

Recipe sites for Sierra Leone

<http://free.freespeech.org/isierra-leone/cuisine/>

http://www.elca.org/dgm/country_packet/sierra-leone/recipe.html

<http://www.sierra-leone.org/recipes.html>

[http://food.hubcom.net/cgi-win/recipe.exe?3\\$2\\$1\\$39\\$206](http://food.hubcom.net/cgi-win/recipe.exe?3$2$1$39$206)