

Table 205. Per Capita Consumption of Major Food Commodities: 1980 to 2005

[In pounds, retail weight, except as indicated. Consumption represents the residual after exports, nonfood use and ending stocks are subtracted from the sum of beginning stocks, domestic production, and imports. Based on Census Bureau estimated resident population]

Commodity	Unit	1980	1990	1995	2000	2003	2004	2005
Red meat, total (boneless, trimmed weight) ^{1, 2}	Pounds . . .	126.4	112.2	113.6	113.7	111.6	112.0	110.0
Beef	Pounds . . .	72.1	63.9	63.5	64.5	61.9	62.9	62.4
Veal	Pounds . . .	1.3	0.9	0.8	0.5	0.5	0.4	0.4
Lamb and mutton	Pounds . . .	1.0	1.0	0.9	0.8	0.8	0.8	0.8
Pork	Pounds . . .	52.1	46.4	48.4	47.8	48.4	47.8	46.5
Poultry (boneless, trimmed weight) ²	Pounds . . .	40.8	56.2	62.1	67.9	71.2	72.7	73.6
Chicken	Pounds . . .	32.7	42.4	48.2	54.2	57.5	59.2	60.4
Turkey	Pounds . . .	8.1	13.8	13.9	13.7	13.7	13.4	13.1
Fish and shellfish (boneless, trimmed weight)	Pounds . . .	12.4	14.9	14.8	15.2	16.3	16.5	16.1
Eggs	Number . . .	271	234	232	251	254	256	254
Shell	Number . . .	236	186	172	178	182	180	175
Processed	Number . . .	35	48	60	73	72	76	79
Dairy products, total ³	Pounds . . .	543.1	568.0	576.2	592.2	588.8	591.8	600.5
Fluid milk products ⁴	Gallons . . .	27.9	26.2	24.6	23.2	22.5	22.3	22.0
Beverage milks	Gallons . . .	27.6	25.7	23.9	22.5	21.6	21.2	21.0
Plain whole milk	Gallons . . .	16.5	10.2	8.3	7.7	7.2	6.9	6.6
Plain reduced-fat milk (2%)	Gallons . . .	6.3	9.1	8.0	7.1	6.9	6.9	6.9
Reduced fat milk (1%) and skim milk	Gallons . . .	3.1	4.9	6.1	6.1	5.6	5.5	5.6
Flavored whole milk	Gallons . . .	0.6	0.3	0.3	0.4	0.4	0.3	0.3
Flavored milks other than whole	Gallons . . .	0.6	0.8	0.8	1.0	1.2	1.4	1.4
Buttermilk	Gallons . . .	0.5	0.4	0.3	0.3	0.2	0.2	0.2
Yogurt (excl. frozen)	1/2 pints . . .	4.6	7.8	11.4	12.0	15.2	17.0	15.9
Fluid cream products ⁵	1/2 pints . . .	10.5	14.3	15.6	18.3	22.2	23.5	24.3
Cream ⁶	1/2 pints . . .	6.3	8.7	9.4	11.6	13.9	14.8	15.1
Sour cream and dips	1/2 pints . . .	3.4	4.7	5.4	6.1	7.5	7.9	8.3
Condensed and evaporated milks	Pounds . . .	7.0	7.9	6.8	5.8	5.9	5.5	5.8
Whole milk	Pounds . . .	3.8	3.1	2.3	2.0	2.6	2.2	2.2
Skim milk	Pounds . . .	3.3	4.8	4.5	3.8	3.3	3.2	3.6
Cheese ⁷	Pounds . . .	17.5	24.6	26.9	29.8	30.4	31.3	31.4
American ⁸	Pounds . . .	9.6	11.1	11.7	12.7	12.5	12.9	12.7
Cheddar	Pounds . . .	6.8	9.0	9.0	9.7	9.2	10.3	10.1
Italian ⁹	Pounds . . .	4.4	9.0	10.3	12.1	12.6	12.9	13.3
Mozzarella	Pounds . . .	3.0	6.9	8.0	9.3	9.6	9.9	10.2
Other ⁹	Pounds . . .	3.3	4.3	5.0	4.8	5.1	5.3	5.4
Swiss	Pounds . . .	1.3	1.4	1.1	1.0	1.2	1.2	1.2
Cream and Neufchatel	Pounds . . .	0.9	1.6	2.2	2.3	2.4	2.3	2.3
Cottage cheese, total	Pounds . . .	4.5	3.4	2.7	2.6	2.7	2.6	2.6
Lowfat	Pounds . . .	0.8	1.2	1.2	1.3	1.3	1.3	1.3
Frozen dairy products	Pounds . . .	26.4	28.5	29.0	28.0	27.1	26.4	24.1
Ice cream	Pounds . . .	17.5	15.8	15.5	16.7	16.4	15.4	15.4
Lowfat ice cream	Pounds . . .	7.1	7.7	7.4	7.3	7.5	7.8	5.9
Sherbet	Pounds . . .	1.2	1.2	1.3	1.2	1.2	1.2	0.9
Frozen yogurt	Pounds . . .	(NA)	2.8	3.4	2.0	1.4	1.8	1.3
Fats and oils:								
Total, fat content only	Pounds . . .	56.9	62.3	64.2	82.3	88.0	87.5	85.5
Butter (product weight)	Pounds . . .	4.5	4.4	4.4	4.5	4.5	4.6	4.6
Margarine (product weight)	Pounds . . .	11.3	10.9	9.1	7.5	5.3	5.3	4.0
Lard (direct use)	Pounds . . .	2.3	0.9	0.4	0.8	1.3	0.7	1.5
Edible beef tallow (direct use)	Pounds . . .	1.1	0.6	2.7	4.0	3.8	4.0	3.8
Shortening	Pounds . . .	18.2	22.2	22.2	31.6	32.8	32.6	29.1
Salad and cooking oils	Pounds . . .	21.2	25.2	26.5	34.8	40.8	40.8	42.7
Other edible fats and oils	Pounds . . .	1.5	1.2	1.6	1.5	1.5	1.5	1.5
Flour and cereal products ⁹	Pounds . . .	144.9	181.0	188.7	199.2	193.1	191.5	192.3
Wheat flour	Pounds . . .	116.9	135.9	140.0	146.3	136.7	134.3	134.1
Rice, milled	Pounds . . .	9.5	15.8	17.1	18.9	20.3	20.4	21.0
Corn products	Pounds . . .	12.9	21.4	24.9	28.4	30.3	30.9	31.4
Oat products	Pounds . . .	3.9	6.5	5.5	4.4	4.7	4.7	4.6
Caloric sweeteners, total ¹⁰	Pounds . . .	120.2	132.4	144.1	148.8	141.4	141.0	141.6
Sugar, refined cane and beet	Pounds . . .	83.6	64.4	64.9	65.5	60.9	61.5	62.8
Corn sweeteners ¹¹	Pounds . . .	35.3	66.8	77.9	81.8	79.1	78.1	77.4
High-fructose corn syrup	Pounds . . .	19.0	49.6	57.6	62.6	60.8	59.2	59.0
Other:								
Cocoa beans	Pounds . . .	3.4	5.4	4.5	5.9	5.3	6.0	6.5
Coffee (green beans)	Pounds . . .	10.3	10.3	7.9	10.3	9.5	9.6	9.5
Peanuts (shelled)	Pounds . . .	5.1	6.1	5.7	5.9	6.4	6.7	6.6
Tree nuts (shelled)	Pounds . . .	1.8	2.5	1.9	2.6	3.5	3.6	2.7

¹ NA Not available. ² Excludes edible offals. ³ Excludes shipments to Puerto Rico and the other U.S. possessions. ⁴ Milk-equivalent, milk-fat basis. Includes butter. ⁵ Fluid milk figures are aggregates of commercial sales and milk produced and consumed on farms. ⁶ Includes eggnog, not shown separately. ⁷ Heavy cream, light cream, and half-and-half. ⁸ Excludes full-skim American, cottage, pot, and baker's cheese. ⁹ Includes other cheeses not shown separately. ¹⁰ Includes rye flour and barley products not shown separately. Excludes quantities used in alcoholic beverages. ¹¹ Dry weight. Includes edible syrups (maple, molasses, etc.) and honey not shown separately. ¹² Includes glucose and dextrose not shown separately.

Source: U.S. Department of Agriculture, Economic Research Service, *Food Consumption, Prices, and Expenditures, Food Availability (Per Capita) Data System*; <<http://www.ers.usda.gov/data/foodconsumption/>>.