jobsyouthmayperform

13 & under

babysit deliver newspapers work as an actor or performer

offices grocery stores retail stores restaurants movie theaters

ours youth ma

y work

ges 14 & 15

Any job not declared hazardous

mining, logging, meatpacking, roofing, excavation, demolition, operating motor vehicles or forklifts, working with saws, explosives or most power driven machines, radioactive materials

> youth under age 16 may work: 3 hours a day/18 hours a week in a school week 8 hours a day/40 hours a week in a non-school week

youth under age 16 must perform work
between 7am and 7pm
except between June 1 and Labor Day,
when evening hours are extended to 9pm

youth over age 16 have no restrictions on the hours they may work



ages 16 & 17

1.866.487.9243 www.youthrules.dol.gov

Different rules apply to farms, and State laws may have stricter rules.