

# U.S. Department of Labor

## Mine Safety and Health Administration



MSHA's Small Mine Office—Serving the small mines in America

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# Week 25

Location: \_\_\_\_\_ Supervisor: \_\_\_\_\_

Date: \_\_\_\_\_ Time: \_\_\_\_\_ Duration: \_\_\_\_\_

### 1) Falls From Equipment

- Falls are one of the most frequent causes of injury for operators, oilers, and mechanics
- Oil, grease, mud, tools and parts should be removed from the walkways of equipment
- Keep oil, grease and mud from the soles of your shoes
- Use three points of contact when climbing up and down ladders
- Don't carry tools or supplies up or down ladders – hoist them

### 2) Circle of Life

- Check completely around equipment before moving it
- The size of your equipment creates a greater risk while backing-up
- Check your backup alarm every day

### 3) Safety Harness

- Use when entering bins, hoppers, tanks, etc., after power has been lockout/tagout.
- Inspect the harness frequently for wear and tear
- Always have another person attending your lifeline when entering bins, hoppers, and tanks

Attendees:

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Employees Comments: