

NO ONE EVER THINKS
THEY'LL WAKE UP HERE.
METH WILL CHANGE THAT.

SHE
STARTED
METH
AT 12

AND ENDED
AT 15

ANGELA FATINO
1982-1997

METH
Not Even Once

MONTANA METH PROJECT
NotEvenOnce.com

METH: IT'S GETTING UGLY

It's an Ugly, Painful way to go

METH

KILLS

Don't fall for the hype - Choose Life

**BUY
CRYSTAL,
get HIV
FREE!**




YOU'LL NEVER WORRY ABOUT
LIPSTICK ON YOUR TEETH AGAIN.



SCABS, HALLUCINATIONS, AND BODY SORES.
THEN THINGS REALLY GO DOWNHILL.



ACTUALLY, DOING METH WON'T MAKE
IT EASIER TO HOOK UP.

For help call 1-800-715-4225

For more info:



1 year, 5 months

3 years, 5 months

www.endmeth.info/effects-of-meth.html

www.justthinktwice.com

www.usdoj.gov/methawareness/

10 Things You Should Know about Meth

1. If you haven't tried meth, **DON'T!**
2. First time users can experience many of the side effects of meth - **including death**. Even small amounts of meth can produce serious negative effects on your body such as hyperthermia and convulsions, which sometimes result in death to the user. It also kills by causing heart failure, brain damage and stroke, and it can cause extreme, acute psychiatric and psychological symptoms that may lead to suicide or murder.
3. **Meth contains some pretty nasty stuff**, like lye, ether, iodine, drain cleaner, brake fluid, lighter fluid, lantern fuel, battery acid, red phosphorous, paint thinner, and anhydrous ammonia.
4. Meth stimulates the central nervous system. It is **highly addictive and extremely difficult to kick**. Persons using meth might feel irritability, fatigue, headaches, anxiety, sleeplessness, confusion, aggressive feelings, violent rages, and depression. **HIV due to risky sexual behavior** or shared needles is a very serious danger. Women who use meth while pregnant can have serious complications, such as premature delivery. **Babies can be born with meth in their system**, and may suffer from withdrawal, or cardiac and brain abnormalities.

A fairly common hallucination experienced by meth users is the "**crank bug**." Users get the sensation that there are insects creeping on top of, or underneath, their skin, and will pick at or scratch their skin trying to get rid of the imaginary bugs. This scratching can create open sores that may become infected. Skin, teeth, hygiene, eating, and sleeping - are all neglected for the high that meth temporarily brings, leading to teeth rotting away and an aged appearance that may be irreversible. And while many meth users think that meth will enhance their sex life, the truth is that **users can lose their ability to have sex after only a few months**.
5. Meth is available as a powder, as a pill, and as crystal. It can be smoked, snorted, injected and swallowed. But **once you start, it's hard to turn back**. Users develop a tolerance to meth, and feel the need to increase the amount they are taking, or change from one method of taking it to another, to try to feel higher. But this makes a user not sleep or eat for days to just keep going. Eventually, users crash.
6. Some of the street names for meth are crank, Tina, croak, crystal ice, fire, glass, tweek, white cross, crypto, speed. **No matter what it's called, it's still meth and it's still deadly, and it's probably more pure and much stronger than you think**.
7. **Meth affects everyone around you!** Those who make meth can do it in a house, a dorm room, an apartment or motel room, or even in a car. Explosions and fires can occur. As if that weren't bad enough, the dangerous residue from cooking meth remains long after the cooking is over. So meth cooks actually expose anyone who enters a room where meth has been cooked, even babies and children, to hazardous waste.
8. **Your future depends on staying away from meth**. You can lose your family, your children, your scholarship, your job - and your potential for any kind of normal life, because meth users don't care about anything but getting more meth, and will neglect everything else in their lives.
9. Meth users and dealers can get new living quarters: Meth is illegal. **Even simple possession can land you in prison**. Penalties for drug offenses can be harsh, and criminal records can stay with you for life.
10. **If you use meth, help is available. Call the Georgia Crisis and Access toll-free number: 1-800-715-4225. This free, confidential referral service can help you find treatment anywhere in the State of Georgia, 24 hours a day, 7 days a week.**