

Your Views Are Important

Every year, Congress votes on hundreds of issues that make a difference in your life. Please let me know what you think about important topics like Social Security, health care, education, immigration policy, foreign affairs, crime, the environment, and other key issues.

If you have a question, or an opinion that you would like to share with me, you can write, call, e-mail, or visit my office. Please be sure to leave me your address and phone number so that I can respond to you.

Best wishes,



Lucille Roybal-Allard
MEMBER OF CONGRESS

Los Angeles Office

255 East Temple Street, Suite 1860
Los Angeles, CA 90012

PHONE: 213/628-9230

FAX: 213/628-8578

Monday 9:00 a.m. – 5:00 p.m.

Tuesday – Friday 8:30 a.m. – 5:30 p.m.

Washington, DC Office

2330 Rayburn House Office Building
Washington, DC 20515

PHONE: 202/225-1766

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Monday – Friday 9:00 a.m. – 6:00 p.m.

Web Page

www.house.gov/roybal-allard

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Constituent Office Hours

In addition to regular business hours at my Los Angeles office, caseworkers are available to provide individual assistance to you and your family at the locations below:

1st Thursday of Each Month

East Los Angeles

8:30 a.m. – 12 noon
Salazar Park Senior Ctr.
3864 East Whittier Blvd.
Los Angeles, CA

Bell Gardens

1:30 p.m. – 5:30 p.m.
Bell Gardens City Hall
7100 South Garfield Ave.
Bell Gardens, CA

2nd Tuesday of Each Month

Downey

8:30 a.m. – 12 noon
Barbara Riley Community Ctr.
7810 Quill Dr.
Downey, CA

Maywood

1:30 p.m. – 5:30 p.m.
Maywood City Hall
4319 E. Slauson Ave.
Maywood, CA

2nd Wednesday of Each Month

Bellflower

8:30 a.m. – 12 noon
Bellflower City Hall
16600 Civic Center Dr.
Bellflower, CA

Bell

1:30 p.m. – 5:30 p.m.
Bell Community Ctr.
6250 Pine Ave.
Bell, CA

3rd Thursday of Each Month

Huntington Park

8:30 a.m. – 12 noon
Huntington Park City Hall
6550 Miles Ave.
Huntington Park, CA

Commerce

1:30 p.m. – 5:30 p.m.
Commerce City Hall
2535 Commerce Way
Commerce, CA

4th Tuesday of Each Month

Boyle Heights

8:30 a.m. – 12 noon
Lucille Beserra Roybal Center
2130 E. First St., Suite 300
Los Angeles, CA

Cudahy

1:30 p.m. – 5:30 p.m.
Cudahy City Hall
5220 Santa Ana St.
Cudahy, CA

CONGRESSWOMAN Lucille Roybal-Allard



Congresswoman Roybal-Allard talks about important education issues with students from Saint Mary's School.

Guide to Constituent Services

Serving the communities of Bell, Bellflower, Bell Gardens, Boyle Heights, Commerce, Cudahy, Downey, Downtown Los Angeles, Huntington Park, Little Tokyo, Maywood, South Park, Vernon, and Walnut Park, and portions of Chinatown, East Los Angeles, Florence, Pico Union, and Westlake.



“As your Congresswoman, I am committed to working on the issues that matter to you. If you need help solving a problem with a federal agency, or want to share your concerns, please contact my office. I look forward to hearing from you.” — U.S. Rep. Lucille Roybal-Allard

We're Here to Help You!

It is an honor and a privilege to serve the residents and businesses of the 34th Congressional District. My staff and I are always pleased to assist you with questions or problems you may have with federal agencies. Although we cannot order a federal agency to decide a matter in your favor, we can help you get a prompt response. Here are some of the areas in which we can provide information and assistance:

- ▲ Social Security and Medicare benefits
- ▲ Immigration (citizenship, residency, tourist visas)
- ▲ Veterans benefits and military service
- ▲ Internal Revenue Service (IRS)
- ▲ Small business loan referrals
- ▲ Consumer protection referrals
- ▲ Mail delivery and service
- ▲ Federal grant opportunities
- ▲ Federal disaster assistance
- ▲ Passport applications

Seniors

If you have problems with Social Security or Medicare, retirement and survivor benefits, or disability and Supplemental Social Security Income (SSI), my staff can help you.

Business

I offer seminars on taxes and loan opportunities for small business owners. My staff can provide information regarding loans from the Small Business Administration and opportunities to sell goods and services to the U.S. Government. I can also help you obtain assistance from federal agencies that promote U.S. exports.

U.S. Flags and Commendations



My office can provide you a U.S. flag, at cost, which will be flown over the U.S. Capitol. Each flag comes with a certificate of authenticity and the date it was flown. We also accept requests for written commendations from my office or the White House in recognition of special occasions and honors. In addition, photographs of the President, Vice President, and First Lady are available upon request.

Federal Grant Money

My Grants Notification Program provides local non-profit organizations and municipalities with information on upcoming grant applications and federal grant opportunities.

Student Information

I have a Student Information Program to help students find internships, fellowships, financial aid information, and scholarships. Call my office for a free copy of a list of more than 250 available scholarships, or visit: www.house.gov/roybal-allard/afford_college.htm.

Service Academy Nominations

Each year, I recommend a select group of high school graduates for admission to the U.S. Service Academies (Army, Navy, Air Force, and Merchant Marine). Applicants must live in the 34th Congressional District and be between the ages of 17 and 23. To apply, please contact my office. The nominations are made on a non-political, competitive basis.

High School Art Competition

High school students, grades 9 through 12, who live in the district may enter an original painting, drawing, or print. The first place winner has the opportunity to travel to Washington, DC and attend the national exhibit opening. The winning piece is displayed in the U.S. Capitol for one year.

Visit Our Nation's Capital

I can provide you with tickets for tours of the U.S. Capitol, the U.S. Supreme Court, and other important Washington, DC attractions. Please give my staff as much advance notice as possible about your travel plans. I hope that you will also stop by my office in the Rayburn House Office Building, room 2330.

