing in our phase III trials, and basically you can see
14 at the sampling times of days 28, 56, and 84, there's very
15 little change. There was no accumulation in these
16 subjects, with the n's listed here. Basically if you go
17 back to one of my initial slides where I showed the peak
18 levels that were achieved in the two pharmacokinetic
19 studies, they're in the same range there too. So there's
20 no accumulation from day 5 to day 28.

21 So under these conditions -- and these are,
22 again, real-time situations. People here are on 3A4
23 inhibitors. The subjects are old. Some of them have renal
24 impairment. You can see we greatly exceeded that exposure.

25 We actually did a little simulation where we

1 said, okay, what would happen if you had renal impairment
2 than then you, on top of that, took ketoconazole, or what
3 about age and, on top of that, ketoconazole?

4 This is what this graph shows. So here are the
5 estimated Cmaxs, simulated Cmaxs, and AUCs that you would
6 predict would occur in subjects, for example, who are
7 greater than 75 years old and who had taken ketoconazole or
8 subjects who had moderate or severe renal impairment and
9 had taken ketoconazole, and then I compared this to the
10 exposure that we got. For example, here's the Cmax in the
11 40 milligram ECG study. So you can see that even in the
12 simulated conditions, the dose that we used seems to cover
13 the exposure.

14 So what I tried to show today, first of all, is
15 that evaluation of the QT interval after a single dose is
16 in fact appropriate for alfuzosin because the steady state
17 is reached very rapidly, exposure after repeated
18 administration is very similar to single dose, and that the
19 metabolites which are formed are rapidly formed and
20 eliminated with similar half-lives as alfuzosin itself.
21 Secondly, the exposure that we got on the 40 milligram dose
22 covers the clinical situation even in the real-world,
23 worst-case scenarios.

24 Thank you.

25 DR. BORER: Dr. Oppermann, before we continue,

1 I want to take some time for any questions that have to do
2 with clarification of what you've presented. I'd like to
3 begin with two, and then we'll see if there are any others.

4 First, a minor one. The postural hypotension
5 you mentioned, my recollection is -- and I just want a
6 confirmation of this -- that to account for this, when you
7 did your studies, you had people reclining for, I think it
8 was, 12 hours before you did the measurements. Is that
9 correct?

10 DR. OPPERMANN: Yes.

11 DR. BORER: More importantly, you showed us
12 time to peak plasma level and justified the 1-day dosing on
13 the basis of that. That seems reasonable except that in
14 theory it's conceivable that the time to peak QT effect is
15 not the same as the time of peak plasma concentration. Do
16 you have any information that would allow us to be
17 confident that the time to peak QT effect, whatever that
18 may be, is reasonably captured by the time to peak plasma
19 concentration that you gave us?

20 DR. OPPERMANN: Can I go to my backup slides,
21 or do you want to hold that? I have a backup slide that
22 might address it.

23 First of all, we are not aware of any situation
24 actually where the QT changes were at a time point
25 significantly different than at Cmax, or saying it in other

1 words, that there were QT changes that occurred at later
2 times than Tmax. We're not aware of any situation like
3 that.

4 Slide 21 please. Obviously, we don't have
5 tissue concentration data in humans, although actually we
6 have prostate values in humans. But we don't have heart
7 concentrations.

8 So in trying to evaluate what's happening in
9 other tissues, specifically the heart, this is a graph
10 showing heart concentrations of total radioactivity and
11 plasma concentrations of total radioactivity after
12 administration of the radioactive alfuzosin to rats, 8 rats
13 in the study. So this curve again represents alfuzosin
14 itself, and alfuzosin and its metabolites, the combination
15 of that.

16 I have a similar curve, if you just wanted to
17 measure alfuzosin here, but this represents both
18 metabolites and alfuzosin.

19 So, first of all, you can see, as I mentioned
20 before, in plasma the radioactivity levels are rapidly
21 reached in the heart, but then they decline at
22 approximately the same levels as plasma. So if we can
23 extrapolate rat to human -- and we can because the
24 metabolic profile is very similar -- measuring it at times
25 of Cmax is probably appropriate.

1 DR. BORER: Okay. I don't want to take any
2 more time with this. Now, I appreciate those data. We may
3 want to come back to this topic later, but that's fine for
4 now.

5 I'd like to ask if anyone else has any issues
6 of clarification here, and I'd like to specifically ask Dr.
7 Pritchett, since I can't see when you press your red button
8 here, if you have any questions you want to ask Dr.
9 Oppermann right now.

10 DR. PRITCHETT: I do not, Jeff. Can you hear
11 me?

12 DR. BORER: Yes, fine. Thank you.

13 DR. PRITCHETT: Jeff, the only mikes that I can
14 hear are the mikes at the committee members' desks. I
15 cannot hear the speakers from the podium or from the
16 audience. So if you can get someone working on the audio
17 there, it would help me here.

18 DR. BORER: Okay. We will try and do that
19 right away.

20 DR. PRITCHETT: Thank you.

21 DR. BORER: So that would account for you have
22 no questions or comments.

23 (Laughter.)

24 DR. BORER: Steve Nissen has to leave at about
25 10:30. So, Steve, do you have any questions you need to

1 raise at this time?

2 DR. NISSEN: No.

3 DR. BORER: Anybody else? Dan?

4 DR. RODEN: I'd like a little clarification
5 about the metabolites. You haven't shown us where the C14
6 was inserted on the molecule, so I'm not 100 percent
7 confident that measuring C14 activity is a measure of
8 actual metabolite accumulation. And since you know the
9 pathway is 3A4 and yet you show us glucuronides as the
10 major product at 1 hour, I wonder if you know the identity
11 of these major metabolites, and do you have any information
12 on their cardioactivity?

13 DR. OPPERMANN: No, we don't have any
14 information on the cardioactivity of the metabolites.

15 Can I have slide 14 please? This is the
16 metabolic profile of alfuzosin. The metabolites that I
17 showed you in plasma were the glucuronide conjugate of
18 this, which is the O-desmethyl and its corresponding O-
19 desmethyl compound there. So these were the two
20 metabolites, together with conjugation of alfuzosin itself,
21 which are the major metabolites appearing in plasma.
22 They're also major metabolites in urine.

23 Another metabolite which appears in the feces
24 is this one, but it doesn't appear to any great extent in
25 urine.

1 I have a slide where we measured the urinary
2 rate of elimination of this metabolite as its glucuronide,
3 and this one as its glucuronide, which basically shows that
4 the half-lives are in the 4- to 6-hour range or less.

5 DR. RODEN: It seems to me that the most
6 straightforward way of addressing what you want to address
7 is to get some concentration data at steady states or after
8 somebody has been on it for a week or 2 or something that
9 nobody is going to argue about and tell us what the
10 metabolite concentrations in plasma are. And do you have
11 those data?

12 DR. OPPERMANN: No, we don't. We actually
13 elected not to measure metabolites because they were
14 glucuronide conjugates and it would be very unlikely that
15 they would be pharmacologically active. So at that point
16 there was a decision not to measure metabolites.

17 But I think the urinary data do demonstrate
18 that these have relatively fast half-lives and would not be
19 expected to accumulate.

20 DR. BORER: Are there any other issues that
21 require clarification before we move on?

22 (No response.)

23 DR. BORER: You can hear now, Dr. Pritchett.

24 DR. PRITCHETT: I can. Thank you very much.

25 DR. BORER: Way to go.

1 Why don't we move ahead then?

2 DR. OPPERMANN: Then I'd like to introduce Dr.
3 Zareba who will talk about the methodology and the results
4 of the ECG trials that we did.

5 DR. ZAREBA: Ladies and gentlemen, it is my
6 pleasure to present for you data in regards to
7 methodological aspects and findings of the study focus on
8 the effect of alfuzosin on ventricular repolarization.

9 This presentation will emphasize how increased
10 heart rate may influence QT interval and eventually how we
11 can adjust for heart rate and correct for heart rate in
12 such conditions. We will demonstrate relatively new so-
13 called Holter based RR bin method which tries to control
14 for heart rate but not correcting for heart rate. We will
15 speak about design and results of two studies which were
16 specifically conducted by the company to evaluate effect of
17 alfuzosin on QT interval.

18 Alfuzosin is an alpha-1 blocker, and as such,
19 may increase heart rate. This slide shows data from the
20 study that was mentioned by Dr. Villaume, study 5105,
21 during which we had subjects administered 10 milligrams and
22 40 milligrams of alfuzosin, in addition to a positive
23 control of moxifloxacin 400 milligrams.

24 As you may notice, on average, there is an
25 increase in heart rate in therapeutic dose, moderate, about

1 1.5 beats per minute, which increases to 3.7 beats per
2 minute with the higher, suprathapeutic dose of 40
3 milligrams of alfuzosin. It is worth emphasizing that 33
4 percent of patients at the suprathapeutic dose showed a
5 heart rate increase which exceeded 15 beats per minute, and
6 as we know, 15 beats per minute is a very usual observation
7 we have on an everyday basis in any subject.

8 This particular change in heart rate, of
9 course, prompts us to determine methods to adjust the
10 analysis of QT for heart rate, especially since QT is
11 associated with heart rate, a very strong relationship.

12 Over decades, we had several methods developed
13 to adjust for heart rate, and of course, there are
14 traditional QT correction formulae, including Bazett and
15 Fridericia, which try to compare QT to the standard heart
16 rate of 60 beats per minute or RR interval 1,000
17 milliseconds, and they are broadly used clinically.

18 Recently there is evidence that those two
19 traditional formulae create some under- or over-estimation
20 in some subjects whose exponent is not exactly matching .5
21 or .33, as it is shown in Bazett and Fridericia. There are
22 two methods of correction which recently have been
23 exercised. One is population-based correction with
24 regression modeling, helping us derive a coefficient which
25 is pertinent for a specific population, and another is

1 subject-specific. Each individual, having a substantial
2 number of QT and RR points, has the ability to demonstrate
3 specific QT/RR correction with a specific exponent which
4 will be pertinent for the subject.

5 Let's take a look at an example of another
6 subject from study 5105 who had a 60 beats per minute heart
7 rate which increased to a 75 beats per minute heart rate,
8 and accordingly, the QT shortened, as physiologic response
9 should be.

10 If we look at the Bazett formula, you all of a
11 sudden see that there is a 24-millisecond over-correction
12 of QT interval with this mathematical correction.
13 Fridericia performed somewhat better, but if we compare
14 these two subject-specific based formulae, which is derived
15 based by the behavior of QT and RR in this particular
16 subject, we can appreciate that this correction practically
17 follows exactly the pattern of 60 beats per minute. This
18 approach should be exercised more and more, but this
19 approach again is based on modeling, modeling which tries
20 to fit the linear or curvilinear line.

21 There are other methods which could be
22 exercised, and one of the methods which I would like to
23 present to you today is the so-called Holter-based RR bin
24 method.

25 What is the Holter RR bin method? The ECG

1 required for this methodology should consist of at least
2 several minutes, but usually it is a 24-hour Holter
3 recording. And if we have such a recording, we first try
4 to identify QRS complexes and sinus beats, measure RR
5 intervals between beats. Subsequently specific beats with
6 a specific range of RR interval every 10 milliseconds are
7 clustered to create so-called RR bins. Like in this
8 example, you have a cluster of beats creating a bin of
9 1,000 milliseconds and 1,010 milliseconds, and subsequently
10 there is signal averaging implemented to create the final
11 beat which represents this particular beat. This beat
12 serves for further analysis using manual measurement of QT,
13 and this measurement is performed blindly and also as
14 fiducial points which we will see on this slide are kept in
15 digital format.

16 This method has the following advantages.
17 First of all, it controls rather than corrects for heart
18 rate. There is no need for correction which may eventually
19 incorporate some bias.

20 On top of it, it provides the ability to
21 explore a wide range of RR interval for each subject and,
22 therefore, we can exercise direct comparison of absolute QT
23 at various heart rates. This could be done on placebo and
24 this could be done on drug.

25 Another advantage is that we get multiple

1 points to develop even better fitting of a QT/RR regression
2 model. And the next slide is showing this kind of example
3 of individual QT/RR relationship. So if we have a wide
4 spectrum of RR interval and we have behavior of QT through
5 this wide spectrum of interval on placebo, one could
6 imagine that if the drug had not any QT effect, we would
7 have superimposed lines. Whereas, where we have drug,
8 which potentially contributes to some QT prolongation, we
9 will see an upward shift of this regression line.

10 This method also allows us to look at specific
11 RR interval. Whether 800, 1,000, or 1,200, we can just
12 simply look at absolute QT on placebo and on drug and
13 compare it. This has the advantage of avoiding any QT
14 correction formula.

15 This method has been applied in two studies
16 which I will be presenting. The first study is a study Dr.
17 Villaume already mentioned, study 4532, which was included
18 in the original NDA. And the study, which is the primary
19 topic of my presentation, is study 5105, was specifically
20 designed based on the recommendations of FDA, and this
21 study compared single doses of 10 and 40 milligrams of
22 alfuzosin with a positive control in the form of 400
23 milligrams of moxifloxacin, an antibiotic known to increase
24 QT prolongation, and of course, placebo.

25 Speaking about the first of these two studies,

1 study 4532 was a single-center, randomized, double-blind,
2 four-way crossover study involving 24 healthy male subjects
3 who were administered 10, 20, and 40 milligrams of
4 alfuzosin and placebo. This study included Holter
5 recordings done at screening, at four periods of single-
6 dose administration.

7 As was already reported in the original NDA,
8 this study showed that there was a 2-millisecond increase
9 in QT1000 which reflects QT measured at 60 beats per minute
10 with an upper confidence interval of just 3 milliseconds.
11 There was no evidence for dose dependency in this
12 particular study.

13 Because this method of the Holter bin approach
14 was relatively novel, FDA requested that we provide
15 additional evidence that this method is useful and is
16 sensitive enough to identify any signal on ECG. Therefore,
17 the study 5105 was designed with the following objectives:
18 to validate the Holter bin method by using both a positive
19 control and QT corrections from 12-lead ECG recordings.
20 Again, a positive control using moxifloxacin at therapeutic
21 approved dose of 400 milligrams. And to reassess the
22 effect of alfuzosin given at two different doses, a
23 therapeutic dose of 10 milligrams and a supratherapeutic
24 dose of 40 milligrams, on QT interval using the Holter bin
25 method.

1 Again, this study was a single-center,
2 randomized, double-dummy, four-way crossover study
3 involving 45 subjects who are given alfuzosin 10 and 40
4 milligrams as well as placebo and moxifloxacin 400
5 milligrams as a positive control. Each period consisted of
6 a run-in placebo, followed by a single-dose administration,
7 and there was a washout of 5 days between successive
8 periods.

9 The primary endpoint was QT measured using this
10 novel Holter bin method. Change in QT1000 was of primary
11 interest because it is similar to other formulae which try
12 to correct for heart rate exactly at 60 beats per minute.
13 On top of it, the other primary endpoints included change
14 in QT at RR bin with the largest number of complexes, as
15 well as change in QT averaged over all RR bins.

16 On top of this primary endpoint, we wanted to
17 exercise other measurements of QT utilizing standard 12-
18 lead ECGs. They included individual-based corrected QTcNi.

19 We used also population-based correction based on the
20 population of interest, as well as traditional formulae I
21 mentioned before, Fridericia and Bazett.

22 On top of it, we also explored some measurement
23 of QT interval at other heart rates spanning throughout
24 quite a wide range of RR intervals.

25 It's important to emphasize that we tried to

1 make sure that those measurements are performed in the time
2 window which matches the highest concentration of the drug.

3 In light blue, we can see concentration of the drug given
4 at 10 milligrams; in dark blue, given at 40 milligrams; and
5 in red, the concentration of the moxifloxacin which was
6 used as a positive control.

7 As you may notice, the administration of
8 moxifloxacin was on purpose shifted 6 hours later after the
9 administration of alfuzosin to accomplish matched peaks of
10 plasma concentration. The period between 7 and 11 hours
11 was of particular focus to make sure that we will be able
12 to evaluate QT at maximal action of these drugs.

13 The study was powered to detect a 5-millisecond
14 change caused by moxifloxacin in Bazett corrected QTc.
15 This 80 percent of power required 45 subjects and
16 simultaneously, these 45 subjects were sufficient to
17 provide more than 80 percent of power to detect just a 3-
18 millisecond difference using the Holter bin QT1000 method
19 for any treatment group.

20 Moving to the results, I will first show you
21 moxifloxacin data. The Holter bin method with QT1000
22 demonstrated a 7-millisecond increase in repolarization
23 duration after therapeutic and approved dose of 400
24 milligrams of moxifloxacin. This was confirmed by
25 individual correction, population correction, and

1 traditional formulae. This particular exercise led us to
2 believe that in fact the Holter bin method is successfully
3 able to identify a potential signal if it exists.

4 Data for the therapeutic dose of alfuzosin at
5 10 milligrams did not show any significant difference in QT
6 duration. If we look at QT1000, the upper limit is 2.6
7 milliseconds. The other correction formulae show similar
8 effect. There is a slight trend toward significance for
9 Bazett correction, but let's remember what I showed you at
10 the beginning. The Bazett correction has this huge
11 tendency of over-correcting for increased heart rate.

12 When we look at 4 times the therapeutic dose,
13 which means 40 milligrams, which was tested on purpose, as
14 was discussed a moment ago, we observed a change in QT1000
15 in the range of 2.9 milliseconds with the upper limit
16 around 5.5 milliseconds. This was further confirmed by
17 both individual and population-based formulae. And of
18 course, as expected, traditional formulae, whether
19 Fridericia or Bazett, showed higher prolongation, which is
20 not surprising since one-third of the patients in this
21 cohort showed a substantial increase of heart rate.

22 We also analyzed two other secondary endpoints
23 on top of QT1000. We looked at QT change at the largest
24 sample size RR bin, as well as QT change over all RR bins.

25 As you may appreciate on this slide, the results were

1 identical, that alfuzosin at 10 milligrams didn't show an
2 effect. At 40 milligrams there is less than a 3
3 millisecond change in QT which is less than half of what is
4 seen for moxifloxacin.

5 We also were interested whether there is any
6 evidence for rate dependency. Rate dependency shows that
7 for alfuzosin 10 milligrams in white, we do not see again
8 any significant signal. If we go to 40 milligrams of
9 alfuzosin, at heart rates faster than 60 beats per minute,
10 again there is no signal. At lower heart rates, below 60
11 beats per minute, there is some increase, as I mentioned,
12 and on average we had this 2.9 in 1000, but as you may
13 appreciate, this does not exceed 4 milliseconds and
14 importantly doesn't grow with increased bradycardia. To
15 compare, we show you the data for moxifloxacin which shows,
16 of course, some modest QT prolongation along all heart
17 rates we exercised.

18 The average QT is one important piece of the
19 story, but we also have to look at outliers. We found that
20 no subject had outliers defined as above 450 milliseconds
21 in absolute terms or change over 60 milliseconds when we
22 used Fridericia, normalized by population-based or subject-
23 specific formulae. We found a couple of subjects who had
24 outliers using Bazett, and further investigation of those
25 subjects revealed that in fact those subjects had those

1 outlier values because they have increased heart rate which
2 contributed to over-correction by the Bazett formula.

3 We tried to further explore the outliers by
4 investigating the subjects who had higher plasma
5 concentration of the drug. This was above 70 nanograms per
6 milliliter. There were few such subjects analyzed. As you
7 may appreciate in this table, QTcNi, which is the subject-
8 specific method, showed that none of those cases
9 demonstrated QT prolongation exceeding 30 milliseconds when
10 compared to placebo.

11 Let me, therefore, summarize. Study 5105 using
12 the Holter bin approach had the required assay sensitivity.

13 With a therapeutic dose of 400 moxifloxacin, the Holter
14 bin method documented a 7-millisecond increase in QT1000
15 which was compared with QTc measured using classical
16 correction methods in the order of a 9- to 12-millisecond
17 increase.

18 We also demonstrated that at a therapeutic dose
19 of 10 milligrams, alfuzosin did not produce significant
20 changes in QT1000. At four times the therapeutic dose,
21 alfuzosin produced a mean QT1000 change of 2.9
22 milliseconds, less than half of what is observed with
23 moxifloxacin administered at the therapeutic dose which is
24 approved for clinical use. We believe that whatever the
25 dose we exercise, there is no clinically relevant change in

1 QT/QTc which should be of major concern.

2 Thank you very much, and I will ask Dr. Jeremy
3 Ruskin to continue with additional summary and conclusions.

4 DR. BORER: Thank you, Dr. Zareba. Before we
5 go on to Jeremy, or while you're both up there, again I
6 want to make sure there are no issues that require
7 clarification. Blase?

8 DR. CARABELLO: Yes. Could you go back to your
9 slide number 35?

10 DR. ZAREBA: Yes.

11 DR. CARABELLO: I presume that patient was
12 taking placebo?

13 DR. ZAREBA: Yes. It's just taken from the
14 placebo arm. Correct.

15 DR. CARABELLO: Okay, thank you.

16 DR. BORER: Paul and then Steve.

17 DR. ARMSTRONG: I have two questions. The
18 first relates to providing a better understanding of the
19 heart rate changes at the different doses, and the time
20 course of the increase in heart rate relative to the plasma
21 concentrations you demonstrated, and to what extent those
22 heart rate changes tracked a blood pressure lowering as
23 opposed to another effect of the drug of interest. Could
24 you clarify those points for me please?

25 DR. ZAREBA: There is evidence for heart rate

1 increase by alfuzosin. In terms of plasma concentration,
2 there is some slight trend. I'll be able to use one of my
3 backup slides.

4 DR. ARMSTRONG: I'm especially interested, Mr.
5 Chairman, in knowing whether the window of Holter
6 interrogation tracked the maximal changes in heart rate and
7 to what extent those were paralleled by changes in blood
8 pressure. That's what I'm trying to get at here.

9 DR. ZAREBA: May I have slide 57 from the
10 backup? We do not have simultaneous analysis of blood
11 pressure in these patients, so I cannot comment on this
12 particular aspect of the story.

13 When we look at heart rate, as you see from
14 this slide, there is some upward-going regression showing
15 concentration and change in heart rate in comparison to
16 placebo. So there is confirmed evidence that, apart from a
17 stepwise effect, which I showed you, with 33 percent of
18 subjects having a heart rate increase by at least 15 beats
19 per minute at the higher dose, there is in a continuous
20 fashion some increase with heart rate.

21 Unfortunately, as I said, we don't have
22 simultaneously acquired Holter data for blood pressure.

23 DR. ARMSTRONG: Is there someone within the
24 company that can address now or later the issue of blood
25 pressure tracking heart rate since I think that's quite

1 germane?

2 DR. VILLAUME: Can we hold that for later?

3 DR. ARMSTRONG: Sure.

4 And my second question, if I may, is in the
5 backup documentation references, Drs. Malek and Camm
6 comment on an unreliability or a disconnect between the
7 relationship of the QT interval and the heart rate changes
8 because of the autonomic modulation of this relationship
9 and other factors that might mediate it. I don't know
10 whether you or Dr. Ruskin are in the best position to help
11 me understand then the legitimacy of these measurements
12 through a broad cross section of circumstances where
13 disconnect between the QT and the heart rate would be
14 affected.

15 DR. ZAREBA: There is definitely association of
16 cause between QT and RR and this is primarily driven by the
17 autonomic nervous system. If we analyze QT behavior and QT
18 variability and when we analyze separately heart rate
19 variability, they follow each other in more than 80
20 percent. Studies utilizing coherence function, which were
21 done independently of this study, demonstrated that about
22 15 to 20 percent of variability of QT could be eventually
23 coming from a direct effect on the ventricle without
24 simultaneous influence of sinus node by the autonomic
25 nervous system. So there is intrinsic ventricular

1 component driving QT. There is no doubt but this component
2 is relatively small.

3 DR. BORER: Can I just follow up on that before
4 we get to Steve's question? That there is a relation
5 between RR and QT seems incontrovertible. But in line with
6 Paul's question, I'd wonder a little bit about what you did
7 to account for the possibility that the temporal
8 relationship between the change in heart rate and the
9 change in QT may not be immediate. I mean, I don't know if
10 it is or it isn't, but it may not be. It may take a while
11 -- I don't know how long -- for the QT to respond to the
12 heart rate.

13 And it seems to me that if you're looking at
14 bins of RR1000 and people getting 40 milligrams of a drug
15 that causes some modest degree of hypotension -- or some
16 modest fall in blood pressure I would say, not hypotension
17 -- some modest fall in blood pressure clearly is associated
18 with an increase in heart rate. The fact that people had
19 beats at a heart rate of 60 while that drug was on board is
20 unusual. It's certainly conceivable, but you have to
21 wonder what beats those were.

22 For example, I could conceive -- and I'm
23 certainly not suggesting that this is what the data showed,
24 but I could conceive of finding a group of post premature
25 beat beats that had RR intervals greater than or equal to

1 1000 that might not really be representative of the normal
2 beats or a few beats interspersed with a lot of others
3 where the RR was 1000 that might somehow not be
4 representative, and they might have occurred early in the
5 measurement interval as opposed to later.

6 So I'm just wondering what can we say about the
7 temporal relation of the RR interval change and the QT
8 interval change, and did you do you something to account
9 for that like, for example, only looking at the 50th beat
10 with an RR interval or after the 50th beat with an RR
11 interval of 1000 or something like that? I think you
12 understand what I mean. I just need some reassurance about
13 that.

14 DR. ZAREBA: There are a couple of points you
15 raised.

16 Regarding the behavior of QT, of course, this a
17 dynamic phenomenon, which comes usually from several
18 preceding beats. As it was discussed with FDA over a year
19 ago, for this particular study there was a recommendation
20 that we use all beats in the set without eliminating beats
21 which eventually would be coming from a very long RR or a
22 very short RR interval. So we accounted for those. If we
23 accounted for the phenomenon of hysteresis, we tested that
24 we would need to reject 75 percent of beats.

25 Another approach which could be exercised here,

1 and was exercised by Dr. Pierre Maison-Blanche several
2 times before, was a selective signal averaging method,
3 trying to look at QT with preceding heart rate encompassing
4 1 minute or even up to 3 minutes prior to measured QT.
5 This method seemed to be more robust than classical
6 measurement of just one preceding RR but altogether,
7 generally speaking, results are similar.

8 Again, based on the recommendation of FDA, we
9 exercised over here all beats without implementing
10 hysteresis.

11 DR. BORER: Steve?

12 DR. NISSEN: Yes. I want to focus on the
13 population in study 5105. I noticed that these were men
14 with an average age of 27 years of age. Now, fortunate for
15 me, 27-year-olds don't generally have BPH. Even people my
16 age in their early 30's --

17 (Laughter.)

18 DR. NISSEN: -- rarely have BPH. So the
19 population that's likely to get this drug is going to be an
20 elderly population with a fairly high incidence of
21 concomitant heart disease. If I look at the people that I
22 see in my clinic with BPH, they're men in their 70s, 80s,
23 and older.

24 So one of my questions is, why didn't you do
25 this study in elderly men, the population that's going to

1 get the drug? Do we know that the fact that there's not so
2 much effect in a young 27-year-old population -- what does
3 that mean for a group of people that may have concomitant
4 heart disease? That's the first question and I have a
5 follow-on after that. So reassure me that this population
6 isn't any different in their characteristics of what the
7 drug does to the QT from a population with heart disease in
8 their 70s and 80s.

9 DR. ZAREBA: There are a couple of points which
10 we need to address. I'm not sure whether Dr. Ruskin would
11 like to start, or I would be happy to start.

12 DR. VILLAUME: Dr. Ruskin will comment on this
13 in his presentation. So if you'll hold that question
14 because it obviously is a pivotal question.

15 DR. NISSEN: Yes. But you certainly could have
16 found 45 old men to do this study in. I mean, they're out
17 there. So I guess this is for the FDA more than anybody
18 else. I mean, the question is if we're going to do these
19 sorts of studies, shouldn't we do them in the population
20 for which the drug is intended to be administered?

21 And the second question, which I think might be
22 similar, is that my concern about drugs that affect
23 repolarization is what will happen to patients who may have
24 ischemia. Imagine an older man who is on a drug like this
25 has an acute myocardial infarction. Will the presence of

1 an agent that alters the QT have an effect on the
2 likelihood of such a patient having ventricular
3 fibrillation or torsade or some lethal arrhythmia? So
4 maybe Jeremy also can comment on that.

5 But obviously, you can't test that very easily,
6 but I'd like to know if anybody on the panel or if anyone
7 else can help me understand that because some of the men
8 that get this drug are going to have acute ischemic events,
9 and the question is, what does the drug do to the QTc in
10 the setting of concomitant ischemia compared to not having
11 the drug on board? I don't know that I understand the
12 answer to that question, not being an electrophysiologist.

13 DR. ZAREBA: Let me just briefly comment before
14 Dr. Ruskin covers this to a greater extent. In this
15 particular study, we on purpose exercised a dose of 40
16 milligrams which is four times the therapeutic dose. At
17 the therapeutic dose, we didn't have any increase of QT.
18 Therefore, if you have a patient who has ischemic heart
19 disease and taking the recommended 10 milligrams per day, I
20 do not expect any deleterious effect even in the presence
21 of an ischemic condition in such patient. The data from 40
22 milligrams showing just a 2.9-millisecond increase is also
23 reassuring that we do not expect more.

24 I'm not aware of any systematically analyzed
25 data of risk of ventricular fibrillation and acute MI while

1 on specific drugs. Maybe somebody else.

2 DR. KOWEY: Steve, can I just comment?

3 I'm not as worried about ischemic disease as I
4 might be theoretically with, for example, hypertrophic
5 disease where repolarization clearly is legend. The
6 reassurance that I have -- and again, Jeremy may address
7 this -- is that this class of drug has been used in
8 patients with hypertension, and although there are some
9 warts in those data, one thing that I think has not emerged
10 is a clear signal that there has been proarrhythmia with
11 those drugs using it in a very, very large number of
12 patients who have hypertrophic disease. I mean, if you're
13 going to pick a target population that's going to get this
14 drug that I would worry about more, it would be
15 hypertrophic disease than ischemic disease. As I said and
16 in the documents that we received, there's a fairly
17 reasonable amount of reassurance from what we've seen with
18 these drugs that we haven't seen a clear signal of
19 proarrhythmia. So that's as best I think that we might be
20 able to do to help you with that question.

21 But I think it would also be reasonable -- this
22 is not a question you have to answer right away, but it's
23 one of my questions. I'll preface this by saying that I
24 realize that there is a strong limitation on preclinical
25 information, but it would also be reassuring if you could

1 show us some information preclinically in relevant models
2 that in fact there are no signals that animals with
3 ischemia or hypertrophic disease are at higher risk of
4 developing changes, for example, in transmural dispersion.

5 Those data certainly could be garnered from a basic model.

6 DR. NISSEN: Peter, just to follow up, that was
7 exactly where I was going with that, and I was sort of
8 saying it would have been reassuring to know that in, say,
9 a dog in whom you produce ischemia that you can give this
10 drug and not lower the threshold for ventricular
11 fibrillation or torsade.

12 DR. ZAREBA: What Dr. Kowey said is, in fact,
13 15 years of experience in Europe, Australia, and Canada.
14 As you said, these are patients who are usually probably 70
15 years old having several ischemic, hypertensive, and other
16 comorbidities. Therefore, we do not have any post-
17 marketing evidence for any increased risk in these
18 patients, as well as other alpha blockers.

19 DR. BORER: Jeremy, are you going to be
20 discussing this whole area to some extent?

21 DR. RUSKIN: I'll make a comment --

22 DR. BORER: Okay. Maybe we can wait until you
23 do that because I see there are some other questions here,
24 rather than getting bogged down in this one issue, which is
25 an important one, but if you're going to come back to it.

1 John?

2 DR. NEYLAN: Thanks. I had a question about
3 the Holter methodology. It's certainly very clear why such
4 a relatively novel strategy to evaluate QT interval effect
5 might be used in drugs that have a chronotropic effect.
6 And you listed some of the advantages of this methodology
7 over a traditional surface EKG. I wonder if you could also
8 give us a few comments about the potential disadvantages.
9 And I'm speaking of two at least major areas -- but my
10 colleagues on the committee may also raise other points --
11 that speak to some of the challenges of validating this
12 method in the future study of QT.

13 One is the potential for motion artifact, and
14 I'm wondering if these subjects were, in fact, at bed rest
15 or largely confined to bed rest when you did the period of
16 Holter evaluation because motion artifact obviously can
17 have an effect on the wave form.

18 And the second is the wave form itself. Given
19 the limitation of leads used, are you, in fact, optimizing
20 the best capture of wave form to optimize the measurement?

21 And is there reliability within the subject as to the lead
22 placements over several periods of study?

23 So those are two general thought areas or
24 questions.

25 DR. ZAREBA: Good questions. Regarding your

1 last point about the design of the study, the patients
2 were, in fact, in the supine position during the study, so
3 we eliminated motion artifact in these particular
4 conditions.

5 Secondly, the electrodes were positioned in the
6 same identical position based on simply markers put on the
7 skin, and this allowed us to repeat this successfully.

8 Regarding the quality of the recordings and
9 also acquisition of the data, as well as processing of the
10 data, I didn't have time to elaborate more, but each class
11 there, each bin, for every 10 milliseconds, should consist
12 of at least 50 beats. And this was certain quality
13 assurance which we implemented, and these clusters in fact
14 ranged between 50 up to 800 beats depending on the
15 variability of specific RR intervals. The clusters which
16 were extremely noisy were excluded either automatically or
17 manually. This, of course, adds to the labor intensity of
18 this method.

19 But we believe that this particular method,
20 allowing us to evaluate QT, at heart rate, whichever you
21 like, it's not just correcting with the risk with one or
22 the other formula we under- or over-correct at high or low
23 heart rate. Here we have the ability to look at every
24 heart rate and look at the absolute QT, and this allows us
25 to really answer the question whether there is any rate

1 dependency as I showed. The QT1000 was chosen because of
2 comparative data for Bazett correction and Fridericia, but
3 as you may appreciate, there is vast opportunity to look at
4 other rates and therefore conduct a thorough evaluation of
5 QT.

6 DR. NEYLAN: Mr. Chairman, could I have one
7 follow- up question?

8 DR. BORER: Yes, sure.

9 DR. NEYLAN: And that is given that these
10 subjects were supine, I'm curious as to your opinion as to
11 whether this methodology might be useful in the ambulatory
12 setting for this purpose.

13 DR. ZAREBA: I think yes. It is exercised in
14 Dr. Maison-Blanche's lab and a few other labs, and it is
15 exercised in conditions of, of course, everyday clinical
16 conditions which are not associated with a supine position.
17 This brings, of course, a number of beats which need to be
18 rejected due to changes either in position or motion
19 artifact, but the method could be still analyzed. In fact,
20 the recorder which we have been using, so-called ELA
21 Medical recorder, is a recorder which we are using in a
22 clinical setting and every day in my class at the
23 University of Rochester, and we have this RR bin method
24 implemented and it works. We can do it again with a number
25 of beats requiring rejection higher than when you have it

1 done in the supine position, but it could be done.

2 DR. BORER: JoAnn?

3 DR. LINDENFELD: Just a clarification. The
4 leads in the Holter monitor and the different position than
5 usual 12-lead ECG. Can you reassure me that the QT changes
6 that you see in the Holter monitor exactly those we see on
7 the 12-lead EKG which is sort of our point of reference in
8 the past? In other words, is a 2-millisecond difference in
9 the 12-lead -- do we see a 2-millisecond difference in the
10 Holter?

11 DR. ZAREBA: May I have slide 83 please?

12 The position used in this particular setting
13 were mimicking lead II. This is based on the international
14 standard for Holter monitoring. We're using CMV5 as the
15 primary lead which reflects exactly lead II. This
16 particular methodology has been used not only in these
17 studies but several other studies which are used for drug
18 evaluation. This was our primary measure.

19 DR. BORER: Mike and then Toby and then Peter.

20 DR. ARTMAN: Yes. I had some similar questions
21 about the Holter technique that Dr. Neylan had.

22 But to expand on that a little bit, again
23 trying to translate to clinical practice in the real world
24 -- and one of the things we've been struggling with are
25 these heart rate changes in response to the drug. So I

1 think the fact that the subjects were supine help explain
2 perhaps why, with a decrease in blood pressure, their heart
3 rates were not more elevated.

4 So I'm wondering if you have data on ambulatory
5 patients, patients who are up and about and may have even
6 greater heart rate changes than this third of patients who
7 had a heart rate increase above 15. Do you have data on
8 those subjects and do you have data in other patients who
9 are ambulatory? That's one question.

10 Then another question to the technical aspects.
11 Were the Holter tracings screened in any way prior to
12 being sent to the blinded cardiologists for review?

13 DR. ZAREBA: Regarding ambulatory data, for
14 this study we didn't have ambulatory data in particular.
15 As I mentioned before, unrelated to this project, we
16 clinically and research-wise are using the Holter bin
17 method in our laboratory facility and it works. But again,
18 I don't have data for ambulatory specifically for alfuzosin
19 data.

20 In terms of question -- sorry. What was the
21 second one?

22 DR. ARTMAN: So those patients that did have a
23 significant increase in heart rate. There was a third of
24 patients on the higher dose and a few patients on the lower
25 dose.

1 DR. ZAREBA: We all together had a quite
2 surprising range of heart rates. We had RR intervals in
3 these subjects ranging from 700 milliseconds to 1400
4 milliseconds despite the fact that they were supine. So
5 there was natural variation plus probably some other
6 factors contributing to it, and because of this relatively
7 wide range, which ranges from 45 beats per minute up to
8 almost 90 beats per minute, we had the ability to evaluate
9 a wide range. I focused mostly on 800 to 1200 milliseconds
10 because this was the main representation of our data, but
11 we have a limited number of beats also recorded below 800
12 milliseconds and above 1200.

13 I only wanted to say that in this particular
14 setting we still did not have the ability to see any signal
15 whether at lower heart rate or higher heart rate, and the
16 same in terms of looking at the patients who presented
17 specifically increased heart rate. Those patients showed
18 outliers using the Bazett method, but when we look at them
19 using the Holter bin or the subject-specific normalized
20 method, we did not see any increase of QT.

21 DR. ARTMAN: And then the other question was
22 were the Holter tracings data for individual patients
23 screened before being sent to the cardiologists?

24 DR. ZAREBA: Routinely these patients were
25 screened for usual arrhythmias, as it is done, to make sure

1 that -- as I mentioned in the introductory slide for the
2 Holter bin method, we were concerned of having only sinus
3 beats. So, therefore, annotation had to be performed to
4 eliminate all artifacts, eventually non-sinus beats, but
5 this was the only type of prescreening which was done.
6 Otherwise, all beats were qualified.

7 DR. BORER: Toby.

8 DR. BARBEY: Just a very simple question. Your
9 cartoon suggests that the averaged beats were derived from
10 one single lead?

11 DR. ZAREBA: From one single lead.

12 DR. BARBEY: So, not better or worse, but as
13 opposed to the 12-lead approach where increasingly there's
14 a tendency to measure all 12 leads simultaneously, this
15 technique focuses on the quill of lead II and does a single
16 lead.

17 DR. ZAREBA: These techniques allows us to look
18 at other leads, but in this particular study, we focused on
19 one lead II, which seems to be -- let's say, a modified
20 lead II which seems to be representative usually in ECG.

21 DR. BORER: Peter, then Alan, and then JoAnn.

22 DR. KOWEY: Actually, if you could put of slide
23 54. This is just a comment, Jeff, and then I have just a
24 very brief question. But we all get very hung up on
25 correction formulae and trying to understand exactly what

1 is happening with repolarization, whereas in real life, it
2 seems to me that we should be more worried about what's
3 happening to the QT interval.

4 I want to just tell you that I really like this
5 information. I think this is not only scientifically
6 sound, but it's also clinically reasonable because if you
7 anticipate any change in heart rate in an older individual
8 taking this drug, the heart rate would go up, and as the
9 heart rate goes up, this slide clearly shows that the
10 liability of the agent is going away.

11 The other thing that's very interesting about
12 these data -- and I don't think you're going to be able to
13 tell us the explanation for this, but we've seen it in
14 other data sets -- is that there's seems to be -- as you
15 get up into even slower heart rates, the QT change actually
16 gets less. It does a little bit for moxi, but it certainly
17 does it for your drug. That may be due to other effects
18 the drug is having on repolarization not measurable by just
19 its effect on IKr.

20 The question I had was related back to Steve's
21 question about target populations. How well do old men
22 tolerate large doses of this drug? I would think that the
23 limitation of doing these studies in old men would be that
24 it would be very difficult to get up to a 40 milligram
25 dose. Is that true or are we just making that assumption?

1 Is it true that this study would be very difficult to do
2 in older men? Do you have any information on what happens
3 if you give a 65- or a 70-year-old man, who is twice the
4 age of Steve, to see what would happen?

5 (Laughter.)

6 DR. ZAREBA: Let me comment further on your
7 comment. I was extremely attracted to these data too, but
8 I was also intrigued and, to tell you the truth, happy to
9 see that if you have an older patient who has a tendency to
10 bradycardia, which also happens quite frequently, and as we
11 know, bradycardia is a condition which has the ability to
12 prompt torsade in such situations, that we do not have
13 further increase of QT. This I think was reassuring
14 clinically for me that we have safety also over here,
15 especially at night when you have the patient asleep and
16 you may have, let's say, 50 or 45 beats per minute, and we
17 do not have further prolongation which eventually could
18 prompt torsade. So this was definitely reassuring.

19 In terms of age, again, I'm not sure whether I
20 should really step in Jeremy Raskin's comments which will
21 be coming very soon. So my proposition is that let's go
22 over the issue of age and adequacy of the patient
23 population after his presentation.

24 DR. BORER: Let's see. Who was next? Alan,
25 JoAnn, and then Tom.

1 DR. HIRSCH: Well, let me continue the
2 discussion regarding methodology from my naive age of 20.

3 Did torsade and sudden death and dysarrhythmias
4 occur suddenly, spontaneously, occasionally without great
5 predictability? So I want to methodologically talk about
6 things beyond heart rate change and QT prolongation in
7 steady state. I'm going to ignore the safety database and
8 just talk about methods and say that I'm concerned, naively
9 perhaps, whether or not we miss signals of QT change, again
10 in the supine position, without looking at adrenergic and
11 vagal stimuli that occur in real life. I don't know if the
12 previous EP database has evaluated this, but again,
13 although the heart rate may increase with a drug like this,
14 what goes up, must come down. There are going to be
15 changes in both directions that are transient.

16 Again, for both of these drug classes where
17 there's going to be occasionally Valsalva maneuvers,
18 straining to urinate, sleep -- you get the idea -- post-
19 exercise responses, in real life, whether it's a 25-year-
20 old or a 40-year-old, has the bin method with the Holter
21 been applied in a more ambulatory setting or in these
22 transients whereby a bin after these perturbations, these
23 normal physiologic perturbations, might find a signal of
24 danger that would be completely missed in a supine steady
25 state condition?

1 DR. ZAREBA: Yes. First, regarding this
2 concern about various heart rates, as it was already
3 stated. As I mentioned, the RR interval in observed
4 healthy subjects ranged between 700 and 1400, which is
5 already, to a certain extent, a high range. If you speak
6 about 700, we are close to 90 beats per minute. So,
7 therefore, despite the fact that these subjects were lying
8 down, they were probably stressed because 12 hours in bed
9 is kind of a difficult situation to handle. So I think
10 that they had some range of heart rates which were of
11 interest.

12 Regarding potential stimulation of the
13 adrenergic system, of course, we could be concerned, but as
14 was mentioned a moment ago, if you look at these data which
15 show shorter values of RR interval which potentially may
16 reflect eventually a higher heart rate with or without
17 adrenergic stimulation, we do not see any signal. We even
18 see the white bars going down. So I think there is not a
19 big concern regarding this.

20 You mentioned also the vagal tone which speaks
21 about low heart rate. Again, we do not see at the
22 therapeutic dose any signal, and even in the
23 supratherapeutic dose, it goes down, whether we speak about
24 the Valsalva maneuver or night. This is why I think we
25 have not that much concern about this part.

1 DR. HIRSCH: But to follow up, I'm going to
2 ignore those particular safety data, which I agree are
3 somewhat reassuring. It's more of a methodologic question
4 as we look at future drugs. When a drug is being
5 administered for a certain indication where certain
6 physiologic parameters may be known to change, straining at
7 stool, coitus, straining for urination, I was wondering if
8 this method should be actually evaluated in the clinical
9 condition in which we know the drug is going to be used. I
10 just raise that for future regulatory questions.

11 DR. ZAREBA: Let me tell you that there are
12 data -- and I'm just trying to pull out the appropriate
13 slide -- showing the use of this method in other
14 conditions. May I have, please, slide number 43?

15 This particular slide shows the data for
16 exactly the same approach, with QT1000 using something like
17 adrenergic stress produced by tilt test, using nocturnal
18 recordings, and using dofetilide, which is another drug
19 which may eventually not cause adrenergic problems but
20 simply cause QT prolongation. So in these studies, this
21 method was also shown to be useful in identifying a
22 potential signal.

23 May I also have slide number 49 for a moment?

24 Just recently in December of 2002, Dr. Pentti
25 Rautaharju analyzed almost 12,000 healthy subjects trying

1 to look at this phenomenon, looking at heart rate and
2 looking at QT in absolute value and trying to identify
3 normal confidence intervals. So we already have
4 substantial data to learn what we should consider as the
5 upper limit of normal without any correction.

6 So the evidence is growing for this new method.

7 I fully agree with you that we do not have yet sufficient
8 data in the literature, but I truly believe that this
9 method will be slowly, slowly more often presented at these
10 meetings because of their particular advantages.

11 DR. BORER: JoAnn and Tom.

12 DR. LINDENFELD: Drugs like this sometimes
13 change the T wave, and I'm interested in just understanding
14 your technique. If you know by the Holter bin method how
15 many beats are counted, how many actually are able to be
16 counted. And then if you know that, I wonder if that
17 changes between placebo and drug, and if it changes based
18 on the RR interval. So I'm wondering if the drug were to
19 change the T wave, if you would measure less beats that
20 might be altered with drug or at different RR intervals.
21 Just so I understand the technique better.

22 DR. ZAREBA: It's a very good question. Let me
23 start with slide number 45 from the backup set.

24 On this slide, you see the number of complexes
25 at each RR bin during the four run-in placebo periods for

1 all subjects. As you may see over here, despite the fact
2 that we are repeating this four times in the same subjects,
3 there is pretty much overlap, confirming that we have
4 evidence for a wide range of RR intervals.

5 Simultaneously, when we look at slide number
6 46, we look right now at treatment periods, and of course,
7 as you see in this blue line, for 40 milligrams of
8 alfuzosin, there is some shift in number of complexes which
9 are eligible for analysis, naturally because the drug
10 increases heart rate, so we have shorter RR intervals
11 dominating this. However, the overlap throughout the
12 entire recording is so substantial that we can easily
13 correct.

14 You also mentioned T waves, so I will ask you
15 to show me slide number 30. We, in fact, were concerned
16 that a drug like alfuzosin could eventually change the
17 morphology of T waves. As we know, some drugs which affect
18 the HR channel may lower amplitude of the T wave, and we
19 tried to look whether in this setting we have any evidence
20 for flat, notched, T wave or unusual U waves, which may
21 eventually be of concern regarding safety.

22 As you see on this table, we have no cases of
23 flat T wave. We have just very infrequent cases, single
24 cases, of notched T wave, but there was absolutely no
25 difference between four arms of the study, and in terms of

1 unusual U waves, it's also very infrequent. So all
2 together the findings were very infrequent and it was not
3 in any way associated with drug.

4 Secondly, of course, a very flat T wave will
5 compromise analysis of QT. Therefore, in the rejection
6 system, some of those T waves had to be rejected because of
7 the inability of measuring QT.

8 DR. LINDENFELD: Can we just go then back to
9 the last slide just so I understand this? I apologize.
10 The one you just showed. Yes.

11 So that at higher heart rates, there are far
12 fewer beats that can be counted. Is that what this
13 demonstrates?

14 DR. ZAREBA: I would not say far fewer because
15 we speak about 300 beats, 300 beats over here, 150, 150
16 here.

17 DR. LINDENFELD: Well, but there are far more
18 beats at higher heart rates.

19 DR. ZAREBA: So 150 beats to analyze QT I think
20 is sufficient.

21 DR. LINDENFELD: But at higher heart rates,
22 that means you're throwing out a lot more beats.

23 DR. ZAREBA: Yes.

24 DR. LINDENFELD: So fewer of the total numbers
25 of beats can be counted.

1 So I guess I wonder if you've thought about
2 whether or not that introduces any artifact into the
3 measurement. In other words, at an RR interval of 500,
4 that's twice as many beats at a heart rate of 60 and you
5 have way fewer complexes.

6 DR. ZAREBA: Again, we are looking at the
7 comparison of QT at specific RR intervals, and if we look
8 at, let's say, fewer beats versus higher beats, of course,
9 we may have some little bit different results, but all
10 together this will provide an overall good representation
11 of behavior every 10 milliseconds.

12 So I understand your point that it might be
13 that if we have one bin dominated by 3000 beats and another
14 will just have 50 or 60 beats, this other one might be not
15 fully representative. But still this lower threshold of 50
16 beats provides me with some comfort of why I'm saying that
17 if we speak about 10-second standard 12 ECG, we usually
18 have no more than 10, 12 beats, and we rely all clinical
19 decisions on this small strip with 10 seconds, and we are
20 comforted. Over here, we put a requirement of having at
21 least 50 beats for each bin, which is I think pretty
22 stringent.

23 DR. BORER: Can I just ask in follow-up? I'm
24 not sure that JoAnn's total question was answered. I'm
25 given confidence by what you say. But, JoAnn, I thought

1 you were suggesting that in these RR interval regions where
2 there are fewer beats because the heart rate is, in fact,
3 faster, it's more likely that they will be rejected beats,
4 and therefore that the beats your actually sampling, even
5 if there are 50, will be less representative of the
6 totality of what happened at that RR interval than at
7 slower rates where a smaller percentage and a smaller
8 number of beats would be rejected, and there might be some
9 distortion in the results occurring because of this
10 differential rejection. I don't think you specifically
11 responded to that. Is that an issue?

12 DR. ZAREBA: Again, I generally agree with you
13 that, of course, if we have a smaller number of beats,
14 especially if there are more of them rejected, they will be
15 less representative. The rejection rate over here was very
16 small. Why? Because of supine position. I agree with
17 what was commented before. In ambulatory conditions, this
18 will contribute to more rejection. But in the supine
19 position, we had really a very limited number of rejected
20 beats.

21 DR. LINDENFELD: Again, it will be math off the
22 back of the envelope here, but it seems like six times as
23 many beats were rejected. If you look at an RR interval of
24 500, you only have 100 beats there.

25 DR. ZAREBA: It doesn't mean they're rejected.

1 They simply were limited. So you may not have patients
2 reaching specific RR. This graph doesn't mean that you
3 have all of them rejected. We have simply the number
4 limited at specific heart rates. If you speak, for
5 example, at 100 beats per minute, we had more or less 100
6 or 120 beats because these subjects didn't present much
7 more.

8 DR. KOWEY: Can I just put this in some
9 perspective? We're talking about measuring hundreds of
10 beats, which is a standard -- we rarely have seen that
11 number of beats being measured. Granted, there's a
12 differential between the numbers you're measuring at high
13 and low heart rates, but we're still talking about an
14 incredibly large sample size, which is not anything like
15 what we usually see.

16 And I just had a follow-up question. Your T
17 wave question was very, very important. If you could just
18 clarify some of the methodology. Who looked at the T wave
19 morphology? Were they blinded? Did they have criteria for
20 calling what they called abnormal T waves? And was it done
21 from a 12-lead ECG or just from a single lead from the
22 Holter?

23 DR. ZAREBA: I think I will ask Dr. Pierre
24 Maison-Blanche who performed this work to comment on it
25 because this will be probably the best source of

1 information. T waves were screened and he performed this
2 analysis, so I will ask him eventually to comment on it.

3 DR. MAISON-BLANCHE: Thank you, Dr. Zareba.

4 The T wave morphology analysis was based on 12-
5 lead ECG analysis. A slide which has been shown to you is
6 coming from a 12-lead ECG analysis. So the T wave
7 categorization was made on all 12-lead data. That is my
8 first answer. And that has been done by a central lab
9 service. Only the Holter data has been analyzed by an
10 academic core lab.

11 So how deep the persons were trained in the
12 core lab is as follows. I was personally in charge of
13 training the physicians in charge of T wave
14 categorizations. So that was done with predefined menu and
15 people were trained to identify notched T wave, flat T
16 wave, and U wave.

17 DR. KOWEY: And that was blinded analysis,
18 blinded to the treatment?

19 DR. MAISON-BLANCHE: Both the Holter data
20 analysis and, of course, the 12-lead ECG analysis was
21 totally blinded.

22 DR. FLEMING: A couple of issues. First, if we
23 could go to slide 51, I'd like to understand your results
24 relative to what's in the FDA briefing document and also
25 what's repeated in the questions to the committee in

1 question 5 of the FDA.

2 These are the results from 5105, and they seem
3 to differ from the results that are presented to us in the
4 FDA briefing document and the questions. For example, if
5 we look at these 10 milligram results for Bazett, it's 3.3.

6 I think FDA has 10.2. Fridericia, you have 1.6; FDA has
7 4.9. Could you clarify?

8 DR. ZAREBA: Yes. I will ask Dr. Sylvain to
9 clarify these differences.

10 DR. DURRELMAN: I'm Sylvain Durrelman from
11 biostatistics in Sanofi-Synthelabo.

12 I would just like to clarify this point. The
13 12-lead ECG analysis was a secondary analysis in these
14 studies. Actually two analyses of these 12-lead ECG data
15 were performed, one at the time of Cmax, and this is the
16 one that the FDA has selected in their briefing document.
17 We have also performed an analysis which covers the same
18 time period as the Holter period, that is time T7 to T11.
19 That covers the time of maximum plasma exposure with five
20 ECG data points. This is what we have selected in our main
21 presentation as it is a good reference to compare with the
22 Holter bin method that is evaluated along the same period.

23 However, in our company's briefing document
24 that was submitted to you, we have provided, of course, the
25 two analyses. And on page 54 of Sanofi-Synthelabo's

1 briefing document, you will find the time of Cmax analysis
2 for the 12-lead ECG, and the numbers are exactly consistent
3 with the FDA analysis. Overall, the numbers do not change
4 by a great deal, and the ordering is always the same with
5 the effect at the top dose of alfuzosin 40 milligrams being
6 about half of what is observed with moxifloxacin, with some
7 minor numerical differences.

8 DR. FLEMING: Actually it looks like the
9 numbers are, in fact, somewhat different.

10 Let me go on to another question because the
11 time is short, and the essence of my question is on page
12 54. Could you go to slide 54? I'd like to make sure I
13 understand the methodology you're using here.

14 Suppose you have a patient who has at baseline
15 a heart rate of 55 and on alfuzosin their heart rate is 60,
16 and let's say they're on alfuzosin 40 milligrams. Their
17 data point would be represented under the 60. Is that
18 correct?

19 DR. ZAREBA: It's every 10-millisecond bin. So
20 it depends. In this particular graph, we just selected
21 bins which are representative. They are not overlapping
22 over here. So, of course, you will have five bins between
23 950 and 1000. So for clarity, we didn't present them all.

24 DR. FLEMING: Well, let me just be specific.
25 Suppose a patient had at baseline a heart rate of 55, so

1 they're at 1100. And suppose on 40 milligrams of alfuzosin
2 their heart rate is 60. Then with their heart rate at 60
3 on alfuzosin, you measure the QT. Correct? And so they
4 would enter into the column there that corresponds to 60.

5 DR. ZAREBA: Correct.

6 DR. BORER: Can I just interrupt one second?
7 Maybe I've completely misunderstood, but any individual has
8 a variation of heart rate from second to second, minute to
9 minute, hour to hour. If heart rate was measured at 60 at
10 the measurement moment and you actually did multiple
11 measurements over time or did a Holter, which is what you
12 did for this list mode bin method, then although the
13 measured rate at the instant of measurement for profiling
14 here might have been 60, 2 minutes later on the Holter, it
15 might have been 57 or 56.

16 DR. ZAREBA: That's correct.

17 DR. BORER: And that patient's information
18 would be categorized at 57 when it was 57, at 60 when it
19 was 60, at 63 when it was 63. Is that correct?

20 DR. ZAREBA: That's correct. It's the Holter
21 bin method. It tries to look at QT and specific heart
22 rate. Whether it's 5 beats apart or 3 beats apart, we only
23 establish this 10-millisecond range of overlap. Otherwise,
24 they are considered separately because of the dynamic
25 nature of QT.

1 DR. FLEMING: So you've got a patient now that
2 has a heart rate of 60, and what we're computing here is
3 the QT change is approximately, if I can eyeball this, 2.5
4 seconds for those with a heart rate of 60. That is
5 precisely computed in what way? We're looking at the QT
6 for this particular patient at this point with a heart rate
7 of 60 and we're adjusting that regarding the placebo in
8 what fashion?

9 DR. ZAREBA: I have this methodological slide
10 from the main presentation which shows the method.

11 DR. FLEMING: While you're pulling up the
12 slide, my understanding is you are, in fact, with this
13 analysis adjusting for the fact that there is, as you
14 showed in that one slide, a definite relationship between
15 QT and heart rate.

16 DR. ZAREBA: Yes, slide 37 please.

17 As it was mentioned, there is this process of
18 combining QT -- the QRS complexes are generally beats from
19 specific 10-millisecond bins. They are combined and they
20 may come from neighboring RR intervals, but they may come
21 from distant RR intervals, just to create a bin of 1000
22 milliseconds or 1010 milliseconds. They are averaged to
23 represent specific heart rates. On this average beat, we
24 have measured QT manually and blinded. So we speak right
25 now not about just single beats which represent a moment or

1 an instantaneous change, but we speak about a group of
2 beats which is transferred into some average complex which
3 is representative for the entire class there.

4 Why is that? Because of potential influence of
5 noisy beats or some outliers, this signal averaging allows
6 us to really demonstrate the good reproducibility of the
7 method.

8 DR. FLEMING: You still haven't gotten to my
9 question. Essentially what you're trying to do, going back
10 to slide 54 -- what is intended here is to understand what
11 the change in QT is that is influenced by alfuzosin beyond
12 the element of what change should be if you simply looked
13 at the change in the heart rate. Is that correct?

14 Essentially what we realize is alfuzosin is
15 changing the heart rate.

16 DR. ZAREBA: Yes.

17 DR. FLEMING: That intrinsically could change
18 the QT.

19 DR. ZAREBA: That's correct.

20 DR. FLEMING: But we also know in untreated
21 patients, if the heart rate changes, the QT changes, and
22 we're attempting to adjust that out.

23 DR. ZAREBA: That's correct.

24 DR. FLEMING: So if we look at the 60 data, for
25 example, patients on alfuzosin at 40 milligrams who, in

1 fact, have a heart rate of 60 will have a given QT or a
2 given QT change. Is there, in fact, a subtraction here
3 when you compute this blue bar that is factoring out -- if
4 somebody started at 55 and went to 60 in their heart rate,
5 you realize that their QT, in fact, would have changed on
6 the placebo. And you're subtracting that out. So this
7 represents the excess change in QT beyond that that you
8 would ascribe to a placebo change in QT or a natural
9 population change in heart rate.

10 DR. VILLAUME: Maybe Dr. Durrelman can clarify
11 the method a little bit along with, if necessary, Dr.
12 Maison-Blanche who was the reading cardiologist.

13 DR. DURRELMAN: Yes. Let me try to clarify
14 from the statistical standpoint first.

15 I would like to make the point that in the
16 slide 54 that we have here, you must understand that the
17 subjects contribute to several of the batches. Right?

18 DR. FLEMING: Sure. Not a problem.

19 DR. DURRELMAN: So if we can have the backup
20 slide 44.

21 You have in this slide the distribution of
22 subjects by RR bins. So depending on the bins you are at,
23 you have a sample size that is more or less larger or
24 smaller. Around the interval from 800 to 1200 that we have
25 decided, we have about all the sample size equals all

1 subjects' experiences RR bins.

2 Now, when we go back to the main slide I think
3 54, what we do is to classify the various bins during the
4 run-in placebo period, time 7 to 11 hours at day 2, and on
5 the other hand, classified the RR bins for all subjects
6 also during the treatment period at day 3. And for a given
7 RR bin corresponding to a certain heart rate, we do the
8 comparison, and then between this run-in placebo period and
9 the treatment period. And we do that then for all of the
10 four treatment groups: placebo, two arms of alfuzosin, and
11 moxifloxacin 400 milligrams. Then we would be able to plot
12 this, adjusting for placebo.

13 DR. FLEMING: So am I correctly interpreting
14 this, that if we focus on the 60 heart rate column, what
15 we're saying here is a patient that is at 60 on alfuzosin
16 would have about a 2.5-millisecond higher increase in QT
17 than you would expect from natural history adjustment for
18 the relationship that exists between heart rate and QT. Is
19 that correct?

20 DR. ZAREBA: That's correct, using this placebo
21 run-in method exactly at 7 to 11 hours.

22 DR. FLEMING: And then your overall reported
23 summary for the increase at 40 is a weighted average of all
24 of these blue bars. You're coming up with an average of --

25 DR. DURRELMAN: 2.9 milliseconds.

1 DR. FLEMING: 2.9 and that's a weighted
2 average.

3 DR. DURRELMAN: 2.9 milliseconds in the
4 prospectively defined QT1000 parameter, which corresponds
5 to the heart rate of 60, and that's a weighted average.
6 Right.

7 DR. FLEMING: A weighted average of the blue.
8 So what we realize is that the actual increase in QT
9 relative to what you would expect it to be, adjusting for
10 heart rate, is in fact specific to heart rate, and you're
11 taking a weighted average of these.

12 I guess the last point in interpreting this,
13 though, is if, for example, somebody came in with a heart
14 rate of 55 -- and that's the people over here to my left --
15 and on alfuzosin those people would become a heart rate of
16 60, the people here on my right, then essentially what this
17 is doing is it is looking at the alfuzosin person here that
18 was on my left and they're putting them in the bin over
19 here on my right, with all of these placebos who are now
20 like them at 60, and it's making the fundamental assumption
21 that you're no longer comparing this person to their true
22 colleagues, their true randomized colleagues. You're
23 putting them in a systematically different bin under the
24 assumption that the only thing that really matters on QT is
25 heart rate. It's the right thing to do if the only thing

1 that matters is heart rate. But if there are other things
2 that influence QT, this person who really belongs on my
3 left is not being compared to the comparable to people.

4 So that's a fundamental assumption to this
5 approach that has to be recognized that this approach is
6 not pristine. It's in fact violating the assumptions that
7 we would typically look for of keeping people with their
8 colleagues with whom they're truly intrinsically the same,
9 and it's only valid if the only thing that matters about QT
10 is heart rate.

11 DR. MAISON-BLANCHE: You're absolutely right,
12 sir. But there is a "but," and my answer is a "but." We
13 have some time match. We compared T7, T11 on the treatment
14 to T7, T11 placebo, which means that we tried -- at least
15 we do our best -- to compensate for circadian variations.
16 I am not aware of such big efforts to do that in the past.

17 So we try to compensate for also the night influences. So
18 first we try to get rid of circadian influences. Then all
19 the patients are in supine positions on the run-in placebo
20 and on the treatment. So in addition to the circadian
21 variations, which are non-negligible, we tried to
22 compensate for daily activities. We cannot compensate for
23 multi-stress. We cannot compensate for respiratory sinus
24 arrhythmia. That's true. But we did our best to
25 compensate for the other influences.

1 Do I answer clearly your question?

2 DR. FLEMING: I understand but the concerns
3 that I have which I think are intrinsically unavoidable is
4 that you're having to make assumptions here, and I just
5 want to make clear what those assumptions are.

6 DR. ZAREBA: I think we are in agreement with
7 only this additional piece of information. As we showed,
8 on drug and off drug, there was substantial overlap of RR
9 intervals, allowing us to have, as I mentioned before, at
10 least 50 beats for each class, which allows us to really
11 demonstrate the representative QT interval for a specific
12 heart rate.

13 DR. BORER: Tom Pickering and then Dan.

14 DR. PICKERING: Yes. I wanted to bring up the
15 issue of respiratory sinus arrhythmia that you just
16 mentioned. These are young people who were supine and
17 probably breathing relatively slowly, and vagal tone tends
18 to be high in younger people I think. So one of my
19 questions is, to what extent is the RR variation due to
20 sinus arrhythmia where you would just have one very long RR
21 interval per breath, whereas in an older population taking
22 the drug for therapeutic reasons where upright vagal tone
23 is probably going to be much lower and sinus arrhythmia are
24 also much less?

25 DR. MAISON-BLANCHE: Thank you for your

1 question. Yes, it's true. So back to my previous answer.
2 We are dealing in this population with a relatively high
3 respiratory sinus arrhythmia. As far as I know, I (unknown
4 words) to get rid of that is that we are basing which is an
5 invasive technique which we usually cannot apply in this
6 setting. So we have to do something with respiratory sinus
7 arrhythmia.

8 Among the two techniques which we investigated
9 to compensate for hysteresis, we manipulated the heart rate
10 variability analysis to select those beats which may be
11 affected by the hysteresis phenomenon related to
12 respiratory sinus arrhythmia. In that population, what Dr.
13 Zareba said is true. We found that the rejection rate was
14 75 percent because they have a significant respiratory
15 sinus arrhythmia. Not only do you expect but our findings
16 in the elderly population, the rejection rate will be
17 smaller because they will have less respiratory sinus
18 arrhythmia.

19 So if we try to compensate for hysteresis, we
20 will eliminate 75 percent of beats. If we do not, if we
21 put into the bins all the data, and I analyze the presence
22 of sinus (unknown word) phenomenon by the way in the
23 setting of 10 seconds of ECG strips, who knows what happens
24 before and after. At least from continuous ECG monitoring
25 -- that may be part of the discussion later on, but at

1 least continuous ECG monitoring has potential solutions.
2 10-second snapshots do not.

3 DR. BORER: Dan?

4 DR. RODEN: I don't know if I have a question
5 or just a comment. Could you put up your slide 39?

6 Tom, as a statistician, has come up with the
7 fundamental problem that the relationship between QT and RR
8 is I think inevitably or terminally confounded. You can't
9 possibly sort out a true relationship. If you have a drug
10 that affects only QT, you might. If you have a drug that
11 affects RR through multiple mechanisms, QT through multiple
12 potential mechanisms, then trying to come up with a number
13 is not going to work. So I like this approach with the
14 caveat that as long as it's being analyzed in a way that's
15 not rejecting systematically beats.

16 So I wonder, Wojciech, whether the bar that you
17 show on the slide that Dr. Fleming didn't like --

18 (Laughter.)

19 DR. RODEN: No, no. I can't remember what
20 number that was.

21 DR. ZAREBA: Slide 54.

22 DR. RODEN: Don't go back to 54 yet.

23 But each individual has one line on drug and
24 one line on placebo. So there's a delta at any given QT
25 that you want to select. Then you can go on and you should

1 be able to show us the delta QT with a standard deviation
2 or with a confidence interval, each derived from an
3 individual subject. Maybe that's what was bothering Tom.

4 DR. ZAREBA: These data are just mean change,
5 and you may remember from the main presentation I mentioned
6 that the upper confidence interval was 5.5 milliseconds.
7 So, of course, there is some range.

8 DR. RODEN: If it's not on the slide, I don't
9 remember.

10 DR. ZAREBA: Yes, I understand. But if you go
11 in the main presentation to slide -- I don't have it here
12 in front of me, but I am speaking about the slide showing
13 data for 40 milligrams, the table for 40 milligrams.

14 DR. RODEN: 53 I think actually.

15 DR. ZAREBA: Slide 52 please.

16 If you look here, we speak about QT1000. I
17 understand that slide 54 showed different other heart
18 rates, but if you look at this particular situation, if you
19 look at the confidence interval, the upper limit is 5.5
20 milliseconds. This is what we are aware of, that of
21 course, there will be patients who will show 4
22 milliseconds, some others 1 millisecond, and some of them
23 even 5 and higher milliseconds, which is still very modest
24 prolongation.

25 DR. BORER: Ed Pritchett, do you have anything

1 to ask of this speaker?

2 (No response.)

3 DR. BORER: I think we've totally lost the
4 hookup now.

5 DR. PRITCHETT: Can you hear me, Jeff?

6 DR. BORER: Now I can hear you.

7 DR. PRITCHETT: No. I'm actually able to
8 follow this remarkably well, given the technology I've got
9 here. I have enjoyed this.

10 I like this Holter bin method. I just would
11 have one comment, though, as we try and struggle with how
12 to use it, and that is, why do we think that the QT
13 interval is something to worry about? And it's because
14 historically we have learned that drugs that prolong the QT
15 interval are associated with a higher risk of this
16 arrhythmia that we call torsade de pointes. Most of what
17 we know about the QT interval for those drugs was measured
18 with 12-lead ECGs. It's what we know from studies of
19 quinidine and sotalol and more recently dofetilide and
20 drugs like that.

21 What we've got here is a very interesting assay
22 for QT interval effects, but we don't know what predictive
23 value it has because we haven't done lots of drugs to see
24 if they're studied with the Holter bin method, whether it
25 predicts the occurrence of QT. But as an assay for QT

1 interval, I find this to be quite an interesting idea and
2 quite attractive. End of my comment.

3 DR. BORER: Thank you.

4 DR. ZAREBA: Just in reply to this comment, I
5 want to emphasize that, of course, as I mentioned, we
6 analyze our data not only using the Holter bin method, but
7 we use traditional 12-lead with very recently proposed
8 subject-specific correction. So we try to address this
9 from both angles.

10 DR. PRITCHETT: Yes, I agree.

11 DR. BORER: Jeremy, how many minutes is your
12 presentation approximately?

13 (Laughter.)

14 DR. RUSKIN: I'll try to stay under 10.

15 DR. BORER: Okay. The reason I'm asking is
16 that I want Steve to have the opportunity to comment after
17 you present. Well, do you have any comments you want to
18 make before Jeremy?

19 DR. NISSEN: I just had one. Could I see that
20 slide 54 again?

21 (Laughter.)

22 DR. ZAREBA: It's a popular slide.

23 DR. NISSEN: Yes, it's a popular slide.

24 I guess the question I would ask the panel more
25 than you is, is the relevant number the average change

1 across all heart rates, or is the most relevant number for
2 this analysis what the worst case scenario is?

3 Given the fact that what we're really trying to
4 do is to determine whether a drug that's used for a
5 nonlethal condition has the potential for a lethal side
6 effect, my argument would be that if we're going to use
7 this method, we might want to look at what is the worst
8 case. At what heart rate is the change the greatest as a
9 security blanket, if you will, to make certain that we're
10 not in a range where there's a lot of risk because clearly
11 heart rate does change from moment to moment. What we
12 really want to know is what is the risk that this drug is
13 going to cause harm.

14 And so when I look at the data, it looks to me
15 like people that are around 60, 57, 55, if they get a lot
16 of exposure, will be in the range of 4 or so milliseconds
17 prolongation. Now, what does that mean? That's another
18 question entirely.

19 But in terms of the analysis, I think one could
20 make a case here that it's not really quite fair to average
21 this across every imaginable heart rate and then sort of
22 throw it into a great big gemisch because that's not really
23 what an individual patient experiences in terms of risk.
24 So that's a comment before I exit.

25 DR. ZAREBA: I think it's a very valid point

1 that we have to take into account that variation and
2 possibilities that the response will be different. But to
3 my knowledge, we don't know of a drug that produces
4 arrhythmia and has QT increase properties at any given
5 heart rate at the 5-millisecond range.

6 DR. NISSEN: And that will be discussed later,
7 but in terms of what number we actually use as we think
8 this through, my argument might be that we use the worst
9 case number if we're going to use this kind of bin method.

10 DR. KOWEY: Just since you addressed it to the
11 committee, I'll take a shot at this. But I think we're
12 looking obviously, at central tendency here, and you did
13 present data on outliers. When you said the word "worst
14 case scenario," the thing that always comes to my mind is
15 an outlier analysis. They did two kinds of outlier
16 analyses. They did one looking at the worst QTs and then
17 they also did the one with the worst plasma concentrations.

18 In both of those, "what's the worst thing that could
19 happen" scenarios, we didn't really see a strong signal of
20 a problem.

21 So I agree with you. I think that we were
22 getting riveted on central tendency measurements, and
23 obviously they're very important. But in real life what we
24 want to know is what could happen in the worst case, and I
25 think that question is very germane. But I think that the

1 information at least has been presented. We can debate
2 whether we like it or whether we don't like it, whether we
3 find it reliable, but it's there.

4 DR. BORER: Tom.

5 DR. FLEMING: I'd just like to reinforce two
6 points that I think Steve has made. One is, as we look at
7 these results, it's very important to know whether there is
8 an interaction between heart rate and age, for example, or
9 another way of saying this is if these tables were
10 generated in a younger population, are these exact same
11 associations seen in an older population, which is a very
12 fundamentally important assumption we're having to make.

13 The second point that comes to mind on what
14 Steve's saying is if, in fact, you had 1 percent of the
15 population in whom the increase was, in fact, 20 and the
16 rest of the population, the increase is 0, and you're
17 looking at the weighted average, you're going to see
18 something that's trivially small that wouldn't concern us.

19 But if it's 20 in 1 percent of the population
20 and it would induce a high rate of torsade in that
21 subgroup, the challenge we're running into here is if we're
22 dealing with efficacy that's in a life-threatening setting,
23 then you accept a small risk of life-threatening adverse
24 events.

25 On the other hand, if you're not looking at

1 that for benefit, then you have a very low threshold and it
2 does become critically important not to look at averages,
3 but to, in fact, look at outliers because it's unacceptable
4 to have 1 percent of the population that in fact would be a
5 very high level.

6 DR. ZAREBA: In this study, there was no
7 evidence for outliers which would be of major concern using
8 both classical methods and using even Bazett correction
9 method. Again, I think that there are no data in post-
10 marketing studies indicating any increased risk. I
11 understand that we do not have a heart rate for this post-
12 marketing data, but across the board there is no signal
13 indicating this drug or other drugs of alpha blockers are
14 associated with increased proarrhythmia.

15 DR. BORER: Now we can move on to Jeremy.

16 I'd like to make one point -- two points
17 actually as you're coming up here. This doesn't presuppose
18 any final comments that this committee will make.

19 While we're all concerned about outliers, et
20 cetera and all the points that have been made, I think it's
21 important to reinforce what comes across in the book that
22 you gave us and in that slide which is that you had a
23 positive control. We're focusing on the blue bar, but look
24 at the red bar, a positive control, a drug that affects QT
25 but doesn't seem to cause arrhythmias, and it caused more

1 of an effect on QT than this drug did. And I think that's
2 important for us to remember as we go forward.

3 The final comment is that Sanofi-Synthelabo has
4 its headquarters, I think, somewhere outside the United
5 States, so I have to make the point that Massachusetts in
6 the United States has 4 S's not 5.

7 (Laughter.)

8 DR. BORER: Thank you.

9 DR. RUSKIN: Thank you, Jeff.

10 Mr. Chairman, ladies and gentlemen, I'll try to
11 keep my comments very brief. I'm just going to offer a
12 couple of summary statements about the limitations of
13 correction formulae, the adequacy of the study design in
14 5105, the results of that study, one comment about
15 pharmacovigilance and one about safety margin.

16 This slide shows you four different correction
17 formulae used in the 5105 data. These are data points from
18 the population in study 5105 showing you the relationship
19 between the corrected QT interval and the RR interval, that
20 is, the heart rate. These are data that are familiar to
21 all of you by this point, both prior to and during this
22 discussion, and that is, that the goal of a correction
23 formula is to eliminate any correlation between heart rate
24 and QTc.

25 A number of comments have been made, important

1 ones, by panel members about other influences on the QTc,
2 but by far the most important, the most potent influence on
3 QT is the heart rate. So the goal in any development
4 program is to correct for heart rate, to achieve a 0
5 correlation between heart rate and the QTc. In general,
6 what's done is to try to correct the QT for what it would
7 be at a heart rate of 60.

8 When these data are corrected using the Bazett
9 correction, you can see that as the cycle length decreases,
10 that is, as the heart rate increases, there is a rather
11 dramatic over-correction of the corrected QT interval. So
12 there's a correlation here between heart rate and QTc that
13 should be there.

14 This is somewhat mitigated by use of the
15 Fridericia formula which brings the slope of that
16 regression line a little closer to the optimum of 0.

17 Much better corrections are achieved using
18 either a population or an individual subject-based
19 correction in which the correlation becomes close to 0.
20 That is, the QTc becomes a near constant interval.

21 The Holter bin method, about which you've heard
22 and about which there's been a lot of discussion already,
23 avoids entirely the need for rate correction by using the
24 bin method and by comparing QT intervals at comparable
25 heart rates before and after the drug.

1 Importantly, the results in this trial, which
2 you've just heard, correlate very closely both with the
3 group and subject-specific individual corrections using
4 standard 12-lead ECGs. What you've also heard from Dr.
5 Pritchett and others is that there's limited experience
6 with this technique in drug trials.

7 With regard to the study design of 5105, I want
8 to make just a couple of points. The first is that the
9 study covered a 4-fold dosage range, 10 milligrams and 40
10 milligrams, and at the 40 milligram dose, exposures
11 exceeded those seen with maximum metabolic inhibition with
12 400 milligrams of ketoconazole, as well as exposures seen
13 in patients with renal impairment.

14 In addition, a substantial percentage of
15 healthy volunteers experienced postural hypotension at the
16 dose of 40 milligrams.

17 The study also used a well-studied positive
18 control, moxifloxacin, for which an effect size has been
19 determined in many other drug studies, to demonstrate the
20 ability of this design to detect small changes in QT
21 intervals induced by a drug.

22 And finally, using 12-lead ECG measures known
23 to everybody here, there is internal validation within this
24 study of the Holter bin method.

25 Just to reiterate what you heard from Dr.

1 Oppermann about exposures, the 40 milligram dose of
2 alfuzosin provides exposures that are roughly 4-fold those
3 seen with the standard therapeutic dose of 10 milligrams,
4 and these exposures exceed what is seen with maximum
5 metabolic inhibition with 400 milligrams of ketoconazole.

6 These are the QT and QTc results in 5105 for
7 alfuzosin 10 and 40 milligrams and a standard therapeutic
8 dose of moxifloxacin, 400 milligrams. As you can see, the
9 QT1000 correlates very closely with what was observed using
10 both individual or subject-specific and group correction
11 formulae with standard 12-lead electrocardiograms. And
12 this effect size at the standard therapeutic dose is, at
13 least to my interpretation, essentially undetectable.

14 At four times that exposure, again exceeding
15 exposures achieved with maximum metabolic inhibition, the
16 effect size, regardless of the correction formula on the
17 12-lead ECG or using the QT1000 method, is below 5
18 milliseconds and it is half that seen with a standard
19 therapeutic dose of moxifloxacin, a drug in wide use.

20 This slide compares for you the effect sizes
21 seen in the two studies that used the Holter bin method,
22 4532 and 5105, and despite very small numerical differences
23 in the effect size at 10 and 40 milligrams, I can see no
24 statistically detectable difference in the effect size at
25 these two doses between the two studies.

1 With regard to outliers defined as a QTc
2 greater than 450 milliseconds or a change in QTc of greater
3 than 60 milliseconds, there were none with any correction
4 formula other than the Bazett formula. And all the QTc
5 Bazett outliers occurred in association with significant
6 increases in heart rate, that is, in patients who had
7 changes in heart rate ranging from 18 to 49 beats per
8 minute.

9 There were no outliers defined as a QTc greater
10 than 500 milliseconds in any study with any method used,
11 and there was no QT or QTc greater than 440 milliseconds by
12 any correction method in subjects with concentrations
13 exceeding five times dose therapeutic, that is, in the PK
14 outliers. And these outlier analyses were alluded to by
15 several members of the committee earlier with regard to
16 their significance in detecting some signal of risk.

17 In 15 years of use and an estimated 3.7 million
18 patient-years, there has not been a single case of torsade
19 de pointes reported with alfuzosin.

20 This slide summarizes for you, as you saw
21 earlier, the IC50s for hERG and the IC50 to Cmax
22 therapeutic concentrations for drugs known to cause torsade
23 de pointes compared to alpha 1 blockers. Specifically with
24 regard to alfuzosin, you can see that the IC50 for hERG is
25 three to four orders of magnitude higher than with these

1 drugs, and the ratio of IC50 to Cmax is two to four orders
2 of magnitude higher than with drugs known to cause torsade
3 de pointes.

4 Shown graphically, if one plots the IC50 on a
5 linear concentration scale shown here and compares it to
6 exposures seen with alfuzosin 10 milligrams, 40 milligrams,
7 and in a number of clinical scenarios, including renal
8 impairment, elderly age, and a combination thereof, you can
9 see that in fact you simply can't detect the exposures here
10 in relation to the IC50 for hERG on a linear scale. If you
11 plot this on a log scale, these concentrations or these
12 exposures do become evident and you can see again that
13 alfuzosin 40, which produces the largest exposure of any of
14 these scenarios, is at least two or more orders of
15 magnitude below the IC50 for hERG.

16 Just a couple of comments about drug known to
17 cause trouble, the paradigm for difficulty with a drug that
18 has a small effect size at a standard therapeutic dose,
19 terfenadine, an agent which is well known to everybody on
20 this committee.

21 Terfenadine, when taken at standard therapeutic
22 doses, at peak has a QTcB effect of about 18 milliseconds,
23 and it's a lot lower than that at non-peak, probably about
24 8 milliseconds. However, when exposed to a metabolic
25 inhibitor at standard therapeutic doses, a non-peak

1 increase in QTcB exceeding 80 milliseconds is observed, and
2 we don't know what that effect size is at peak.

3 It's important to contrast this with the
4 observations on alfuzosin which at standard therapeutic
5 concentrations has a virtually undetectable effect on QTc
6 using an appropriate correction formula, and at an exposure
7 four times that of the 10 milligram dose and exceeding what
8 is seen with maximum metabolic inhibition, the effect size
9 remains under 5 milliseconds. So there's no way to get
10 from here to here with this drug.

11 Questions have been raised about other patient
12 populations, high risk subsets. With regard to age, the
13 primary issue that arises in that circumstance is one of
14 increased exposure, and we've seen from the data presented
15 by Dr. Oppermann that increased age is associated with an
16 exposure that goes up about 1.3-fold. So it's not
17 comparable to the 4-fold increase that's seen at the 40
18 milligram dose, data for which there is QTc information,
19 and that change remains under 5 milliseconds.

20 With regard to patients with heart disease,
21 particularly advanced heart disease, hypertrophy,
22 congestive heart failure, issues raised by Drs. Kowey and
23 Nissen, those substrates are clearly inherently unstable,
24 high risk substrates, and they can be viewed as effect
25 amplifiers. But I know of no situation in which a drug

1 with a very small effect size, even under conditions of
2 maximum metabolic inhibition or maximum exposures exceeding
3 those achieved with maximum metabolic inhibition, in normal
4 volunteers has been unmasked to exhibit a huge effect when
5 given to patients with underlying heart disease. I'm not
6 aware of a single situation in which that has occurred. So
7 there's no question that risk will be increased for
8 anything related to arrhythmias in patients with advanced
9 heart disease, advanced hypertrophy, congestive heart
10 failure, but we're talking here about an effect size that
11 is so small that even a multiple of that would not, based
12 on any experience we have to date, be associated with risk
13 for torsade de pointes, very different from the kind of
14 situation we see here. Again, this was unmasked in healthy
15 volunteers.

16 So in conclusion, the QT effects of alfuzosin
17 are very well characterized. Even at exposures four times
18 those seen at the standard therapeutic dose and exceeding
19 exposures achieved with maximum metabolic inhibition, the
20 effect size is less than 5 milliseconds, and this occurs at
21 a dose associated with postural hypotension in 20 percent
22 of normal volunteers. The effect size at this 4-fold
23 exposure is about half that seen with a standard
24 therapeutic dose of moxifloxacin. There are no outliers
25 using appropriate correction methods, and in 15 years of

1 clinical use and experience exceeding 3.5 million patient-
2 years, there has been no case of torsade de pointes
3 reported.

4 Thank you.

5 DR. BORER: Thank you very much, Jeremy.

6 We're going to take a break in a moment.

7 Before we do, if there are any questions that have to do
8 with clarification of what's been presented, let's raise
9 them now. Otherwise, if we're going to get into the
10 philosophy and judgments about what we've seen, let's hold
11 it until a little bit later.

12 Dan and then Blase.

13 DR. RODEN: Just two tiny questions. Jeremy, I
14 don't think you're the one to answer this, but maybe you
15 are.

16 Does the agency or anyone know or can they
17 provide information on the safety of moxifloxacin, number
18 one?

19 And number two, is there overdose experience
20 with alfuzosin?

21 DR. RUSKIN: With regard to the first answer, I
22 think I would defer to FDA for that information because I'm
23 sure they have more than we do.

24 There is some overdose experience with
25 alfuzosin. It's small but the company can provide that.

1 DR. RODEN: And 3.5 million patient-years is 1
2 patient for 3.5 million years or?

3 (Laughter.)

4 DR. RODEN: How many patients?

5 DR. RUSKIN: Actually it's 2 for half that.

6 (Laughter.)

7 DR. RODEN: How many patients?

8 DR. SALLIERE: Good morning. I'm Dominique
9 Salliere. I'm the head of pharmacovigilance in Sanofi-
10 Synthelabo.

11 To answer your questions concerning overdose,
12 maybe I can have slide number 2. We received during the
13 last 15 years only 5 cases of overdose, but it is
14 interesting to note that the patient had taken between
15 nearly 40 milligrams up to 100 milligrams, and 4 out of
16 these 5 patients were over 75 milligrams. And no cases of
17 arrhythmia, ventricular arrhythmia were reported. And one
18 severe hypotension was reported. This is expected with the
19 ingested dose, and in all cases, the outcome was favorable.

20 So I think that up to 10 times the recommended therapeutic
21 dose, no ventricular arrhythmias were reported.

22 DR. CARABELLO: The 3.5 million patient-years
23 safety data are, if robust, to my mind very compelling
24 because they would account for all the vagaries that we
25 discussed here this morning between age and the presence of

1 heart disease, changes in barometric pressure, and so
2 forth. How robust are these data? Is it simply that dead
3 men don't talk?

4 (Laughter.)

5 DR. CARABELLO: Or is the reporting structure
6 in the countries from which the data come robust?

7 DR. SALLIERE: To calculate this number, we
8 have taken the number of tablets sold with the mean
9 recommended dose. So we determined the total number of
10 patients exposed at this for 1 year.

11 Alfuzosin is marketed in Europe and
12 pharmacovigilance has been set up for a long time, and
13 there is active pharmacovigilance in all countries where
14 alfuzosin is marketed. Periodic reports are submitted to
15 the health authorities and no questions related to
16 ventricular arrhythmia were raised by any health
17 authorities and no variation of the labeling was requested.

18 DR. BORER: Doug, I assume that in the FDA
19 presentation, you'll be covering the issue that was raised
20 by Dan about the data about a positive control. Is that
21 right?

22 DR. THROCKMORTON: Well, I don't want to speak
23 for the other speakers. I'm not sure or not. It's true
24 that we monitor the reports of torsade for moxi, and
25 without getting into specifics of those, I think it's safe

1 to say that we see no clear signal for a --

2 DR. MacCARTHY: This is Paul MacCarthy from
3 Bayer Medical Lab. We will cover some of the moxifloxacin
4 safety data in our presentation.

5 DR. BORER: Okay, great. Thank you.

6 Then we'll take a 15 minute break. I'm sorry.
7 We have a question before we take a break. Tom.

8 DR. FLEMING: A question for Jeremy, and while
9 he's getting up to the microphone, just a curiosity on
10 slide 17. I have no question terfenadine has a higher
11 effect. It's curious that you presented the Bazett having
12 just been lectured on the fact that that's an overestimate.

13 (Laughter.)

14 DR. FLEMING: I want to understand. I thought
15 you were saying something to the effect that, yes, as Steve
16 was mentioning, there is in fact some particular concern
17 that people could be at high risk, people with ischemia,
18 heart disease, whatever. Did I understand that what you
19 were saying was that, however, for other interventions that
20 would induce the level of QTc change that we're seeing
21 here, there's no evidence that it has induced adverse
22 effects in such patients? Could you repeat the essence of
23 your message there?

24 DR. RUSKIN: Let me try to answer the first
25 question or the first comment first. With regard to

1 presenting the data for QTcB, I presented it because that's
2 the data that's available for terfenadine. That's how it
3 was analyzed and published, and there's no way to present
4 it with any other analysis.

5 In addition, terfenadine, while it has a small
6 effect on heart rate, is not close to what you see with
7 alfuzosin, but I certainly agree that Bazett is not the
8 optimal formula for any drug.

9 With regard to what I was saying, which was
10 simply a comment, because nobody has data in tens of
11 thousands of patients with heart failure to know exactly
12 what magnitude of increased risk one may see with a QT-
13 prolonging drug in that population. The comment I was
14 trying to make was that we know that that is an effect
15 amplifier, but there's no evidence with any drug that it
16 has the kind of impact that you see with drugs that have
17 metabolic liability, the drugs that can have a very small
18 or modest effect size at standard doses that can then go up
19 by an order of magnitude when their metabolism is
20 inhibited. And that's the commonest paradigm for getting
21 into trouble. It's true of cisapride. It's true of
22 terfenadine. It's true in a number of situations.

23 DR. FLEMING: I had thought what you were
24 addressing was the setting of where we would have people
25 who are at intrinsically higher risk with ischemia, heart

1 disease, et cetera in whom there may be, in fact, other
2 drugs such that you can have drug-drug interactions that
3 would exacerbate the problem because of their effects on
4 metabolism, and that in essence you were saying for such
5 settings with other agents that would have modest increases
6 in QTc, there's no evidence that that in fact translates
7 into substantial higher risk.

8 If that's what you were saying, it just sounds
9 like potentially an absence of evidence doesn't mean
10 evidence of absence type of scenario here. Do we really
11 know? And I'm not criticizing. I'm just recognizing the
12 intrinsic limitations of really getting reliable data as to
13 what the effects would be in such people.

14 DR. RUSKIN: No, I hear you and I agree with
15 what you're saying. There is no way to get a scientific
16 answer to that, particularly the interaction problem, the
17 pharmacodynamic interaction problem, which is very
18 difficult to study and hard to get a handle on in any
19 population.

20 I think the best that you can end up with is
21 pharmacovigilance which we know has very significant
22 limitations, but the fact is that this drug has been
23 marketed for 15 years in many millions of patients with no
24 labeling restrictions whatsoever in a population that has a
25 prevalence of heart disease of around 50 percent. They're

1 older people with heart disease. And there have been no
2 signals, not a single case of TdP reported, and no sense of
3 a proarrhythmia signal that has come to light in any of the
4 countries in which it's been marketed. Now, that is highly
5 imperfect data. I would be the first to admit that, but I
6 think it's about the best that one gets in this kind of
7 situation.

8 DR. FLEMING: But where I would expect under-
9 reporting would be precisely the setting where the kinds of
10 outcomes that I would care about are, in fact, not rare due
11 to natural causes in those populations.

12 DR. RUSKIN: That's exactly correct.

13 DR. FLEMING: So if in fact we're increasing by
14 5 percent, we may not see that reported at all because this
15 is a setting where those events should occur even in the
16 absence of an intervention.

17 DR. RUSKIN: You can't exclude that
18 possibility. Absolutely.

19 DR. BORER: With those comments well in hand,
20 we'll take a 14-and-a-half minute break, and we'll begin
21 exactly at 11 o'clock.

22 (Recess.)

23 DR. BORER: We're now 6-and-a-half minutes
24 behind schedule. So if we can reconvene please.

25 We will go on to the presentation from Bayer,

1 and we'll deal with any residual questions about either
2 product when we get to our discussion in the afternoon.
3 The presentation with regard to Levitra will be introduced
4 by Mary Taylor, who is the Vice President for Regulatory
5 Affairs in North America of Bayer.

6 MS. TAYLOR: Good morning, ladies and
7 gentlemen, Dr. Borer, members of the advisory committee,
8 and FDA. We are pleased to present to you today our
9 product, Levitra, vardenafil hydrochloride, NDA 21-400.
10 This product has been co-developed and will be co-promoted
11 by Bayer Pharmaceuticals Corporation and GlaxoSmithKline.

12 I'm Mary Taylor, Vice President of Regulatory
13 Affairs for North America for Bayer Pharmaceuticals
14 Corporation.

15 The agenda for today is I will provide a brief
16 introduction to the product.

17 This will be followed by an assessment of QT,
18 QTc, effect of vardenafil by Dr. Tom Segerson. Tom has
19 been with our program for a long time and is now Vice
20 President of Medical and Scientific Affairs for Bayer
21 Canada.

22 Dr. Joel Morganroth will follow that with an
23 assessment of QT study designs, heart rate correction
24 factors, and arrhythmias associated with QT-prolonging
25 drugs.

1 We have with us a distinguished panel of
2 consultants. Dr. Joel Morganroth is from the University of
3 Pennsylvania and eResearch Technology. He has been an
4 advisor for FDA and HPB.

5 Dr. John Camm is a professor of clinical
6 cardiology at St. George's Hospital in London, also a well-
7 known cardiologist and an expert in QT assessment.

8 Dr. Gerald Faich from Pharmaceutical Safety
9 Assessments is an expert in epidemiology and post-marketing
10 risk assessment and former head of drug safety at FDA.

11 We have Dr. Gary Koch, a professor of
12 biostatistics from the University of North Carolina, and
13 Dr. Udho Thadani, Professor of Medicine from the University
14 of Oklahoma, an expert in ischemic heart disease.

15 These individuals will be available for
16 questions, as well as people from Glaxo and from Bayer.

17 Our proposed indication for Levitra is for
18 erectile dysfunction. The starting dose is 10 milligrams
19 which may be titrated up or down as necessary.

20 The NDA was submitted in 2001. This was
21 followed by an approvable letter in July of 2002. The
22 application is currently under review at FDA.

23 It is approved in 34 countries: UK, Germany,
24 and 13 other European countries, as well as Australia, New
25 Zealand, and several Latin American countries. The product

1 has been on the market since March of this year.

2 You can see here we started our phase III
3 development program in approximately the year 2000. There
4 were numerous changes in the methodologies to assess QT
5 prolongation during that time. As you can see here, as
6 mentioned earlier, there were several guidances and
7 proposals issued post the development of our phase III
8 program. Health Canada, the ICH, and as Dr. Throckmorton
9 mentioned, the FDA issued their draft concept paper in
10 November 2002.

11 This brings us to the current topic of today.
12 In our clinical pharmacology program, we showed an
13 equivocal effect on the corrected QT interval. FDA was
14 concerned about what could potentially be observed with
15 supratherapeutic doses and asked us, therefore, to conduct
16 a definitive QT study. We are here today to talk about our
17 clinical trial design, approaches to correction factors,
18 and the risk of cardiac arrhythmia.

19 We have worked very closely with FDA on this
20 clinical trial, and we would like to take this opportunity
21 to thank them for the excellent collaboration.

22 We would also like to take this opportunity to
23 thank the entire GlaxoSmithKline team for the conduct of
24 this study.

25 Next I would like to introduce Dr. Tom Segerson

1 who will present the QT/QTc effect of vardenafil. In
2 conclusion, we hope you agree that we have conducted a
3 definitive study which shows no clinical concern.

4 DR. SEGERSON: Thank you, Mary.

5 Good morning. In my presentation I'd like to
6 present some background information on vardenafil.
7 Specifically I'll talk about the pharmacology and mechanism
8 of action, the efficacy and adverse event profile, and some
9 pharmacokinetic data from humans.

10 In addition, I'll provide some information that
11 is specifically relevant to evaluation of the QT interval
12 from our preclinical studies, clinical pharmacology
13 studies, and also from the phase III clinical studies.

14 And finally, I'll discuss the results from a
15 study which was specifically and rigorously designed to
16 evaluate the effect of vardenafil on the QT interval.

17 Vardenafil is a potent inhibitor of
18 phosphodiesterase type 5 with an IC50 of approximately 1
19 nanomolar. Vardenafil is also highly specific for the
20 subtype of PDE which, when inhibited, leads to the
21 accumulation of cyclic GMP in smooth muscle cells of the
22 corpus cavernosum of the penis and potentiates thereby the
23 erectile response.

24 PDEs of several types are also distributed
25 throughout the vascular tissue and thus effects on blood

1 pressure and heart rate are expected with these compounds.

2 In fact, we have observed in our clinical pharmacology
3 studies transient effects on both blood pressure and heart
4 rate after a dose of vardenafil which peak around the C_{max},
5 or maximal concentration, and have a duration of
6 approximately 1 half-life. The magnitude of the effect
7 we've observed is up to about 7 millimeters of mercury
8 reduction in systolic and diastolic blood pressure and
9 about a mean increase in the heart rate of approximately 4
10 beats per minute.

11 Vardenafil has also been shown to be
12 efficacious in the treatment of erectile dysfunction in our
13 clinical studies, and shown here are data from studies from
14 the general erectile dysfunction population. In addition,
15 we have demonstrated efficacy in populations that are
16 typically more resistant to treatment. Shown in these
17 figures are data from this pivotal study in the general
18 population where doses of 5, 10, and 20 milligrams of
19 vardenafil were both clinically and statistically superior
20 to placebo as measured by the Erectile Function Domain of
21 the International Index of Erectile Function. This is a
22 validated questionnaire which is a standard and accepted
23 endpoint for the establishment of efficacy in these
24 compounds.

25 In addition in a study in diabetics, doses of

1 20 and 10 milligrams were also superior to placebo.

2 The next slide shows a summary of the safety
3 data from our clinical program. This is looking at the
4 incidence of adverse events in placebo-controlled trials.
5 Shown here are the adverse events of vardenafil compared to
6 placebo. In the vardenafil group, approximately half of
7 patients reported an adverse event compared to
8 approximately one-third of patients in the placebo group.
9 And if we look at the most common adverse events that
10 occurred more commonly in vardenafil, those were headache,
11 flushing, rhinitis, and dyspepsia, which are adverse events
12 that are commonly observed in trials of PDE5 inhibitors.

13 The pharmacokinetics of vardenafil demonstrate
14 that it's rapidly absorbed and eliminated from plasma as
15 shown here in the pharmacokinetic profile in a clinical
16 pharmacology study in men after a single dose of 20
17 milligrams. The maximal concentration is achieved at
18 approximately 1 hour, half-life is approximately 4 to 5
19 hours, and at 24 hours, there is only about 1 to 2 percent
20 of the maximal concentration present in plasma. This,
21 therefore, indicates that with a minimal interval of 1 day,
22 of exactly 1 day, the chance for accumulation of vardenafil
23 is small. Moreover, these data suggest that to evaluate
24 any effect on the QT, a single-dose study is appropriate.

25 The elimination of vardenafil from plasma

1 occurs by hepatic metabolism principally and to a lesser
2 degree by renal excretion.

3 The next slide shows the result of hepatic
4 metabolism which results in a series of metabolites, and
5 here showing the pharmacokinetic profile of those
6 metabolites compared to vardenafil, the parent enzyme, in a
7 logarithmic scale to demonstrate the similarity in both the
8 time to maximal concentration and also the elimination
9 profile of these metabolites. This, therefore, suggests
10 that also for evaluation of potential effects of the
11 metabolites on the QT interval, a single-dose study is
12 appropriate and also that the potential for accumulation of
13 metabolites is approximately the same as with the parent
14 enzyme.

15 The metabolites themselves are formed by
16 hepatic metabolism through largely cytochrome P450 CYP3A4
17 as well as CYP2C9 and thus the pharmacokinetics of
18 vardenafil are susceptible to inhibitors of CYP3A4. We,
19 therefore, evaluated a number of such inhibitors and the
20 most potent effect or the greatest magnitude of effect that
21 we observed was with ritonavir, an HIV protease inhibitor,
22 which is both a very potent inhibitor of CYP3A4 but also an
23 inhibitor of CYP2C9. Thus, we concluded that the co-
24 administration of ritonavir would represent the scenario of
25 maximal metabolic inhibition.

1 The next slide shows data from a study where we
2 sought to determine a single dose of vardenafil that would
3 achieve levels in plasma that match or exceed those under
4 maximal metabolic inhibition. The parameter we evaluated
5 was C_{max} , with the assumption that the maximal effect on
6 QT, if present, would vary instantaneously with the
7 concentration of vardenafil and thus maximally occur at
8 C_{max} .

9 Moreover, we studied a dose of 5 milligrams in
10 combination with ritonavir, with the agreement of the FDA,
11 as this is the highest dose recommended for concomitant use
12 with potent CYP3A4 inhibitors and thus covers the proposed
13 labeling for concomitant use of these compounds.

14 These data are crossover data from the same
15 subjects showing the mean C_{max} and individual C_{max} data
16 after a single dose of vardenafil 5 milligrams, after a
17 dose of vardenafil 5 milligrams plus ritonavir at a maximal
18 clinical dose, and after a single dose of vardenafil 80
19 milligrams. And the mean C_{max} after the single dose of 80
20 milligrams exceeds both the individual as well as the mean
21 values observed after a dose of 5 milligrams of vardenafil
22 on the background of ritonavir at steady state. Thus, the
23 dose of 80 milligrams of vardenafil would represent and
24 cover the scenario of maximal metabolic inhibition.

25 In addition, I should mention that we did study

1 doses higher than the 80 milligrams, specifically 120
2 milligrams, and this dose was not well tolerated in normal
3 volunteers.

4 Also, I should mention that ultimately when we
5 studied the single dose in the QT study that I will present
6 subsequently, the distribution of Cmax values mirrors that
7 we saw in this study.

8 Next, I'd like to cover some of the data that
9 we developed during development to assess the potential for
10 effects on the QT interval for vardenafil. These include
11 preclinical data. In vitro we evaluated the effect of
12 vardenafil on the hERG potassium channel which encodes the
13 IKr potassium current, a component of the late
14 repolarization phase of the myocardial action potential and
15 also the target for all known drugs to affect QT and
16 produce torsade de pointes.

17 We compared the results of vardenafil and
18 sildenafil in vitro, and the IC50s for both of these
19 compounds were relatively similar, 30 micromolar for
20 vardenafil, 47 micromolar for sildenafil, and compared to
21 the free concentration after maximum clinical dose, which
22 we would consider the relevant comparison to in vitro
23 conditions in the absence of protein, both compounds had
24 IC50s for hERG which were at least 1,000-fold above the
25 free concentration after maximum clinical doses, 100

1 milligrams of sildenafil and 20 milligrams of vardenafil.

2 In vivo we also evaluated the effect of
3 vardenafil on the QT interval in beagle dogs, which is a
4 recommended preclinical model for this evaluation, and
5 moreover, in the case of vardenafil, the metabolic pattern
6 of vardenafil in the beagle dog is very similar to humans.

7 In our safety pharmacology studies in both
8 anesthetized and conscious beagle dogs at doses up to 10
9 milligrams per kilogram, we observed no effect on the QTc
10 interval, and the concentrations that we achieved with
11 these doses were with respect to the maximal clinical dose
12 at levels achieved after 20 milligrams in humans, 100-fold
13 greater, and with respect to the concentrations of
14 metabolites after a 20 milligram dose, at least 10-fold
15 greater.

16 In our clinical pharmacology program, although
17 we did not have a study that was specifically designed to
18 evaluate the QT, we did have in six placebo-controlled
19 studies paired electrocardiograms pre and 1 to 2 hours post
20 dose that were part of the standard clinical safety
21 assessment. They included studies evaluating doses up to
22 80 milligrams. If we looked across the results from these
23 studies, which as I said, were not specifically designed to
24 evaluate the QT, we saw what we would interpret as
25 equivocal changes on the QT and QTc intervals with no

1 obvious dose-response relationship.

2 In our phase III program, we also did not have
3 specific design in those studies to evaluate QT pre and
4 post dose because of the interval use. We had very little
5 electrocardiographic data that correlated with a recent
6 dose of vardenafil. But even in examining those limited
7 data, we did not observe any consistent effect on the QT
8 interval.

9 We could, however, evaluate the incidence of
10 adverse events which may signal an occult ventricular
11 arrhythmia in the sample size from our clinical trials at
12 least, and these specifically are syncope, dizziness,
13 palpitation, and seizures. In the case of syncope,
14 dizziness, and seizures, these events were not very common,
15 but we didn't observe any difference between placebo and
16 active. In the case of dizziness, there was a greater
17 incidence than in placebo, but given the vasoactive effects
18 of vardenafil, we would not consider this a very sensitive
19 or specific adverse event for occult ventricular
20 arrhythmia. We did not observe torsade de pointes in our
21 clinical trials with vardenafil.

22 If we examine the circumstances of death that
23 occurred in our clinical trials with vardenafil, I should
24 say up front that we had 9 deaths that have occurred in
25 patients after enrollment in the study but before receiving

1 treatment. 7 of these deaths were actually cardiovascular
2 in origin, and that underscores the risk for death in the
3 population that we studied in our clinical trials.

4 In our completed clinical trials, we have
5 observed 7 deaths. This shows the treatments under which
6 those deaths occurred: 1 on placebo, 1 on sildenafil, a
7 total of 4 on vardenafil, and 1 in a patient who was
8 randomized to vardenafil but then was diagnosed very soon
9 thereafter with bronchogenic carcinoma and had a massive
10 hemoptysis and apparently did not take drug.

11 In all of the cases of death on vardenafil,
12 there was either no temporal relationship to the dose with
13 respect to the event that led to death or the death itself
14 or information that suggested an alternative cause for the
15 death. That correlates with the assessment of the
16 investigators, as well as their own drug safety group, that
17 none of these deaths was related to vardenafil treatment.

18 So we then embarked on a study to evaluate
19 specifically the QT effects of vardenafil and the scenarios
20 that we chose to evaluate were both the effects at
21 therapeutic doses, at suprathreshold doses, and at plasma
22 concentrations following maximal potential interaction with
23 CYP3A4 inhibitors. This approach and design was discussed
24 with and agreed with the FDA, and it was performed by the
25 clinical pharmacology and statistical groups at

1 GlaxoSmithKline.

2 The primary objective of this study was to
3 exclude a greater than 10-millisecond effect in the
4 Fridericia corrected QT at the 1-hour post-dose time point
5 after a dose of 80 milligrams of vardenafil.

6 Secondarily we evaluated the uncorrected QT, as
7 well as both the corrected and uncorrected QT, at Tmax for
8 the evaluated compounds, as well as the maximal change from
9 baseline for QT and QTc over the 4-hour period of
10 evaluation.

11 The study was a six-way crossover study,
12 single-dose evaluation, controlled by placebo. The doses
13 that we evaluated, the period of evaluation, the choice of
14 a positive control, and the statistical analysis were all
15 discussed with and agreed with FDA.

16 These are the treatments that were included in
17 the study. They started with a vardenafil 80 milligram
18 dose, which as I've demonstrated, achieves concentrations
19 of vardenafil in plasma which exceed those of strong
20 metabolic inhibition. We also studied the recommended
21 starting dose of vardenafil 10 milligrams, and this
22 therefore represents an 8-fold difference in these doses
23 evaluated for vardenafil, and in fact, in terms of plasma
24 concentration, a 12-fold difference.

25 We correspondingly compared with the

1 recommended starting dose for sildenafil, 50 milligrams,
2 and an 8-fold multiple of that dose, 400 milligrams of
3 sildenafil.

4 Moxifloxacin 400 milligrams was chosen as the
5 positive control and this is because of the well-described
6 effect of moxifloxacin on the QT interval and also the
7 extensive post-marketing and safety database. And all of
8 these active treatments were compared to placebo.

9 We derived data for evaluation of the QT from a
10 total of 59 healthy subjects that ranged in age from 45 to
11 60 years of age. The QT interval was determined by a
12 validated central laboratory which was blinded to the
13 treatment assignment. The QT interval itself was
14 determined by manual digital measurement of an average of 3
15 beats in a single lead, lead II. The end of the T wave was
16 identified by the return to baseline or, if this was not
17 possible, by tangent method. Subjects were maintained non-
18 ambulatory, supine, and fasting during the study to reduce
19 variability in the QT interval measurements.

20 This shows a schematic of the study design. We
21 had three time points that were evaluated before dosing,
22 ranging from a half an hour up to the time point
23 immediately before dosing. At each of these time points,
24 there were a total of 6 electrocardiograms taken and they
25 were taken 1 minute apart over a time period of

1 approximately 6 to 10 minutes which would be expected to
2 cover a range constant concentration of the compounds
3 evaluated.

4 Immediately before dose and after the
5 electrocardiograms, a pharmacokinetic sample was obtained.

6 And then post-dose time points from one-half hour out to 4
7 hours post dose were evaluated again with 6
8 electrocardiograms at each time point 1 minute apart, and a
9 pharmacokinetic sample at each time point taken after the
10 electrocardiograms were performed.

11 Shown here are the data for change from
12 baseline after placebo treatment looking at the raw or
13 uncorrected QT interval, the heart rate, and the QT
14 interval corrected for heart rate with the Fridericia
15 formula. We observed a mean increase in the raw QT of 6
16 milliseconds and a corresponding reduction in the heart
17 rate of 3 beats per minute. When we correct for that
18 change in heart rate, we observed after placebo a QTc of 0
19 milliseconds at the mean.

20 And if we then did a comparison of the active
21 treatments to the placebo change, showing here the placebo-
22 subtracted mean change from baseline and 90 confidence
23 intervals at 1 hour, again looking at raw QT, heart rate,
24 and QTcF, we can see that for the doses of vardenafil 10
25 and 80 milligrams, as well as for both doses of sildenafil,

1 there was a mean reduction in the raw QT interval of 1 to 2
2 milliseconds, and that contrasts with moxifloxacin where
3 there was a mean increase of 3 milliseconds. This
4 corresponds to a differential effect on heart rate of the
5 PDE5 inhibitors and moxifloxacin showing, in the case of
6 vardenafil and sildenafil, a 4 to 6 average increase in the
7 heart rate compared to a lesser magnitude of effect for
8 moxifloxacin of 2 beats per minute.

9 The corrected QT interval using Fridericia for
10 the primary analysis of 80 milligrams showed a mean
11 difference from placebo of 10 milliseconds at 1 hour, with
12 an upper limit of the confidence interval of 11
13 milliseconds. These confidence intervals are very similar
14 to what was observed with the high dose of sildenafil, 400
15 milligrams.

16 In both the case of vardenafil and sildenafil,
17 the difference in the effect from 80 milligrams to 10
18 milligrams and 400 milligrams and 50 milligrams was very
19 small, that is, a 2- to 3-millisecond difference in the
20 effect on the QT interval despite an 8-fold difference in
21 dose.

22 And with respect to moxifloxacin, we observed a
23 mean difference from placebo of 8 milliseconds prolongation
24 of the QT interval which is very comparable to the effects
25 seen in previous studies in the range of 5 to 10

1 milliseconds.

2 As I said, primarily we used an evaluation of
3 the Fridericia corrected QT, and this sort of evaluation
4 assumes a constant relationship of the heart rate and QT
5 interval across the population, but as has been stated,
6 typically we observe a lot of variation in this
7 relationship from individual to individual. And thus, it
8 has been suggested that one also apply an individual
9 correction to the heart rate or RR-to-QT relationship.

10 In our study, we used off-of-treatment data
11 from both the baseline evaluation, as well as from data
12 during placebo treatment, which in this case covers the
13 time frame of the active treatments, and with those data,
14 had electrocardiograms, 138 in number, for each subject.

15 We used two approaches in this evaluation, one
16 a linear relationship where we derive the slope of the
17 linear regression for each individual and use that for
18 correction of the QT, as well as a nonlinear relationship
19 which uses an exponential formula similar to what's used
20 for Fridericia and Bazett, but instead of a square or cube
21 root, the individual exponent is derived and used to
22 correct for heart rate. And for both of these approaches,
23 we performed the same analysis as we had for Fridericia
24 corrected QT.

25 Shown here graphically are the results of the

1 QTci, or individual correction, using the linear
2 relationship, compared to the data I've just shown you for
3 the changes at 1 hour for QTcF. What we can see is that
4 the magnitude of the effect, in the case of vardenafil and
5 sildenafil, is reduced compared to what we observed in the
6 Fridericia correction, down to the lower end of the 5- to
7 10-millisecond range or even below that range. That's in
8 contrast to the effect on moxifloxacin where there's very
9 little change in the magnitude of the effect from the two
10 correction formulae.

11 I should also note that there's very similar
12 effects still, as we saw for QTcF, for sildenafil and
13 vardenafil and, again, a very narrow dose-response range.
14 We can see that numerically in the next slide. We show
15 these data that I just showed you graphically, and here we
16 observe again the linear relationship for QTci and we see a
17 magnitude of effect in the range of 4 to 6 milliseconds for
18 both vardenafil and sildenafil, both doses, a very shallow
19 dose-response of 1 to 2 milliseconds, and again not as
20 great a change in the magnitude of the effect of
21 moxifloxacin between the two correction formulae.

22 These are the data, as I said, from the linear
23 relationship, and Dr. Morganroth will discuss and present
24 the data that we have from the exponential relationship or
25 nonlinear relationship, and they are very similar to these

1 data.

2 We also evaluated, in addition to the QTcF at 1
3 hour, the QTcF at Tmax, or time of maximal concentration,
4 for each of the active treatments compared to the matched
5 time in placebo, as well as the maximum QTcF change that
6 occurred over the 4-hour evaluation period, compared to the
7 maximum QTcF change after placebo. And that was not time-
8 matched, whereas the change after placebo would not
9 necessarily occur in the same time after active.

10 But if we look across these different
11 approaches to the evaluation, the magnitudes of effect for
12 each of the tested active compounds, this is very similar
13 regardless of the evaluation, with largely overlapping
14 confidence intervals, and again, a very shallow dose
15 response for all of these evaluations, very similar effects
16 for vardenafil and sildenafil.

17 In our outlier analysis, we saw no uncorrected
18 QT values that were 500 milliseconds or greater, no value
19 that was corrected for QT heart rate with the Fridericia
20 formula that was 450 milliseconds or greater, no change
21 from baseline in the QTcF that was 60 milliseconds or
22 greater. And in the case of change from baseline of 30
23 milliseconds or greater, we observed only 1 subject, as it
24 happens, after sildenafil 400 milligrams with a mean QTcF
25 change of this magnitude at any time point, and this was

1 based on an average, as I said, of 6 electrocardiograms
2 over a period of 6 to 10 minutes, a range of time that we'd
3 expect constant concentration of both of these compounds.

4 We also modeled the effect of the QT interval,
5 in this case QTcF, to the concentration of vardenafil,
6 sildenafil, and moxifloxacin. Shown here are the observed
7 data plotting the QTcF against the vardenafil plasma
8 concentration, and what we can see is there's a lot of
9 scatter in the observed data. And this is from the large
10 intra-subject variability, as well as day-to-day
11 variability.

12 We did, however, observe that in the majority
13 of subjects the maximal effect on QT did occur at the time
14 of maximal concentration, and thus a direct effect model
15 was appropriate for testing. A number of such effect
16 models were tested, and an Emax model best described the
17 relationship. That's shown by this red line where we can
18 see that the QTcF, across a very broad range of
19 concentrations out to the far end of the data points here,
20 shows essentially a constant relationship for QTcF.

21 And if we look at the inset, the concentrations
22 at lower concentrations, which would represent
23 concentrations observed after the 10 milligram dose, we
24 again see a relatively constant relationship of QTcF to
25 vardenafil plasma concentration. Thus, this very shallow

1 or even flat concentration-response relationship mirrors
2 the shallow dose-response relationship that we saw from the
3 primary analysis.

4 So in summary, in clinical trials, we have
5 shown vardenafil to be both safe and effective in the
6 treatment of male erectile dysfunction. Our preclinical
7 studies that were performed to evaluate potential for
8 effects on the QT interval would not have predicted an
9 effect on the QT interval at clinically relevant
10 concentrations, and we did not see evidence for torsade de
11 pointes in our clinical development program.

12 A study that was performed to specifically
13 evaluate the effect on QT with 10 and 80 milligrams had the
14 following results. The primary analysis did not rule out
15 an effect greater than 10 milliseconds, at the upper
16 confidence interval, 11 milliseconds, but overall the data
17 for 10 and 20 milligrams in this study, performed in
18 accordance with current regulatory guidance, showed an
19 effect in the range of 4 to 10 milliseconds of mean maximum
20 change in the QT corrected for heart rate.

21 After vardenafil, we observed actually a
22 shortening in the uncorrected QT, and this is in contrast
23 to moxifloxacin which lengthened the uncorrected QT.

24 The concentrations that we achieved in this
25 study cover the range that would be observed with strong

1 metabolic inhibition.

2 The relationship of the effect on QT at both
3 vardenafil doses and concentrations was very shallow,
4 specifically a 2-millisecond increment with an 8-fold
5 increase in dose, 12-fold increase in concentration.

6 Finally, the effect that we observed for
7 vardenafil was very similar to the effect that we observed
8 after sildenafil, an approved drug in the same class.

9 It is the opinion of Bayer and GSK that the
10 magnitude of effect that we have observed in this study is
11 of no clinical consequence. We are, however, committed to
12 ensuring the safe use of this product and have a large
13 pharmacovigilance program planned for the post-marketing
14 period, which we'll be happy to share the details of that
15 with the committee if they so desire.

16 In terms of the relevance of this effect to
17 clinical risk, Dr. Morganroth will now discuss that, as
18 well as critical evaluation of the design of this study and
19 approaches to correction of the heart rate. Dr.
20 Morganroth?

21 DR. BORER: I think there will probably be a
22 number of questions about how these things were done, but
23 maybe we should defer those until after Joel has presented
24 because he's going to talk about them, as I understand.

25 However, at this point we've seen a big

1 presentation book and we've heard a summary of it. Does
2 anyone have any questions specifically about the factual
3 evidence, not how it was obtained, but about the data
4 themselves? Dan?

5 DR. RODEN: The QTci measurement relies on
6 generating a graph of RR intervals versus QT intervals over
7 some range of RR intervals generated by this series of 18
8 electrocardiograms at baseline. Can you give us a sense of
9 how much RR variability there really was? I would imagine
10 these guys are lying around. They've been lying around for
11 a long time, and the RR intervals can't possibly vary all
12 that much.

13 DR. SEGERSON: Dr. Morganroth will address
14 that.

15 DR. RODEN: Joel, if you're going to address it
16 later, then that's fine.

17 DR. MORGANROTH: I'm going to address it.

18 DR. PICKERING: Could you tell us in what
19 substantial ways vardenafil differs from sildenafil in its
20 general actions? It seems to be very similar.

21 DR. SEGERSON: Well, they're both PDE5
22 inhibitors. Vardenafil in vitro shows greater potency and
23 greater selectivity of the PDE5 enzyme. In terms of other
24 comparative data, that's all we can say.

25 DR. BORER: Peter.

1 DR. KOWEY: You showed us Cmax for 5
2 milligrams, 5 milligrams plus ketoconazole, and 80
3 milligrams, but 5 milligrams isn't the dose that you're
4 giving. Do you have Cmax for 10 milligrams plus
5 ketoconazole?

6 DR. SEGERSON: As I said, the 5 milligram dose
7 is the maximum dose that we have recommended for use in
8 combination with strong CYP3A4 inhibitors, and thus, in
9 agreement with the FDA, that was the dose that we chose to
10 evaluate in the study.

11 DR. KOWEY: But you know that's not going to
12 work. Okay. You know that somebody is going to be on a
13 regular dose of the drug and get ketoconazole. So that
14 isn't going to flush.

15 DR. SEGERSON: I'll ask my colleague, Dr.
16 Sundaresan, to address that.

17 DR. SUNDARESAN: The left half of this graph
18 shows the data that has already been shown earlier, which
19 is the ritonavir interaction results. As mentioned
20 earlier, what they're showing is the effect on Cmax, and
21 what was studied was vardenafil alone, the 5 milligrams,
22 vardenafil plus ritonavir, and then compared to that is the
23 80 milligrams alone of vardenafil. As was pointed out, the
24 80 milligrams very well covers the ranges that are reached
25 with the 5 milligrams of vardenafil plus ritonavir, which

1 as indicated, is the maximal recommended dose for use with
2 potent CYP3A4 inhibitors.

3 Now, what we have shown on the right side is we
4 have done simulations of 1,000 patients on what's likely to
5 happen if the dose was 10 milligrams or if the dose is 20
6 milligrams and the ritonavir is given under those
7 circumstances. As you can see, this is the results with
8 the 10 milligrams plus ritonavir, and these concentrations
9 are also well covered by the 80 milligram dose. The 20
10 milligrams plus ritonavir is less well covered, but as you
11 can see, there were concentrations that reasonably at least
12 -- 10 percent of the concentrations still cover not the
13 median as well as expected, 10 to 90 percent range.

14 DR. KOWEY: I misspoke in my question. I meant
15 ritonavir, and that answers the question. Fine. Thank
16 you.

17 DR. RODEN: Wait a second. Those are
18 simulation data. To get to 20 and R, you multiply 5 and R
19 by 4 I guess.

20 DR. SUNDARESAN: No. Sorry.

21 DR. RODEN: That's certainly what it looks like
22 from here.

23 DR. SUNDARESAN: No. See, what happens is what
24 you do is you have the population results from these and
25 you simulate for 1,000 patients and you get the median and

1 the range.

2 DR. RODEN: You're making an assumption about
3 linearity of disposition which is not justified by anything
4 that you're showing us. It may be true, but you can't just
5 multiply by 4 and say that's the way it's going to work.

6 DR. SUNDARESAN: I agree with that limitation.

7 DR. BORER: Any other issues of fact here?
8 Tom?

9 DR. FLEMING: I'd like to understand the active
10 control. Moxifloxacin is here basically, as I would say,
11 just to get a sense of sensitivity of this assay, of this
12 approach. It's interesting. If I look on page 31, you've
13 indicated that basically, as the briefing document says,
14 there aren't any subjects that had a QTc measured by the
15 Fridericia method that had more than a 30-millisecond
16 increase. We saw another report earlier this morning that
17 indicated that with moxifloxacin, you would expect 10
18 percent to have that level of increase. That would have
19 meant I should have expected 4, 5, 6 people. Any comment
20 on why we shouldn't be surprised that there weren't any
21 increases of 30 milliseconds?

22 DR. SEGERSON: I'll ask Dr. Morganroth to
23 address that question.

24 DR. MORGANROTH: The ability to detect outliers
25 depends on all the parameters in the design of the trial,

1 the number of ECGs obtained, the precision of the ECG
2 measurements, the sample size, et cetera. I believe that
3 the vardenafil trial had short of 17,000 ECGs in a sample
4 size of 59 subjects, as you saw, 6 replicates at each time
5 point with very accurate digital manually derived
6 determination in a very powered study at 59 subjects.

7 Probably that accounts for the fact that the
8 moxifloxacin central tendency effect was exactly -- well,
9 within a millisecond or 2 of what was seen in the
10 moxifloxacin NDA in their clinical pharmacology trials that
11 were designed to look for QTc versus when one uses, let's
12 say, less robust designs, the moxifloxacin would expect to
13 be perhaps larger, as was seen in the earlier trial. I
14 think that accounts for the differences in outliers. The
15 central tendency is, I believe, the most reliable method of
16 determining assay sensitivity.

17 The percentage of outliers is, again,
18 determined by numbers of ECGs done at baseline and on
19 therapy and time courses. I'm going to discuss that by
20 showing the percent of observations as a method of looking
21 at the definition of outliers as the FDA has in the
22 briefing book versus the percent of patients that have
23 definition of outlier. And those numbers become very
24 confusing depending on the approach that you use.

25 DR. FLEMING: So are you saying then that you

1 would expect there should have been no increases of 30
2 milliseconds using the Fridericia method when we look at
3 moxifloxacin?

4 DR. MORGANROTH: The answer is yes, and the
5 basis for my guess that that's what should have been found
6 is on the fact that in the trials previously that have
7 looked at the clinical pharmacologic effect on QT of
8 moxifloxacin, the magnitude of the ECG numbers and sample
9 sizes were far smaller than that that was used in the
10 vardenafil trial, and therefore one would expect more
11 noise, more variability to be detected, more people that
12 will randomly on placebo go to 30 to 60.

13 In fact, if you look at most phase III trials
14 that have one baseline and one ECG here are there on
15 treatment and you look at the percent of subjects who go 30
16 to 60 milliseconds on placebo, it's usually at least 10
17 percent and it can be as high as 60 or 70 percent. The 30
18 to 60 is very non-specific. It's too sensitive almost, a
19 too-sensitive cut point for outliers if in fact you have
20 infrequent ECGs.

21 Now, if you have a lot of ECGs on drug and only
22 one baseline, which sometimes people design trials that way
23 -- they only get one baseline and have an ECG every week
24 and month during a clinical trial. And your variability of
25 the QTc is about, on average, 75 milliseconds a day. So if

1 your single ECG at baseline happened to have been taken
2 towards the 365 versus the 440 part of the cycle, 440, the
3 upper limit of normal, and you do many measurements on
4 drug, what's the likelihood that one of them might be 30
5 milliseconds higher than that single baseline? Obviously,
6 the more ECGs you obtain, the more that likelihood is, and
7 it can be as high, as I said, on data sets that I've seen,
8 over 50 percent to 75 percent of patients that might even
9 meet that kind of criteria.

10 In this trial with 18 at baseline, 30 on drug,
11 in 58 subjects, I couldn't predict. I had expected it to
12 be very low. Actually, as you remember from the briefing
13 document, the percent of actual ECGs out of placebo and
14 baseline -- there were about 10,400 ECGs.

15 DR. FLEMING: Correct.

16 DR. MORGANROTH: And of that number, there were
17 only 30. Well, it depends on the correction formula and
18 the approach you take. But using the individual correction
19 formula, QTci, as I recall the data, there were only 30
20 subjects that had -- excuse me -- 30 EKGs out of 10,400
21 ECGs that had 30 milliseconds more.

22 I think that attests to the fact that
23 moxifloxacin is not a very potent QTc prolonger. We will
24 show you in a moment that the post-marketing surveillance
25 is pretty clean, if you will, in terms of incidence of

1 torsade on moxifloxacin, a point that Dr. Borer made
2 earlier. Therefore, one wouldn't expect a lot of outliers
3 because one would expect more of a signal in the
4 marketplace of a lot more torsade.

5 DR. FLEMING: Let me pick up on the point
6 you're just making. I can't help but contrast a little bit
7 from what we've seen with alfuzosin where it looked there
8 that the effect on QTc there was less than moxifloxacin.
9 It looked like, if I follow, on slide 22, your intention
10 was essentially to be able to show a similar pattern in
11 this trial. You were designing the trial to rule out a 10-
12 millisecond change. In fact, not only rule it out, your
13 data suggests a 10-millisecond change using your primary
14 endpoint specified Fridericia method.

15 If we then go on to slide 26, your point
16 estimates for the average change are in that right-hand
17 column basically the same or higher than moxifloxacin,
18 again clearly consistent with the hypothesis you were
19 trying to rule out, that you would have less than a 10-
20 millisecond increase.

21 Finally, if I go to those 10,440 measurements
22 that you were talking about and use your Fridericia method,
23 there are 62 that were outliers, and the two arms that had
24 the highest number were moxifloxacin and your 80 milligram
25 dose, both of which had 16.

1 So you designed the trial to rule out 10,
2 trying to establish it was much less. You actually have
3 data suggesting it's 10 by your primary specified endpoint,
4 data that suggests it's the same as moxifloxacin, and
5 outlier data that suggests that you have greater than 30
6 milliseconds with the same frequency of moxifloxacin. Am I
7 misinterpreting anything?

8 DR. MORGANROTH: I think everything you said is
9 correct in terms of the numbers that you just went over,
10 and what I'd like to do in the next 10 or 15 minutes is
11 sort of put that in a clinical perspective to try to answer
12 the question which correction formula gives you the more
13 accurate estimate.

14 DR. FLEMING: Of course, that's a little bit
15 post hoc. You, in fact, did prespecify the Fridericia
16 method was your --

17 DR. MORGANROTH: Well, one of the questions
18 this panel will be addressing this afternoon is exactly
19 that issue. Should, in fact, sponsors when they do
20 definitive QT trials, prespecify a correction formula and a
21 plan --

22 DR. FLEMING: So in helping to understand that,
23 can you give us the rationale that you used for choosing
24 this prior to seeing the data?

25 DR. MORGANROTH: I wasn't involved but I

1 understand that the FDA at that point requested this
2 objective to be specified in the protocol despite the
3 company wanting to, in fact, say that our objective is like
4 the alfuzosin this morning, to evaluate the QTc effect of
5 the drug without trying to prespecify a magnitude of an
6 effect or a correction formula.

7 Again, one of the questions you all will be
8 addressing is whether or not for definitive trials should
9 such prespecified correction factors and limits be part of
10 the definitive trial or should one take the approach to do
11 as adequate a design as possible with placebo and positive
12 controls and have the ability to look at various correction
13 factors and find the one that provides the best correction
14 for heart rate, a major influence as you talked about this
15 morning, and then use a statistical plan that is
16 appropriately looking for not only central tendency but
17 outliers, and then, after looking at the totality of the
18 data, determine what the magnitude of the effect is, what
19 the magnitude of outliers is, and what the potential
20 clinical risk is from that trial. That's a question the
21 FDA has posed to you because obviously there isn't a
22 uniform consensus in the world as to how one should go.

23 My personal opinion is that in our level of
24 what I'll call misunderstanding about the relationship of
25 QT to QTc to clinical outcomes, as you all were inferring

1 this morning correctly, that I do not believe one should
2 have a prespecified correction formula in trying to rule
3 out 10 milliseconds. I think you have to look at the dose
4 effect. 5 milliseconds at 3 times the dose, going up to 15
5 milliseconds may be a very different kettle of fish than 5
6 milliseconds 8 times the dose and 12 times the
7 concentration going up only by 2 milliseconds. Because
8 that really addresses what may happen in the clinic when
9 you get the drug used in a patient as discussed this
10 morning by Dr. Kowey and others, the patients with
11 hypertrophy and ischemic heart disease, et cetera. That's
12 my opinion.

13 You all have to make your opinion and answer
14 the question regarding this issue, but I think this is what
15 the issue is, whether one should prespecify or not.

16 DR. FLEMING: Well, we'll discuss this later
17 on, although just briefly to follow up, clearly, yes, you
18 would look at all data. Generally, though, we would hope
19 that sufficient forethought is put into designing a trial
20 that what we target as the primary endpoint is at least as,
21 if not more, representative of what we really care about
22 than the other measures. So it's a little perplexing when
23 we define a primary endpoint, don't see what we want to
24 see, and then we move away to other measures, wondering how
25 much that's driven by the true, legitimate science versus

1 the interest in being able to get a conclusion we wanted to
2 reach.

3 DR. MORGANROTH: Yes, I think that's a
4 generally good principle; that is, you should not stray
5 away from your primary objective in a clinical trial in
6 post hoc analysis. I 100 percent agree with that in
7 general. The only problem is when you're trying to
8 determine the QTc effect of a drug, because of all the
9 problems that were discussed this morning, which correction
10 is the factor is the better, has the assay sensitivity
11 performed correctly, your control groups performed
12 correctly, et cetera, I'm not so sure we know enough about
13 this field to be able to say a priori prospectively what a
14 correction factor, what limits, et cetera should be applied
15 to any particular drug. Even this issue about single-dose
16 versus multiple-dose studies and pharmacological coverage
17 is not easy to grapple with, as obviously the comments have
18 alluded to.

19 DR. BORER: Susanna and then Paul.

20 DR. CUNNINGHAM: I noticed on slide 23 you said
21 you used the tangent method to determine the end of the T
22 wave, and yet there was an article that we were given by
23 the other company written by Drs. Malek and Camm which
24 specifically says that the tangent method wasn't
25 necessarily the best one for estimating the end of the T

1 wave. So could you comment on your choice?

2 DR. SEGERSON: I'll leave that to Dr.
3 Morganroth as well.

4 DR. MORGANROTH: Yes. The standard, as Dr.
5 Segerson pointed out in the slide, is not to use the
6 tangent method, to use the end of the T wave and try to
7 distinguish a QT and note very critically abnormal U waves
8 or notched T waves as another -- we'll call that a
9 morphologic phenomenon rather than a quantitative effect.

10 There are some cases, however, in which the U
11 wave obscures the end of the T wave, and that is very
12 uncommon, in fact, did not occur in this trial. So in this
13 trial, it's a 0 incidence because there were only 4
14 patients who had any T wave abnormalities and those T waves
15 were a slight flattening. Frankly, that's because of the
16 way the study was conducted, as I'll point out.

17 I always expect at least 1 or 2 patients who
18 are going to have inversions, even though they're healthy
19 people, relatively healthy. This was a mean age population
20 of 53, so I would have expected some more T waves. But I
21 think the conduct of the study tried to eliminate --

22 DR. BORER: We're not going to call that old
23 now, are we, Joel?

24 (Laughter.)

25 DR. MORGANROTH: Yes. I've got to be careful,

1 don't I? Very careful. I'm not 30. I'd like to claim I
2 am, though.

3 DR. ARMSTRONG: In the positive control,
4 moxifloxacin, as depicted in the tables 1 and 2 with the
5 questions to the committee, coming back to Tom's point, if
6 we're going to use that as the reference point to establish
7 the two drugs of interest, the QT data for the same dose of
8 moxifloxacin is quite different. It's unclear to me how
9 much of that represents the sample size or other issues.
10 But if we're going to reference this to a positive control,
11 the positive control between the two studies is
12 substantially different, and I was just looking for insight
13 as to why that was.

14 DR. MORGANROTH: I commented on that a moment
15 ago, but let me expand on it just a bit. I think that the
16 purpose of the positive control is assay sensitivity. The
17 magnitude of that positive control, according to the FDA
18 concept paper, is to be in the 5- to 10-millisecond range,
19 not therefore to use a drug like sotalol that might give
20 you 30 milliseconds. It's too easy to see that because you
21 want to make sure that if the placebo and the new drug
22 under consideration look identical, that in fact, in that
23 assay in the whole trial all the design features were such
24 that your positive control hit a 5- to 10-millisecond
25 effect, which is sort of the threshold that the concept

1 paper suggests is something that's desirable to know about.

2 I believe that -- at least I didn't hear this
3 morning the numbers of 12-lead ECGs that were done by the
4 first moxifloxacin data set that you're referring to
5 because the vardenafil data set does not have Holter
6 monitoring, which is a very intriguing and very interesting
7 method and I think deserves more attention. But we don't
8 have that in both trials. We only have standard ECGs in
9 the vardenafil trial to compare to the standard ECGs that
10 were done in the alfuzosin trial.

11 So I don't know if they had a magnitude of ECGs
12 that were comparable to the magnitude in this trial, which
13 was 17,000 in 59 subjects. If they had 45 subjects and had
14 far fewer ECGs, my guess would be that's a reason for why
15 there was a difference in the magnitude.

16 Number two, another reason might be the
17 differences between the measurement techniques. They were
18 both done digitally but in different laboratories, and
19 there are differences between laboratories, even between
20 people within a laboratory. So one might expect a
21 difference there, the conditions of the study, in terms of
22 how well people were really kept from having effects on
23 heart rate, et cetera.

24 So to answer which is the right number, I think
25 one has to go to the biggest set of data, and that biggest

1 set of data comes from Bayer's NDA and post-marketing
2 clinical pharmacology program. I think if one looks to the
3 label of moxifloxacin, I believe the number is 6
4 milliseconds. So I think that as long as you're between 5
5 and 10 milliseconds, that you've hit the gold standard of
6 the method which is all of their data put together.

7 As we do more and more of these phase I
8 definitive QT trials with moxifloxacin, we'll see how they
9 come out in terms of whether it makes it identical to the
10 NDA. I've been involved in about a dozen such trials in
11 the last year and I've seen all of them come between 5 and
12 10 milliseconds. So I would think that the differences
13 we're seeing here are probably solely design issues.

14 DR. KOWEY: Paul, when we had this discussion
15 at DIA about positive comparators, it specifically was for
16 this problem that you point, which is extremely important,
17 which is because of differences in patient population and
18 methodology and just the way you do the studies and how you
19 make the measurements and given all the vagaries of all
20 that you've heard about the measurement, that having a
21 positive comparator group, which is difficult to do in
22 these kinds of trials, as you can imagine, to tell somebody
23 in a clinical trial we're going to give you a drug that we
24 know prolongs QT interval as a positive comparator -- even
25 though it's difficult, we thought that it was probably a

1 reasonable thing to do so that we wouldn't have difficulty
2 interpreting any individual study. In other words, if you
3 just looked at the moxifloxacin label and said, well, 6
4 milliseconds, you wouldn't have predicted in the first
5 study that we saw that the QTc change was really much
6 greater.

7 But it's the assay sensitivity issue that is
8 important here, and I think these two studies actually
9 point out exactly why having a positive comparator is so
10 very, very important. I think the point that you raise is
11 germane to that argument.

12 DR. BORER: If there are no other questions of
13 fact -- oh, I'm sorry. Tom.

14 DR. PICKERING: I just wanted to ask, was this
15 study done only in men? I don't think you specified. And
16 I ask because I could see that it might be used in women
17 unlike alfuzosin.

18 DR. SEGERSON: The study was performed only in
19 men.

20 DR. BORER: Joel?

21 DR. MORGANROTH: Thank you very much.

22 I've been asked by the sponsor to comment on,
23 in a critique manner, the design features of the trial that
24 they did in terms of what was good, what wasn't good, what
25 the interpretation of the correction factor data provide us

1 in terms of recommending one correction factor approach
2 over another in definitive QT trials, and finally to give
3 you some comments if I were asked the question, well, how
4 do you determine what the risk of 5 to 10 milliseconds is?

5 What are the methods and the data that we have in order to
6 judge whether that's an issue or not an issue for
7 approvability or for labeling or what have you.

8 Most of my comments and I think most of the
9 concepts that we've been talking about today really come
10 from the November 2002 concept paper in which the principal
11 message, I believe, is that it's very important to get this
12 right. We need to understand for non-cardiac drugs whether
13 they have a QTc effect or not, and to do that, we need to
14 use careful consideration not just in this definitive phase
15 I trial, but in all of the trials with specific design
16 recommendations using central validated methods as a way of
17 determining the QT effect in the pharmacology studies,
18 phase I, as well as in the clinical trials.

19 I think the important issue for today is the
20 comment in that document that goes to say that all
21 bioactive compounds should undergo a definitive phase I
22 trial, irrespective of what the preclinical data are. Even
23 if you think you have a negative preclinical, a phase I
24 definitive trial is needed.

25 Therefore, the real question is how does one

1 determine whether the design is adequate enough to be
2 definitive, that is, so that you can really believe in this
3 trial that you have answered the question of have you ruled
4 out a false negative or a false positive due to this huge
5 spontaneous variability in the QTc duration, not QT. The
6 QT has huge variations with heart rate, as we all know, but
7 how do you deal with the QTc.

8 Well, these principles that I believe are
9 fairly straightforward are mostly detailed in the concept
10 document. I want to just give you my sort of experience
11 and viewpoints about each of them very quickly in terms of
12 what are the sources of QTc variability and how do you
13 design a trial in order to eliminate those sources as much
14 as possible so that you can get a drug effect, a treatment
15 effect and not be subject to a false result.

16 Well, the first is, obviously, that the study
17 is adequately powered in order to detect a small QTc
18 effect. The definition of small is given in the document,
19 which is, as we've talked about, 5 to 10 milliseconds. And
20 the sample size usually to do that, because of the variance
21 is so high of the QTc measurement, is at least 30 to 50.
22 In the trial you've seen today in yellow, which is my
23 comment about the vardenafil QT trial, it was 59, so it was
24 adequately powered. It was very well powered in fact.
25 Usually 30 to 50 subjects will do that.

1 Now, clinical pharmacologists are not real
2 happy about that or used to that because most of the trials
3 run 6 or 12 or 20 people, and those are ones that are not
4 going to be very definitive.

5 The next thing is how often you measure the
6 parameter under consideration; i.e., how many EKGs do you
7 do?

8 DR. BORER: Excuse me, Joel. I'm sorry to
9 interrupt you in the middle here, but I don't understand
10 that statement that 30 per arm provides the power to detect
11 a modest QTc change. I would think that that would have to
12 be coupled with and would be a function of the number of
13 observations per patient, and I know that that is not in
14 that document. On what basis do you say that?

15 DR. MORGANROTH: Well, that's a good
16 statistical question. Maybe I'll ask Tom to answer it.

17 It's my understanding -- and I'm not a
18 biostatistician, as you know -- that the principal
19 determination of power to detect 5 milliseconds is based on
20 the variance of the QTc measurement in a population. That
21 variance tends to be somewhere between 8 and 20
22 milliseconds depending on the number of ECGs that you
23 obtain. Unfortunately, I believe most statisticians -- and
24 maybe Tom could answer this -- generally don't have enough
25 data regarding numbers of ECGs to variances so that they

1 assume an average variance and then calculate a power of
2 usually 80 at least, if not 90, with an .05, which usually
3 drives a sample size in the 30 to 50 range.

4 But you're right. To be precise about it,
5 you'd like to know in the population you've selected to
6 study, whether it's 53-year-old men, as in this trial, or
7 whether it's men and women with a mean age of 27 in a
8 typical trial of this nature, you need to sort of know in
9 that population if there are a lot of vagotonic patients.
10 And if they're athletic, they're going to have a different
11 heart rate spectrum, and probably because of their
12 autonomic tone being different in people who aren't as
13 athletic -- in other words, the variance of the QTc in the
14 measurement, which laboratory you use, which method you
15 use. You're right, but it's very complicated in terms of
16 getting very precise about that.

17 Therefore, in my experience, which is all I'm
18 trying to suggest here, is that it usually takes 30 to 50
19 patients versus the 8 on drug and 4 on placebo or 6 and 2
20 that most phase I trials are generally conducted by. And
21 that's the only point I mean to make.

22 DR. BORER: Okay. We've seen the data from the
23 59 patients. There were a large number of measurements
24 made. The data looked pretty good.

25 Tom, can you comment on that please?

1 DR. FLEMING: I'll just make one brief comment.

2 Certainly it depends on what measure you consider to be
3 adequate to judge whether or not there's an increase in
4 QTc. If you're looking at the average increase in QTc,
5 measured by the approaches that we've seen today using
6 population or individual adjustments or Bazett or
7 Fridericia, basically with this sample size, you're going
8 to be able to estimate changes where basically it's 2
9 standard errors or plus or minus 2. So I think this
10 statement is in fact proper if that's the measure you
11 consider to be sufficient to make your judgment.

12 If you consider outliers to be important, what
13 are the fraction of people that have values above 450 or
14 values above 500 or changes of at least 30 or 60, these
15 sample sizes are strikingly inadequate to be able to
16 understand those issues.

17 DR. MORGANROTH: Yes. Let me just say I
18 totally agree with that, but again, it becomes
19 practicality. To do these trials with 250 subjects in an
20 arm, when most people are used to doing it with 8 in an
21 arm, is mind boggling.

22 I think Jeremy Ruskin made this point -- and I
23 think I agree with him -- that you don't really get
24 outliers isolated from a central tendency, meaning that if
25 you don't have some evidence that you affect the QTc

1 duration in a mean change from baseline, placebo corrected
2 with a positive assay, and if you had 0 milliseconds or 1
3 millisecond and you have a big outlier frequency, you've
4 got something funny going on that isn't in the experience
5 that most people have.

6 Again, that may be because of the small sample
7 size, and that's the point you're making. I think that's
8 another answer I should have given you before. The sample
9 size being small, you get sort of spurious data for
10 outliers. It's not very robust.

11 The frequency is important and I need to dwell
12 on this just a little bit because the typical phase I trial
13 often has, well, I'm going to do 3 EKGs, which the guidance
14 document says, at baseline. I think that's wholly
15 inadequate because what you need to do is be able to cover
16 the concentration of parent metabolites, diurnal variation,
17 et cetera. You need to do a lot of ECGs at baseline and
18 you need to do a lot of ECGs on drug. My general
19 experience is you need to do them about the frequency you
20 do a PK analysis, which means about 10 to 15 to 20 ECGs,
21 over the period that you would want to look at a PK as an
22 analogy, might be the right number to do a QT assay.

23 You need to have measurement precision. The
24 document says, digital process, manual method, core
25 laboratory, 3 beats in lead II. The attraction to the

1 Holter method is you get a lot more beats, and Peter made
2 that point and I agree with him. That's what's attractive
3 about it.

4 The other issue is, of course, the digital
5 process allows for the potential of using new methods. As
6 was pointed out over here, one could take all 12 leads and
7 put them on top of each other, and maybe that gives you a
8 better measurement than only looking at 3 beats in lead II.

9 There is some data that I've seen from Pharmacia that
10 suggests that doesn't actually work, to my surprise,
11 because I would have thought intuitively it would be
12 better. But right now since the CPMP document in 1996 and
13 through all subsequent documents, 3 beats in lead II seems
14 to be what we've all, sort of out of pragmatism more than
15 out of any other reason, settled on.

16 Now, population is a very important thing.
17 You've already noted that in your questions or comments.
18 Generally, the tug of war is between wanting to really get
19 the population at risk. You'd like everybody with heart
20 failure that's going to have, as Jeremy pointed out, the
21 maximum magnitude of effect in and of itself because of
22 these issues. But the problem with that is if you use
23 people that are older with heart disease and variations and
24 you're going to have, say, 35-40 subjects in a group, you
25 have so much heterogeneity, even if they all have heart

1 failure or if they have ischemic heart disease, that you
2 add so much variability into that equation, that you can,
3 in fact, not get a very precise signal.

4 So these generally should be done, in my
5 opinion, in healthy men and women volunteers with the
6 assumption that if you study a supratherapeutic dose and
7 you don't have a magnitude of central tendency of concern,
8 what's the likelihood that you're going to have one when
9 you have magnifiers of effect? Dr. Ruskin pointed out that
10 if you can cover the supratherapeutic dose and you know
11 that the magnitude at the supratherapeutic dose isn't very
12 much and then you use the clinical dose in someone who's
13 very sick, maybe you'll get up to that supratherapeutic
14 dose. Hopefully, you've picked a supratherapeutic dose
15 that will cover that possibility.

16 Now, in this particular vardenafil trial, all
17 men were chosen and they used the target population, the
18 same mean age versus what was in their phase III program.

19 The conditions of the ECG recording we've
20 already talked about. I'll skip for the sake of time. But
21 the subjects need to be controlled from heart rate changes
22 because hysteresis and looking at heart rate differences,
23 as people go up and down, can have an important magnitude.

24 The supratherapeutic dose we've talked about.
25 That's a very important issue. You need to make sure you

1 cover the maximum range. In my experience, that's usually
2 3 to 5X the clinical dose, if you want a ball park, but it
3 really needs to be done the way it was done in both of
4 these trials we've heard about, that is, by careful
5 consideration of what the metabolic pathways are and sort
6 of figuring it out pharmacologically. Though, if you for
7 some reason can't or don't, 3 to 5 tends to be a good
8 thing.

9 We've talked about the need and importance of
10 the positive control to interpret the data and placebo.

11 The correction factor, of course, is very
12 important, and the statistical plan, being able to look at
13 not just central tendency but also outliers.

14 The other thing that was specific to the
15 vardenafil trial is to ask the question was the 4-hour
16 sampling time appropriate and was, in fact, a single dose
17 versus the more natural multiple dose to steady state,
18 which I think most of definitives trials will be done by --
19 I think that in this particular drug, vardenafil used as a
20 single dose intermittently and with the PK that showed that
21 its metabolites and its parent -- you have a 1-hour Cmax
22 and fairly rapidly go away with nothing at the end of 24
23 hours so that a 3-day washout period would work very well
24 -- I think that that's all appropriate.

25 Now, if one is going to do a crossover trial

1 versus a parallel trial, it's my opinion that unless you're
2 certain that the parent and metabolites are really not
3 going to be present and you know the metabolites and you
4 know their time course, then the risk of a crossover study
5 is you're going to have the potential of carryover. And
6 then how do you deal with the baselines? Well, that often
7 says, well, use only the first baseline before any
8 treatment and we'll apply that to all the groups, or I'll
9 average them, or you get lots of different cuts at the data
10 that gets very complicated. So a crossover trial for
11 vardenafil was fine because of the PK, but PK needs to be
12 known if you're going to do that.

13 Finally, if you know drug affects heart rate
14 from other studies, your earlier phase I trials, it's very
15 important to consider the special procedures known for
16 heart rate correction, for all the reasons that were talked
17 about this morning and I won't reiterate them.

18 I think I want to make a couple of comments.
19 The Fridericia formula I think was first used at the
20 Cardio-Renal Advisory Committee about five years ago on the
21 drug cilostazol. Prior to that, no one ever thought but to
22 use Bazett's and that's why the terfenadine data that
23 Jeremy showed was by Bazett's. It was a trial in which we
24 didn't even think of using anything else but that. Now,
25 since the last really five years, because of that precedent

1 in which this committee agreed with the Fridericia
2 approach, seemingly better than the Bazett's approach, that
3 has become sort of, I think, by consensus the best factor,
4 which is why I think the FDA and the sponsors of vardenafil
5 chose QTcF because of very little experience with QTci,
6 even population formulas.

7 The population formula is recommended in the
8 guidance document to be done at the time of an ISS, when
9 you have enough patients that you've studied on baseline
10 and placebo to actually calculate that parameter. I think
11 it was first done by Dr. Burkhardt who was at Neuropharm at
12 the time when he did it for the schizophrenic population
13 for the atypical antipsychotics. His factor at that point
14 was .37. Many people in neuropharm go to the QTcN, N for
15 neuropharm, which equals an exponent of .37. It's just a
16 historical note.

17 Clearly the individual corrections, as in the
18 guidance document, which is the first one that actually
19 suggests using that, has some important limitations that
20 have to be considered. The question asked a moment ago is
21 important. What is the heart rate range at baseline you're
22 studying? Is it appropriate in order to look at the effect
23 of heart rate? Really what that drives is the common
24 experience that you need at least 50 to 100 ECGs in order
25 to make this assessment of an individual correction. So if

1 you're doing a parallel trial, that means you've got to do
2 50 to 100 ECGs at baseline, not 7 or 10. You've got to do
3 50. If you can afford pharmacologically to do a crossover
4 trial so you can use all those baselines because you're
5 using the same patient over and over, then obviously you
6 can get up to 50 to 100 pretty easily.

7 In this particular trial, they had 138 ECGs in
8 each patient because they went through 6 times 18. Right?

9 Plus, they had 108. Plus, they had 30 when they were on
10 the placebo arm. Because you have 108, the FDA very
11 cleverly said, well, what if you don't use the placebo and
12 just use the baseline and how does that compare to using
13 the baseline and placebo? That's that whole part of the
14 document about QTci.2 I think it's called, which is trying
15 to answer the question does it matter whether you use the
16 placebo and how does it affect it or not.

17 Now, what happens here in this trial is that we
18 have the ability to look at the relationship of QTcF to
19 QTci based on a very powerful trial with lots of samples.
20 With QTcF versus QTci, you see that the pattern is pretty
21 much the same. The relationship of the two drugs,
22 vardenafil and sildenafil, and the doses are not very
23 different. A flat dose response remains. Moxi, which
24 doesn't affect heart rate, pretty much was within 1
25 millisecond by the two different approaches. Whereas the

1 difference for the PDE5 inhibitors that increase heart rate
2 is a clear reduction in the QTc duration, closer to this
3 sort of 5-millisecond rather than vardenafil which is
4 closer to the 10-millisecond when you use the QTcF.

5 That's, of course, a critical question. Which
6 is believable? Which is the one you should use if you then
7 want to apply some recommendations as to what magnitudes
8 relate to risk?

9 Well, the way I think you approach that is
10 statistically. You ask the question which of these
11 correction factors gave the best fit so that no heart rate
12 influenced the QT? Let's look at the clouds.

13 I'm sorry. I'm one ahead of myself. But I did
14 want to make the point that there are two ways of doing
15 this QTci measurement. One is using linear regression and
16 the other is using exponential techniques. It doesn't
17 matter. They come up with the same data, in this data set
18 at least with this design.

19 Now, here are the clouds. If you look at the
20 Bazett formula -- and you didn't even see data on Bazett
21 for sake of time -- you see exactly what was shown to you
22 this morning. Now, I've used heart rate here because most
23 people presumably in the audience do not think about RR.
24 What you see is, as you increase your heart rate, you get
25 the over-correction. So in this data set, like this

1 morning, you have exactly the poor performance of Bazett
2 which is why generally it doesn't help very much.

3 But look at Fridericia's. That looks pretty
4 good. That's a pretty flat cloud.

5 Now, if you look at the QTcF and the QTci, I'm
6 choosing X instead of linear. They really come out
7 identical. It's exponential and this is exponential. At
8 first blush, it would appear that the QTci is not good.
9 It's not the best correction formula to use. It looks like
10 the QTcF would be the one you would want to believe. That
11 I think is principally driven by these points right out
12 here because if you can mask them from your eye, you will
13 see that these curves look pretty identical. So I'm a
14 little suspicious as to whether, really, the QTcF is better
15 than the QTci, and it wasn't worth all that extra ECG
16 frequency to bother with the QTci.

17 What you're really, however, trying to do in
18 this analysis is you want to look at each individual and
19 you want to find out if in fact for every individual in the
20 trial the relationship of the heart rate to the QTc stays
21 constant.

22 And the next slide shows you what I call,
23 instead of a cloud performance, a pick-up stick equivalent.

24 This is what the pick-up stick model looks like for the
25 QTcF. What you see is here is the individual lines. Now,

1 this tells you the range of heart rates. The range of
2 heart rates, like this morning, went from 40 to 90 or so,
3 the same rate you saw this morning. And that's what
4 happens when you take a mixture of healthy people, older or
5 younger, maybe more likely in the older I suspect because
6 they're more likely less athletic, and you put them in a
7 supine position and their heart rates are going to vary.
8 Now, some people don't vary much at all, where others vary
9 a lot.

10 In the QTcF, a lot of people aren't very well
11 corrected. They're over-corrected. Some are under-
12 corrected. Some are pretty flat. And the overall cloud
13 looks flat. So maybe the cloud isn't the best way of
14 looking at it. Maybe what you really want to do is the
15 individual regression lines.

16 And the FDA has done that very nicely in their
17 briefing book. Instead of using pick-up sticks, they use
18 dots, about how you vary from 0, but it's exactly the same
19 analysis.

20 Of course, this is going to be much more flat
21 because every patient is designed to make them flat, so by
22 definition they're flat.

23 Next slide.

24 DR. FLEMING: Just before we leave that point,
25 though, obviously if you fit a model for how the adjustment

1 should be and then you apply it to individuals, there's
2 going to be some randomness so that the model doesn't
3 predict the individual person perfectly; whereas, if you
4 use the individual person to fit the model, of course
5 you're going to fit that individual person perfectly. But
6 are you overfitting the data? So the right looks great,
7 but I can always get the perfect model by using an enriched
8 model and fitting it to the data.

9 The essence of what makes me choose one or the
10 other is which one of these particular approaches more
11 accurately reflects people who are at increased risk of
12 what I clinically care about. Obviously, we don't have
13 that data.

14 DR. MORGANROTH: Yes, we don't have that data,
15 nor do I think we'll ever get that data because to do that,
16 you need a prospective trial looking at torsade as the
17 endpoint, frankly, because you can't use a surrogate, and
18 that's an infeasible study.

19 So the concept on the table is that the reason
20 you have to correct for QT and you cannot use QT -- take an
21 antibiotic. A person has a fever. Their heart rate is
22 fast. The QT is short. You give them an antibiotic. It
23 cures the pneumonia. Their heart rates come down to
24 normal. Their QTs are going to be long. So you absolutely
25 have to correct the QT for the QTc for any drug or

1 condition treated by a drug that changes heart rate, which
2 turns out to be an awful lot. You saw the difference in
3 moxi, even though it technically doesn't. There could be a
4 couple beats per minute that could influence the data.

5 So if you agree with the assumption that the
6 correction formula should try to correct best so that at
7 any heart rate you have the same QTc -- I mean, that is the
8 assumption. If you buy that assumption, then this is the
9 model that by definition should be the best. That's what
10 we've all thought. And the real question is do you gain
11 enough for all the extra resources.

12 Now, that doesn't answer the clinical question.

13 It doesn't answer the question if in fact by doing a good
14 correction like this, the heart rate doesn't affect it,
15 that you can predict the events that occur in the high-risk
16 patient population. That was your point I thought, and I
17 agree with you. It doesn't mean this is the right way to
18 go. Absolutely. We just don't know the clinical impact of
19 that. But in an ignorant state, when we have no way of
20 going, I think it's intuitively more obvious to use this
21 approach than it is to use Fridericia's or clearly
22 Bazett's.

23 But one could argue that maybe Bazett's is fine
24 because we've learned about terfenadine with Bazett's, but
25 I have a reason to disagree with that concept, that

1 Bazett's is the only thing we should be using.

2 DR. FLEMING: Let me make one more attempt.

3 I'm not saying the right or the left is better. I'm saying
4 the fact that the right looks perfectly horizontal does not
5 mean it's better. There could be many factors. Clearly
6 one of them that's very important is heart rate that
7 affects QT. There could be others, and I'm allowing the
8 full richness of my data set to factor in a lot of other
9 factors to get parallelism on the right-hand side. Some of
10 that may be noise. I may be overfitting the data. The
11 truth may be the left, and then other unrelated things are
12 coming in, are influencing creating that noise on the left.

13 DR. MORGANROTH: On the other hand, we have a
14 lot of sources that affect the QTc, the power of the study,
15 the frequency of the measurements, the quality of the
16 measurements, the population that's selected, the ability
17 to correct QT to QTc best. So you're right. We're only
18 looking at 1 of 10 or 20 features that are important to
19 consider in a clinical design, and I think to make the
20 judgment of which correction factor to use I still think
21 the one that produces the least effect on heart rate seems
22 intuitively -- all it is is intuitively -- better to me.

23 But as you point out, you have all kind of
24 other factors that may be influencing this model. I think
25 heart rate is the very predominant effect of that model and

1 it's not the only thing.

2 DR. RODEN: I'm sorry. I want to hear Tom and
3 Joel talk about -- you talked about the cloud and you sort
4 of said this cloud looks better than that cloud, but this
5 other cloud doesn't look so nice, but you're being
6 distracted by these 14 points up here in the corner. Are
7 there any measures of goodness of fit for any of these
8 things?

9 So the pick-up sticks on the left there are
10 shown as lines, but those are lines through 18 or 138 or
11 some number of data points. It's entirely possible to me
12 that each one of those pick-up sticks represents a little
13 cloud that contributes to your big cloud. It wouldn't
14 surprise me if your regression line through that big cloud
15 was vertical instead of horizontal.

16 (Laughter.)

17 DR. RODEN: You just can't say that stuff.

18 And the Bazett thing looks bad because of 14
19 points in the upper left-hand quadrant.

20 My biggest concern about all this is this is
21 all baseline data, and when you get a drug on board that
22 affects the heart rate, you'll get one effect. If you get
23 a drug on board that affects QT, you'll get a second
24 effect. If you have a drug that affects both QT and RR, I
25 think this is inevitably confounded. You will make no

1 conclusion. And the only conclusion that counts is what
2 predicts torsade.

3 DR. MORGANROTH: I don't disagree with you. I
4 think what you're saying is very much what Dr. Fleming
5 said, that the statistical method, whether it's one that's
6 going to look at a cloud with a regression line or whether
7 it's one that's going to look at individual regressions,
8 the ability to know by evidence-based, prospective data
9 that that correlates with anything clinically that's better
10 or worse than something else -- we have no data on that.
11 Therefore, it is incorrect to be dogmatic that one method
12 is by definition better. And I agree with you.

13 DR. RODEN: I don't think we solve the problem
14 by just getting a whole lot more data. I think you can get
15 as much data as you want. When you're faced with drugs
16 that have multiple effects, this kind of extensive analysis
17 at baseline I don't think can possibly make you smarter.
18 It's inevitably doomed. One of the things we're supposed
19 to discuss, Doug, is how to get out of this morass that
20 we've gotten ourselves into, and getting more ECGs at
21 baseline I don't think solves that problem. It's obviously
22 a discussion we can go on to later.

23 DR. MORGANROTH: It clearly gives you better
24 precision. The question is does it predict any better than
25 getting one EKG at baseline or none. We won't answer that

1 easily.

2 Because of time, I want to finish up real
3 quickly with one other concept. Let's skip this issue
4 because it's not important.

5 (Laughter.)

6 DR. MORGANROTH: It's important but we're just
7 going to dig ourselves into a deeper hole.

8 I want to make two points here that I think are
9 important. Central tendency is very important and often
10 people want to do a time match. They want to go Cmax
11 because they think at Cmax is where all the action is. If
12 you know the Cmax of your metabolites and your parent, that
13 might be where all the action is, but you better know about
14 the time course of your metabolites. So often one wants to
15 go to a mean maximum change by picking a point that you
16 have the longest QTc, the worst case analysis, that sort of
17 mechanism by which you define an outlier.

18 The concern I would have for precision is that
19 if you only have one ECG at hour 2 or hour 7 and you go
20 back to your baseline and take the single ECG at hour 7,
21 you're really having no different than a 1 and 1
22 comparison. You lose all of the power and the frequency of
23 measurement issues. So often what you want to do is take
24 the mean of your baseline as the best point estimate for
25 that person and look at the time point of interest, and if

1 you only have one ECG, that's all you have.

2 The particular study done by the vardenafil
3 definitive had 6 ECGs at each time point, which gave them
4 the ability to go and have more precision at any particular
5 time point. And they showed you the 1 hour to the Cmax,
6 the Tmax, et cetera. And I think those numbers are more
7 valid because they had more measurements at those time
8 points.

9 There are technologies, the 12-lead continuous
10 Holter, that when you post hoc find the time point of most
11 interest, you can go back and do more ECGs at a time point.

12 The other point is what's the definition of an
13 outlier. There's a lot in your briefing book about whether
14 one should use observations or patients. I think that
15 conceptually to me an outlier is show me a patient who,
16 because maybe they have forme fruste congenital long QTc
17 syndrome, as Dan Roden calls repolarization reserve,
18 problems -- you want to find that patient. You need a
19 large sample size to really find a lot of them. And that's
20 the outlier.

21 To look at the number of ECGs above a certain
22 level to me is more of a statistical method of trying to
23 define whether you have a drug effect of a central
24 tendency. You have more changes on various drugs --
25 suggests they really have a QT effect. It doesn't really

1 to me tell you the outliers, the real risk of outliers. I
2 think the outlier risk is 60 milliseconds, not 30 to 60. I
3 think that's the specific data. It comes from our
4 terfenadine database of placebo. Clearly people who have
5 new 500s or new T-U waves, these are the three parameters
6 that to me are the ones to look at for outliers.
7 Everything else is sort of difficult.

8 We've already discussed this, so I'll skip
9 this. I think this is all that we're really looking at
10 there.

11 So, finally, I think this vardenafil trial in
12 my opinion is valid. I think the results are reliable. I
13 make that statement for two or three simple reasons.

14 One is placebo came out to 0. That's very
15 unusual because usually there's enough spontaneous
16 variability, and the 0 milliseconds is just very
17 comforting.

18 Moxifloxacin hit the number it should. It's in
19 the 5- to 10-millisecond range. So that's what I would
20 expect for a positive control. So we have assay
21 sensitivity and a placebo group that really looked like
22 placebo.

23 No matter how you look at the totality of the
24 data, F, i, 1 hour, Tmax, Cmax, et cetera, all the data
25 hang together within a couple milliseconds.

1 And the very interesting result of this trial,
2 which is generally not seen for most hERG blockers or drugs
3 that affect the QT, is the extreme shallow dose-response
4 curve with 8X dosing or 12X concentration.

5 The other thing that was interesting in this
6 trial is the inclusion of not just four arms, but six arms,
7 and two of those arms being a low dose and a
8 supratherapeutic dose of sildenafil, the drug that is on
9 the market that has a lot of clinical experience because
10 here you have a drug, vardenafil, that has only recently
11 been on the market. There's not a great deal of data about
12 it post-marketing, and so I think that's an issue.

13 Finally, you have vardenafil and sildenafil
14 shortening the uncorrected QT if you believe that the QT is
15 something to look at irrespective of the QTc. Moxi, of
16 course, lengthens it, and I think there's no evidence of
17 any outliers on vardenafil.

18 Finally, I want to just say a few things about
19 how do you make a decision of whether 5 milliseconds, 10
20 milliseconds is a good thing, a bad thing, it's a risk, not
21 a risk. How do you make a judgment like that? What's the
22 basis of doing that? Well, clearly the best basis is if we
23 had a prospective trial in which we had torsade as the
24 endpoint with various degrees of QTc duration done by a
25 certain standard method. That's never going to happen in

1 this field.

2 So the basis of making a decision is what's
3 been our experience with other drugs that affect the QT
4 like terfenadine, cisapride, ziprasadone, moxifloxacin.
5 What has been this post-marketing surveillance data? This
6 was discussed earlier in terms of what are the signals of
7 risk on moxifloxacin. And in this case, since the
8 vardenafil and sildenafil look so identical in terms of
9 their preclinical hERG, as well as in this definitive QT
10 trial, their QTc central tendency, and outlier analysis,
11 one might be able to say that this PDE5 inhibitor might
12 react similarly because the QT effect is so similar.

13 And then finally, what do regulators think
14 about this? They have a tremendous amount of experience in
15 all kind of therapeutic drugs and all kinds of decisions
16 over the years, and some of them have published their
17 opinions like Dr. Shah and the FDA concept paper.

18 You've seen this data and it's meant to point
19 out that a 5- to 10-millisecond effect like vardenafil or
20 sildenafil is not the same as terfenadine, even if you
21 discount the issues of design, et cetera, because of that
22 18 milliseconds.

23 The other thing is, is moxifloxacin the same as
24 vardenafil? They both have about the same 5- to 10-
25 millisecond range. So why shouldn't we look at them the

1 same? Well, there's a big difference. The hERG
2 concentration blockade for IC50 is equal to or very close
3 to the clinical concentration, very different in the 1000X
4 difference on vardenafil.

5 Number two, if you use 400 milligrams of
6 moxifloxacin, you get the 5- to 10-millisecond range. What
7 if you double the dose? We have data on that. You get
8 doubling of the effect. So you get a very sharp increase
9 in dose-response.

10 You have minimal effect on heart rate, where
11 you have an increase in heart rate on vardenafil.
12 Therefore, there's a clear difference between moxifloxacin
13 and vardenafil in terms of its QT dynamics.

14 We now have reasonably good data on
15 moxifloxacin. It's been out long enough. The company did
16 two simple post-marketing observational studies, one in
17 Germany, one in the U.S., about 25,000 subjects each, in
18 which no signal for torsade or risk in a clinical condition
19 of community-acquired pneumonia. Most of these people are
20 sick, elderly, have lots of cardiovascular and pulmonary
21 disease by definition.

22 And if you look at the post-marketing
23 surveillance data through May 7, 2003, moxifloxacin has
24 been used in 19 million patients, over 400,000 patient-
25 years, and there have been 12 reports to the sponsor of

1 torsade de pointes. Of those 12, Dr. Faich looked at each
2 one of them very carefully and determined that all of these
3 12 cases, except for 2, had major confounders, meaning
4 people with fresh infarction, hypokalemia, on sotalol, et
5 cetera. Now, that doesn't mean that moxi didn't contribute
6 to the torsade by any means, but I think it's confounded.
7 You can't really have any idea of how much, if at all, moxi
8 contributed.

9 There are two cases, however, one of which
10 there was no clinical data and one of which does not appear
11 to have any confounding factors.

12 If you look at the rate of torsade, using
13 apples to apples, that is, take the rate of the U.S.
14 because that's one reporting system, take the four cases,
15 irrespective of the confounding, take the number of
16 patients who have gotten oral moxifloxacin in the United
17 States, that number is 4 per 7.7 million. And that's about
18 exactly the same rate that Brinker from the Office of Drug
19 Safety reported compared to all kinds of other antibiotics,
20 many of which no one thinks has any QT effect.

21 Finally, we have the sildenafil database to
22 look at and compare that because of the reference I made.
23 This is from the FDA Adverse Event Reporting System in
24 which there are close to 39 million sildenafil
25 prescriptions from 1998 through December of 2002 and 0

1 cases of torsade. Obviously, is it under-reported? Are
2 some of the deaths torsade? We don't know, but at least
3 there's no signal in these databases as there was not one,
4 as we saw this morning.

5 Finally, in my final one or two slides, is
6 what's the regulatory opinion? Well, the regulatory
7 opinion from the Europe and the U.S. is pretty much the
8 same. Dr. Rashmi Shah in the CPMP and the concept paper
9 both have provided what we'll call statements of risk from
10 their experience.

11 Now, this was provided at the Shady Grove
12 Meeting in January by Dr. Temple. This is the slide he
13 used, which I took off the FDA web site, and he graded 5 to
14 10 as no clear risk, which is very similar to Dr. Shah's
15 classification. And he points out, however that this is a
16 surrogate, and we know that there is good evidence from
17 antiarrhythmic drugs and terfenadine that the size of the
18 effect relates to the incidence of torsade. But could
19 there be other properties that mitigate this risk or
20 enhance this risk?

21 So the next slide says what are the factors on
22 vardenafil that might mitigate this no clear risk to make
23 it even less than a no clear risk in terms of concern. I
24 think one is it's going to be used in men, assuming the
25 labeling, which one has to assume for this analysis of

1 mitigating factors. It's going to be used in men. And
2 clearly the risk of drug-induced torsade de pointes is less
3 in men. Almost two-thirds of the torsades are in women or
4 an even higher percentage.

5 Number two, you're not giving a drug
6 chronically for months or years. You're giving an
7 intermittent drug.

8 Number three is -- and this is very important
9 -- this extremely shallow dose-response curve, which even
10 if one wants to argue that the 80 milligram dose -- maybe
11 they could have given a higher dose if the people would
12 tolerate it, which is a question -- could be equivalent to
13 people with all kinds of things going on and they take an
14 overdose of vardenafil, the very flat dose-response curve,
15 instead of having an 8-millisecond, would probably go up,
16 because they've modeled in their slides on this, if you
17 want to see it, to like 8.6 milliseconds or call it 10
18 milliseconds. It's not going to be an 8 going up to 80 or
19 some major effect.

20 Finally, the fact that this drug increases
21 heart rate, as has already been mentioned, I think is a
22 mitigating factor versus drugs that don't affect heart rate
23 or particularly those that slow heart rate.

24 So, in conclusion, I think that we do have a
25 definitive study. We're dealing with the QTci, which I

1 think is the best measurement for this data set, though not
2 necessarily for all data sets, of 5 milliseconds.

3 By the way, the QTci exponent is about .20.
4 For the population-based study, it's about .33 which is
5 equivalent to Fridericia's. So the population data, which
6 you haven't seen, is really identical to Fridericia's.

7 The magnitude is generally considered not a
8 clear risk. There's no clinical outliers, no signal in the
9 post-marketing surveillance. Thus, I think the QTc effect
10 of vardenafil for all these reasons should not pose a
11 cardiac risk.

12 Thank you very much.

13 DR. BORER: Thank you very much, Joel.

14 I'm going to hold any discussion at this point.

15 I think that much of Joel's presentation was, as he said,
16 a critique, and we're going to get into that when we
17 actually do the discussion surrounding the FDA questions.

18 So at this point, we'll break for lunch. There
19 are tables being held in the restaurant downstairs. We'll
20 get back here and start around 1:35 or 1:36 with the FDA
21 presentation.

22 (Whereupon, at 12:43 p.m., the committee was
23 recessed, to reconvene at 1:35 p.m., this same day.)

24

25

1 AFTERNOON SESSION

2 (1:39 p.m.)

3 DR. BORER: It's now, by my watch, 1:39-and-a-
4 half, and we were supposed to have started at 1:36. So
5 we're 3-and-a-half minutes behind and counting.

6 We'll begin the afternoon session with public
7 comment before the FDA presentation. We have two requested
8 presentations, one from Pfizer, which will take 10 minutes,
9 and one from Dr. Culley Carson, which will also take 10
10 minutes. So if we can begin with Pfizer please. It's Dr.
11 Sweeney.

12 (No response.)

13 DR. BORER: Well, we'll reverse the order then.
14 Is Dr. Carson here?

15 MR. CLARK: This is Bob Clark from Pfizer. Dr.
16 Sweeney will be here about a minute.

17 DR. CARSON: My comments will be considerably
18 less than 10 minutes. I'm Culley Carson. I'm a professor
19 of urology at the University of North Carolina, but I'm
20 here as President of the Sexual Medicine Society which is a
21 society that represents urologists and other clinicians
22 that are interested in investigation and treatment of
23 erectile dysfunction. We've been looking at erectile
24 dysfunction for many years.

25 Really, one of the reasons I'm here is so that

1 we don't lose sight of the fact that many patients are well
2 treated for erectile dysfunction by the drugs that are
3 being proposed and the drug that's currently available.

4 I personally have experience in the clinical
5 trials with all three of the new PDE5s, sildenafil,
6 tadalafil, as well as vardenafil, and have had excellent
7 results with all of these drugs with very little side
8 effects.

9 I think really one of the issues is that
10 erectile dysfunction is a huge problem in this country.
11 There are an estimated 20 million American men who suffer
12 from erectile dysfunction. Only about 10 percent of them
13 are treated currently. Erectile dysfunction, which may
14 seem trivial to many people who don't have it, is not
15 trivial because it does have an impact on the patient's
16 self-esteem, on couple's problems, on depression, on the
17 compliance that they have with other medications,
18 especially antihypertensives, antidepressants, and even
19 antipsychotics. So clearly there's a major issue with
20 erectile dysfunction, and really the PDE5 drugs are the
21 only ones that are clearly effective and safe for the oral
22 treatment of erectile dysfunction with very minimal
23 invasiveness.

24 To date, sildenafil has been used for more than
25 5 years in the United States, more than 7 years in trials.

1 As you saw earlier today, there are more than 10 million
2 prescriptions written by greater than 600,000 physicians
3 around the world. And the incidence of death has been
4 minimal. Indeed, there are a number of studies looking at
5 a comparison of cardiac events and deaths comparing
6 placebo-treated patients in trials, expected numbers from
7 matched populations, and patients treated with sildenafil,
8 and the numbers are no different in any of those groups.
9 Similar studies have been carried out with tadalafil and
10 vardenafil with very similar results. So clearly the data
11 show that cardiac events and cardiovascular events, indeed,
12 are very few, far between, and certainly with very minimal
13 impact on the total number of patients that are treated for
14 this very difficult condition.

15 Why do we need newer drugs? Well, we need
16 newer drugs because there are still only 10 percent of
17 patients that are being treated currently, yet many of them
18 have significant distress from their erectile dysfunction.

19 I think newer drugs, in addition to the market, will
20 increase the number of men who can be treated and will be
21 treated, and it will increase the individual's choice by
22 drug profile and type of agent available to them.

23 And this is important because we know that
24 men's health is a major issue that's not been focused on as
25 much as it should be by our national health system. It has

1 a limited focus throughout the United States, and this
2 treatment class encourages men to seek medical attention
3 for ED which allows them to see their physician and perhaps
4 be treated for other conditions. Indeed, we know from a
5 number of studies that ED is a harbinger of other more
6 serious vascular events later in patients' lives.

7 So I would just encourage everyone to remember
8 that there is a large number of patients who have been
9 successfully treated who are enthusiastic participants in
10 the trials and users of these agents to restore their
11 erectile function and, indeed, much of their marriage.
12 Thank you very much.

13 DR. BORER: Thank you very much, Dr. Carson. I
14 think it's a point well taken that we're talking about
15 consideration of a drug that does have very real benefits
16 that have to be balanced against the --

17 DR. KOWEY: Jeff, can I just ask one quick
18 question?

19 DR. BORER: You can. Let me just get one thing
20 done first, if I may.

21 Dr. Carson, just for the record, though, you
22 need to tell for the recorder if you had any support in
23 coming up here or if this is just for the --

24 DR. CARSON: No. I came up here as President
25 of the Sexual Medicine Society.

1 DR. BORER: Okay, great. Thank you.

2 Peter?

3 DR. KOWEY: Just a quick question, Dr. Carson.

4 I'm totally naive to this question, so it's not a trick
5 question. Tell us what the benefit of this drug is over
6 current therapy.

7 DR. CARSON: That's a good question. There are
8 no head-to-head studies, so we really don't know. You've
9 seen what the biochemical profile is in brief today. It's
10 more biochemically potent than sildenafil. Whether that's
11 going to translate into an advantage clinically or not, I
12 don't think anyone really knows, and until either the
13 market determines that or head-to-head studies are
14 available, we really won't know.

15 DR. BORER: Thank you very much, Dr. Carson.

16 Now we'll have the planned presentation from
17 Pfizer. Dr. Sweeney.

18 DR. SWEENEY: Thank you, Mr. Chairman, for the
19 opportunity to discuss Viagra's extensive database,
20 particularly with reference to QTc. We particularly
21 welcome this opportunity because we've been cited in the
22 study conducted by Bayer earlier today and extensively in
23 the FDA document.

24 As the committee is aware, QTc is a surrogate
25 for the propensity for the causing of ventricular

1 arrhythmias, particularly torsade de pointes. It's really
2 essentially used with drugs in the investigational phase
3 prior to approval.

4 A much better estimate of the propensity to
5 cause arrhythmias is real-world clinical experience in
6 millions of patients -- and that's what we have with Viagra
7 -- to exclude a risk for ventricular arrhythmia.

8 Before I talk about Viagra in particular, I
9 just want to follow up from what Dr. Carson was saying
10 about the context of ED and cardiovascular disease. ED is
11 primarily a vascular condition. In most patients, it's
12 usually arteriole disease. The risk factors for ED are
13 pretty much identical to the risk factors for coronary
14 artery disease: age, hypertension, diabetes,
15 hypercholesterolemia, and the classic lifestyle factors of
16 smoking, obesity, and sedentary lifestyle. If I could
17 paint a picture for everybody, the typical ED patient is a
18 man of over 50 with multiple risk factors and/or overt
19 cardiovascular disease, coupled with multiple concomitant
20 medications.

21 The other thing to keep in mind is these
22 patients have cardiovascular disease and these patients
23 have cardiovascular events. There are approximately
24 400,000 sudden cardiac deaths occurring in the United
25 States each year. That's about one every minute, and the

1 overwhelming majority of these patients have coronary
2 artery disease.

3 The baseline risk of myocardial infarction in
4 the typical patient of 50 years old, is 1 to 2 percent a
5 year while the ED patient, has approximately twice this
6 risk based on epidemiological evidence. Add on to that the
7 fact that sexual intercourse itself raises the risk of
8 myocardial infarction about twofold in the 2 hours
9 following sexual intercourse. Therefore, cardiovascular
10 events are both expected and do occur in the ED population.

11 So that's the background of the population of patients
12 we're dealing with with this condition.

13 The Viagra experience. Viagra was approved by
14 the Cardio-Renal Division of the FDA in March 1998 and is
15 currently approved in 120 countries. In 5 years, we've had
16 over 20 million patients treated. More than 1 billion
17 doses of Viagra have been taken. And Viagra has been under
18 clinical research for more than 10 years now. There have
19 been more than 13,000 patients studied, for a total of
20 13,000 patient-years of exposure. In addition, there are a
21 separate 26,000 patients studied in real-world practice, a
22 cohort followed in the UK. There are 200 independent
23 studies involving up to 10,000 patients in the literature.

24 Overall, Viagra is the most extensively studied drug ever
25 in sexual health.

1 I want to talk particularly about the post-
2 marketing data first of all. As I have mentioned, we've
3 treated 20 million patients. Most have cardiovascular risk
4 factors. Despite this, we have not had a single report of
5 torsade de pointes anytime in the 5 years, and we have had
6 only two cases reporting QT prolongation, and both are
7 temporally related to concomitant medications known to
8 cause QT.

9 I'd like to consider them first in detail. The
10 first case is a consumer report of a man who had been
11 taking Viagra for 2 years and cisapride for 7 months who
12 reported that his QT had been prolonged from 205
13 milliseconds to 235 milliseconds. This was not confirmed
14 by a health care practitioner.

15 (Laughter.)

16 DR. SWEENEY: We obviously have patients who
17 are very interested in their health in our population.

18 (Laughter.)

19 DR. SWEENEY: The second one referred to in the
20 FDA document is of a health care professional reporting a
21 QT prolongation in association with sotalol in a patient 3
22 weeks after they had taken their last dose of Viagra.
23 Viagra is essentially cleared from the body in 24 hours.
24 We regarded that cause being excluded because there is not
25 a Viagra molecule left in the body after 3 weeks. Hence,

1 we feel that there are no cases relating Viagra to QT
2 prolongation.

3 Post-marketing data analysis, of course, is a
4 highly specialized area and one which has many caveats
5 attached. There are limitations in interpreting this data,
6 but above all, we should keep in mind that the purpose of
7 this data is to generate signals of possible safety issues.

8 A recent publication of an analysis conducted
9 by Wysowski and colleagues from the FDA Office of Drug
10 Safety had many caveats, but within these caveats, they
11 concluded that reports of death in men prescribed
12 sildenafil that were submitted to the FDA led us to
13 conclude that there did not appear to be an increase in
14 deaths due to MI above expected numbers.

15 Moving up the hierarchy now of scientific
16 rigor, the cohort observational study in clinical practice
17 completed was a prescription event monitoring study in the
18 UK. The PEM study as conducted by the UK National Health
19 Service sends a copy of every prescription for Viagra
20 written to the unit that conducts these studies, who then
21 send a form to every physician who wrote a prescription and
22 asked them what events occurred in the observation period.

23 And it's done on an ongoing basis. There's normally about
24 a 55 percent response rate and events are sent in
25 irrespective of causality.

1 We had 26,000 men followed in this study, for a
2 total of 42,000 patient-years of observation. Again, not a
3 single case of torsade de pointes or prolonged QTc was
4 reported in this study, and the rates of cardiovascular
5 events overall, including MI and sudden death, were
6 consistent of those well documented in the UK population,
7 even taking into account any under-reporting in the PEM
8 study.

9 I'm sure as the panel agrees, the gold standard
10 for the assessment of safety and efficacy of pharmaceutical
11 products is the controlled clinical trial. We have
12 completed over 100 controlled clinical trials to date with
13 13,000 Viagra patients and 6,000 placebo patients for
14 comparison. The rate of MI and cardiovascular adverse
15 events were comparable between the two. There is no
16 difference. There is no evidence that in controlled
17 studies Viagra in any way precipitates cardiovascular
18 events. The number of sudden death cases was well within
19 the epidemiological prediction. There are so few that we
20 were unable to do valid statistical comparisons, but well
21 within what would be expected from epidemiological
22 evidence.

23 I now want to talk briefly about study 10929
24 that was presented this morning, firstly to state that
25 Pfizer had no input into the design of the study and we

1 only saw the results when it was posted in public on the
2 FDA web site. As such, our comments are from the last 24
3 hours when we have reviewed this data.

4 The first thing to note is that sildenafil has
5 an absolute bioavailability of 40 percent. It's about 3
6 times the bioavailability of vardenafil. It's the most
7 potent 3A4 inhibitors because of the high bioavailability,
8 increased Cmax less than 4-fold. So the 400 milligram
9 sildenafil dose which you saw, 4 times recommended dose,
10 leads to peak plasma levels that exceed those encountered
11 in normal clinical practice.

12 Despite this, there's no evidence of a
13 clinically significant QTc effect. The mean change was
14 less than 10 milliseconds for a dose well above what would
15 be encountered in clinical practice and is consistent with
16 no preclinical signal and no reports of torsade de pointes
17 being received.

18 To summarize the Viagra experience, there are
19 no cases of torsade de pointes in 20 million patients, no
20 clinically relevant change in QT or QTc in clinical
21 studies, an incidence of cardiovascular events very similar
22 to placebo in 13,000 patients. There is no evidence in
23 Viagra's extensive clinical trial program and post-
24 marketing of a relevant effect on cardiac repolarization.

25 Viagra has a wide margin of safety. It has a

1 relatively high bioavailability, and the differences
2 between the drugs are all in pharmacokinetics. It has high
3 bioavailability and a short half-life. In addition, the
4 extent of 3A4 inhibitor interaction is less with Viagra
5 than some other PDE5 inhibitors, and it does not compromise
6 its overall safety.

7 As such, the safety and efficacy profile of
8 Viagra may not be applicable across compounds with
9 different PK and structural characteristics. Further data
10 would be required to make that extrapolation.

11 Viagra is the only PDE5 inhibitor with
12 extensive real-world data in millions of patients showing a
13 lack of proarrhythmic effect through 5 years following FDA
14 approval.

15 Just some final thoughts now. By necessity,
16 I've talked essentially on safety, but we have to keep in
17 mind that the benefit-risk ratio for Viagra in patients
18 with cardiovascular disease is very positive. It's being
19 used extensively for the treatment of ED in patients with
20 cardiovascular disease, even patients with heart
21 transplant. In addition, it's now being investigated for
22 patients with heart failure and other serious cardiac
23 diseases, and we've had encouraging efficacy data in adult
24 and pediatric pulmonary hypertension with no new safety
25 signals, and that is an ongoing research program that we

1 hope to file with the agency in future years.

2 So, again, thank you, on behalf of Pfizer, for
3 this opportunity to discuss our safety and also to keep in
4 mind that Viagra has improved the lives of millions of men
5 with ED and their partners, and this is particularly
6 prevalent in cardiovascular disease. Thank you.

7 DR. BORER: Thank you very much, Dr. Sweeney.
8 Do you have another presentation from Dr. Falk?

9 DR. SWEENEY: Yes, Dr. Falk is just going to
10 make a few comments.

11 DR. BORER: Okay.

12 DR. KOWEY: Dr. Sweeney, before you leave the
13 podium, experience in women with sildenafil?

14 DR. SWEENEY: We have conducted an extensive
15 clinical trial program with female sexual arousal disorder
16 and the safety profile is essentially the same as men. We
17 conducted a drug interaction study with oral contraceptives
18 in healthy female volunteers, and although the study wasn't
19 specifically set up to investigate QTc, there was no QTc
20 effect seen.

21 DR. KOWEY: Can you give us some ball park idea
22 of how many women have been exposed to sildenafil?

23 DR. SWEENEY: It's around about 800 to 1,000,
24 but that program is ongoing and there's an ongoing
25 discussion with the agency.

1 DR. BORER: JoAnn?

2 DR. LINDENFELD: You have a lot of impressive
3 data. I wonder if you could just tell me what the risk
4 profile is of men with coronary disease who take Viagra
5 compared to those who don't?

6 DR. SWEENEY: As far as we can see, it's
7 exactly the same. The only additional risk is the
8 additional epidemiological risk for erectile dysfunction
9 patients because they seem to have about twice the risk of
10 myocardial infarction than patients without erectile
11 dysfunction largely because ED is a visible manifestation
12 of covert coronary artery disease.

13 DR. LINDENFELD: You might just wonder if
14 slightly healthier patients choose to use Viagra and
15 whether or not you could be missing a signal there. You
16 have lots of impressive data, so I don't want to emphasize
17 that too much.

18 DR. SWEENEY: I think Dr. Falk is going to
19 address that particular question about missing signals.

20 DR. BORER: Thank you very much.

21 DR. FALK: Members of the committee, ladies and
22 gentlemen, I have no slides and I will be brief since the
23 hour is late.

24 I've been asked by Pfizer to give my opinion on
25 some of the data that is in the FDA document regarding the

1 adverse events reported in patients who have been taking
2 Viagra and who either died suddenly or who have had
3 seizures or loss of consciousness, and I will limit my
4 comments to that.

5 I'm a clinical cardiologist at Boston
6 University School of Medicine and I'm also affiliated there
7 as their cardiology consultant to the Boston University
8 Sexual Health Program run by Dr. Irwin Goldstein.

9 Looking this over, I wanted to put it into
10 perspective or my perspective, and that is, in the United
11 States it is estimated that there are approximately 11
12 million people, men and women, with coronary artery
13 disease. There are about 1.3 million to 1.5 million
14 myocardial infarctions per year in the United States, and
15 somewhere between 300,000 and 350,000 cases of sudden
16 death, some of whom will be associated with myocardial
17 infarction, the majority of whom will be associated with
18 coronary artery disease.

19 It has been estimated in epidemiological
20 studies both from the United States and from Europe that
21 somewhere between 1 and 3 percent of patients who sustain a
22 myocardial infarction do so shortly after having sexual
23 intercourse. So out of 1.3 million per year in U.S.,
24 that's about 1,300 people per year, up to 5,000 a year.
25 And in the period that has been surveyed, which is a four-

1 year period, we're talking between 5,000 and 12,000
2 myocardial infarctions, some of whom, as I said, will die
3 related to sexual intercourse.

4 The cases that the FDA has raised their
5 eyebrows at are approximately 192. Less than 80 of these
6 have died and they're reported between 1998 and 2002.
7 There are no reported cases of torsade. These are all
8 patients, of course, who at some time have taken Viagra,
9 not all temporally related. There are two QT
10 prolongations, which we've heard are of dubious
11 association.

12 There are 88 patients who had either syncope or
13 a seizure, and we are told in the FDA review that patients
14 with normal electrocardiograms recorded were excluded.

15 So the question is, could these 88 and could
16 these sudden deaths in patients who have taken Viagra be
17 related to torsade? Could some of them? If they were,
18 then I would suggest that one might find QT interval
19 prolonged in patients who had had syncope. We don't know
20 precisely how many patients had syncope. There were 88
21 with syncope and seizures. We are told that normal
22 electrocardiograms were excluded, ergo those who had ECGs
23 had abnormal ones. We are also told that there were no
24 prolonged QTs other than the two that have already been
25 dealt with. So that makes it unlikely in that group.

1 We would also anticipate, as with drugs such as
2 cisapride, that some patients who don't have significant
3 structural heart disease, perhaps have left ventricular
4 hypertrophy, would have had sudden death. We don't see all
5 the reports in the FDA documents, but the ones that are
6 highlighted all have very severe coronary artery disease.
7 So I think that in terms of a signal, the things that we
8 would look for do not jump out, but of course, a signal
9 perhaps could be there.

10 However, in looking at the information in these
11 192 cases, again less than 80 deaths in 4 years, I would
12 suggest that a better way of understanding this is what we
13 are seeing is what might be anticipated in a relatively
14 high-risk population or in a high-risk population for
15 sudden death. That is, these are patients with erectile
16 dysfunction, and the ones reviewed have significant disease
17 in the cases. Patients with erectile dysfunction we know
18 have an increased risk of coronary artery disease. Death
19 is expected in coronary artery disease. Death during or
20 after sex is a well-recognized phenomenon in coronary
21 disease. In fact, the two studies I quoted you were
22 performed before Viagra or any other similar drug was
23 available. So there was no cause and effect there. 1 to 3
24 percent.

25 We have had no, as I've said, association of

1 syncope with any report of QT prolongation in 88
2 syncope/seizures, and I would suggest once again that the
3 data that we've seen in these small number of patients over
4 4 years is entirely consistent with patients dying of the
5 natural history of their coronary artery disease
6 coincidentally around the time of sexual intercourse. I
7 feel from my review of this that a signal for torsade is a
8 much, much less likely factor than just a statistical
9 association between sudden death and sexual intercourse.

10 Thank you.

11 DR. BORER: Thank you very much.

12 Are there any questions or comments from the
13 panel?

14 (No response.)

15 DR. BORER: No. If not, thanks very much, Dr.
16 Falk. That's useful information.

17 Is there any other public comment, any other
18 comment from the public?

19 (No response.)

20 DR. BORER: If not, we'll move ahead with the
21 FDA presentation, which will be introduced by Dr. Griebel.

22 DR. GRIEBEL: Good afternoon. My name is Dr.
23 Donna Griebel. I'm the Deputy Director of the Division of
24 Reproductive and Urologic Drug Products. The division
25 would like to extend our thanks to you all for agreeing to

1 meet here today to discuss two urologic drug products.

2 We are going to be merciful this afternoon and
3 we have created a Reader's Digest, Cliff Notes version of
4 our talks. So we've really honed it down to just a few
5 slides, and it should be relatively quick. But I won't
6 guarantee that it will flow very well.

7 The first slide is the review team. It lists
8 the people who worked very hard getting the briefing
9 document together and preparing for this meeting. The
10 clinical team was led by Dr. George Benson. The clinical
11 pharmacology team was led by Dr. Ameeta Parekh. The Office
12 of Drug Safety was very important in our review. They
13 helped us identify the post-marketing adverse events that
14 you found in our briefing document. They were led by Dr.
15 Debra Boxwell. And our biostatistics team lead was Mike
16 Welch.

17 Again, in the interest of time, we are just
18 going to move straight forward with the alfuzosin review by
19 Dr. Venkat Jarugula.

20 DR. JARUGULA: Good afternoon. I'm Venkat
21 Jarugula, clinical pharmacology reviewer for the alfuzosin
22 NDA.

23 This morning we have heard about the results of
24 the alfuzosin study in detail. So I'm just going to focus
25 on a few important slides of my talk to highlight the

1 results of the alfuzosin study, PDY 5105.

2 What I have here is a table giving a comparison
3 of the mean QTc change from baseline versus placebo for
4 different methods of correction for the alfuzosin 10
5 milligram dose, 40 milligram dose, and the moxifloxacin 400
6 milligram dose.

7 As we can see here, different methods of
8 correction give different results on the mean QTc change
9 for alfuzosin, as well as moxifloxacin. The Bazett method
10 gave the highest QTc effect ranging from 10 milliseconds to
11 14 milliseconds. The Fridericia method also gave higher
12 QTc changes, higher increase in QTc's ranging from 5
13 milliseconds to 8 milliseconds, compared to the population
14 and individual methods where you see only a 2- to 4-
15 millisecond increase. In fact, this is about half of the
16 effect that you see with the Fridericia method. The Holter
17 monitor method, on the other hand, showed the lowest effect
18 on the QT interval.

19 As we can see from this slide, there is a dose-
20 related increase with alfuzosin 10 milligrams and 40
21 milligrams with all the correction methods and also with
22 the Holter monitor method, although the magnitude of these
23 QT changes are up for discussion later on.

24 One thing that I would like to point out
25 regarding the Holter monitor method is the time course

1 effect on the QT interval was not captured with this method
2 because the QT intervals were classified into RR bins and
3 averaged in each RR bin and compared between the baseline
4 and the treatment group. As a result, there is no time
5 course effect that can be captured with the way the study
6 was conducted with this Holter monitor method.

7 Next I'm going to show the number of outlier
8 subjects again with each correction method. As one can
9 expect, based on what we discussed so far and what we know,
10 the Bazett method yielded the highest number of outliers
11 for all the outlier groups.

12 Just to focus on the outlier group that was not
13 mentioned this morning and that was also discussed somewhat
14 to be sensitive, the delta QTc between 30 milliseconds and
15 60 milliseconds group, with the Fridericia method there
16 were 9 outlier subjects with a 40 milligram dose and 1
17 outlier with the 10 milligram dose, compared to 2 outlier
18 subjects with the population and the individual correction
19 method at the 40 milligram dose, and 0 with placebo with
20 all these methods of correction.

21 For outliers of delta QTc greater than 60
22 milliseconds or QTc greater than 450 milliseconds, you have
23 virtually 0 number of outlier subjects with all the methods
24 except for the Bazett method of correction.

25 Again, you can see there is some dose-related

1 trend, especially if you look at the Fridericia method.

2 What this slide shows is a concentration of
3 alfuzosin and QT relationship calculated by the individual
4 correction method. What I have here is a panel of 45
5 subjects that participated in the study, that completed the
6 study. Each panel represents 1 subject in the study. On
7 the y axis, I have QTc values plotted against the plasma
8 concentrations of alfuzosin on the x axis. The red colored
9 trend line is the individual trend line, and the blue line
10 is the population line which is the same for all subjects.

11 As you can note here, there are some subjects,
12 this one, this one, here, here, that have increasing QT
13 intervals with increasing plasma concentrations. Please
14 note that when you pool all these data and plot in one
15 single plot, the individual trends may be masked and you
16 may see a plateau. So that is a point we want to make on
17 this slide.

18 So these are the highlights of the results that
19 I want to bring into perspective before we go into the
20 discussion. I want to point out the main review issues
21 that arose from the review of this alfuzosin QT study. I'm
22 going to read my review issues from the slide that I'm not
23 going to show here.

24 So the main issues that were identified and to
25 be discussed in the questions are, which QT interval

1 correction method is most appropriate for assessing the
2 proarrhythmic risk of alfuzosin? I guess this will equally
3 apply to vardenafil also. How should the QT data derived
4 from the Holter monitoring method be interpreted? Is a
5 single-dose study adequate to assess QT prolongation?

6 Thank you very much and Dr. Leslie Kenna will
7 present on vardenafil.

8 DR. KENNA: Good afternoon. I am Leslie Kenna,
9 and I was one of the clinical pharmacology reviewers for
10 the vardenafil submission.

11 Today I will just highlight the results of the
12 drug-drug interaction studies with vardenafil and also
13 concentration-response analyses.

14 First, the impact of the pharmacokinetic
15 interaction between various clinically relevant CYP3A
16 inhibitors was studied, including concomitant
17 administration with ketoconazole and two protease
18 inhibitors, indinavir and ritonavir.

19 One reason the protease interaction studies are
20 important to consider is that a series of small studies
21 have reported a higher incidence of sexual dysfunction,
22 including erectile dysfunction in patients with HIV. The
23 incidence of erectile dysfunction ranges from 33 to 50
24 percent.

25 Cross-sectional studies have also shown that

1 patients with HIV, including those on triple therapy, use
2 PDE5 inhibitors.

3 This bar plot demonstrates ritonavir's effects
4 on exposure to vardenafil as measured, one, here in orange,
5 by maximum concentration, or Cmax, and two, this blue bar
6 here, area under the concentration time curve, or AUC.
7 What this shows is that ritonavir causes a 12.7-fold
8 increase in vardenafil's Cmax and a 48-fold increase in
9 vardenafil's AUC. It is unknown whether AUC or Cmax
10 correlates better with QT interval.

11 There was a question raised during the morning
12 session regarding the nonlinearity of vardenafil
13 pharmacokinetics. Vardenafil has a nonlinear
14 pharmacokinetic profile for doses greater than 40
15 milligrams.

16 This plot shows how the 80 milligram dose of
17 vardenafil investigated relates to the case of a drug-drug
18 interaction with ritonavir. Vardenafil concentration is
19 plotted on the y axis and time is plotted on x axis. The
20 green line, this little one down here, shows the average
21 concentration of vardenafil as a function of time after
22 administering a single 5 milligram dose of vardenafil
23 alone. The blue line shown here shows the concentration of
24 vardenafil as a function of time after a single 5 milligram
25 dose of vardenafil is co-administered with 600 milligrams

1 of ritonavir taken b.i.d. The red line shown here shows
2 the average plasma concentration of vardenafil as a
3 function of time after a single 80 milligram dose of
4 vardenafil.

5 As expected, based on the previous graph shown,
6 the C_{max} reached when the 5 milligram dose is taken with
7 600 milligrams of ritonavir is approximately 13 times
8 higher than when the 5 milligram dose is taken alone. The
9 average maximum concentration of vardenafil observed after
10 an 80 milligram dose is administered is nearly 3 times
11 greater than that observed for the interaction with
12 ritonavir. This shows that the choice of the 80 milligram
13 vardenafil dose covers the C_{max} expected when dosing 600
14 milligrams of ritonavir with 5 milligrams of vardenafil.

15 Note, however, that this red line dips below
16 the blue line at about 5 hours. So this says that the area
17 under the curve observed during this interaction was not
18 covered by this study design.

19 And note again that it is unknown whether C_{max}
20 or AUC is better correlated with the response to
21 vardenafil.

22 Note also that the sponsor collected data on
23 concentration, QT and RR up until 4 hours after dosing.

24 This is my final slide. The sponsor presented
25 results of a concentration-response analysis this morning

1 suggesting that the average response plateaus within the
2 range of concentrations of vardenafil tested. As the
3 sponsor also pointed out, there is large inter-individual
4 variability in concentration and response.

5 This slide shows individual data plotted
6 separately. Here are 59 plots of QTcF and concentration.
7 So there's one plot for each subject after 10 and 80
8 milligram doses of vardenafil. The black dots are the data
9 points. The blue line in each panel shows the linear trend
10 through the data when all the data are pooled. The orange
11 line shows the individual trend in that particular panel.
12 We are not suggesting that there is a linear relationship
13 between concentration and response. However, the point of
14 this slide is that although some subjects have a shallow
15 concentration-response relationship, others may not within
16 the range of doses tested.

17 So just like the former speaker, I'm just going
18 to summarize the review issues that were raised by study
19 10929.

20 In evaluating the risk of QT prolongation,
21 first, should the results with respect to one particular
22 correction method be favored over another? Second, were
23 the vardenafil doses investigated adequate? Third, was the
24 duration of concentration and response sampling adequate?
25 And finally, is it appropriate to set the 90 percent or

1 some other percentage level upper confidence limit for the
2 mean change in QTc from baseline relative to placebo at 10
3 milliseconds or some other cutoff value?

4 Now, Donna Griebel will provide concluding
5 remarks.

6 DR. GRIEBEL: Well, it's not exactly
7 concluding. I'm going to give a quick, abbreviated version
8 of Dr. Marcea Whitaker's post-marketing review that was
9 presented in a lot of detail in the FDA briefing document.
10 I would like to just focus on the torsade events, the
11 torsade categories, and I'm going to go through the two
12 drug classes. I just want to do that to put into
13 perspective what was reported this morning for moxifloxacin
14 in post-marketing for torsade.

15 For the alpha blockers, we've pooled at the top
16 of this slide IMS data that we had, estimated sales since
17 1998 for all three of the drugs that are listed at the top
18 of the three columns, and over 110 million prescriptions
19 have been sold since 1998 according to a sample in the IMS
20 data. Of those, you see for terazosin, two cases;
21 doxazosin, three; and tamsulosin, one. The dates of
22 approval for these drugs were 1987, 1990, and 1997.

23 Viagra we've heard discussed this afternoon as
24 well. At the top we have 58 million prescriptions up to
25 December of 2002 in the United States. There were only two

1 cases reported of torsade, and as we've heard discussed,
2 and I think that we made clear in our briefing document,
3 these were dubious cases when you read the narrative.

4 Then if you look at moxifloxacin, here we have
5 Bayer reported 19 million patients exposed, and this is
6 patient exposure as compared to prescriptions sold in the
7 previous slide. Those were a sampling of prescriptions.

8 There were reported to ODS in our search, or
9 the Office of Drug Safety at the FDA, 15 cases of torsade,
10 and one of those the sponsor is seeking additional
11 information to clarify the report. 9 were U.S., 6 foreign.

12 There were risk factors in these patients. The majority
13 of them were female; age greater than 70, 9. Some
14 confounding factors or potential risk factors for
15 developing torsade included underlying cardiac disease and
16 electrolyte abnormalities and concomitant drugs in 5 that
17 included amiodarone in 2 and the other 3 were diuretics.
18 These 15 cases were temporally related. Most of them
19 ranged 1 to 3 days. There was one that occurred 8 days
20 after starting dosing.

21 We were struck by that number 15 after we had
22 gone through all of those reports that we had talked about
23 in our post-marketing review. We believe that may indicate
24 that the moxifloxacin active control does indicate that it
25 is an active control in these studies.

1 The moxifloxacin label does contain a bolded
2 warning about QT prolongation and it includes a patient
3 package insert of information to provide to patients on
4 clinical events that they need to report to their
5 physicians, as well as reporting their concomitant
6 medications and medical histories. I don't know if that
7 was a component to the heightened reporting that you might
8 have seen with moxifloxacin, but it was of interest.

9 Bayer did mention that they had a
10 pharmacovigilance plan for vardenafil and we would be
11 interested in hearing that.

12 I think this concludes our comments and our
13 presentation. We do look forward to hearing your
14 discussion of our questions this afternoon, and we'll be
15 happy to take any questions regarding our reviews. Thanks.

16 DR. BORER: Thanks very much, Dr. Griebel.

17 We may have some questions for the FDA, and
18 we'll also go into additional questions we may have for
19 Bayer and for Sanofi-Synthelabo.

20 Beverly?

21 DR. LORELL: Yes. I have a question that
22 relates not just to post-marketing, but to clinical
23 development. We heard this morning from both sponsors data
24 regarding a lack of any signal of torsade de pointes during
25 clinical development trials, phase I to III. Can you or

1 perhaps another member of the panel or the audience put
2 that into perspective?

3 If one were to look at -- let's just take three
4 examples of drugs that are known to have a heightened risk
5 of torsade de pointes. Let's take, for example, two
6 cardiac drugs, sotalol and amiodarone, and a noncardiac
7 drug cisapride. Was there any signal whatsoever in
8 clinical development of a risk of torsade de pointes, or
9 can you give us those numbers to put that piece of safety
10 into perspective?

11 DR. GRIEBEL: I'm going to call on Doug
12 Throckmorton to see if he can help me out here with that.

13 DR. THROCKMORTON: The cardiac drugs, you said
14 sotalol and amiodarone?

15 DR. LORELL: Yes.

16 DR. THROCKMORTON: I can't give you the
17 amiodarone NDA. Its rate of torsade is pretty low. Even
18 in post-marketing, it's been hard to show clearly that it's
19 a torsadogen. Sotalol had clear torsade. No problems at
20 all.

21 Another compound a little closer to home here
22 might be bepridil, which was an anti-anginal drug that was
23 developed. That again had cases of torsade in the NDA, but
24 it prolonged the mean QT 50 milliseconds, something like
25 that. It had a different level of signal perhaps.

1 Cisapride had no signal in its NDA database.
2 Its first hints were a post-marketing report of rapid heart
3 rates in an Australian study that came out shortly after it
4 was published, as I recall.

5 DR. BORER: Beverly, did you have a follow-up
6 to that?

7 DR. LORELL: No. I think that's a little bit
8 of a useful perspective. Certainly I think if one saw
9 unsuspected, even a cluster of cases during clinical
10 development, that would be very worrisome. But I just
11 wanted to, I think, make sure that I understood correctly
12 that the lack of a signal is not useful.

13 DR. THROCKMORTON: The occurrence of a case of
14 torsade in a development program, outside the
15 antiarrhythmic world, really is a signal that we take very
16 seriously. I can think of it occurring on two occasions in
17 the time that I've been familiar with this problem, and in
18 both cases it was a real thing that was taken seriously.
19 It's pretty rare.

20 DR. BORER: Tom, then Peter, then Paul.

21 (Laughter.)

22 DR. FLEMING: One of the questions that I had,
23 listening to Joel Morganroth's presentation, I think has
24 been -- relevant additional information has come from FDA.
25 Bayer's slides 58 and 59 were comparing what was known from

1 our post-marketing surveillance for occurrences of torsade
2 de pointes with moxifloxacin and with Viagra. On slide 58,
3 there was an indication that there were 4 cases in 7.7
4 million. That seems to be fairly consistent with what we
5 just heard from FDA of 15 cases in 19 million. That's 1
6 per 2 million cases from the sponsor's review; 1 per 1
7 million cases in the FDA review.

8 Then for Viagra on slide 59, they had said
9 there were no cases reported in 39 million prescriptions of
10 Viagra, and similar figures were given by Pfizer saying 20
11 million patients receiving a billion doses have had no
12 cases of torsade.

13 Statistically those are strikingly inconsistent
14 rates that you would have no cases in 20 million to 40
15 million versus 15 cases in 19 million. Either it tells me
16 that the Pfizer passive surveillance system is leading to a
17 gross underestimate of torsade or it tells me that in fact
18 their experience does represent natural history. The cases
19 are, in fact, incredibly rare and that moxifloxacin is, in
20 fact, clearly an agent that induces an increased risk of
21 torsade. Only one of those two statements can be true.
22 Either moxifloxacin does increase or it doesn't, and the
23 Pfizer surveillance is grossly under-representing cases of
24 torsade when they exist. Any insights?

25 DR. KOWEY: Tom, is it possible, just as a

1 question, that generally Viagra is not given to women,
2 which is an issue in torsade? And the other is that Viagra
3 is given for a very short period of time, intermittently,
4 and the time of exposures would be grossly different
5 between the two compounds. I'm just speculating, but there
6 are very big differences in how these drugs are used.

7 DR. RODEN: We don't know how many of those
8 cases for moxi were in hospital in monitored patients,
9 which is not the way Viagra is ever given.

10 (Laughter.)

11 DR. FAICH: Mr. Chairman, I'm Jerry Faich. I
12 actually reviewed the moxifloxacin cases and maybe let me
13 just elaborate on them to give you a better picture.

14 I looked at 12 of them. Four of them were in
15 patients who were getting intravenous therapy and those
16 patients were severely ill and were monitored. So you have
17 a different patient population that I think you have to
18 consider. So that's a major factor in doing this.

19 Also, I think it's fair to say that there's a
20 reporting artifact here. You've got torsade in the label
21 of moxifloxacin, and that may well stimulate reporting. I
22 have no way to measure that.

23 I would point out for the 8 oral cases that I
24 went through, actually 6 of them have severe cardiac
25 disease, a pacemaker in place and prior syncope, for

1 example. Two of them were immediately post MI and post
2 resuscitation. A couple of them were congestive heart
3 failure and sick sinus syndrome. So these were patients
4 with severe cardiac disease. There are two exceptions to
5 that. One of them we have no information on and the other
6 might be a less confounded case.

7 So it looks like the patient population may
8 well be markedly different. These are patients who have
9 pneumonia in large part. Some of them have bronchitis.

10 DR. KOWEY: How many were women, Jerry?

11 DR. FAICH: You know, I didn't tabulate. I
12 would point out that almost all of them were in their 70s
13 and 80s, and I think -- there we go. All but one were
14 female. I hope that's helpful.

15 DR. BORER: Thank you, Jerry.

16 Paul?

17 DR. ARMSTRONG: Two questions, perhaps the
18 first to the FDA and the sponsors, if they want to respond.
19 The heterogeneity in the kinetic and the QT interval data
20 on those individual plots was interesting, and these are in
21 healthy male volunteers, I guess, as I understand it, who
22 are between 18 and 40 years of age. I understand they're
23 between 50 and 90 kilos. So I guess the question was, do
24 we have any information dosing by weight, or is there other
25 information about baseline laboratory data amongst these

1 admittedly normal but perhaps heterogeneous individuals
2 that might give us some insight into the heterogeneity of
3 those individual plots?

4 And the second question. I don't know whether
5 we're going to get more information on the blood pressure
6 or heart rate that we raised this morning, Mr. Chairman.
7 But ketoconazole, which was administered concomitantly with
8 the alpha blocker, as I understand it, is also approved for
9 prostatic cancer, 400 milligrams t.i.d., and this was a 400
10 milligram single dose. So does the sponsor have
11 information on concomitant use in the large population
12 outside the United States who would presumably have
13 prostatic retention but potentially also have prostatic
14 cancer where the opportunity for both drugs might lead to
15 potentially problematic results?

16 DR. GRIEBEL: With regard to the first
17 question, we can't answer the weight question.

18 In terms of the laboratory, if you're talking
19 about were there electrolytes, they were required to have
20 normal electrolytes to enter the trial.

21 Perhaps the sponsors could address the weight
22 and population issues.

23 DR. DURRELMAN: Sylvain Durrelman again.

24 We have not looked at the weight effect on the
25 PK of alfuzosin in our study of 45 subjects that were in a

1 range of rather homogeneous populations.

2 We were not surprised, however, by the
3 different pattern that we saw on the FDA slide earlier
4 today because we think that if you look at 45 data plots
5 that start with a few data points per subject, you would
6 have some natural random fluctuation around the mean. We
7 believe that it's what is the biological variations.

8 But we have not seen any strong effect on
9 weight and we have not done a subset analysis on that.

10 DR. BORER: Dan?

11 DR. RODEN: A couple of comments and then a
12 question.

13 The first has to do with the issue of whether a
14 single dose is, of necessity, safer than multiple doses.
15 I'd just point out there are data in the literature that
16 suggest that the extent of QT prolongation after a single
17 dose of a QT-prolonging drug -- and we haven't decided that
18 these are or not -- is sometimes greater than the effect
19 seen during chronic therapy. There are data for sotalol,
20 for example. So I'm not sure how much reassurance to take
21 over the fact that we're looking at single doses.

22 At the same time, the issue of heart rate.
23 There are data also in the literature that if you manage to
24 monitor someone who's going to have drug-induced torsade,
25 for the half-hour or so before they have an event, their

1 heart rates actually increase. So there is this complex
2 interplay among adrenergic activation and direct effects of
3 drug on QT and indirect effects of drugs through blood
4 pressure mechanisms perhaps on the heart rate and QT. So I
5 think again the heart rate stuff is a little bit more
6 complicated than may have been perceived this morning.

7 My question -- I am not sure who to address
8 this to -- is, is it a surprise that the extent of QT
9 prolongation with 80 milligrams of vardenafil is not 8
10 times higher than it is with 10 milligrams of vardenafil or
11 the same with the 400 versus 50 milligrams of sildenafil?
12 The drugs, if anything, would be expected to achieve higher
13 peak concentrations. We just saw that. Yet, the QT effect
14 is almost trivially -- I mean, they seem to be the same.

15 So does that say something about a heart rate
16 effect?

17 Does that say something about some other
18 mechanism of action that is not being factored in here?

19 Does it say something about some artifact of
20 the way the studies have been conducted? I just don't know
21 but it's clearly something that's unexpected and needs to
22 be explained.

23 DR. MORGANROTH: We might get an insight into
24 that very flat dose-response curve because that is
25 unexpected. With moxifloxacin, as was pointed out, you

1 double the dose, you double the effect, which is true for
2 terfenadine, et cetera. Very linear, very clear.

3 These PDE5 inhibitors have the opposite effect.

4 You give huge increases in dose and concentration, it
5 looks it's hard to detect a change.

6 It may be, in fact, related to the effect on
7 hERG because vardenafil was not able to produce a 50
8 percent inhibition of the current. I think it only made it
9 up to about 30 percent and one had to extrapolate to 50.
10 Perhaps what that might mean is it's such a weak hERG
11 blocker, assuming that's the mechanism, that in fact what
12 we're seeing is a weak effect that really isn't linear and
13 dose-related.

14 I mean, that's my guess. The answer is it was
15 a surprise to us too. It was a surprise to me to see that
16 very flat dose-response. You usually don't see it, and it
17 either suggests this is -- I don't want to call it an
18 artifact, but clearly a totally different kettle of fish
19 than we're used to for QT-prolonging drugs like moxi and
20 others.

21 DR. RODEN: I would actually think along the
22 lines that Paul Armstrong has been suggesting, and that is,
23 with the high doses, you probably produce vasodilation and
24 you get sympathetic activation. That, in turn, shortens
25 the QT no matter how you correct for it. That may be

1 playing a role as well. Something like that.

2 DR. MORGANROTH: Against that theory would be
3 that if you do use the individual correction which does
4 show you that at the higher heart rates achieved at the 80
5 milligrams, meaning the 60, 70, 80, 90 beats per minute,
6 you designed it not to have an effect on the QTci.
7 Presumably that's the value of the QTci. So I'm not sure
8 it's purely a heart rate effect.

9 DR. ROEHRBORN: My name is Claus Roehrborn.
10 I'm a urologist at UT Southwestern, and I'm here as an
11 expert on BPH on behalf of Sanofi. I just wanted to
12 provide a comment and correction on the issue of
13 ketoconazole in prostate cancer.

14 I'm not sure ketoconazole is approved for the
15 use in prostate cancer, as was stated. But it has been
16 found, when used at 400 milligrams q 8 hours, to reduce
17 serum testosterone level to castrate level within a few
18 hours. It is used only in extremis if a patient presents
19 with advanced metastatic prostate cancer, and if that
20 patient for some other reason cannot at the time undergo a
21 bilateral orchiectomy, which is the standard treatment in
22 those kinds of cases to prevent, for example, spinal cord
23 compression and paralysis. So it is in very extremely rare
24 cases used and, if so, only until the patient is stable
25 enough to an orchiectomy. I just don't think that those

1 are the same kinds of patients treated with either an alpha
2 blocker, certainly not with vardenafil at the time.

3 Thank you.

4 DR. BORER: In the planned studies that were
5 performed by the sponsor, there's been a fair amount of
6 investigation of PK type interactions, which is very
7 valuable. We didn't see any planned effort or direct
8 effort to assess PD type interactions. Now, Beverly Lorell
9 raised this point during a break, and maybe she wants to
10 take it forward.

11 But I understand from Dr. Griebel's comment
12 that patients who started out with electrolyte
13 abnormalities were excluded from study, and that's fine.
14 However, I assume there were patients in the database who
15 had hypertension, who were on diuretics, and whose
16 electrolytes were monitored, and the electrolytes may have
17 varied.

18 Obviously, there were no studies planned to
19 create hypokalemia, for example, but on sparse sampling or
20 some other assessment, there may have been patients whose
21 electrolytes were abnormal at one point or another. And
22 one might like to know whether there was a clustering of
23 effects in terms of QT prolongation in those patients while
24 they were on experimental drug versus placebo versus active
25 comparator. Do we have any data at all that would give

1 some insight into that kind of issue?

2 DR. SEGERSON: I think in terms of the
3 vardenafil database, we haven't looked specifically at
4 hypokalemia for a clustering of either adverse events that
5 might be signals or other pharmacodynamic effects in our
6 studies.

7 DR. BORER: I wasn't really thinking of adverse
8 events because I think there were very few. I was thinking
9 about the primary endpoint. If you think that there could
10 be a deleterious interaction between drug and disease or
11 between drugs, that's not a metabolic and elimination
12 interaction, which is the interaction you studied. If you
13 think there is such a thing, then presumably we might see
14 it by looking at the surrogate. I'm just wondering if you
15 have such information.

16 DR. MORGANROTH: Well, in the vardenafil trial,
17 things are so tightly controlled in these definitive QT
18 trials, the chance of having someone develop hypokalemia
19 would be an unusual if not an impossible thing to happen.

20 DR. BORER: Right, but some subpopulation could
21 drop over time from 4.5 to 3.6 or something. They'd still
22 be normal. One might be able to look at that to see an
23 effect, if it's there. I don't know.

24 How about for alfuzosin?

25 I'm sorry. Please say your name when you come

1 to the microphone so that the transcriptionist can get
2 that.

3 DR. SALLIERE: Dominique Salliere from
4 pharmacovigilance in Sanofi-Synthelabo.

5 I can give you some information related to the
6 co-prescription in post-marketing experience with
7 alfuzosin. These data come from IMS and were collected in
8 five European countries. May I have slide 27, please?

9 So for alfuzosin, 50 percent of the patients,
10 as expected in this age group, receive a co-prescription,
11 and 50 percent of these co-prescriptions are cardiovascular
12 drugs.

13 May I have slide 29?

14 Among these cardiovascular drugs, maybe it is
15 not easy to read, but nearly 10 percent of these co-
16 prescriptions are related to diuretics and some others
17 combined with particularly beta blockers. So you can see
18 that patients, nearly also in 10 percent, received beta
19 blockers. From the larger post-marketing experience, no
20 clinical interaction was suspected despite the large use
21 that we have had in more than 3.7 million patient-years.

22 DR. BORER: Thank you.

23 Beverly, this was an issue that you raised. Do
24 you want to carry this any further?

25 DR. LORELL: Yes, I would like to carry it a

1 bit further.

2 I think one of the themes that's come out in
3 the morning's really excellent discussion and presentations
4 has been the uncertainty about the ability to use QT
5 interval, no matter how we slice or measure it by any of
6 the methods that have been discussed, to predict a very
7 rare but catastrophic event of torsade de pointes.

8 I'd like to actually discuss a little bit
9 further and particularly get comments from our two
10 cardiology speakers this morning discussing risk about the
11 issue of whether we shouldn't be focusing more or thinking
12 about ways to focus on higher risk backgrounds in looking
13 at a relationship between Cmax and QT corrected by whatever
14 method.

15 We heard two perturbations this morning that
16 made sense. One was looking at the relationship to RR
17 interval itself, and the second was looking at a background
18 with a drug that inhibits metabolism.

19 I would suggest that there are two populations
20 that we know may be of higher risk from experience in very
21 high risk groups with QTc prolongation, and one background
22 includes mild intranormal fluctuations in potassium and
23 magnesium. So I'd enjoy hearing some discussion at the
24 microphone as to, if no bad effect is seen in normal 20-,
25 30-, or 40-year-olds doing the kind of studies that were

1 seen this morning, whether a next step might not be in a
2 controlled, highly ethical, clinical environment to
3 deliberately modestly reduce potassium and magnesium to
4 lower limits of intranormal range, which can usually easily
5 be done with diuretics.

6 And a second related question is whether or not
7 there should be a consideration in the future as to
8 specifically looking at populations of women and older
9 women since this is a group that clearly is at some higher
10 risk in many long QT syndromes.

11 So I'd welcome your thoughts about whether we
12 should perturb metabolites and how should we look at women.

13 DR. BORER: Doug, did you have a comment there?

14 DR. THROCKMORTON: Yes. Beverly, that is an
15 important part of what we're interested in hearing, but let
16 me frame that a little bit. Let me tell you the way these
17 studies were thought about.

18 The studies were, in essence, designed to ask a
19 question, does the drug affect repolarization, yes or no?
20 In that context, we perhaps mistakenly thought that a
21 normal volunteer population would inform that question, not
22 whether there would be additional risk factors that would
23 make someone at higher risk or not, but just simply whether
24 or not the drug affected repolarization. A normal
25 volunteer population would inform that question, as well as

1 a population that's at higher risk. You heard this morning
2 from one of the speakers that we don't have any reasons to
3 believe that that's in error, that is, that there might be
4 a drug that didn't do something to normal volunteers that
5 did to a high risk population.

6 But I'm interested. Is that what you're
7 suggesting? That is, that for a reason that I'd like to
8 hear some comment about, a normal volunteer population
9 doesn't provide you enough assurance as to the absence of a
10 potentially relevant effect on repolarization.

11 DR. LORELL: Doug, I'm not sure that I would
12 even pretend to know the answer to that.

13 I guess I would look at it in a slightly
14 different way, and that is, one might postulate that one
15 would always start with a normal, highly controlled
16 population, but that that may be necessary but not
17 sufficient, given what we know already clinically about the
18 specific issue of risk of torsade with QTc prolongation,
19 and in particular, that a heightened vigilance might be
20 necessary to deliberately test a perturbation which is
21 extraordinarily common clinically and that we know enhances
22 risk, and that is intranormal perturbations in potassium
23 and magnesium.

24 I guess the separate question that's related to
25 your thinking about this is the issue in women, whether the

1 gender issue needs to be somewhat independently addressed
2 rather than sort of mixed in as part of a broad population.

3 DR. THROCKMORTON: The latter is a good
4 question. These are typically men.

5 Again, the structure we've been using has been
6 that normal male volunteers would adequately answer the
7 question of whether or not there was an effect on
8 repolarization. If the answer was yes -- and you'll tell
9 us later how to decide when there's an effect or not, what
10 that magic number is -- then all those studies would be
11 things that would be very important so you can think of
12 development programs that have uncovered such effects and
13 then had to look in phase III to look at interactions by
14 race and interactions with other drugs and that kind of
15 thing. But the notion was that absent an effect on that
16 male healthy volunteer population, those looks were less
17 rigorous, were less structured.

18 So I'm asking again, is that something that
19 you're suggesting we need to rethink? Because I'd need to
20 know why.

21 DR. LORELL: Yes, I am putting forward the
22 notion that it may be useful rethinking about what is done
23 in phase I-II in a very rigorous way in comparison with and
24 complementing but not the same as prospectively looking at
25 much noisier data in phase III.

1 DR. KOWEY: Beverly, Doug said -- and I think
2 he's correct -- there are two questions that are being
3 asked. The first one is, is there fundamentally an effect
4 on repolarization? Actually, Doug, I think that if you had
5 a drug that you weren't just going to give to men, which is
6 what these two drugs ostensibly do, you wouldn't do a phase
7 I trial in normal volunteers in just men, would you?
8 Wouldn't you do women too?

9 DR. THROCKMORTON: I think we have not said
10 that you needed to do both. I don't believe we've made
11 specific statements about that one way or the other.

12 Tell me why I should require women, which is
13 what you're suggesting?

14 DR. KOWEY: Because I think that if you're
15 looking at repolarization -- I agree, that's the experiment
16 you're doing in phase I -- that women fundamentally have a
17 different repolarization response than men. I think it's
18 fairly clear that they do. And if you only did men in
19 phase I and came up with nothing, you would still probably
20 not have your fundamental experiment concluded. That's
21 why.

22 DR. THROCKMORTON: Could I ask for some comment
23 from the rest of the QTERS around the sponsors and the
24 table, please?

25 DR. BORER: Dan, do you have some comment?

1 DR. RODEN: I think the question is whether a
2 drug that has absolutely no signal in a normal healthy
3 volunteer population could, in fact, generate a signal of
4 concern in a more at-risk population. Another population
5 that has been used actually, Bev, is the heart failure
6 population who often have these electrolyte abnormalities,
7 and even if they don't have longer and funnier looking QTs.
8 That was actually done in the terfenadine experience, and
9 at high dose terfenadine in that widely cited study, there
10 was actually a fatality at 300 milligrams twice daily of
11 terfenadine. So you can push that trial design and cover
12 those kinds of events. I don't think anybody wants to
13 uncover a fatality.

14 But if the question is, does this drug prolong
15 the QT, then that's adequately addressed by these sort of
16 normal volunteer studies. Then the question is if I know
17 that the drug prolongs the QT, are there populations in
18 whom it's going to prolong the QT a lot due to metabolic
19 reasons because they're older women who are exposed.
20 That's a separate set of questions. I guess it might be
21 logical to recommend that if you had a signal, the next
22 step might be to investigate the extent to which that
23 happens under rigorously controlled conditions in a higher
24 risk population. I'm not sure how far to push that to
25 answer a question that may already have been answered. Do

1 you see what I'm saying?

2 DR. LORELL: Well, just to be brief, I think
3 we've already seen an example of that being done in looking
4 at co-administration with a drug that inhibits metabolism.

5 DR. RODEN: Right, and the whole idea of giving
6 higher than normal doses just to sort of expose -- but the
7 question there is just to find out if the drug prolongs the
8 QT. And if it does, then you have a whole separate set of
9 questions like are there special populations. Terfenadine
10 is a great example. I think terfenadine is an
11 extraordinarily safe drug as long as you don't give a
12 metabolic inhibitor. There are lots and lots of people who
13 took it and nothing happened. But if you give it with a
14 metabolic inhibitor, there's a real problem. So you have
15 to ask yourself are the pharmacokinetics well behaved. Is
16 it likely that a lot of patients with heart failure or
17 hypokalemia will get this drug? And those are separate
18 questions.

19 DR. BORER: Toby?

20 DR. BARBEY: There is, of course, then the
21 other component of the perceived benefit from the drug. In
22 other words, when arsenic prolongs the QT interval but can
23 cure leukemia, you kind of proceed differently. But I
24 would be more a believer that indeed your phase I studies
25 which should be -- I agree with Peter -- in men and women

1 are designed to tweak and challenge the system as much as
2 possible to get a flavor for that propensity. And then you
3 derive some clinical strategies based on that saying, we
4 will up front be more prudent with this drug in these
5 situations, rather than necessarily bring in on the
6 research unit. That would be my instinct.

7 DR. BORER: Mike, did you have a comment about
8 this particular issue?

9 DR. ARTMAN: Yes. Getting back to Doug, I
10 think that you're right. The question is does this drug
11 affect repolarization. And if you test it in healthy young
12 males and there's no effect on repolarization, then I think
13 you can safely conclude that there's no effect on
14 repolarization in healthy young males.

15 That doesn't answer the question whether or not
16 it would affect repolarization in healthy young women. I
17 think we do know that repolarization in women is different
18 and they respond to drugs differently. So I believe that
19 if a drug is going to be used in a female population, it
20 ought to be tested in females in these phase I tests.

21 DR. RODEN: At higher doses.

22 DR. THROCKMORTON: This is not one of the
23 questions, Jeff, but this is something quite different from
24 what we've heard before. So I'm sort of sorry to keep
25 pressing on this, but I'm seeing nodding heads.

1 DR. BORER: What I'd like to do -- we have
2 Jeremy. We have John Camm. We've got Joel here. I'd like
3 to hear from all of them.

4 DR. THROCKMORTON: I'm really interested in
5 some conversation about this.

6 DR. BORER: Jeremy?

7 DR. RUSKIN: With regard to the gender issue,
8 most of the phase I trials that I have heard about in the
9 last year have included women, often 50/50 for specifically
10 the reason that's been brought up. And I think it's very
11 important to do.

12 That said, I don't know of a single situation
13 where there's a drug that has no effect on repolarization
14 in men that will have an effect on repolarization in women.

15 It's really a question of relative sensitivity. There are
16 drugs that have been studied very closely with regard to
17 gender differences. Some drugs, you can see no gender
18 difference at all, and others you do. And when the
19 difference is there, it's relatively small but unequivocal.

20 What's very clear is that the susceptibility to
21 drug-induced torsade is much higher. About two-thirds of
22 reported cases both with antiarrhythmic and
23 non-antiarrhythmic drugs are in women and a third in men.

24 But it's very unlikely, almost unimaginable,
25 that a drug that had no effect in men would have an effect

1 in women. I don't know if Dan or other people agree with
2 that.

3 DR. KOWEY: Jeremy, just to answer your
4 question, I agree with you in general terms, but I guess
5 I'm having a hard time understanding. I agree that we
6 don't know of a drug like that and we're not really talking
7 about drugs with zero effect. We're talking about drugs
8 with some effect. Since we're talking about basically
9 screening, as Joel said in his talk, almost every new
10 chemical entity, I don't want to really get into the
11 situation where we're imagining we can tell the future and
12 that there's not going to be some compound sometime that
13 does that. What is the harm, really, of doing women in a
14 phase I trial?

15 DR. RUSKIN: None whatsoever, and my opening
16 remark was that all the phase I trials that I've seen in
17 the last year that have been talked about and are in design
18 generally include 50 percent women. And they should.

19 DR. BORER: John, can you give us your opinion
20 on Joel?

21 DR. ARMSTRONG: Could I put a question to John
22 as well through you, Mr. Chairman, since he has written on
23 this dynamic nature and the notion of
24 association/disassociation between the QT and the heart
25 rate and the notion are all QT intervals the same and QT

1 prolongation the same? Clearly, they're not, and I wonder
2 if he could address that before we come to these questions
3 because I must say I've learned a fair bit today, but I'm
4 still confused about the multiple causes, whether they be
5 patient comorbidities, the metabolic substrate, or the
6 drugs or concomitant medications, all of which can affect
7 the QT interval but may have different implications
8 regarding, I guess it's torsadogen. You used the word,
9 Doug.

10 DR. CAMM: Well, thank you very much for that
11 very long list of questions.

12 (Laughter.)

13 DR. CAMM: I think we should start by the issue
14 of the dynamic nature of the QT interval. Most of what was
15 referred to this morning was related to the time that it
16 takes for a QT interval to adjust to a new heart rate. So,
17 for example, a step change in heart rate that might be
18 induced artificially, for example, with a pacemaker, will
19 be followed by 30 or 50 beats during which there's
20 progressive shortening of the QT interval if the step
21 change was an increase in heart rate. So there is a
22 definite hysteresis involved.

23 Of course, changes in heart rate are usually
24 gradual, and the QT interval changes therefore do tend to
25 keep up relatively well with the changes of the RR

1 interval, but nevertheless, there is a significant
2 hysteresis. The way that that's dealt with in clinical
3 trial circumstances is usually by trying to ensure that
4 there's a relative stability of the RR interval before
5 recordings are made from which RR/QT are measured and QTcs
6 are computed. So that's the general issue about the
7 dynamism of the QT interval.

8 But there are many more intriguing elements
9 about it than that. For example, if a patient with
10 bradycardia and a long QT interval suddenly has an increase
11 of heart rate, the situation that I think Dan was alluding
12 to a moment ago, that might well be a particularly
13 torsadogenic situation because the prolongation of the QT
14 interval is not rapidly attenuated by the change in heart
15 rate that occurs. So the QTc, for example, would then
16 fairly dramatically prolong, and this, no doubt, is one of
17 those torsadogenic situations.

18 I don't know if I've dealt adequately with what
19 you asked me, but if I could turn to the general questions
20 that Beverly has raised. I think that they are very
21 intriguing possibilities that we could take patient subsets
22 that are of particular risk. I think you were asking more
23 about volunteers, and I understand that within the
24 volunteers, clearly we can choose one gender or another or
25 both fairly easily and we could certainly measure potassium

1 and perhaps modulate potassium by co-administration of
2 diuretics.

3 We have very little information about how an
4 intranormal variation of potassium would affect the QT-
5 prolonging effect of any drug that blocks the IKr current
6 or prolongs the QT interval for any other reason. We do
7 know that more extreme changes in potassium are, of course,
8 very relevant. Dan Roden, for example, published a paper
9 with quinidine, heart failure, and hypokalemia in which he
10 managed to demonstrate that very well. I'm not sure how in
11 normal volunteers relatively small changes within the
12 normal range of potassium would amplify the QT effects, but
13 it's certainly something that's worth considering.

14 With reference to whether we could extend that
15 to take vulnerable patients, I think this then enters a
16 much more difficult arena, taking heart failure patients,
17 for example, or patients with severe ischemic heart disease
18 or severe hypertrophy. Reasons for this are practical
19 reasons, feasibility reasons, and ethical reasons.

20 Amongst the practical reasons are the fact that
21 patients with some of these characteristics are often on
22 considerable numbers of co-medications and it's difficult
23 to control for them. They may have different electrolyte
24 levels, again difficult to control for without very large
25 studies. Importantly, they often have very distorted

1 electrocardiograms with T waves that are not particularly
2 stable anyway because of the disease process, and it
3 becomes a tour de force to try and measure consistently the
4 QT intervals. So there are definitely difficulties with
5 this.

6 Amongst the ethical concerns I think are the
7 issues of whether one can expose a patient particularly to
8 supratherapeutic doses of any medication with the notion of
9 trying to use that patient and his condition as an
10 amplifier to show a potential QT problem. Usually the IRB
11 comes back to the investigator, when such trials are
12 proposed, to say, please use a much lower dose of the drug,
13 something less than therapeutic. And you get involved in a
14 lot of difficulties in practically trying to promote such
15 studies. Although they are, I agree, of considerable
16 practical importance, I think they are in practical terms
17 very difficult to conduct.

18 DR. LORELL: If I might make, Mr. Chairman, one
19 comment. I think one of the impressive things that we have
20 heard this morning -- and I very much appreciate your
21 comments -- is that in looking at these rare, isolated case
22 reports, what are sort of being discussed as confounders
23 are actually the substrate that we're worried about. In
24 thinking about the earlier presentation with, I thought,
25 the very provocative slide that we should be looking not

1 just at central tendency, but for -- the term that was used
2 was categorical analysis looking for outliers, it may be
3 that we're actually throwing away some of the richness of
4 the data that's terribly important in designing a well-done
5 and ethical phase III trial by not looking earlier, even
6 with the difficulties you describe, at some of the groups
7 for the QT prolongation issue that we know may be at higher
8 risk. So I'm not sure I can even suggest how to do it, and
9 clearly there are some formidable challenges.

10 DR. BORER: Joel?

11 DR. MORGANROTH: The question regarding the
12 population composition for a definitive QT trial that was
13 raised by Doug, I agree entirely with Jeremy. Since we
14 first learned about the enhanced sensitivity of women
15 compared to men for a QTc-prolonging drug, it seemed common
16 sense to put men and women, usually 50/50. If you have a
17 40 group, you'd have 20 and 20, so it's almost enough with
18 20 not to be totally spurious that you might have a
19 reasonable good point estimate of the effect. And the
20 problem with putting women in is that women volunteers are
21 just not very plentiful compared to men, and as these phase
22 I definitive trials get more popular and there are large
23 trials, it's not anything more than a pragmatic issue that
24 women are not going to be so easy to put in. So it's a
25 real good question.

1 I personally think the focus of a lot of the
2 answers to the discussion in the last few minutes should
3 remember that in this definitive QT trial, the key group in
4 my opinion is the supratherapeutic dose of the new drug
5 being investigated. And if, in fact, that dose is really
6 very high, as it should be, and you see no magnitude of an
7 effect or a very small magnitude of an effect of a few
8 milliseconds, I have never ever seen that women, as
9 Jeremy's experience is also, gave us any more information
10 about the degrees of magnitude, number one. Therefore,
11 they may not be really that necessary to put into these
12 trials if, in fact, one does employ a proper
13 supratherapeutic dose.

14 And if you do put in a supratherapeutic dose,
15 that should cover these issues that are vexing and
16 interesting of what about patients with heart disease or
17 hypokalemia or other higher risks where clearly those are
18 going to magnify the effect of a QTc drug. But we don't
19 believe that they'll magnify them more than a
20 supratherapeutic dose of the drug that's inducing the QTc.

21 And I'm talking about using 5-fold, 10-fold the dose. If
22 you can go to that kind of level and you see whatever that
23 magnitude is, I can't imagine that you're going to see much
24 out of that range by some intranormal changes in potassium
25 or people who happen to have left ventricular hypertrophy

1 versus a normal heart. So I think one should gain great
2 comfort in the precision of that.

3 DR. BORER: Thank you.

4 I'd like to make a comment here that is not a
5 conclusion, though it may sound like one. We're musing
6 about possible investigations that might be helpful in
7 identifying high-risk situations or drugs that may cause
8 problems. But as I read and hear the data, we really don't
9 know how to interpret much of what we're observing. We're
10 looking at a surrogate and we don't know how to interpret
11 the surrogate. We don't know what it means. It's
12 important to remember that.

13 That suggests to me that a good deal more, I
14 will call it, fundamental research, although I don't mean
15 that in the sense of basic science, but a good deal more
16 information is needed so that we can better interpret these
17 data. If we translate our suppositions about what the
18 interpretation might be, without a real firm basis for the
19 interpretation, we will request a large number of studies
20 to be done that cost a great deal of money and will put
21 some people at risk without actually justifying that with
22 data that will be beneficial because we don't know how to
23 interpret them.

24 So I would keep that in mind as we go through
25 these questions here. There are a lot of things we'd like

1 to know. There's a lot research that needs to be done, but
2 I think that research needs to be done and we need to know
3 those things before we mandate certain kinds of studies in
4 drug development efforts. So that's an observation. It's
5 not a conclusion.

6 Dan?

7 DR. RODEN: I think I got to talk before Tom
8 because you were looking at me before him. I'll take the
9 opportunity while I have it.

10 I'd just like to amplify that, Jeff. It seems
11 to me I would be the advocate of basic science and there
12 are some interesting things in basic science that might
13 shed some light on this, QT morphology kind of issues. But
14 I think we're a long way away from that.

15 But there is an experiment that is going on as
16 we speak and that is the ongoing examination of the
17 moxifloxacin outcomes, the ongoing examination of
18 ziprasadone outcomes. So we ought to be able to, at some
19 point, get a sense of whether a 6-millisecond increase in a
20 well-characterized normal volunteer population can be
21 translated into some estimate of risk of torsade de
22 pointes, and then the question will become whether the risk
23 is so vanishingly small at some level as to be ignorable.

24 It seems to me we put ourselves into an awkward
25 position when we say here's a drug where we're quite

1 confident the incidence of a really serious adverse event
2 is going to be one in a million. It's tough to weigh that
3 in the grand risk-benefit scheme, but it does make you
4 uncomfortable because you have the confidence that you're
5 able to say that. Obviously, that's tempered by what
6 population you're studying and all those other things. The
7 data that we need are the real clinical outcomes data, and
8 I don't think anything short of that is going to help very
9 much.

10 DR. BORER: Tom.

11 DR. FLEMING: I think my question for the FDA
12 and comments are a further amplification of this and maybe
13 even further discussion of the gender issue.

14 My own sense as well is that what I really care
15 about here is are these interventions associated with
16 meaningful increased safety risks on clinically tangible
17 outcomes. They may be. It may be sudden death. It may be
18 cardiac arrest or other events that unfortunately happen
19 with sufficient frequency in the untreated population that
20 being able to discern what's truly causally related
21 increases in those risks in a passive surveillance setting
22 is going to be almost impossible unless we do large
23 randomized trials or unless we look at events that are, in
24 fact, so profound when they occur that we can reliably
25 assume they'll be reported, which is possibly the role of

1 torsade.

2 Which is why I'm struggling with still trying
3 to understand the 20 million patients that we have data
4 presented to us from a number of sources today with
5 moxifloxacin and the 20 million patients that have received
6 Viagra where in one case we have 15 torsade cases, in the
7 other we have 0. Given that in the Viagra setting, if I
8 understood, it was a billion doses, so that means that's
9 quite a bit of exposure for each of those 20 million. So
10 that doesn't seem to explain it.

11 I don't know what the actual rate should be of
12 torsade in the natural population. Is it unusual that the
13 Viagra reporting experience is too low for what I should
14 expect? I've heard gender as one possible explanation for
15 this difference, although I've heard a statement that maybe
16 two-thirds of torsade cases would be expected in women.
17 I'm still left with a very striking difference here, and
18 I'm trying to understand it because it's one of the few
19 clues that I've got here about whether the measures that
20 we're looking at are relevant to clinical endpoints. So I
21 need to understand this.

22 Has the FDA torn this apart? Have you looked
23 at these 18 cases in 19 million exposures to moxifloxacin
24 versus the Viagra experience to be able to see whether it's
25 explainable by gender? Or is there something real here

1 that would give us a clue to be able to say, okay, for the
2 experience that we've seen with moxifloxacin, there
3 probably is a relationship that's causal at a rate of,
4 let's say, one in a million?

5 DR. GRIEBEL: The answer to your question is we
6 today had similar questions that you raise. We have not
7 torn the data apart. I think our briefing document
8 outlined the difficulties in interpreting voluntary
9 reporting which is what we have in the AERS database.
10 Certainly we can go through what was reported in the case
11 report forms and in some instances ask for additional
12 information. Bayer mentioned that they were asking for
13 more information on one of the cases. Certainly the
14 majority of them were female, and that's the kind of
15 information that you get.

16 But at the end of the day, it is voluntary
17 reporting and I don't know that we would be able to answer
18 the question that you have because what we have in this
19 AERS database, which is post-marketing reports that come in
20 from safety, is what somebody decides to report. Some of
21 them can be a pharmacist. It may be a reporter that heard
22 something, a drug rep who's detailing in a physician's
23 office. You are at the mercy with that system of what is
24 voluntarily reported.

25 Now, there was a pharmacovigilance study that's

1 going on with moxifloxacin that I'm not aware of.

2 DR. RODEN: I didn't mean to imply that there
3 was a formal study going on.

4 But in my opinion -- and I can be corrected by
5 the agency -- the agency is in the middle of conducting an
6 experiment -- they may not want to call it that -- where
7 they say, here's a drug that prolongs the QT interval by 6
8 milliseconds -- that's the number that's in the package
9 insert -- let's see whether we get any signal. And I think
10 that's a legitimate experiment. And ziprasadone may fall
11 into a similar kind of category. So there's not an
12 experiment, but I think you guys are pretty sensitized to
13 looking at the reports as they come in to see if that
14 becomes a problem or not. That's the only way to work
15 forward from this.

16 DR. BORER: Jerry?

17 DR. FAICH: I'm Jerry Faich again.

18 Just to expand a little bit on the moxifloxacin
19 post-marketing large studies, there were two of these done,
20 one called the ASA study and one in Europe. The combined
21 number of patients who were followed was 55,000 patients.
22 There were 4 sudden deaths. It turned out they were all in
23 patients with underlying cardiac disease. All the deaths
24 and all the hospitalizations and all the syncope were
25 carefully followed. So if we're talking about estimates of

1 risk, getting a numerator and a denominator and following
2 populations and characterizing them, that's probably the
3 best we're likely to do between, on the one hand, well-done
4 controlled preapproval studies and, on the other hand, AERS
5 data which are difficult to interpret.

6 One can also look at epidemiologic databases,
7 but for this particular endpoint, it's not likely to be
8 diagnosed in any way that you're readily going to be able
9 to follow up on it. It will present as either a sudden
10 death or an MI and it won't actually enter into a
11 diagnostic code. So that's simply a way of saying probably
12 the best estimates are going to come out of large, simple
13 safety studies, and of course, FDA has recently talked
14 quite a lot about those.

15 That was done in the case of moxifloxacin. The
16 exercise was one to look for assurance. Will it help the
17 unusual complicated patient with lots of underlying reasons
18 to have a torsade anyhow, and then you observe that patient
19 who has it and also has an exposure to moxifloxacin, and
20 you try to tease apart which is it, and has moxifloxacin,
21 or whatever QT-prolonging drug it is, contributed to it? I
22 think that's just a conundrum that we're not likely to be
23 able to solve in using the usual kind of causality
24 assessments either in an individual case sense or in a
25 statistical sense of saying do we have more than we expect.

1 DR. FLEMING: Could I just follow up?
2 Certainly the levels of rigor that we feel we need to
3 undertake for assessing safety will depend on the nature of
4 the efficacy and benefit-to-risk, and we haven't gotten
5 into those discussions yet. But if we perceive benefit to
6 be of a substantial nature, then uncertain levels of risk
7 that would be profound but incredibly rare could readily be
8 acceptable even without our knowing exactly what level they
9 are. On the other hand, when benefit is less profound,
10 then we have to worry seriously about whether, even if it's
11 very rare, there are profound adverse events that are
12 occurring.

13 It seems to me what I'm hearing, just in
14 response to the FDA response, is that if we're looking at
15 somewhat more frequent and very important endpoints such as
16 sudden death and cardiac arrest, et cetera, the concern
17 about using passive surveillance for those is that they
18 could readily be under-reported because of the frequency of
19 occurrence in natural history. But a randomized trial of
20 the size of 20,000 to 50,000 could readily provide a
21 sensitive measure assuming that the safety risk in the
22 context of benefit is of such a level that you would
23 consider that justifiable and very often you wouldn't.

24 But if we wanted to rely on passive
25 surveillance and we said an endpoint like torsade, however,

1 is so rare and so profound that we could, in fact, rely on
2 passive surveillance, I'm hearing from FDA, maybe not.
3 Maybe not even torsade would necessarily be reported with
4 the level of capture that could make us confident that
5 passive surveillance would be adequate.

6 DR. BORER: Before you go on, Alan, because you
7 had a comment to make, I think I would just reemphasize
8 something that Jerry suggested earlier in response to the
9 concern about the 15 out of 20 million and 0 out of 20
10 million issue that you raised earlier, Tom.

11 The people who take sildenafil generally do
12 that at night. An event that might occur would either be
13 fatal or it wouldn't be perceived. The drug washes out
14 rapidly and therefore it's unlikely that the event, if it
15 were an arrhythmia, would be repeated in the morning when
16 it would be more likely that someone would seek medical
17 attention, and a fatal event would be more likely to be
18 attributed to natural history than to anything else. I'm
19 troubled by the fact that there's a discrepancy, but I
20 think that there may be an explanation for it that is
21 plausible beyond the fact that maybe sildenafil does
22 nothing. So I'd just offer that for what it's worth.

23 DR. FLEMING: And I'm with you on that. I'm
24 just saying my logical conclusion from what you're saying
25 is that even an event such as torsade in passive

1 surveillance could go readily unrecognized.

2 DR. BORER: Exactly.

3 Alan?

4 DR. HIRSCH: Just to emphasize that point
5 again, I think following Bev's comment and Dan's comment,
6 what we have here in my perception is a real de-linking
7 between what we understand about the biology of the drugs
8 on QT interval, their impact in a population at risk, and
9 the trigger for torsade. I've been bothered all day by not
10 knowing how to interpret a healthy male or female
11 population's events in a short-term trial with what would
12 happen in real life.

13 Again, before we get to the major discussion,
14 we're talking about drug classes that are widely used, the
15 billions of prescriptions utilized, so that the effects are
16 important.

17 I've been trying to think, Tom, about this
18 surrogate issue. To me an effect on QTc that is brief in a
19 young male volunteer group is sort of similar to looking at
20 a 2- to 5-millimeter blood pressure increase in a young
21 healthy volunteer and then extrapolating to patients with
22 heart disease who might over years of use, over 2 or 4
23 years, have a sudden heart attack.

24 I just can't help but believe that the small
25 phase I trials are critical. We had an advance in

1 technique of understanding how heart rate and concomitant
2 conazole use might affect QT interval, but the inevitable
3 next step, as you were sort of implying, to try to get an
4 estimate of what that would be like in a somewhat disease
5 concomitant drug, LVH or heart failure population because I
6 don't trust the post-marketing surveillance.

7 Though I don't want to burden sponsors and FDA
8 with large, 50,000-patient, 5-year trials, I think it's
9 inevitable that the next step in our understanding of the
10 biology is to take drugs with ambiguous signals and follow
11 them in relevant populations so we can get some reasonable
12 estimate of risk before these drugs are more widely used.

13 Thank you, Mr. Chairman.

14 DR. BORER: 50,000 patients in surveillance is
15 different from 25,000 randomized to one drug and 25,000 to
16 another.

17 DR. HIRSCH: I'm only 25 and naive, so I'm just
18 estimating.

19 (Laughter.)

20 DR. BORER: Udho.

21 DR. THADANI: Thadani. I was on the FDA
22 committee when sotalol was approved and we saw the noise
23 there even in patients who were getting exposed during the
24 trials. I think, Jeff, you were on bepridil too, and we
25 were doing angina studies. The QT just got long. They got

1 very cardiac. So I think the whole relevance -- I'm not
2 sure that any of us understand that QTc of 5, 10, 12 has
3 any clinical relevance.

4 When your incidence rate is one in a million,
5 how on earth can you detect it? A patient passes out. He
6 has a syncope. You can't be sure it's not due to QT
7 prolongation or torsade because a few hours later, his ECG
8 could be totally normal. All of us have seen the ECG, even
9 on sotalol, the patients don't keep on getting torsade.
10 Sometimes they have it and sometimes they don't because of
11 autonomic influences, potassium channels, or whatever.

12 So I think the only way to address the issue --
13 I realize that you have to study the population at risk,
14 and the only way you can address it is by a larger database
15 in the population at risk, not necessarily measuring very
16 expensive technology or 20 Holters. You look at the event
17 rates. I think the data they showed you on vardenafil in
18 2,000 and some patients, the event rate is .1 percent, the
19 same on placebo, 800 patients. And the sildenafil database
20 -- at least that gives you some reassurance. It doesn't
21 answer the question whether you have torsade or not. I
22 think it's absolutely impossible, when you've got a one in
23 a million chance of getting it, to be absolutely sure
24 whether it happened or not.

25 DR. HIRSCH: But to follow up on that, my point

1 would not be to be reassured by the sildenafil database
2 alone, but look at precedent for all the other drugs that
3 are coming down the pipeline where we may have differential
4 mechanisms on both QT and torsadogenic foci.

5 DR. THADANI: I think you're absolutely right.
6 That's why I said vardenafil has been used in patients who
7 have ED. A lot of these patients are about the age of 50
8 or maybe a younger population as well, and a lot of them
9 are on concomitant therapy. If you look at the database on
10 concomitant therapy, they're on ACE inhibitors, beta
11 blockers, et cetera. In them the incidence of serious
12 adverse outcome -- I'm not talking about dizziness -- is no
13 different.

14 We have even looked at patient with stable
15 angina, put them on the treadmill, and produce ischemia.
16 Small numbers, 30-40 patients are on 10 milligrams, and we
17 actually saw improvement in ischemic ECG changes, and
18 exercise tolerance doesn't get worse. That's a very small
19 observation. And the same with 20 milligrams, but at least
20 it reassures you during ischemia, which is very equivalent
21 to sexual performance in ED patients, you're not producing
22 a problem. But that doesn't say that if you did thousands
23 or a hundred thousand patients, you won't see an incident.
24 All you could do is the control studies.

25 I think we have been burnt again. Look at the

1 estrogen study. Even the observation studies produced
2 totally conflicting results. We did angiograms and we
3 said, well, it is cardioprotective, and you do a definitive
4 study, it goes the wrong way. Today on the morning news,
5 estrogen has been shown it doesn't even improve
6 Alzheimer's.

7 So I think we have to be very careful when
8 we're dredging data which is just dragged out by reporting.

9 I may not report the incident. He might report it. So
10 you know that physicians don't report all adverse events.
11 So unless you've got mandated by the FDA and by each
12 hospital every adverse event should be reported, we are
13 going to under-estimate and not know the true results.

14 DR. BORER: Doug?

15 DR. THROCKMORTON: I just wanted to make a
16 general observation. Interesting course, the last few
17 minutes here.

18 I might agree that I don't know as much as I'd
19 like to about the relationship between mean QT and risk.
20 I've got no troubles with that. I think anybody that said
21 they did probably I'd disagree with. But let's not behave
22 as though we know nothing about that relationship or that,
23 in fact, we have no post-marketing data that we can look
24 to, or that we're uninformed at all as regards to the
25 relationship between prolongation of QT with all its

1 vagaries and risk.

2 Drugs that prolong by large degrees have
3 universally caused torsade. There's not an example I'm
4 familiar with that I can't explain by other pharmacology,
5 amiodarone or something like that, where a clean QT-
6 prolonger didn't kill people. That's just an observation.

7 You go over 30 or thereabouts, that's the world you'll be
8 living in.

9 I don't know where you stop living in that
10 world. Dan, you pointed that out or Alan or someone, that
11 you wish you knew where the bottom end of that is. In a
12 sense, that is the fundamental question that you're being
13 asked today.

14 The agency, with Health Canada, with the
15 regulators as a whole, has looked at the available data
16 sets, for better or for worse, and identified a low
17 threshold of around 5, looking at moxifloxacin with its
18 good data and its lack of data that you might like, data
19 from terfenadine, data for cisapride, and said, these drugs
20 inform us as to the effects of small mean effects,
21 prolongations in QT. Now, you can disagree with that or
22 agree with that, but that is the mechanism. Those data are
23 the way that lower bound was arrived at. It has to be. I
24 agree with you. That has to almost be the way that you
25 arrive at that because you can't otherwise make inferences

1 from mean changes.

2 I take your caution, but it's not as though we
3 know nothing here.

4 DR. BORER: That's a wonderful introduction.

5 DR. BARBEY: Before we leave, though, could I
6 just, Mr. Chair, ask?

7 DR. THROCKMORTON: I'd like to hear from Toby
8 because he had a particular experience with post-marketing
9 sort of detection with torsades that I think might be
10 useful.

11 DR. BARBEY: Thank you, Doug.

12 The only thing I would have said is that, yes,
13 pooh-pooh-ing the quality of post-marketing surveillance
14 that we have -- it's true in a way, but if you think back
15 to terfenadine, the index case was much better understood
16 and put in perspective, thanks to finding other cases and
17 is actually what has altered. So that's very likely why
18 drug interaction and women are included in these trials in
19 such phase I studies now. So as imperfect as our system
20 is, it does influence some. It would be ideal.

21 But indeed, to understand what the threshold is
22 -- and we haven't discussed that -- where you'll be
23 worried, and maybe having women who get a little longer --
24 help you a little bit, worry you a little bit sooner. But
25 unfortunately, these events are often rare enough in these

1 ambivalent drugs where mortality is not the valid endpoint.

2 You can't just say we'll follow 100,000 people. So you
3 actually need a fairly proactive and complex analysis of
4 the cases.

5 I had a chance to review cisapride cases.
6 That's what Doug is alluding to. Of the 500-plus cases
7 reported as possible, there were probably 100-plus that
8 were clearly torsade and others who were much more
9 ambiguous. In that situation, the risk-benefit
10 considerations played a big role because the drug was not
11 beneficial enough to make that risk acceptable. A label of
12 fatigue was the other thing that these findings suggested a
13 strategy that you could use the drug more safely, but after
14 23 Dr. Doctor letters, nothing was happening.

15 So there are limitations, but there are some
16 things that you can learn from that. It needs to be kept
17 at a high standard, people who look at these events and
18 understand them, not just say somebody died and that's it.

19 DR. LORELL: May I ask a question of
20 information? In thinking about those two experiences, was
21 there data for those two drugs such as what we've been
22 discussing this morning in normal volunteers? Was there
23 any data looking at Cmax and QT corrected by any method?
24 In other words, is there any data at all in those two
25 examples that a strategy, such as we've heard a lot about

1 this morning, might have given some kind of a signal either
2 as general behavior or as presence of outliers?

3 DR. BARBEY: Doug probably knows. My
4 impression is no. However, the blueprint that was used to
5 understand the problem with terfenadine was then
6 preemptively applied to other antihistamines of the same
7 class and we like to think that that has worked pretty
8 well.

9 DR. THROCKMORTON: Yes. Moxi would have that
10 sort of combination I think that you're asking about.
11 Terfenadine had it. I could obtain it maybe later on.
12 Cisapride did not have any that I'm aware of.

13 DR. FLEMING: Just to follow on the same, it's
14 such a key point. You've pointed out, Doug, that we do
15 have some insight based on prior experiences of agents
16 that, in fact, have induced serious safety concerns. Of
17 course, part of the problem is we've heard this morning
18 that there is a wide array of different ways that we might
19 want to measure these adverse effects.

20 My question is you put forward a preliminary
21 concept paper that we've been provided, in fact, we were
22 provided by the sponsor, and it gave the kinds of
23 categorizations that you were just referring to, Doug. If
24 values are less than 5, then I think it was coded as no
25 association with torsade; 5 to 10, clearly associated; 10

1 to 20, of concern; more than 20, substantial likelihood of
2 being proarrhythmia. Yet, it's not clear to me. Is that
3 based on Bazett? Is that based on Fridericia? If we're
4 told to use different measures and different measures, in
5 fact, give very different scales, how am I supposed to use
6 it?

7 I like your logic, and that is let's go back to
8 the wide array of agents that we know are proarrhythmic and
9 that we know aren't, and then let's apply -- of course, I
10 think the answer is we don't have the ability to do it --
11 all these various measures and find out what, in fact, is a
12 highly sensitive and specific indicator. Is it above 500?
13 Is it above 450? Is it a certain change on Bazett or on
14 Fridericia or population? What do we know about that? And
15 specifically your guidelines are based on what? Bazett?

16 DR. THROCKMORTON: Two parts. First off, we
17 need to be clear about what the preliminary concept paper
18 is, which is that it's not a guidance and it doesn't have
19 any sort of regulatory standing. So you need to understand
20 that it's a thing that we're working on. It's a thing that
21 we're asking people to think about. A number of people in
22 this room have helped craft that. Obviously, there have
23 been some changes to it and some things that are in an
24 ongoing discussion.

25 The document currently doesn't have the

1 categorization you're talking about, Tom. I think those
2 are categories that come from a place other than the
3 document. The document refers to a power to detect a 5-
4 millisecond mean change. It says that you need to be able
5 to exclude that you would miss that.

6 DR. FLEMING: I don't think so, Doug. I think
7 it's much more specific than that. And you're correct.
8 This shouldn't be interpreted, I guess, as a guidance.
9 It's a preliminary concept paper.

10 But it says fairly clearly in wording that to
11 date drugs that prolong the mean by an interval of 5 to 10
12 seconds have not been associated. Drugs that are 10 to 20,
13 it's of concern, and drugs that are more than 20, there's a
14 substantial increased likelihood. So there seems to be a
15 very relevant attempt here to say in the context of our
16 experience with previous agents, if we then look back to
17 see what the changes were, what are the associations?

18 DR. THROCKMORTON: Yes. I just reviewed in
19 rough outline the data set that we have. I think you could
20 add ziprasadone to that maybe, as far as places where we
21 have reasonably substantial post-marketing for drugs that
22 prolong the QT in the range, something less than 20.

23 DR. FLEMING: And are these values Bazett or
24 are they Fridericia or?

25 DR. THROCKMORTON: Historically -- cisapride,

1 for instance. All of the data we have are uncorrected
2 because the original data -- we don't have the RR intervals
3 on. Terfenadine I can't speak to. It would be Bazett's is
4 my guess. Ziprasadone, a mixture of things I would guess,
5 Fridericia a little bit.

6 I'm not sure that getting terribly hung up on
7 the corrections is going to matter, again, in the context
8 of the kinds of trials that we're talking about. If we're
9 talking about a trial where you have a reference agent that
10 you've included in a drug that you believe you understand
11 the pharmacodynamics of well enough, the exact number that
12 you get there may differ from trial to trial. We saw that
13 this morning from the moxifloxacin. You might say that the
14 correction matters less in that you're able to have an
15 anchor in a sense to provide you a way to interpret those
16 previous data.

17 Both of these sponsors did an admirable job, I
18 think, of conducting a series of analyses, in addition to
19 whatever analysis they chose as their primary. That gave
20 reviewers, maybe you an ability to think about those
21 effects in the context of the other drugs that you might
22 have more clinical familiarity with, more understanding.
23 So if Bazett's was something that you believe in your heart
24 of hearts is really terrific, you could look to the
25 Bazett's experience that's been reported from some of these

1 other agents. That's part of the reason why that series of
2 corrections was suggested by the sponsors, and I think they
3 did a good job of conducting those corrections.

4 DR. FLEMING: Well, the last brief comment. I
5 think your point is well taken, that there is some insight
6 that comes from a wealth of experience in pervious agents.

7 But I'm persuaded by what I've heard this morning, that it
8 matters on what scale QTc and QT have been measured, and
9 one has to be aware of that when you look at these
10 associations.

11 DR. BORER: Last comment from the audience
12 because we're going to go on to the moment you've been
13 waiting for, Dr. Throckmorton and Dr. Griebel, answering
14 the questions.

15 DR. SHELL: Dr. Shell, Laboratory Industry
16 Services.

17 There are a set of cisapride Holter data
18 analyzed by bin methodology with placebo control that show
19 a dose-response relationship between central tendency, mean
20 QTc, and the dose-response curve.

21 DR. BORER: You're asking here, FDA, for our
22 best judgment because clearly we don't have sufficient
23 data, as you've heard, to draw firm conclusions, but we'll
24 do our best.

25 This voting is a little bit complicated here.

1 This response is a little complicated. I want to tell
2 everybody on the committee that if you look at the
3 questions, where you see questions that have yeses and noes
4 in them, we need individual votes for the record. That's
5 number one.

6 Number two, if you want to give a reason for
7 your vote, that would be good, but if the reason has been
8 given already and you're 13th up, you don't have to repeat
9 it all. Just say yes or no for the reasons already
10 indicated.

11 Then we have to respect the conflicts issues
12 with regard to who can vote. John and Dan, unfortunately,
13 cannot vote on anything. Beverly can vote on alfuzosin,
14 but not on Levitra. With all those caveats, we'll begin.
15 So, Bev, when you do vote, please specify which drug you're
16 voting about.

17 Number one, the alfuzosin and vardenafil
18 studies evaluated the effects of a single dose on QT/QTc.
19 Were the studies for alfuzosin, a drug that will be dosed
20 daily, adequate to evaluate the drug's effect on QT? Yes
21 or no, and a reason if you like. I will expect to hear 14
22 votes. I'm not sure that we actually will have that.
23 Steve is gone. It's 14, okay.

24 Mike, why don't we begin with you?

25 DR. ARTMAN: My answer is yes. As the first

1 one, I guess the slate is clean so I can explain my answer.

2 I think it's based upon the pretty comprehensive
3 pharmacokinetic data that were presented both for
4 conventional dosing and with super-maximal doses. So I
5 think that the data were clear and solid, so I can vote
6 yes.

7 DR. BORER: Blase?

8 DR. CARABELLO: Yes, I also vote yes. I
9 thought that the data were convincing that steady state had
10 been reached, and although the argument was raised that
11 perhaps there was a difference between the steady state
12 effects on drug concentration versus those on the QT, there
13 was no data presented to suggest that that was the case.
14 So I say yes.

15 DR. BORER: Toby?

16 DR. BARBEY: I say yes also based on the
17 conglomerate of the data. I was, as a clinical
18 pharmacologist, still disappointed that the study was only
19 single-dose, but the data that are available override this
20 regret that I have. So I would have preferred it to be in
21 terms of metabolites, but I don't think it would have
22 changed by vote, but I just regret it.

23 DR. BORER: Alan?

24 DR. HIRSCH: Sort of mimicking Toby's answer,
25 yes, for this drug with the panoply of data offered. I

1 think in general for these classes of agents, multi-drug
2 dosing would be superior.

3 DR. BORER: Tom?

4 DR. PICKERING: Yes, I agree with the last
5 speaker. And I'm not sure how well the stability of the
6 plasma levels reflects what's going on in the tissues with
7 the long-term dosing.

8 DR. BORER: Paul?

9 DR. ARMSTRONG: Well-done studies, but for me,
10 Mr. Chairman, once is not enough. So I vote no.

11 DR. BERNITSKY: I'm going to abstain on voting
12 since I don't believe I was asked to be here as a
13 cardiologist or from the perspective of cardiology.

14 DR. BORER: Beverly? Remember, we're only
15 voting about alfuzosin.

16 DR. LORELL: Yes. For alfuzosin, my answer
17 would be yes.

18 DR. BORER: Susanna?

19 DR. CUNNINGHAM: My answer would also be yes.

20 DR. BORER: JoAnn?

21 DR. LINDENFELD: Yes, but I also would have
22 preferred to see a multiple-dosing study.

23 DR. BORER: I'll vote yes. I want to
24 reemphasize Tom Pickering's point about the desirability,
25 had they been available, of tissue levels, at least in an

1 experimental setting, because of the lack of information
2 about temporal relationship of blood level and effect. And
3 I understand the FDA concern about the AUC issue, and I
4 think that's important. But nonetheless, the overarching
5 impression is that this would be sufficient.

6 Tom?

7 DR. FLEMING: In a certain context, yes, I
8 believe the studies are adequate to give us an assessment
9 of what the average change in QT is.

10 In a very important sense, though, no, because
11 the studies really are not adequate to get at outliers.
12 It's really not adequate to understand what the effects are
13 on QT in terms of changing by large amounts by 60
14 milliseconds or the frequency at which QTc values might be
15 in the right-hand tail. I've become persuaded that that's
16 a very important aspect of what we need to understand, and
17 these studies were not, by design, powered to address those
18 issues.

19 DR. BORER: Phil?

20 DR. HANNO: I would vote yes, with the caveat
21 that this is a drug that will be used in women for several
22 reasons, for pelvic floor dysfunction, elderly women who
23 don't completely empty their bladder, and it doesn't look
24 to me like the studies in women were done.

25 DR. BORER: Peter?

1 DR. KOWEY: First of all, I think that the QT
2 interval is just a really rotten way of measuring
3 repolarization.

4 (Laughter.)

5 DR. KOWEY: It is. It's a surrogate that
6 nobody really likes very much. It doesn't really reflect
7 what we really want to know.

8 There are really two ways to answer this.
9 Tom's idea of having real outcomes data, and Beverly said
10 the same thing. That's really, obviously, very, very
11 important, very hard to do.

12 The other way is to have a better way of
13 measuring repolarization. So, I don't know who it was that
14 said earlier that we need better science. I think it was
15 Jeff. I can't emphasize enough to people in the audience
16 that although that this is clearly by us all voting yes,
17 this becomes a way of going through the process of finding
18 out about repolarization for new chemical entities, I don't
19 want anybody to walk out of here thinking that we like this
20 because I really don't like it very much. The biggest part
21 of the problem here is that we just don't know how to
22 measure the thing that we really want to know which is
23 repolarization abnormality, repolarization reserve,
24 individual susceptibility, all those things that scientists
25 are still working on. So I would encourage people in the

1 audience not to take this as the door is getting shut.
2 It's just opening I think.

3 So the answer, Jeff, is a long-winded yes.

4 DR. BORER: Thank you.

5 What's the number that we have? We did it.

6 Okay, now we'll go to the second part of this
7 question where we should only have 13. Were the studies
8 for vardenafil, a drug that will be dosed intermittently,
9 adequate to evaluate the drug's effect on QT? Peter, why
10 don't we start with you this time.

11 DR. KOWEY: I'm going to vote yes again because
12 I think that that's appropriate.

13 I was a little disappointed that when the
14 sponsor presented the information with single dose, that we
15 didn't see the area under the curve data that the agency
16 brought to us. I think that's a very important analysis
17 because one of the big questions that we've wrestled with
18 all day is whether Cmax really reflects the time or the way
19 of looking at the worst case scenario in terms of what the
20 drug is doing at membrane level, and area under the curve
21 may be just as important. Obviously, there's a big
22 difference between Cmax and area under the curve for those
23 two analyses. I was a little disappointed that we didn't
24 get that from the sponsor, but got it from the agency.
25 Well, maybe I should be happy that that happened.

1 But in any case, despite that, I think that the
2 study design was adequate and it did answer the question
3 that it sought to answer. So I would answer yes.

4 DR. BORER: Phil?

5 DR. HANNO: I'll answer yes. I think it's so
6 difficult to make a decision on any of this listening to
7 all of the arguments just because the marker is so poorly
8 characterized and we don't really know what we're aiming to
9 get here or what it means. So I had a lot of trouble with
10 that, but I would say, as far as we can do it, yes.

11 DR. BORER: Tom?

12 DR. FLEMING: Well, I think the response is the
13 same as I gave for alfuzosin. The only thing that I would
14 add is that in the vardenafil trial, I'm also struggling to
15 know whether the answers that we're getting -- it's, I
16 think, one of Beverly's earlier points -- in this
17 population in which the study was conducted are relevant to
18 the target population that we're going to be treating. I'm
19 struggling as to how much that compromises the
20 interpretability of this result.

21 DR. BORER: I will vote yes also, and I'd like
22 to echo Peter's point, the several points that he made.
23 But nonetheless, I think my overarching opinion is that we
24 do know how this drug affects QT, for whatever that's
25 worth.

1 JoAnn?

2 DR. LINDENFELD: I'll vote yes as well for the
3 same reasons.

4 DR. BORER: Susanna?

5 DR. CUNNINGHAM: I'll vote yes, but I think
6 being forced to answer yes/no for these questions is
7 terribly simplistic and actually not appropriate.

8 DR. BORER: Gay?

9 DR. BERNITSKY: Again, I'm going to abstain on
10 any cardiology issues.

11 DR. BORER: Paul?

12 DR. ARMSTRONG: In trying to be consistent, Mr.
13 Chairman, I'm reminded that Oscar Wilde said that
14 consistency was the last refuge of the unimaginative.

15 (Laughter.)

16 DR. ARMSTRONG: But I will say that if the
17 question were in normal healthy volunteers who were male, I
18 would say yes, but because it isn't, I'm continuing to vote
19 no.

20 DR. BORER: Tom?

21 DR. PICKERING: Yes.

22 DR. BORER: Alan?

23 DR. HIRSCH: Yes. I'm going to praise both
24 sponsors for using adequate but different techniques to
25 assess effects on QTc. Relevant populations should always

1 be studied.

2 DR. BORER: Toby?

3 DR. BARBEY: Like before, I will say yes, but
4 as a clinical pharmacologist, I'm disappointed that there
5 was not a higher dose tested in a drug interaction study.
6 Only the 5 milligram was combined with ritonavir, and even
7 if the label initially will sort of address this issue, I
8 think that issue needs to be explored further, how it
9 should be done. But with the data presented, I would say
10 yes, but I would like that.

11 DR. BORER: Blase?

12 DR. CARABELLO: Yes.

13 DR. BORER: Mike?

14 DR. ARTMAN: Yes.

15 DR. BORER: We've made it through the first
16 question. We'll move faster as we go along.

17 Number 2, the patients enrolled in these
18 studies were healthy male volunteers -- and I think we've
19 begun to discuss this -- mean age 27, et cetera, with
20 normal electrolytes and baseline cardiac function, which I
21 assume means that they had normal cardiac function at
22 baseline. Was the effect of alfuzosin on QT for the
23 population intended for actual treatment adequately
24 studied?

25 We've heard some comments about this already,

1 but I think we need to hear at least a summary of them
2 again. Let's begin with Mike.

3 DR. ARTMAN: Yes, this is very difficult
4 because, as Doug mentioned, the question was, do these
5 drugs affect repolarization, and the FDA said the way to
6 determine that is to take a small group of young, healthy
7 male volunteers and see if the drugs affect repolarization.

8 But that's clearly not the population that's going to
9 receive these drugs. So I'm not going to reiterate all the
10 things that have been said by the smarter people here than
11 I, so I just have to vote no.

12 DR. BORER: Blase?

13 DR. CARABELLO: And, of course, that puts me at
14 a disadvantage because everybody is smarter than I am.

15 (Laughter.)

16 DR. CARABELLO: But I would vote no with the
17 caveat of so what.

18 (Laughter.)

19 DR. CARABELLO: Surely -- what everyone said --
20 we would like to know what happens to the poor guy that
21 both has an enlarged prostate and erectile dysfunction
22 because he's on a diuretic that's reduced his potassium to
23 2. What happens, when he takes both of these drugs, to his
24 QT? We're not going to know that unless we have some very
25 large trial that encompasses everything.

1 On the other hand, I believe that the studies
2 that were done have raised the bar. I suspect we know more
3 about the QT interval in these folks than any other drug
4 that we've looked at. And the data suggests that the fact
5 that even though it was tested in healthy people, that the
6 small changes in QT that occurred there are likely to be
7 replicated in the study population.

8 So, yes, we didn't study the study population
9 in question, but I'm not sure that it's a relevant
10 question.

11 DR. BORER: Toby?

12 DR. BARBEY: No, but I don't believe it's a
13 grave concern.

14 DR. BORER: Alan?

15 DR. HIRSCH: No. I still believe that other
16 dysrhythmias, including torsade de pointes, probably are
17 more common, not just with structural heart disease, which
18 is not relevant in this population, but with other factors
19 we yet biologically don't understand.

20 DR. BORER: Tom?

21 DR. PICKERING: No, because this drug is one
22 that's going to be used almost exclusively in people older
23 than the ones studied.

24 DR. BORER: Paul?

25 DR. ARMSTRONG: No.

1 DR. BORER: Gay?

2 DR. BERNITSKY: Even to me it appears that we
3 didn't study it in the population that's going to receive
4 it.

5 DR. BORER: Beverly?

6 DR. LORELL: No, I don't think it was
7 adequately studied in the target population.

8 DR. BORER: Susanna?

9 DR. CUNNINGHAM: No.

10 DR. BORER: JoAnn?

11 DR. LINDENFELD: No, I don't think so. And
12 also, even though these drugs were intended for men,
13 they'll be used in women, and this will be used in women,
14 and it would be nice to have some data there.

15 I'm not quite so convinced as everyone else
16 that it doesn't matter. I just would like to see some data
17 that it doesn't matter, that this population reflects what
18 we'll see in a population on antihypertensive drugs and
19 diuretics. And if we just had a body of data that showed
20 me that, I'd be much more confident about it.

21 DR. BORER: I'm not sure how to answer this
22 question. I guess literally I'll say no, but let me
23 explain why because I agree with what's been said several
24 times here.

25 Was the effect of alfuzosin on QT for the

1 population intended for actual treatment adequately
2 studied? The answer is I don't know because we didn't
3 really look at QT in that population, so I can't say
4 rigorously that what we saw in the normal volunteers
5 mirrors what we would have seen in the patients and that
6 there isn't some unusual drug-disease interaction.

7 Having said that, I think that just as Blase
8 said and just as Toby said, I'm not sure that that really
9 matters. I'm convinced by Dan's points about the value of
10 looking at the high dose in the optimal situation where
11 you're looking at relatively normal membrane function to
12 infer whether it's likely that there will be overwhelming
13 drug-disease interactions or PD interactions between drugs
14 as opposed to PK interactions.

15 So maybe I would have requested that the
16 question be worded a little bit differently, but I think
17 you get the idea. It's either yes or no, but it doesn't
18 much matter because we have, as Blase said, more
19 information here than probably we've ever had before, and
20 that puts us in a better position to try to make a best
21 guess about what the likely outcome of using the drug will
22 be than we would have been before.

23 So you can count that as a yes or a no.

24 (Laughter.)

25 DR. BORER: Tom?

1 DR. FLEMING: Well, in the absence of having
2 direct evidence to show that these results in young male
3 volunteers can be extrapolated to the target population, I
4 have to say no.

5 DR. BORER: Phil?

6 DR. HANNO: No.

7 DR. BORER: Peter?

8 DR. KOWEY: No. The answer is an unequivocal
9 no. You can't tell.

10 But I do care and I wish I knew, so I can't be
11 quite as glib as to say, so what, Blase. I understand what
12 you said, but my feeling is that you can't do that study.
13 It's too difficult. It's almost logistically impossible to
14 do the study in the intended population.

15 Having no information in that population and
16 knowing what I know about what these patients usually get
17 in terms of drugs and electrolyte abnormalities, the
18 committee needs to know very clearly that these drugs will
19 cause torsade in somebody some day. I don't think there's
20 any question in my mind about that. I'm not grappling with
21 "if yes or no." I'm grappling with how many, and I can't
22 answer the question.

23 So the answer is no, I can't tell the QT
24 effect, but even worse than that, I don't know what the
25 torsade risk really is, but I know it's not zero judging

1 from what we know about QT-prolonging drugs when you put
2 them into patients that are sick. So it's a concern to me
3 and it makes me uncomfortable, but that's how I would
4 answer it.

5 DR. BORER: Well, while you're answering, why
6 don't you go on to the effect of vardenafil? Was the
7 effect of vardenafil on QT for the population intended for
8 actual treatment adequately studied?

9 DR. KOWEY: No. Again, the answer is no and my
10 concern is the same.

11 DR. BORER: Phil?

12 DR. HANNO: I agree. No, and for the same
13 reasons.

14 DR. BORER: Tom?

15 DR. FLEMING: No, for the same reasons.

16 DR. BORER: My answer would be the same as
17 before as well, although my answer was a little more
18 complicated.

19 Since Peter moved beyond QT to the meat of the
20 issue, which is what QT is supposed to be a surrogate for,
21 I have to say that I'm not unimpressed by the post-
22 marketing data that were presented. That gives me some
23 degree of comfort and makes me think that I'm not really
24 totally off base by suggesting that it may not matter so
25 much that the effects on QT weren't looked at specifically

1 in the population that would be expected to be at risk.

2 JoAnn?

3 DR. LINDENFELD: No, for the same reasons.

4 DR. BORER: Susanna?

5 DR. CUNNINGHAM: No.

6 DR. BERNITSKY: No. I would also like to add,
7 though, that in hearing the data both on sildenafil and
8 vardenafil, as a clinician I feel much more comfortable
9 that these are safe drugs in the context that we use them.

10 I think the context that we use them is very different
11 than moxifloxacin with a patient in the ICU receiving an IV
12 antibiotic. They appeared to be pretty safe drugs.

13 DR. BORER: Paul?

14 DR. ARMSTRONG: No, and more exposure in women
15 with this one than the previous one.

16 DR. BORER: Tom?

17 DR. PICKERING: I would say yes here. My
18 previous complaint was about the age. I think it would
19 have been incredibly complicated to try and do it in people
20 with all sorts of medical conditions and all sorts of other
21 drugs for an initial phase I study.

22 DR. BORER: Alan?

23 DR. HIRSCH: No.

24 DR. BARBEY: I would say a softer no because
25 everybody who watches the evening news gets encouraged to

1 use one of these drugs. So there will be people that age
2 without disease who will take the drug.

3 DR. BORER: Blase?

4 DR. CARABELLO: No.

5 And I'm sorry if my "so what" sounded cavalier.
6 It's not that I don't care. It's just I know I can't have
7 the data as none exists.

8 DR. BORER: Mike?

9 DR. ARTMAN: No.

10 DR. BORER: Doug, those answers were a little
11 convoluted relative to the way the question was worded.
12 Did you get the idea? Is this good enough since we all
13 gave reasons?

14 DR. THROCKMORTON: Yes, I think I heard what
15 you had to say.

16 DR. BORER: Let's go on to number 3. Is it
17 appropriate to use pooled baseline and placebo exposure
18 data for calculating linear and nonlinear regression
19 correction formulae? And we'll need to explain that.

20 I'm going to start at the middle of the table
21 here. Tom, will you give the initial response to that,
22 please?

23 DR. FLEMING: I was hoping to follow the chair
24 on this.

25 (Laughter.)

1 DR. FLEMING: I'm assuming this question is
2 specific to the computation of the individual adjustment.
3 We have the Bazett's adjustment, Fridericia, the
4 population, and the individual. Is this asked in the
5 context of that individual calculation?

6 I clearly understand that our goal here, of
7 course, is to understand how the agent's effects on QT are
8 giving us the best clues about what meaningful safety risks
9 would be and that we have to adjust based on the heart rate
10 changes. What I struggle with is I don't know the truth.
11 And I think we've heard a lot of discussion here today that
12 we don't know what the truth is for the way you're supposed
13 to be adjusting for the dual effect on heart rate changes
14 and QT in order to get at the best measure of QTc. And
15 because I don't know the truth, I can't answer this
16 question as to what is in fact the best way.

17 As we've heard earlier, if one is looking for
18 constancy of these slopes and you're looking to use a
19 general formula, a power that's the same for all patients,
20 that power .33 rather than .5, the Fridericia rather than
21 the Bazett's, does seem to give better performance, if that
22 in fact is what the truth should be.

23 If the idea is to do even better than that by
24 having a patient-specific power, which is what I see this
25 is all about, at a certain level, that's appealing. Maybe

1 the power is different for every given patient. But the
2 data that I'm going to use that's going to capture more
3 than just the change in heart rate could readily be noise
4 as much as it could be signal. So philosophically I'm not
5 saying this individual approach is worse than Fridericia,
6 but I haven't heard enough evidence here today to convince
7 me that it's better.

8 And given that I'm not persuaded that it's
9 better, it's hard to get into the fine-tuned details about
10 whether, when I'm doing it, I should use only the
11 individual's baseline data or use the placebo. I think I
12 understand the issue. The individual's baseline data, as
13 Dan was talking about earlier, may not be sufficiently
14 voluminous to be able to set what that power parameter
15 should be, so you want to use the placebo but now you're
16 extrapolating to a broader population that may not be
17 specific to that individual.

18 So I think I understand the issues here, and
19 yet it doesn't leave me in a position to answer the
20 question because of a fundamental inability of knowing what
21 the truth is. What is the true way that you should adjust
22 given the treatment is dually affecting both heart rate and
23 QT to adjust that nature of the change in heart rate to
24 tell me what the meaningful residual change on QT is. And
25 until I know that, I couldn't answer the question.

1 DR. BORER: Well, okay. I'm to the left of
2 you. I agree with everything Tom said, but.

3 (Laughter.)

4 DR. BORER: I think the way I'm interpreting
5 this question is that if you're going to use an adjustment,
6 is it reasonable to pool the baseline data in the
7 individual patients and the data that were obtained on
8 placebo perhaps by a crossover design in the individual
9 patients, the way you did it or perhaps some other way?
10 I'm not sure what other way you could do it. And it seems
11 to me that if you believe that an adjustment is a
12 reasonable thing -- and intuitively I do -- then I would
13 try to make the basis of the adjustment as representative
14 as I could, and I would pool the baseline and the placebo.
15 So I think that that is a reasonable thing to do if you're
16 going to make the adjustment.

17 I, of course, agree with Tom. I don't know
18 what the right thing to do is. Which technique for
19 defining QTc is best? And we'll get to some of that, I
20 think, as we go along, so I'm not going to go beyond that
21 comment. But I would favor pooling the baseline and
22 placebo data. Am I responding to what you're asking here?

23 DR. GRIEBEL: Yes.

24 DR. BORER: Okay.

25 Let's go around the table. You don't have to

1 give an additional opinion if it doesn't differ from what
2 you've heard. JoAnn?

3 DR. LINDENFELD: I agree with what you just
4 said. It just seems to me that pooling the data is a very
5 reasonable thing to do, knowing that we still don't know
6 the best way. I agree.

7 DR. BORER: Susanna?

8 DR. CUNNINGHAM: I don't know, so I'll abstain.

9 DR. BORER: Beverly, this is not drug-specific.
10 You may vote.

11 DR. LORELL: Yes, I will abstain too. I don't
12 think I have sufficient expertise statistically to answer
13 this question.

14 DR. BORER: Sorry, you don't have to vote.

15 Let me just ask. Does anybody else have an
16 opinion that differs from what you've heard?

17 (No response.)

18 DR. BORER: We're on number 4.

19 DR. ARTMAN: Jeff? Jeff, over here. Maybe not
20 an opinion, but I want to make sure I understand what
21 you're asking. Are you asking in an individual who may
22 have had multiple ECGs at baseline and multiple ECGs under
23 placebo treatment, is it acceptable to pool that
24 individual's data into -- okay. So I'm not sure others
25 were answering that question, it didn't sound like from the

1 discussion.

2 DR. BORER: That was the question I was
3 answering.

4 Tom.

5 DR. PICKERING: The question was actually is it
6 appropriate, not is it best, and I would say it is
7 appropriate because I think at this stage we need to look
8 at all possible methods and encourage everybody to do
9 different analyses. So I would say yes.

10 DR. BARBEY: I'm sorry. With the caveat that
11 if the subject is perfectly still in bed, there will be
12 very few heart rates to work with, which sort of defeats
13 the purpose of this. If you start to move around, then you
14 don't know the plasticity of all that. So it's not easy,
15 but pooling to get a broader range for each individual
16 would seem appropriate.

17 DR. BORER: Paul?

18 DR. ARMSTRONG: Just picking up on what Mike
19 said, then if we're talking about the baseline from those
20 who would be exposed to drug, plus the multiple
21 observations from placebo, as long as there's not a time-
22 dependent covariant interaction in the placebo that's
23 demonstrated such that the data in the placebo over
24 multiple points is homogeneous, then I'm fine. But that
25 would be the caveat.

1 DR. ARTMAN: You'd like to be able to show that
2 if you do a Holter bin method, that the baseline line lines
3 up with the placebo line. And if it does, then you have no
4 placebo effect and it's perfectly appropriate to pool those
5 data, but if they're separate, then it's not appropriate.

6 DR. BORER: Number 4. Because of uncertainty
7 about an optimal correction methodology for determining
8 QTc, it is likely that sponsors will submit the results of
9 multiple correction methodologies. A, should trials
10 specify and adhere to a primary endpoint, i.e., primary
11 correction methodology.

12 This is the issue that Joel raised in his
13 discussion and I guess we need to get to it. Although it
14 is sort of a statistical question, it's more than a
15 statistical question so I will not begin with Tom this
16 time. Let's go to Peter. Again, everybody does not need
17 to respond to this, but if you have something that you want
18 to contribute, please feel free. Peter?

19 DR. KOWEY: Well, this sort of gets back to
20 something that Tom said a couple of minutes ago, which is
21 that if you don't know what the real truth is, and you
22 don't know a priori what method is the best, then I always
23 enjoy looking at data, like these tables that we're going
24 to be looking at in a minute, where you get to see the data
25 broken out by different formulae.

1 It is obviously a very data-driven decision. I
2 don't think that anybody can really anticipate what's going
3 to happen, for example, with the heart rate in any given
4 trial before you do the trial.

5 So I really don't like the idea of a primary
6 prespecified way of doing it. I really like the idea of a
7 menu of correction formulae to examine after the study is
8 finished. So I guess my answer is no to A.

9 DR. BORER: Tom, since you are our statistician
10 and this strikes at the heart of statistical purity, let me
11 ask you if you have an opinion here that differs from
12 Peter's.

13 DR. FLEMING: I don't know about the "differs,"
14 but I have an opinion.

15 DR. BORER: Please give us your opinion.

16 DR. FLEMING: I think it's very important in
17 clinical trials to set up studies in ways that allow for
18 confirmatory analyses and exploratory analyses and to
19 distinguish between the two, and it's in this context that
20 levels of statistical significance, p values, et cetera are
21 really interpretable. So if in fact we've designed our
22 trial properly, and if in fact we're in a setting in which
23 we can rationally determine in advance what is the most
24 clinically relevant endpoint, the primary endpoint should
25 be chosen to simultaneously satisfy the criteria of what's

1 clinically most relevant, what's going to be sensitive to
2 the treatment effect, if it's real, and what's measurable
3 and interpretable. Under those criteria, there may not be
4 a unique answer, but we should strive to achieve, as best
5 we can, that endpoint that satisfies those criteria.

6 And if we're going to rely on statistics, then
7 those statistics are most formally interpretable in the
8 context of the prespecified primary analysis of that
9 prespecified endpoint. So if we're going to rely on p
10 values and strength of evidence and all these kinds of
11 issues, then it is important to go through the care in
12 advance to specify a primary endpoint.

13 Even in that context, though, of course, we
14 definitely always want to do exploratory analyses to get as
15 broad a view as possible about benefit to risk, about
16 primary and secondary endpoints, about safety issues, about
17 external results, et cetera. All of that is important.
18 The interpretation of significance levels and all, though,
19 is much more problematic in those secondary endpoints.

20 Having said that, in a setting in which it's
21 not clear what in fact should be the essence of the signal
22 we're trying to measure here, i.e., where you don't have a
23 clinical endpoint, where you have a surrogate, and worse
24 yet, where there's a lot of uncertainty about what that
25 right surrogate should be, then I understand why in these

1 trials the sponsor and the FDA, in working together, were
2 not able to achieve what I would call the ideal I would be
3 asking for, which is a very clear specification up front of
4 what that best endpoint would be. In that context, and
5 even more so, it's going to force us into the exploratory
6 mode, but then it still leaves us in a setting where we
7 have to interpret all of these results with much more
8 caution. Data-driven hypotheses can give conclusions that
9 look very impressive, but in fact they're not nearly as
10 impressive if they are, in fact, suggested by the data
11 rather than prespecified and confirmed by the analysis.

12 So what I would want to say is, yes, in
13 general, we absolutely should be specifying and adhering to
14 a primary endpoint and requiring and adhering to a formal
15 statistical plan where we in fact then, to the extent that
16 we care about significance levels and all, are going to be
17 in a position to adjust our sense of strength of evidence.

18 But here we have a circumstance, as we've spent the whole
19 day laying out, making it very clear that it's
20 extraordinarily difficult to know whether the Fridericia
21 method, which was specified in the second setting, was in
22 fact the best measure.

23 So I'm very understanding for why, in this
24 setting in particular, we're giving less focus on the
25 primary compared to the secondaries, but in fact, that's

1 not a carte blanche or a freebie here. My own sense is all
2 of these analyses are leaving me at considerable
3 uncertainty. I agree, Doug, they're giving us clues, but
4 they're not the level of clues that I would typically have
5 wanted to have seen, and I'm not saying that critically
6 because the sponsor and FDA haven't given this thought.
7 These are inherently extremely difficult situations to
8 understand what is in fact the best measure that reliably
9 represents or reasonably reliably represents an
10 unacceptable safety risk.

11 DR. THROCKMORTON: I guess the other
12 distinction you might make, Tom, is that when we're talking
13 to sponsors about clinical outcome trials, if they propose
14 an endpoint that we know to be not an endpoint that's
15 valuable to us -- I don't know -- serum porcelain levels or
16 something -- we say, no, that's not a primary endpoint we
17 can understand in a clinical consequence as beneficial.
18 Here we're not in a place where we're able to do that. I
19 think we're maybe saying the same thing. Is that about it?

20 DR. FLEMING: This may be what you're saying.
21 I want to emphasize the point. As much as I believe
22 strongly that to use statistical inference in an
23 interpretable way, it should be in a confirmatory sense.
24 If one elevates to a primary endpoint a measure that, as
25 time goes on, becomes increasingly clearly inadequate in

1 capturing the essence, then I think logic has to come
2 forward and dominate our thinking. We can't adhere to a
3 prespecified primary endpoint if, at the end of the trial,
4 we have an enhanced understanding that would tell us this
5 really was a poor choice.

6 Now, as the FDA guidance document on monitoring
7 committees, released in November of 2001, clearly said, one
8 of the great things about keeping results confidential is
9 that that allows the sponsor and the FDA throughout the
10 course of the conduct of the trial to refine their thinking
11 about what the endpoint should be, and so long as that
12 refinement is separate from the insights emerging in that
13 trial, you are in a position where you still can view a
14 refined analysis plan or refined analysis endpoint as being
15 confirmatory.

16 But the essence of what I hear you saying that
17 I would agree with is if there is a strong objection to the
18 previously specified primary endpoint as capturing the
19 essence, then it's certainly appropriate for us to give it
20 less weight than we otherwise would.

21 DR. BORER: I think Tom has said it all, and I
22 don't think that Peter and Tom are in disagreement here at
23 all. I cannot restate all that as eloquently as Tom did,
24 but let me just make a short comment.

25 I think that in a situation like this where the

1 value of the surrogate in a quantitative sense is not known
2 -- it isn't a qualitative sense, as you pointed out, Doug,
3 but in a quantitative sense it's not really known, and the
4 best way to measure the surrogate hasn't been determined
5 yet, when you come to us, when the FDA comes to a panel
6 like this asking these questions, you're asking for our
7 best judgment which is, in essence, a synthesis of our
8 intuitions, our opinions, some data. And that's what we're
9 going to give you. By its very nature, the development
10 program that provided these data was, as Tom said,
11 exploratory, and it has to be because the answer is not
12 known. The best method is not known.

13 So given that, although I think it's always
14 appropriate to provide a formal analysis plan a priori and
15 to adhere to it, I think in a situation like this, it's
16 mandatory that multiple methodologies should be evaluated.

17 And at the end of the day, a group like this and more
18 importantly the FDA is going to make its best judgment from
19 what it has seen, and it is to be hoped that when enough
20 data are gathered of this sort, with all the methodologies
21 being looked at and all the outcomes being evaluated, it
22 will be possible, at some point, to define what the best
23 predictor is and to apply that in the future.

24 So I've just hit part A and part B, I think. I
25 think we're all in agreement so far.

1 Does anyone else, Phil, JoAnn, anyone, have any
2 other comments you want to make that would add to this?
3 Beverly?

4 DR. LORELL: I have just a short comment. I
5 agree with everything that's been said. I think this still
6 in a transition phase and that it would be foolhardy to
7 have a single, primary, rigid measure.

8 I would put forward as a suggestion, given the
9 I think extraordinary, careful collection of data that
10 we've seen from both sponsors this morning, that this might
11 serve as a comparator template over the next year, two
12 years, three years, as we learn more, to say we would like
13 to see this menu showing data with Bazett's, Fridericia,
14 and individual approach, and perhaps if available, the
15 Holter approach.

16 And I would suggest there are two more things
17 that might be included so that a data set collects. One is
18 using moxifloxacin as a positive control. You have a large
19 database to work with.

20 And I would suggest a third component. We
21 didn't talk very much about it in Jeremy Ruskin's
22 presentation this morning, but I think his slide 72 was
23 sort of a wake-upper for me, and that was the slide that
24 actually showed the QTc prolongation with terfenadine and
25 ketoconazole. That actually provides some kind of a

1 signal. We don't know how reproducible it is, but we saw
2 that that intervention caused a QTc prolongation of about
3 80 milliseconds.

4 So it may be, while everyone is learning what
5 this means and how to do it, that it would be useful to
6 suggest to future sponsors to include not only this menu,
7 to include a standard positive control, and to include
8 metabolic inhibition, if appropriate for that drug's
9 metabolism, with ketoconazole.

10 DR. BORER: Blase?

11 DR. CARABELLO: yes, I would agree that
12 certainly until we have a gold standard, we need to use all
13 the standards.

14 I just want to point out that both the sponsors
15 and we are getting off pretty lightly here today because
16 all of the data are fairly concordant. We'd be in a hell
17 of a mess if particularly Bazett's, which hangs out there,
18 if there had been wide changes in heart rate, said one
19 thing while the other data said something else. We'd be in
20 a real quandary about knowing what to do.

21 DR. BORER: That's true.

22 Any other comments?

23 DR. ARTMAN: Jeff?

24 DR. BORER: Mike?

25 DR. ARTMAN: Yes, I just would suggest that you

1 encourage the sponsors to continue to use the Holter bin
2 method. I think that does represent an innovative, a newer
3 approach that I think is likely to turn out to be quite
4 valuable.

5 The other point is I think if they come to you
6 and they say we're going to use Bazett's correction as our
7 primary endpoint, I think you should discourage that. I
8 think that's the one that doesn't fit very well.

9 DR. THROCKMORTON: So that would be a bad
10 primary endpoint?

11 DR. ARTMAN: That would be a bad primary.

12 DR. BORER: C here is, explain how the totality
13 of the data obtained from a comprehensive panel of these
14 methodologies should be evaluated to assure valid
15 conclusions. I think we have discussed that already. So
16 we won't formally respond to that question.

17 We'll go on to number 5. The table below
18 summarizes the mean change of QT from baseline, both
19 uncorrected and corrected, of alfuzosin 10 and 40
20 milligrams and moxifloxacin relative to placebo, as
21 observed in study PDY 5105.

22 Here's a voter again. Are the results of any
23 one correction methodology more valid than the others? I
24 think we dealt with that.

25 So let's go to B. Do these data demonstrate a

1 clinically relevant QT prolongation associated with
2 alfuzosin? Okay, this is an important one and we should
3 vote.

4 Mike, why don't we start there. That's B, do
5 these data demonstrate a clinically relevant QT
6 prolongation associated with alfuzosin. Yes or no?

7 DR. ARTMAN: My answer is no.

8 DR. BORER: Do you want to explain that or is
9 that pretty obvious?

10 DR. ARTMAN: No, I don't want to explain it.

11 (Laughter.)

12 DR. BORER: Okay. Blase.

13 DR. CARABELLO: My answer is no one could
14 possibly know, but I think the answer is no. I'm certainly
15 not persuaded that there has been a clinically significant
16 prolongation of the QT interval.

17 DR. BORER: Toby?

18 DR. BARBEY: No, and I don't have any great
19 further insight on that.

20 DR. BORER: Alan?

21 DR. HIRSCH: No, but with no insights, I have
22 an opinion.

23 (Laughter.)

24 DR. HIRSCH: Going back to Doug's comment --

25 DR. THROCKMORTON: Which we value.

1 DR. HIRSCH: We have just a small number of
2 drugs where we can really calibrate a QT change with
3 outcomes. So I think the answer is no, but until the
4 database is enlarged, I think that range of small, medium,
5 and incredibly long QT intervals needs to be defined. So I
6 don't know how to define clinically relevant.

7 DR. THROCKMORTON: Alan, what I heard from Jeff
8 actually helped me understand your answer to question 2 a
9 bit. What I heard was unhappiness with the absence of
10 quantitative information. There's a qualitative
11 relationship here that some of you were unhappy with. It's
12 that qualitative nature of it. Is that fair?

13 DR. HIRSCH: You can't define clinical
14 relevance on a QTc alone by any of the methods. It will be
15 outcome on human clinical events. We don't have that
16 correlation very well defined. We have just a very few
17 data points in our drug approval data set.

18 DR. BORER: Tom?

19 DR. PICKERING: No, and there is the post-
20 marketing surveillance data.

21 DR. BORER: Paul?

22 DR. ARMSTRONG: No.

23 DR. BERNITSKY: Abstain.

24 DR. BORER: Beverly.

25 DR. LORELL: No.

1 DR. BORER: Susanna?

2 DR. CUNNINGHAM: No. Probably not. How can
3 you say no for sure?

4 DR. BORER: Okay, that's a probably not.

5 JoAnn?

6 DR. LINDENFELD: I would say no, and I think of
7 some of the data we've seen today, including the post-
8 marketing data, helps me say that this moves me more toward
9 no than I was earlier today.

10 DR. BORER: I say no also. I'd like to add one
11 point here, though. I think that the data in the table are
12 useful. This has been said before, but I think the fact
13 that there are two comparators to the clinically applicable
14 dose, one being a relatively high dose, which doesn't show
15 all that much, it seems to me, quantitatively, for whatever
16 that may be worth, but whatever it shows seems to be less
17 impressive than the results from the active control.

18 Given the fact that the active control sounds
19 as if it is not associated with some overwhelming frequency
20 of horrible events makes me feel more secure against the
21 backdrop of what we know from the totality of associations
22 that have been made between QTc and outcomes in other
23 development programs, makes me feel reasonably assured that
24 a no is a reasonable answer, although of course, I don't
25 have rigorous data to support that statement.

1 DR. THROCKMORTON: Jeff, could I ask if that's
2 a part of other people's thinking as well; that is, that
3 the numbers were, in a sense, less than the active control?
4 Was that part of the reassurance that people drew? Just
5 in a general sense. I'm not asking for a vote necessarily.
6 Was that part of the thinking that led to some of the
7 votes previously, just a nodding-head thing.

8 DR. BORER: Don't talk all at once, or in fact,
9 you can talk all at once in this case.

10 DR. ARTMAN: I'm answering and nodding my head.
11 I think it was reassuring and it was very helpful to have
12 that active control.

13 DR. CARABELLO: Yes, the fact that the active
14 control had at least some signal, albeit small, was very
15 helpful.

16 DR. HIRSCH: Good job having active control.

17 DR. BORER: Tom?

18 DR. PICKERING: Yes, I agree.

19 DR. BORER: The other Tom, for an answer, a yes
20 or a no.

21 DR. FLEMING: A comment first.

22 (Laughter.)

23 DR. FLEMING: The easy part of it is, is there
24 QT prolongation? Yes, there is. The important part of
25 this is, is it clinically relevant? I do want us to take a

1 moment to think through this because this is, I think the
2 critical issue that we have to address.

3 The way I would normally think about addressing
4 this is in benefit to risk, and we haven't had a lot of
5 discussion about that today. Here we're talking about BPH.

6 What is the benefit? What is the magnitude of benefit?
7 Understanding first what that magnitude of benefit would
8 be, hopefully, would then guide us as to what would be an
9 acceptable level of risk in the context of that benefit.

10 So when I see an agent that induces a QT
11 prolongation, my answer as to whether or not this is a
12 clinically relevant QT prolongation has to take into
13 account the magnitude of benefit that I know this agent
14 provides and whether this risk -- in other words, I'm
15 saying a one in a million chance is clinically relevant in
16 one setting but not in other settings in a manner that
17 depends on what benefit is. So in answering this question,
18 I would ask that there be careful thought as to what is the
19 known benefit of this agent in this setting, and in that
20 context, what would be an acceptable level of risk
21 according to which endpoints and of what magnitude and
22 frequency would be acceptable.

23 Then the next question is now how do I assess
24 whether or not I have that increase in risk. Obviously,
25 I'm using a surrogate. What is the best surrogate? How do

1 I know it's the best surrogate?

2 And if we're using historical evidence, based
3 on a lot of experiences of other agents that use QT, back
4 to a point I was saying earlier -- and that's relevant here
5 to look at that, but if it's all based on Bazett's, then I
6 have to translate it, if that isn't my current view of what
7 the best measure is, to be able to assess what is in fact
8 the safety risk.

9 So my own assessment of this says, even though
10 we've had a very informative discussion today, there's a
11 lot of answers to questions that I just mentioned that I
12 don't have that technically speaking I believe I should
13 have to answer this question.

14 Having said that, my inclination is to say this
15 is a sufficiently modest increase that in a way that I'm
16 inadequately informed by not knowing the answers to a lot
17 of these other questions, I'm inclined to think that this
18 is a not a clinically relevant prolongation, but with an
19 awful lot of uncertainty about those issues that I don't
20 know answers to.

21 DR. BORER: Phil, in giving your answer,
22 perhaps you can add two or three sentences about the
23 benefits of providing alpha blockade in patients who have
24 prostatic hypertrophy, because they are important.

25 DR. HANNO: I think the issue here is these are

1 very useful drugs. For both of these drugs we're looking
2 at today, there are already similar drugs on the market.
3 So in a way, these are me-too drugs that are coming out.

4 I think Tom's questions are exactly right, but
5 there's no way to answer whether these drugs have a lower
6 risk from this or an equivalent risk to what's already out
7 there or a higher risk. Without knowing the comparative
8 risk, if we don't move ahead with these drugs, it's not
9 like we're preventing people from taking these drugs that
10 are already on the market and having a risk which is
11 uncharacterized.

12 So based on the data here, I would say, no,
13 there is no increased significant risk from everything that
14 I've heard and read. But I really don't think we know
15 whether we're helping people or increasing the risk or
16 lessening the risk because we don't know what the risk is
17 of the similar drugs that are already out there.

18 DR. BORER: Forgetting for a moment about the
19 relative benefits and risks of the different drugs in this
20 class that might be used in patients with BPH, what are the
21 benefits you might expect from drugs like this? Prevention
22 of surgery that might otherwise be done with all its
23 attendant risks.

24 DR. HANNO: I think there's tremendous benefit
25 in terms of alleviating symptoms of BPH, actually

1 preventing the need for surgery, postponing the need for
2 surgery. The improvement in the quality of life with these
3 drugs has been very dramatic and has really changed how we
4 approach outlet obstruction in the last 15 years. So I
5 think this drug class is a very important class of drugs,
6 and there's tremendous benefit.

7 DR. BORER: Thank you.

8 Now, what was your answer to the question? Yes
9 or no.

10 DR. HANNO: No.

11 DR. BORER: No, okay.

12 Peter?

13 DR. KOWEY: No. The answer is no, and I'm also
14 persuaded a good deal by the post-marketing information we
15 have about this particular drug.

16 DR. BORER: Since nobody answered yes, we don't
17 have to explain how the risk might be managed.

18 Six. The table below summarizes the mean
19 change of QT from baseline, both uncorrected and corrected,
20 of vardenafil 10 and 80 and moxifloxacin relative to
21 placebo, as observed in study 10929. Are the results
22 observed from any one correction methodology more valid
23 than the others? Again, I think we've sort of dealt with
24 the fact that we don't know.

25 Mike made a comment earlier and I see there is

1 no other place for us to talk about this, about the list
2 mode acquisition method, the Holter bin method, that was
3 set forward. Mike made a statement. I'd like to add a
4 little bit to it, and if anybody disagrees, then say so.

5 You asked if any one correction methodology is
6 more valid than the others, and of course we don't know.

7 What's called the Holter bin method, however,
8 as Ed Pritchett said earlier, appears very attractive. It
9 seems like a very logical way to approach this problem and
10 to try to determine what the correction really should be or
11 what the QT really is. Then, of course, we have to find
12 out what that means, but as a way of determining what the
13 fundamental characteristic of the QT is, subject to the
14 limitations that Tom said earlier, this is a very creative
15 and innovative and interesting approach that sounds
16 intuitively like it should be good.

17 However, we have no information about the
18 results of that analysis relates to any outcome because
19 this is the first time it's ever been used.

20 So I would emphasize what Mike said earlier. I
21 think that in future studies where you suggest to sponsors
22 that multiple methodologies should be employed, because we
23 really don't know which one is best or how to relate any of
24 them to outcome, that the sponsors should be encouraged to
25 apply this new method, together with all the others,

1 because it does seem intuitively to be good.

2 Blase?

3 DR. CARABELLO: Yes, just to amplify on Toby's
4 comment. If the Holter bin method could be applied with a
5 patient up and active -- that is to say, if motion artifact
6 doesn't preclude its usefulness in measuring QT when the
7 patient is moving -- that would seem to me to be the
8 golddest of all standards.

9 DR. BORER: Having said those things, I think
10 it's important at this point to reemphasize what JoAnn said
11 earlier, which is that if this method is going to be
12 applied, particularly in the way that Blase is suggesting
13 that Toby had suggested, with people moving around, that it
14 is important to be certain that we have some assessment of
15 the impact of all that movement on the evaluability of the
16 complexes and what it may mean in terms of distortion of
17 results if a lot of complexes can't be evaluated. So that
18 still has to be worked out.

19 Does anybody else have any comments about that?
20 Susanna?

21 DR. CUNNINGHAM: I have a question. All this
22 discussion is all around QT intervals, and I wonder if
23 anyone out there is looking at anything better or
24 different. We're all fixated on it because we can measure
25 it, but just because we can measure it doesn't make it the

1 right thing.

2 DR. BORER: Yes, I don't think that people are
3 fixated on it because they can measure it, but because
4 empirically marked abnormalities in QT have been associated
5 with bad things. I think that there is research ongoing
6 that does deal with perhaps developing other ways to look
7 both in in vitro models and elsewhere. We don't have to go
8 into that in detail here I guess, but I think that that's
9 the construct. It's not that it's easy to measure, but
10 that somebody measured it and it correlates with something,
11 qualitatively at least.

12 DR. CUNNINGHAM: I think that it's not just
13 that it's easy to measure, but I'm still not convinced that
14 it's necessarily the right measure.

15 DR. BORER: Not the best maybe. That's for
16 sure.

17 Tom?

18 DR. PICKERING: Yes, just a comment about the
19 Holter bin. I also think it's a promising method. I think
20 for the initial studies, though, I would favor the approach
21 that was used with the subjects supine because once you
22 have people moving about, you're going to have huge
23 standardization problems, particularly when you're trying
24 to compare the active drug and placebo because the
25 conditions are almost certainly not going to be the same.

1 DR. THROCKMORTON: Tom, this study used a
2 single lead. Would that be a recommendation that you'd
3 use?

4 DR. PICKERING: I'm not the one to answer that.

5 DR. BORER: Paul?

6 DR. ARMSTRONG: Certainly 3-lead would be
7 welcome, and the choice of those leads might be ascertained
8 based on surveillance of the 12-lead electrocardiogram
9 which would be a standard approach in some other monitoring
10 studies that we've done.

11 DR. BORER: JoAnn?

12 DR. LINDENFELD: I was going to say I think
13 that these studies were done in the 12-hour daytime period,
14 the Holter studies, and the QT interval varies. There's a
15 big circadian variation, more so I think in women than men.

16 Just as you explore that technology, I wonder if we don't
17 need to think about when those recordings need to be done.

18 And if we just look at baseline QT as a measure without a
19 correction, that would be very different in the nighttime
20 than during the day. So I can't make a specific comment on
21 that, but I think it's just something that needs to be
22 thought about.

23 DR. BORER: Let's go on to B. Do these data
24 demonstrate a clinically relevant QT prolongation
25 associated with vardenafil?

1 And for this one, we need a vote. Peter, let's
2 start with you.

3 DR. KOWEY: Well, we could have the same
4 discussion, but I think the answer is probably no. The
5 answer is no.

6 DR. BORER: Phil?

7 DR. HANNO: I would say it's very small, but
8 yes.

9 DR. BORER: That it's a clinically relevant QT
10 prolongation. If the answer is yes, how might this risk be
11 managed?

12 DR. HANNO: I don't think I could answer that.

13 DR. BORER: Tom?

14 DR. THROCKMORTON: Sorry. Could you go just a
15 little bit further about what it is about this that makes
16 you consider it -- I'm just interested is all.

17 DR. HANNO: It's very similar to the
18 moxifloxacin numbers, and apparently there is a very minor
19 but clinically relevant increase in that. It's higher than
20 the other drug. It's in the 5 to 10 range. That's all.

21 DR. THROCKMORTON: So it is that it's closer to
22 the moxifloxacin outcome -- I'm sorry.

23 DR. HANNO: I'm sorry.

24 DR. THROCKMORTON: I should have waved my hand.
25 So it is that it's closer to moxi? I don't want to put

1 words into your mouth.

2 DR. HANNO: Looking at this as a urologist with
3 a tremendous interest in QT intervals, just based on what I
4 have read from everything and what I've heard, this is in
5 the range where you start to think that there might be a
6 problem. And I don't think the data is there to say for
7 sure that there isn't. That's all.

8 DR. BORER: Tom?

9 DR. FLEMING: This is a tough issue to resolve
10 here. On the one hand, the data to me look like the change
11 in QT, QTc by various measures, is similar to moxifloxacin.
12 The sense I get, at least from what we currently have put
13 before us, is that moxifloxacin has effects on QTc that may
14 well, in fact, provide some level of an increased risk of
15 major cardiac events. Let's say, in fact, moxifloxacin is
16 associated with one in a million in risk of torsade. That,
17 of course, may be related to a much more frequent risk of
18 sudden death, cardiac arrest, et cetera, other events. We
19 don't know. But on the one hand, I would look at these
20 data and say that certainly these results are consistent
21 with some level of increased risk.

22 On the other hand, I have to look at this as a
23 benefit-to-risk issue and say, what is the benefit here for
24 a patient with ED and would participants, in fact, accept
25 this level of risk for the benefit that they would derive

1 from this? We've seen data that indicated that sexual
2 intercourse is in fact a risk factor for increased risk of
3 major fatal cardiac events, and certainly these agents are
4 correlated with an increase in sexual intercourse. Yet,
5 presumably people would say, nevertheless, the benefits
6 would outweigh that risk that they are undertaking or
7 accepting even if this isn't adding to that risk through
8 its proarrhythmic effects. So when I look at it in that
9 regard, maybe if there is some level of risk, people would,
10 in fact, accept that in a benefit-to-risk.

11 So I'm left with real uncertainty here, and as
12 a result my vote on this -- pardon the pun -- is I'll
13 abstain.

14 (Laughter.)

15 DR. BORER: We have one abstention and maybe
16 more.

17 I'm going to vote no. I don't think there is a
18 clinically relevant risk, and I'll tell you why I think so.

19 First of all, the dose of vardenafil that's
20 most likely to be used, forgetting about the higher dose
21 that would encompass the problems that might occur if a
22 metabolic inhibitor were used simultaneously contrary to,
23 I'm sure, what the label would say, I think that the
24 results with vardenafil 10 milligrams, at least, suggest
25 less of an effect than with moxifloxacin. But I don't see

1 moxifloxacin as having been demonstrated as associated with
2 important arrhythmic and event risk.

3 I'm impressed with the data that Jerry Faich
4 gave us. The torsade events were predominantly in women,
5 two-thirds. Now, that may be a problem if this drug is
6 ever going to be applied in women, but for the moment,
7 that's not what we're talking about. Two-thirds of the
8 events were in women. These were people who were
9 hospitalized. They were sick. They were taking other
10 drugs. There were all kinds of things going on here. I
11 have a hard time relating the drug moxifloxacin to those
12 ECG findings. It may be related, but I think that at least
13 in a large number of those cases -- and it was 15 out of 20
14 million -- that that relationship is not correct.

15 So I have less concern about moxifloxacin. I
16 think it's a reasonable positive control, and therefore, if
17 we accept that and we accept the reasoning that QT
18 prolongation, at least qualitatively, is associated with
19 problems and this has less QT prolongation than
20 moxifloxacin -- and I don't think there's much of a problem
21 with moxifloxacin -- I don't think that there is a
22 clinically relevant QT prolongation associated with
23 vardenafil.

24 And the final part of that path of reasoning is
25 what Tom said; that is, that you must look at benefit-to-

1 risk relation. That people might have events as a result
2 of sexual intercourse is true, but that's a choice that
3 they can make. The perception is that there is an
4 important benefit -- and I think that there are many, many
5 studies that would support this -- to enabling sexual
6 intercourse in patients with cardiovascular disease
7 particularly, because those are the patients I see, who
8 otherwise might be precluded from having this activity. So
9 I think that's a potentially important benefit and that the
10 risk is, in absolute terms, probably quite small. I don't
11 know if it exists, but quite small.

12 Therefore, I think that this is not a
13 clinically relevant QT prolongation. I answer no.

14 JoAnn?

15 DR. LINDENFELD: I agree with what Jeff said.
16 I would answer no.

17 DR. BORER: Susanna?

18 DR. CUNNINGHAM: I think maybe I'd vote a
19 strong maybe. It's hard to tell because we can't really
20 tell. So it's a little less certain than the previous one.
21 Because it's closest to moxifloxacin makes it a little more
22 of a concern, so it's hard to say an absolute yes or no.

23 DR. BORER: I'd like to add one thing. I know
24 I'm going of turn here, but there are some perks to being
25 the chairman.

1 I think that Joel made a very important point
2 about the variability of these results relative to
3 moxifloxacin and the extent to which you can interpret the
4 difference that we saw in one study and the difference we
5 saw in the other study. So that they're in the same ball
6 park at least is something that I would find comforting. I
7 wouldn't want to over-interpret data like this that I've
8 never seen before and from studies which I don't think have
9 actually been done before. So that's just another point.

10 Anyway, I'm sorry. Go ahead. Bev?

11 DR. LORELL: I don't get to vote.

12 DR. BORER: I'm sorry. Thank you, Jayne.

13 Sorry, Bev.

14 Gay?

15 DR. BERNITSKY: I will abstain on the issue of
16 the QT interval changes, but having said that, I looked at
17 this data very carefully before I came to the meeting and
18 the data that compared Viagra to the new drug show almost
19 identical QT interval changes. We have pretty good
20 evidence here that it's been used in very large populations
21 and pretty safely. Again, I won't vote, but I would say if
22 I knew more about QT interval data, I would probably
23 support this drug.

24 DR. BORER: Paul?

25 DR. ARMSTRONG: No.

1 DR. BORER: Tom?

2 DR. PICKERING: No.

3 DR. BORER: Alan?

4 DR. HIRSCH: I'm going to abstain with an
5 explanation. We have a QT change at this clinically
6 relevant dose which is equal to the control. The control
7 is made to be a control for a reason because it is a signal
8 of some potential concern even though we don't know the
9 actual event rates associated with it.

10 And for guidance, since I don't have a large
11 clinical experience or an epidemiologic database, I went
12 back to the FDA concept paper where I'm again guided by the
13 less than 5, 5 to 10, or 10 to 20 millisecond rule. We're
14 getting close to the some concern range, but I don't know
15 how to calibrate that concern.

16 So not being able to calibrate the concern and
17 then not being able to translate that to event rates, I
18 really can't answer the question, which leads to abstain.

19 But I'm going to take the chair's words about
20 trusting the patient, and I'm going to challenge them. I
21 think when the public looks at our judgment of risk-
22 benefit and there is an unknown, uncalibratable, I believe,
23 risk for a drug used for erectile dysfunction, I'm not sure
24 that clear, rational, conscious decisions are really made
25 vis-a-vis concomitant medications, exposure length, et

1 cetera. So I abstain because I can't calibrate the risk.

2 DR. BORER: Toby?

3 DR. BARBEY: No.

4 DR. CARABELLO: No, and I would just add that
5 there really is a remarkable difference between the moxi
6 data in the two studies between table 1 and table 2. I
7 don't know what that means, and I'm sure Tom would think of
8 all the reasons why you couldn't do this. But if you
9 looked at the moxi data from table 1 and compared it to the
10 QT prolongation for vardenafil, they're not close. Anyway,
11 no.

12 DR. BORER: Mike?

13 DR. ARTMAN: No.

14 DR. BORER: Doug, I'd like to ask you a
15 question here about number 7. Both A and B ask whether you
16 should look at QT effects in other drugs of these classes.
17 My intuition is that everybody is going to be in agreement
18 about this. May I ask that rather than go around the table
19 and ask for yeses and noes and stuff?

20 DR. THROCKMORTON: Sure. Let me give you just
21 a little context maybe around this as well.

22 One of the things that the concept paper that
23 we heard at the meeting in January was that if you were a
24 member of a class that you had some concerns about for
25 whatever reason, and there was another member that had an

1 effect on QT you needed to compare yourself to, you needed
2 in some sense understand the relative effects there.
3 That's part of where this question is going. When do we
4 need to understand those kinds of things? Obviously, in
5 this case, do we need to ask specific questions about the
6 other drugs in these two classes?

7 DR. KOWEY: Doug, are you talking about drugs
8 that are already marketed in this class or drugs that will
9 be marketed in this class? Are you talking about drugs
10 that are already on the market?

11 DR. THROCKMORTON: Making no particular pre-
12 judgment, I think we'd probably be interested in comments
13 about both situations.

14 DR. KOWEY: I can start since it sounds like
15 we're not going to do it clockwise or counterclockwise.

16 The answer for marketed drugs is no, I don't
17 think you should. For all the reasons that you heard
18 today, I think that drugs that are already out on the
19 market, if we're going to ask pharmaceutical companies to
20 do anything in terms of this issue, it seems to me that it
21 should be better pharmacovigilance looking for real events
22 in real patients rather than asking them to go back and
23 look at a surrogate that we have a lot of difficulty tying
24 to events.

25 So I guess if you had the ability to ask

1 companies to spend their resources, I would like to see
2 them spend their resources on two things. One is very good
3 pharmacovigilance, and the other is very good basic science
4 so that we can understand this issue better and not have to
5 do this anymore or maybe not so many more times. So that's
6 my opinion.

7 DR. BORER: What about for --

8 DR. KOWEY: For new drugs? I think it's clear
9 that for new drugs that are brought forward, new chemical
10 entities that are brought forward, I think it's fairly
11 clear that this needs to be done.

12 I have a difficult time generalizing to say
13 that if it's a drug in the same class, that you don't
14 because when you say a drug is in the same class, obviously
15 there can be other pharmacological effects that you
16 can't --

17 DR. THROCKMORTON: Very broad. I agree.

18 DR. KOWEY: Yes. So I'm a little concerned
19 with saying carte blanche we don't need to do this anymore
20 within this particular class of drugs. I don't think
21 that's appropriate. I think it should be taken on a drug-
22 by-drug basis that you guys have to look at the compound
23 and decide whether you think that information.

24 Clearly for new chemical entities, I think this
25 is the standard. And it's also very important -- and I

1 think it's been said likely several times today -- but the
2 bar has been raised clearly by the DIA discussion and now
3 today by these data that are presented in that we should
4 expect now to see this kind of precision in measurements of
5 QT interval for new chemical entities. I think it clearly
6 will become the standard way you're going to look at
7 things.

8 DR. BORER: Paul?

9 DR. ARMSTRONG: Mr. Chairman, I'm struck,
10 before we conclude, that the agency has not asked us about
11 the possibility that the two drugs under discussion today
12 would be used together, both of which have an effect that
13 potentially affects the QT. I don't know whether this
14 discussion should be entertained or not, but I wouldn't
15 want to leave the table without raising the fact that the
16 juxtaposition of these two was surely not by coincidence,
17 and we're talking about two medicines which might well be
18 used in men who are aging for two different reasons. Is
19 that a question that we should be entertaining, discussing,
20 or is that a brandy/cigar discussion?

21 (Laughter.)

22 DR. THROCKMORTON: Well, I'm not sure that the
23 two specific drugs -- we'd need to discuss whether these
24 particular two drugs would need to have a formal study. We
25 know very little about the consequences of concomitant use

1 of two drugs that affect repolarization by however you
2 measure it. I can think of maybe two studies, one of which
3 I think is an abstract. Dan, correct me if I'm wrong. So
4 we know next to nothing about even the consequences of that
5 concomitant use on this biomarker, far less whether that
6 adds additional risk or anything like that. You can make
7 lots of models about any which way you want to.

8 So when we should ask for that information is a
9 good question. We've not gotten it even enough to know
10 whether it's a concern under, I believe, any circumstance.
11 Dan, correct me.

12 DR. KOWEY: Doug, I just wanted to ask you a
13 question, and that is, hearing what you heard today, what
14 do you think that you'll have in the label for these drugs?
15 Will these drugs be labeled that they should not be given
16 with other QT-prolonging drugs, or that you need to be
17 careful about potassium and magnesium? Or what's it going
18 to be?

19 DR. THROCKMORTON: I wouldn't want to comment
20 on the labeling of these. It would not be my decision, and
21 so I'm not sure that that would be appropriate.

22 You could think of moxifloxacin. You might
23 look at the moxi label and say that's a place where we've
24 described the effect on repolarization and suggested
25 potential pathways to risk management. I don't remember

1 that label well enough to say that I'm using specific
2 language there. That might be a path forward. Again, it's
3 not my label.

4 DR. KOWEY: I wasn't trying to get you to tell
5 us what the wording was going to look like, but there
6 clearly is a decision to make. We were voting on a
7 question that none of us are very comfortable with that
8 said "clinically relevant" or "clinically significant" QT
9 prolongation. And we all voted no. But I think that's
10 different from saying that there isn't an effect on
11 repolarization. There is an effect on repolarization. It
12 just looks like it's pretty weak.

13 I guess then the question is if you believe
14 that, which I believe, what do you need to tell doctors
15 about the drug? Is it adequate to just describe what the
16 studies showed or does there have to be more than that?

17 DR. THROCKMORTON: Why don't you make a
18 suggestion? We'd be very interested in hearing your --

19 DR. KOWEY: I'll start off by making the
20 suggestion that I think it would be worthwhile to have in
21 the labeling some comment about the fact that we don't know
22 -- and you said this a few minutes ago. We simply don't
23 know what would happen -- and this relates to Paul's
24 question -- if you were to put another QT-prolonging drug
25 on top of one another, whether it's these two or others. I

1 think, therefore, in the labeling it is reasonable to tell
2 doctors that, to tell them exactly the fact that we don't
3 know what the liability of that combination or any of those
4 combinations would be.

5 DR. RODEN: Can I just extend that just a
6 little bit? I realize that maybe my time for saying
7 anything is gone, but we're in open discussion now.

8 There is one very provocative dog study that
9 suggests that if you use the appropriate two IKr blockers,
10 you can actually get one to reverse the action potential
11 prolonging effects of the other. So I think that's a very
12 open question and needs some more basic science.

13 I'll extend what Peter said, though. So I
14 would include something about using two drugs, both of
15 which prolong the QT. And I'd extend it to the idea that
16 there are patients out there who have other conditions that
17 may predispose them. So not just a drug plus another drug,
18 but a drug plus bad heart failure, plus severe LVH. Those
19 are the risk factors, plus a lot of diuretics, plus a
20 history of hypokalemia.

21 I don't think you want to go so far as to say
22 every patient who gets these drugs needs to have a baseline
23 electrocardiogram. I think that's sort of making you feel
24 better but it's probably not going to accomplish anything.

25 But I think that if you can get clinicians to identify

1 people who are at very high risk and just avoid them or
2 think twice about them, that's probably as good as you're
3 going to get right now. Off the top of my head.

4 DR. BORER: Doug, I want to bring closure to
5 question 7 here. I think you've heard everything. But
6 you're asking a question and I want to make a proposition
7 and we'll -- oh, I'm sorry, very sorry. Wrong questioner.
8 Well, in any event, a question has been asked.

9 The issue is, do the QT prolongation results
10 from these data that we've seen warrant study of QT effects
11 of other drugs in these classes? I think we've heard a
12 proposition that that isn't the right question, that in
13 fact preclinical data are not dispositive, and therefore
14 some clinical data have to be available. And that means
15 study of QT effects of other drugs. You haven't said how,
16 just should you do it.

17 In the briefing document and the position paper
18 or whatever paper it was, there's an algorithm provided
19 that involves study in phase I in normal volunteers and
20 then some action or no need for action depending upon the
21 results.

22 If in fact we really can't draw firm
23 conclusions or inferences from preclinical data, then I
24 think the class of drugs is not relevant. The fact that a
25 new molecular entity with multiple pharmacological effects,

1 some of which we may know and some we don't know, is being
2 studied may be sufficient to warrant obtaining some
3 clinical data. Now, I'm not going to say what kind of
4 clinical data, how extensive the studies have to be.

5 But I would propose, from what we've heard
6 here, it's important to get some data about QT prolongation
7 in patients when a new molecular entity is being developed.
8 And that goes beyond the issue of these two classes or the
9 classes, if we can define those, of which these drugs are a
10 part. So I would suggest that as a proposition.

11 If there's anybody who disagrees with that, now
12 is the time to say so.

13 DR. KOWEY: Jeff, I think you said it very,
14 very well. We haven't really spent a lot of time today
15 talking about preclinical signals, but in the pre-guidance
16 document, if you will, there clearly is a diagram that
17 talks about what Jeff just said, which is trying to
18 understand early on in the life of a new chemical entity
19 what the liability is. And I think preclinical studies
20 actually help you a good deal in making these kinds of
21 decisions about what you need to do early on in clinical
22 development. So all those things I think are very
23 important and should guide you in making these decisions
24 about what kind of an onus you're going to put on a drug
25 company that's bringing forward a new chemical entity.

1 DR. BORER: Dr. Griebel, we have you to thank
2 for convening us today. Have you received the results that
3 you need?

4 DR. GRIEBEL: Yes, we appreciate everything
5 we've heard today. It's been very helpful. Thank you.

6 DR. BORER: Then I will close the session and
7 make two post-closure announcements immediately.

8 Number one is that tomorrow morning there's a
9 closed session that will be held in the Chesapeake Room at
10 8 o'clock not to consider specific NDAs.

11 The second announcement is that if anyone on
12 the committee is interested in having dinner tonight, we're
13 going to try to get together at 6 o'clock in the lobby at
14 Crisfield's to celebrate the departure of our departing
15 members.

16 (Whereupon, at 5:05 p.m., the committee was
17 recessed, to reconvene in closed session at 8:00 a.m.,
18 Friday, May 30, 2003.)

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