

Thanksgiving Dinner

SPICY MASHED SWEET POTATOES WITH MAPLE SYRUP

6 lbs fresh sweet potatoes (scrubbed and clean)

34 cup sour cream or plain yogurt

1/3 to 1/2 cup of good quality maple syrup

11/2 tsp ground cinnamon

4 tsp puréed canned chipotle chiles

Salt to taste

(adjust for desired heat)

Cook sweet potatoes until soft in a microwave, by boiling, or by baking at 375 degrees for up to one hour. Combine syrup, sour cream, chipotle purée, cinnamon and salt in a small bowl. Whisk until smooth. After potatoes are cooked and soft, remove the peel and pass through a potato ricer, food mill or potato masher. Blend in other ingredients with a rubber spatula to combine. Taste for seasoning and transfer to a warm serving bowl.

Serve immediately.