



How to Plan an Asthma Education Event at a Local Library

May is Asthma Awareness Month!

There is no better time to promote asthma education, including management of environmental triggers. Join EPA to plan an educational event for children and the community at a local library. To do this, you will need the support of the library staff, particularly the Director of Children's Programming. Things to do include:

- ▼ **Schedule a children's reading time dedicated to asthma. Consider reading the following books, written by Kim Gosselin:**
 - ▶ *Taking Asthma to School,*
 - ▶ *Zoo Allergy,* and
 - ▶ *The ABC's of Asthma.*
- ▼ **Publicize your event in library newsletters, flyers, on Web sites, bulletin boards, and through local media.**
- ▼ **Plan a book fair with a health theme. Invite local expert speakers to provide "mini-seminars" on asthma and related topics at the library throughout the day.**
- ▼ **Host a family fun night with stories, movies, refreshments, and games like asthma bingo.**
- ▼ **Create an asthma display in a prominent location in the library. Provide asthma materials for library visitors to learn more.**

And remember...

- ▼ **Distribute asthma materials to library visitors. Following are some of EPA's materials available to you in both English and Spanish:**
 - ▶ "Clear Your Home of Asthma Triggers" brochure;
 - ▶ "Take the Smoke-Free Home Pledge" brochure and poster;
 - ▶ "Dusty and His Asthma Triggers" children's funbook;
 - ▶ "Breathing Freely: Controlling Asthma Triggers" video;
 - ▶ "Help Your Child Gain Control Over Asthma" booklet;
 - ▶ Asthma public service announcements.

