

FRIDAY NIGHT FACTS

OFFICE OF FAITH-BASED AND COMMUNITY INITIATIVES



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JANUARY IS NATIONAL MENTORING MONTH

CELEBRATE WITH

31 DAYS OF MENTORING



January is National Mentoring Month! Look for highlights, resources, and activities throughout the following:

- 31 Days of Mentoring article in the January 2008 issue of ORG Magazine
- OFBCI 31 Days of Mentoring Booklet
- OFBCI Give.Receive.Mentor website at www.IN.gov/ofbci/2402.htm
- OFBCI Give.Receive.Mentor E-Newsletter www.IN.gov/ofbci/2505.htm
- Share your mentoring experiences at www.in.gov/ofbci/2444.htm
- Share What You Know...Mentor a Child! Make a New Year resolution to mentor a child in 2008
- www.whomentoredyou.org
- Weekly mentoring updates in OFBCI Friday Night Facts

31 Days of Mentoring is designed to be a tool for current mentors and individuals interested in becoming mentors. For those seeking to become a mentor we have featured (FEATURE) thirteen Indiana mentoring agencies and 18 activities (ACTION) for those who are currently mentors/mentees to take part in during January's 31 Days.

WEEK FIVE OF 31 DAYS OF MENTORING

January 27, 2008—FEATURE: INSIGHT YOUTH CORPS

The INSight Youth Corps is a student-led initiative that was developed out of INShape Indiana. The INSight Youth Corps prepares and empowers high school students to provide health education within their school system, as well as design and carry out various creative health-related individual and community-based projects. The INSight Youth Corps is designed to provide experience-based learning, enhance personal and academic achievement, and build leadership skills among its members, preparing them for future success and commitment to lifelong healthy lifestyles and health advocacy.

January 28, 2008—FEATURE: BOY SCOUTS OF AMERICA

Cub Scouting is a year-round family program designed for boys who are about 7 to 10 years old. Parents, leaders, and organizations work together to achieve the purposes of Cub Scouting.

Boy Scouting is a year-round program for boys around ages 11 to 17. Through the Boy Scout program, young men can achieve the core objectives of strengthening character, personal fitness and good citizenship.

Venturing is a youth development program of the Boy Scouts of America for young men and women who are around 14 through 20 years of age. Venturing's purpose is to prepare young people to become responsible and caring adults.

January 29, 2008—FEATURE: STARFISH INITIATIVE

The mission of Starfish Initiative is to cultivate promising, economically disadvantaged urban youth into college-educated leaders by providing them with individual mentors, facilitating college preparatory high school careers, and offering family-focused support services. In so doing, it is the Starfish Initiative's aim to instill in each Scholar the desire to contribute to his or her community in years to come by providing assistance and leadership so the next generation might follow in their footsteps.

January 30, 2008—FEATURE: GIRL SCOUTS OF AMERICA

Girl Scouts of the USA is the world's preeminent organization dedicated solely to girls—all girls—where, in an accepting and nurturing environment, girls build character and skills for success in the real world. In partnership with committed adult volunteers, girls develop qualities that will serve them all their lives, like leadership, strong values, social conscience, and conviction about their own potential and self-worth.

January 31, 2008—ACTION: TRUSTED PARTNERS

Trusted Partners celebrates the time and efforts of volunteer mentors and their support of individuals in need of housing. Celebrate the Fourth Anniversary & Mentor Recognition Dinner, Thursday, January 31, 2008 at 6:30 PM at Immanuel Church of Christ, 402 E. Prospect Street in Indianapolis. The featured speaker is Mickey Maurer, Chairman IJB Corporation. Meal prepared by Second Helpings.



Canned Food Recall Expanded

New Era Canning Company in New Era, Michigan has expanded its canned food recall because of potential *Clostridium botulinum* (*C. botulinum*) contamination to include **all** canned green beans and garbanzo beans distributed by the company nationwide over the last five years. The affected cans are large, institutional-sized containers weighing about 6.5 pounds. Botulism is a muscle-paralyzing disease caused by a toxin made by the bacterium, *Clostridium botulinum*.

Due to this recall, Inter-American Products, a division of The Kroger Co. today announced a voluntary recall on all codes of Deli Chef Tri-Bean Salad sold from store deli counters. The green beans in the Tri-Bean Salad were processed by the New Era Canning Company. Consumers should not consume this product even if it does not look or smell spoiled. No illnesses have been reported.

The FDA says consumers should place recalled products in two plastic bags tightly sealed before placing in a non-recyclable trash receptacle outside of the home. If cans are swollen, bulging or leaking, gloves and eye protection are recommended before double-bagging and disposing of the cans. Health officials recommend thoroughly washing both hands for at least two minutes after carefully removing and disposing the gloves.

Symptoms of botulism can begin from 6 hours to 10 days after exposure to the toxin. Symptoms may include: double vision, blurred vision, drooping eyelids, slurred speech, difficulty swallowing, and muscle weakness that moves progressively down the body starting at the head, and then descending to the arms, torso, and legs.

Complications of botulism can include paralysis of the breathing muscles, which can result in death unless assistance with breathing (mechanical ventilation) is provided. Individuals who have these symptoms and who may have recently eaten the products under recall or other food products made with them should seek immediate medical attention.

To date, no illnesses have been reported to the FDA; however, consumers should not consume these products, even if they appear to be normal, because of the potential serious health risk. Consumers who have the affected products or who have used them in recipes should immediately double-bag, and throw the cans and food away.

Signs of *C. botulinum* in canned foods can include bulging lids, foam, or a bad odor. However, not all cans will show signs if contaminated with *C. botulinum*.

Health officials say most of the recalled cans were distributed to nursing homes, restaurants and schools. Local health departments around the state have already conducted onsite checks to ensure recalled products from the first two (2) recall announcements have been removed from these facilities, and have found the recall to be 100 percent effective to date. The State Department of Health is urging consumers to check cupboards, pantries, and other places they store canned food to be sure they do not have the recalled products in their homes.

For a complete list of the recalled products, visit the Food and Drug Administration website at www.fda.gov.

2008 Governor's Conference Spotlight: The Volunteer Management Track

This year's volunteer management track at the 2008 Governor's Conference on Service and Volunteerism is designed both for those new to the field of volunteer management and for those who have been in the field for years. In response to your suggestions, we've doubled the size of the volunteer management track and dedicated half of the sessions to introductory topics, with the other half dedicated to intermediate – advanced topics. The result: twenty (20) unique breakout sessions to choose from to customize your learning experience.



Some of the topics to be covered include volunteer risk management, conducting a successful recruitment campaign, training and team-building of volunteers, delegation and promotion of volunteers, and marketing volunteer opportunities. For a complete listing of volunteer management sessions and descriptions, visit our website: <http://www.in.gov/ofbci/2472.htm>. From there, click on the link to download the conference registration mailer.

Watch Your Mailbox!

Registration mailers for the 2008 Governor's Conference are in the mail and should be arriving in your mailboxes soon! The mailer has everything you need to know about the conference, including descriptions of every breakout session, lodging information, and even a tear-out registration form that you can fill out and mail in. It also includes a nomination form and guidelines for the 2008 Governor's Awards for Volunteer service. We have a few mailers left over in the office. If you would like to have one mailed to you, send an email to info@ofbci.in.gov.

Governor's Award Recipient Spotlight: Dollie Stuber



Dollie Stuber was one of two recipients of the 2007 Governor's Award for Volunteer Service in the National Service category. Dollie was nominated not only for her work as a Volunteer Recruitment Coordinator for the Family Resource Center in Austin, but her continuous outreach to her community. Dollie spent 40 hours a week organizing volunteers for more than ten regular programs at the Family Resource Center as an AmeriCorps member. She is a youth leader at her church, and has organized mission trips to San Bernadino, California, and Bacalar, Mexico. During the 2006 Christmas season, Dollie spent 60 hours ringing a bell for the Salvation Army and worked the third shift at the Kids First Auction to buy clothes and toys for needy children. In the aftermath of Hurricane Katrina, Dollie organized a trip to Hattiesburg, Mississippi with three friends, and loaded a horse trailer with food, clothes and other supplies for the victims.

In her nomination form, the nominator wrote that, "Dollie is a wonderful example for what National Service is all about. She always serves more hours than needed for her AmeriCorps service, but she also serves so many extra hours in the community where she is needed."



Northwest Indiana Residents Asked to Report Damage, Other Financial Losses

To help expedite the collection of damage information caused by the January 7, 2008 severe weather and flooding in Northwest Indiana, the Indiana Department of Homeland Security is asking people who sustained losses to contact a toll free number.

Beginning last Tuesday, January 22, anyone affected by the disaster beginning January 7, 2008 should provide information about damage by calling, toll-free, 866-210-1925, from 8 a.m. to 8 p.m. Monday-Friday and 10 a.m.-4 p.m. Saturdays and Sundays.

Losses can include structural damage to homes, loss of personal property and business losses due to the flooding.

"We need to conduct a thorough and comprehensive compilation of damage," said Phil Brown, interim director of IDHS emergency response division. "To do this, we're asking anyone with damage to make this very important contact."

Callers will be asked to provide their name, address, phone number, damage to property and type of damage the property sustained. Also, be ready to provide information about unemployment or business losses because a business was closed or damaged due to flooding. This can include employees and business owners.

For a form to help you provide information, visit www.in.gov/dhs.

Sodexo is sponsoring \$3,000 scholarships for any child in school (kindergarten through graduate school) who is doing great things to fight hunger and poverty in the US. To learn more, visit <http://www.helpstophunger.org/scholarships>



Do you know a young person in grades 8-12 who is active in service and making their community a better place? **Champions of Caring** is a Philadelphia based not for profit organization that offers three school and community based programs dedicated to educating and empowering young people to become leaders in service and advocates for social justice. Students who are selected as Champions will be honored at a ceremony in May at Drexel University, and will be eligible to receive a \$50,000 service scholarship from Drexel. Deadline to apply is **February 15**. For more information, visit

<http://www.championsofcaring.org>

One in three homeless people in the US are under the age of 18. From now until February 10th, you can drop off your gently-worn jeans at any Aeropostale location across the US and **Do Something** will make sure they get donated to a local homeless shelter. Plus, you'll get a coupon for an additional 20% off a new pair of jeans! To learn more, visit <http://www.dosomething.org>



National Wear Red Day for Women is observed nationwide on the first Friday in February (February 1, 2008). Churches and other faith-based organizations are invited to conduct heart-health awareness activities on that weekend—or at any other time of their choosing. To download a Have Faith in Heart Toolkit or for more information, visit

http://www.goredforwomen.org/national_wear_red_day.html



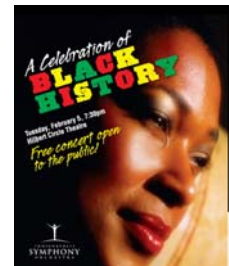
The new statewide report being released today is aimed at helping public officials, educators, youth workers and other civic leaders address issues affecting African-American youth in Indiana. Indiana Black Expo released "The State of Our Black Youth," a comprehensive report describing how Black youth across the state are fairing on a wide range of economic, health, family and academic indicators. This updated report will provide specific data for the following communities: Anderson, East Chicago, Elkhart, Evansville, Ft. Wayne, Gary, Hammond, Indianapolis, Jeffersonville, Kokomo, Lafayette, Marion, South Bend and Terre Haute. To view this report, visit <http://www.indianablackexpo.com>

Indiana high school juniors and seniors can nominate their Hoosier Hero, and become eligible to win one of ten \$2,000 scholarships! The deadline is **January 31st**, so hurry and submit your nomination today! For more information, visit www.HoosierHeroes.org



The 100 Black Men of Indianapolis and The Infinite Scholars Program present their Fifth Annual College Fair on Saturday, **February 2nd** from 9 AM to 1 PM, at the University of Indianapolis, Ruth Lilly Fitness Center, 1400 E. Hanna Avenue. See <http://www.uindy.edu/maps/> for the exact location. Some schools will be accepting students and awarding scholarships on site. Local admissions and financial aid personnel will conduct workshops on financial aid, understanding the college planning process and college freshman survival tips to assist students. Students are asked to bring their transcripts, A.C.T. IS.A.T. scores, two letters of recommendation and a videotape of your extracurricular activities. Pre-register online at <http://www.mohela.com/infinitescholar/Default.aspx> or call Shawn Odle at 317-788-3352, or via email at odles@uindy.edu

The Indianapolis Symphony Orchestra cordially welcomes everyone to a free Celebration of Black History on Tuesday, **February 5th** at 7:30 PM at the Hilbert Circle Theatre, 45 Monument Circle. Doors will open at 6:30 PM for general admission seating. Adjacent parking is available for \$3 at Express Park at 20 North Pennsylvania. For more information, visit <http://www.indianapolissymphony.org>



Just because we don't have any training opportunities listed doesn't mean there aren't any!

Please visit the OFBCI website at <http://www.in.gov/ofbci/2414.htm>

If you have a training opportunity you would like considered for inclusion on our Training Calendar, please send the information to jgegel@ofbci.in.gov

"Many people fear nothing more terribly than to take a position which stands out sharply and clearly from the prevailing opinion. The tendency of most is to adopt a view that is so ambiguous that it will include everything and so popular that it will include everybody. Not a few people who cherish lofty and noble ideals hide them under a bushel for fear of being called different."

—Martin Luther King, Jr.

Reducing the RISKS

Hoosier Teens Talk Health

Thursday, March 13, 2008

9:00 a.m. to 4:30 p.m.

Indiana Convention Center
in downtown Indianapolis

High school-aged Hoosier teens are invited to attend this event to discuss solutions to health problems facing today's youth, including obesity, tobacco use, and injuries. Change starts with you.

Featured speakers:

Rupert Boneham from CBS hit reality series *Survivor* and **Tasha Jones**, local poet and educator

Register now to attend at:
www.statehealth.IN.gov.

