## **U.S. Department of Labor**

Mine Safety and Health Administration

**Employee Comment:** 



MSHA's Small Mine Office—Serving the small mines in America

<ul> <li>Location:</li></ul>		Week 5
<ul> <li>Drink plenty of fluids when working in hot weather</li> <li>Occurs when your body is depleted of fluids</li> <li>Symptoms are dizziness, nausea, and feeling weak</li> <li>Wear light colored clothing on hot sunny days to aid in keeping cool</li> <li>Housekeeping</li> <li>Put Trash in proper receptacles (with lids)</li> <li>Clean up grease and spills.</li> <li>Keep your equipment cabs free from trash, bottles and debris that can create a hazard</li> <li>Overhead Power Lines</li> </ul>	Location:_	Supervisor:Date:
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	•	
• Keep all equipment at least 10 feet away from power lines	3.	Overhead Power Lines
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<ul> <li>Inspect the route you must travel and ensure clearance is adequate</li> </ul>	•	Inspect the route you must travel and ensure clearance is adequate
<ul> <li>"Mark the Lines" and provide signs warning drivers of the existence of power lines</li> </ul>	•	• •
Attendees:	<b>Attendees:</b>	