

Carrot-Ginger Soup

3 Tbsp olive oil1 onion, peeled and chopped1 celery stalk, chopped

10 carrots, peeled and chopped into 1 in. pieces ¼ cup ginger, peeled and finely diced
Salt to taste

6 cups water 4 Tbsp sugar 2 Tbsp rice wine vinegar cilantro leaves

In a medium stock pot, sauté onions, celery and carrots in olive oil for 4 minutes or until onions are translucent. Add ginger, water and sugar and let it simmer for 25 minutes until carrots are soft. Let cool. In a blender or food processor, purée until smooth. Season with rice wine vinegar and salt to taste. Serve hot or chilled with cilantro leaves to garnish.