# INTRODUCTION

The Commodities Reference Guide (CRG) provides information on food commodities distributed under Title II of Public Law 480 (P.L. 480), as amended. This program is administered by the United States Agency for International Development (USAID) in conjunction with the United States Department of Agriculture (USDA), and comprises emergency and development activities. Since its inception in 1954, the P.L. 480 Program and other food assistance instruments have distributed 375 million metric tons of US food commodities valued at well over \$50 billion. In 1990, the Congress amended the P.L. 480 legislation, reasserting the United States' intent to use its agricultural productivity to enhance food security in the developing world.

The CRG is an information tool, providing relevant information about the food commodities used in P.L. 480 Title II program. All food commodities are available to the P.L. 480 Program as long as they are not determined to be in short supply by the US Secretary of Agriculture, a determination that is made every October (per Section 401(a) of the FAIR Act, 1996) by the Secretary of Agriculture. The CRG is intended for use by Title II cooperating sponsors as they develop new proposals or modify previously approved activities. The CRG is designed to provide these organizations with a description of available food commodities, their nutritional values and physical properties, a guide to appropriate storage and handling, and important general information regarding their safe and effective use as rations in Title II programs that distribute food directly to recipients. It is also designed as a reference for USAID Food for Peace officers (FFP), other USAID officers, the staff of cooperating sponsors, and recipient governments and agencies that are involved in decision-making for planning, managing, controlling, and evaluating appropriate uses of Title II food commodities.

The CRG provides information on the food commodities that are in general use in the Title II program in Part One (Title II Food Aid Commodities and Fact Sheets) and information and examples on selecting rations for different program scenarios in Part Two (Guidelines for Selecting Food Aid Commodities). It should be noted that the information here is not a substitute for the very detailed guidance provided by the Office of Food for Peace annual proposal guidance, the monetization manual, and the USAID food aid and food security policy paper. The CRG program examples are for illustration. It does not attempt to anticipate all the ways in which rations may enter into programs. The CRG is not intended to offer programming guidance, which is derived from USAID policies on program design, management, performance monitoring and evaluation which are all available elsewhere. Policy guidance is provided in other documentation from the Bureau for Humanitarian Assistance, Office of Food for Peace (BHR/FFP). The CRG web site does provide links to relevant representative complementary policy and program documents and key web sites.

Title II food assistance programs illustrated in the CRG are geared to impact food security through improved access to food, increased availability of food and/or improved nutrition and utilization of food of the target groups. In addition to providing emergency relief from hunger and malnutrition, Title II programs emphasize sustainable food security and nutrition goals.

The following is a major revision and update of the original CRG, issued in January 1988, by the

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USAID/BHR/FFP. The decade following the publication of the CRG has seen significant changes that necessitate updating both the content of the CRG and the methods of dissemination of that content. New information regarding micronutrients and their importance in food assistance has become available. Understanding has evolved on the bioavailability of micronutrients (e.g., the advisability and feasibility of fortification of vegetable oil with vitamin A), the nutritional needs of food assistance recipients, methods for delivery of micronutrients, and changes in the fortification requirements for the U.S. food supply. Changes in the availability of key food commodities used to make blended products also have affected the composition of the P.L. 480 food assistance basket. The 1999/2000 revision process has incorporated input from all the stakeholders: USAID, USDA, the cooperating sponsors and the commodity groups and includes input from headquarters and field personnel.

Significant advances in communication and information systems (e.g., satellite/wireless communication, the Internet and the World Wide Web), have made it possible to present, publish and disseminate information in an entirely new fashion -- on the World Wide Web. Thus, the 1999 edition of the CRG is available in both hard copy and on the USAID Web site as a downloadable PDF file, and can be accessed at http://www.usaid.gov. This method has the added advantage of ensuring that the CRG is updated and revised quickly and inexpensively to reflect new commodity specifications or program requirements, making the CRG a vital, "evergreen" document.

Furthermore, users of the Guide anywhere in the world can share their decades of experience, offer recipes, preparation methods, specific anecdotal information or suggestions regarding ways in which the CRG can be made more useful to recipients of Title II P.L. 480 food commodities. Similarly, USAID and USDA can update the nutritional composition data, reflecting state-of-the art technology, bioavailability data, and other related issues. Manufacturers of Title II food commodities are also able to offer timely input on packaging, distribution, insect and rodent control, and other operations-related matters. The use of web site technology makes all of the information available at low cost and in short time frames.

The Commodities Reference Guide is organized into three parts:

### Part One: TITLE II FOOD AID COMMODITIES AND FACT SHEETS

**Section I** provides a list of the food commodities generally used in Title II projects along with a brief description of each one, and explains the rationale for USDA exclusion of those in shortage in any given year.

**Section II** presents individual Commodity Fact Sheets. Included are detailed descriptions of commonly used food commodities, including their nutritional content, components, USDA specifications, and packaging information.

**Section III** addresses commodity storage and shelf life concerns.

**Section IV** provides information on controlling damages to food commodities.

Part Two: GUIDELINES FOR SELECTING FOOD AID COMMODITIES (Draft)

**The Overview** section outlines the features of the Food for Peace Program and a general guideline for selecting food rations. The guidelines consist of five steps:

- (1) Program Design, (2) Suitability of Food Commodities, (3) Ration Specifications,
- (4) Ration Calculation, and (5) Ranking and Selection. In five **Modules**, these steps are applied to types of programs in which food aid is commonly used. The following modules are designed so each can be read independently of the others:

**Module 1** provides information for Maternal and Child Health and Nutrition programs.

Module 2 provides information for Food for Work program components.

**Module 3** provides information regarding Food for Education and school feeding program components

Module 4 provides information for Non-Emergency Humanitarian Assistance

**Module 5** provides information for Emergency Programs

#### Part Three: ANNEXES (Draft)

Annex I – Definitions

Annex II – Tools and Indicators

Annex III - Recommended Energy Allowance Tables

Annex IV – Recommended Dietary Allowance Table

Annex V – Illustrative Commodity Prices

Comments on the draft parts of the guide and additional information on commodity specification and P.L.480 program management can be obtained from

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# **List of Acronyms**

BHR	Bureau for Humanitarian Response	NIS	Newly Independent States of
CCC	Commodity Credit Corporation	NCO	the Former Soviet Union
CDO CFW	Cooperative Development Organization Cash-for-Work	NGO	Non-Governmental Organization
CIDA	Canadian International Development Agency	OCF	Other child feeding
CS	Cooperating Sponsor	OFDA	Office of U.S. Foreign Disaster
CSB	Corn Soy Blend	0.5/1	Assistance (USAID)
DA	Development Assistance (funds)	OE	Operating Expense (funds)
DAP	Development Activity Proposal	ORT	Oral Rehydration Therapy
ERS	Economic Research Service (USDA)	OYB	Operating Year Budget
EU	European Union	PAA	Previously Approved (Title II)
FAC	Food Aid Convention		Activity
FAC	Food Aid Coordinating Committee/Sierra	SF	Soy Fortified
<b>5400</b>	Leone	SFB	Soy-Fortified Bulgur
FACG	Food Aid Monogram and Plan	SFCM	Soy-Fortified Cornmeal
FAMP	Food Aid Management Plan	SFSG P.L. 480	Soy-Fortified Sorghum Grits U.S. Public Law 480
FAO	Food and Agriculture Organization of the United Nations	PVO	Private voluntary organization
FFE	Food-for Education	R4	USAID's Results Report and
FFP	Office of Food for Peace (in USAID/BHR	114	Resources Request
	Bureau)	REDSO	Regional Economic
FFP/DP	Development Programs Division in FFP		Development Support
FFP/ER	Emergency Response Division in FFP		Office/USAID
FFPO	Food for Peace Officer	Section 202(e)	Section of USAID's P.L.480
FFPr	Food for Progress Program of P.L. 480 Title		authorizing funds to support
		0=	Title II activities
FFW	Food-for-Work	SF	School feeding
FTE FVA	Full-time equivalent (direct-hire staff) Bureau for Food and Voluntary Assistance	SO SO1	Strategic Objective BHR/FFP's Strategic
GDP	Gross domestic product	301	Objective #1
GHAI	Greater Horn of Africa Initiative	SO2	BHR/FFP's Strategic
GNP	Gross national product	002	Objective #2
ICRC	International Committee of the Red Cross	SPO	Special Objective
ICSM	Instant Corn-Soy Milk	UNDP	United Nations Development
IFPRI	International Food Policy Research Institute		Program
IGAD	Inter-Governmental Authority on Development	UNHCR	United Nations Office of the
IMR	Infant mortality rate		High Commissioner for
IO	International organization		Refugees
IR	Intermediate Result	UNICEF	United Nations Children's
ISG	Institutional Support Grant	LICAID	Fund
LAC LDC	Latin America and Caribbean Bureau (USAID) Least developed country	USAID	United States Agency for
LIFDC	Low-Income Food-Deficit Country	USDA	International Development United States Department of
MCH	Maternal-Child Health	JUDA	Agriculture
M&E	Monitoring and evaluation	WFS	World Food Summit
MOU	Memorandum of Understanding	WSB	Wheat Soy Blend
MT	Metric ton(s)	WHO	World Health Organization
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## **List of Cooperating Sponsors (FY 1997)**

ACDI/VOCA Agricultural Cooperative Development International/

Volunteers in Overseas Cooperative Assistance

ADRA Adventist Development and Relief Agency

**AFRICARE** Africare

AG.FOUND Agricultural Foundation

**AGUDATH** Agudath Israel of America, Inc.

AIA American International Association of the Hematologists of the World for

Children, Inc.

**AKF** Aga Khan Foundation

ARC American National Red Cross

**CARE** Cooperative for Assistance and Relief Everywhere, Inc.

CARITAS/Bolivia Caritas Bolivia CARITAS/Peru Caritas Peru

**CFI** Counterpart Foundation Inc.

CHAMAH Chamah

CITIHOPE CitiHope International

CNFA Citizens Network for Foreign Affairs

CRM Christian Rescue Mission
CRS Catholic Relief Services – USCC

**DOULOS** Doulos Community, Inc.

**DPPC** Disaster Prevention and Preparedness Commission/Ethiopia

**EOC** Ethiopian Orthodox Church FAR Fund for Armenian Relief Food for the Hungry, Inc.

FTC Feed the Children

GJARN Global Jewish Assistance Relief Network IOCC International Orthodox Christian Charities

**IPHD** International Partnership for Human Development

LEA Lishkas Ezras Achim
MCI Mercy Corps International

NCBA/CLUSA National Cooperative Business Association

NPA Norwegian Peoples' Aid

**OICI** Opportunities Industrialization Centers International, Inc.

PCI Project Concern International

**PRISMA** Projects in Agriculture, Rural Industry, Science & Medicine, Inc./Peru

PROJECT AID Project Aid

**REST** Relief Society of Tigray

RFCP/CBI Russian Farm Community Project, Inc./Cooperative Business International

SALESIANS (SSI) Salesian Missions

**SAWSO** Salvation Army World Service Office **SCF** Save the Children Federation, Inc.

SHARE World SHARE

**SUSTAIN** Sharing U.S. Technology to Aid in the Improvement of Nutrition

**TECHNOSERVE** TechnoServe

UMCOR United Methodist Committee on Relief

WFP World Food Program

WINROCK/WI Winrock International Institute for Agricultural Development

**WVRD** World Vision Relief and Development, Inc.

### **CONVERSION TABLES**

#### **Cubic Measure**

1 cubic inch = 16.39 cubic centimeters

1 cubic foot = 0.03 cubic meter 1 cubic yard = 0.76 cubic meter

1 cubic centimeter = .06 cubic inch 1 cubic meter = 35.31 cubic feet 1 cubic meter = 1.31 cubic yard

### **Liquid Measure**

1 pint = 0.47 liter 1 quart = 0.95 liter 1 gallon = 3.79 liter

1 liter = 1.06 quarts 1 kiloliter = 264.18 gallons

### Weights

1 grain = 0.06 gram 1 ounce = 28.35 grams 1 pound = 453.59 grams 1 ton = 907.18 kilograms

1 gram = 15.43 grains 10 grams = 0.35 ounce 1 kilogram = 2.2 pounds 1 metric ton = 2,204.6 pounds