



## **A MINUTE OF HEALTH WITH CDC**

### ***Epilepsy: A Common Disorder***

*National Epilepsy Awareness Month — November 2008*

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*This program is presented by the Centers for Disease Control and Prevention. CDC — safer, healthier people.*

About two and a half million people in the U.S. suffer from epilepsy. For most, there is no known cause, and although there is no cure, the disorder can usually be treated. People with epilepsy have recurrent, unprovoked seizures during which they may experience an involuntary change in body movement or function, sensation, awareness, or behavior.

Epilepsy can occur at any age, but usually begins in early childhood or older adulthood. Failure to get early treatment can result in more seizures, disability and, in rare instances, death. So if you or someone you know shows signs of epilepsy, talk to your healthcare provider.

Thank you for joining us on *A Minute of Health with CDC*.

*For the most accurate health information, visit [www.cdc.gov](http://www.cdc.gov) or call 1-800-CDC-INFO, 24/7.*