

## ROADWAY WORKER PROTECTION LIFE TIPS

1. A copy of the railroad's on-track safety rules must be readily available.
2. Never foul a track unless necessary in the performance of duty. In other words, do not walk or stand in the fouling space to conduct work unless you are absolutely certain that on-track safety has been established.
3. You have the right to challenge the on-track safety procedures to be applied at the job location if you believe that they do not comply with the rules of the railroad. You should remain clear of the track until the challenge is resolved.
4. An on-track safety job briefing must be conducted before fouling the track, and you should understand all aspects of your on-track safety to ensure that you are adequately protected. You must acknowledge that you understand the briefing and the on-track safety must be appropriate for the work that you are performing.
5. Remind the person providing you the on-track safety job briefing that you must be notified of any changes in the on-track safety procedures that may occur throughout the day.
6. You must know the identity of the worker who is in charge of the on-track safety procedures.
7. It is critical to know the type of on-track safety for the track(s) you are to foul.
8. The specific working limits must be clearly defined. Otherwise, train approach warning must be provided and, when clearing the track, the designated place of safety must be known. It is imperative that you are clear of the track before any train is not less than 15 seconds from your work location.
9. If the work activity is likely to foul adjacent track(s) or it is large-scale, you must know what type of on-track safety is provided on those adjacent track(s).
10. If you are a lone worker using individual train detection:
  - The on-track safety statement must be completed.
  - You have the right to use an alternate form of on-track safety other than individual train detection.
  - You cannot be working where there is noise (e.g., environmental, power tools, machines, etc.) or other impairments interfering with your ability to detect approaching trains.
  - You must be outside a manual interlocking, controlled point, or remote hump yard facility.
  - You must have the ability to clear to a protected area.
  - The required sight distance must be available in order for you to be in the clear before any train is not less than 15 seconds away from your work location.
  - Only minor repairs, inspection, or correction work may be performed as long as they do not interfere with your ability to detect the approaching trains.
11. If the task involves Roadway Maintenance Machines (RMM), you must know the RMM procedures to ensure your safety.
12. The required on-track safety training and/or qualification must be completed before you perform your duties.
13. If required, railroad communication (e.g., radio) must be available.
14. Stop, look, and listen before crossing any track, regardless of the on-track safety status of the track(s). Expect the movement of trains, engines, cars, or other moveable equipment at any time, on any track, in either direction.