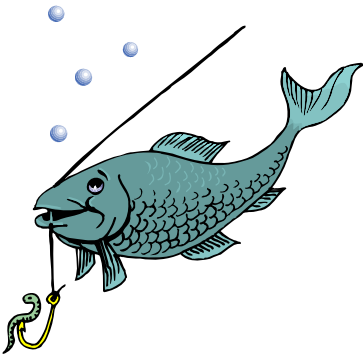


Green Bay Area Fishing Advisory



Fish are good food, but some fish caught in Wisconsin waters contain PCBs and Mercury that can harm your health if you eat too many. To be safe, please follow the suggestions in this advisory. In it, there is valuable information about how to protect your family from exposure to these chemicals.

This advice has been developed using information from the Wisconsin Department of Natural Resources booklets “Choose Wisely: A health guide for eating fish in Wisconsin 2005,” “Fox River Fishing Advisory,” and the Wisconsin DNR web site at <http://dnr.state.wi.us>.



Fox River from the DePere Dam to Lake Butte Des Morts

Eat no more than...

One meal per week:



Yellow Perch

One meal per month:



Walleye



White Bass

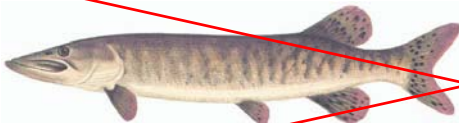


Smallmouth Bass

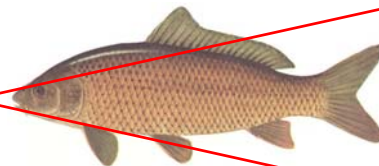


Northern Pike

Do not eat:



Musky



Carp

Fox River from the mouth at Green Bay to the DePere Dam

Eat no more than...

One meal per month:



Walleye shorter than 16 inches



Yellow Perch



Black Crappie shorter than 9 inches



Sheepshead shorter than 10 inches

1 meal every 2 months (6 meals per year):



Walleye between 16 and 22 inches



Smallmouth Bass

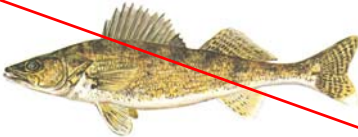


Black Crappie longer than 9 inches



Sheepshead between 10 and 13 inches

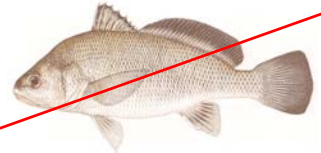
Do not eat:



Walleye longer than 22 inches



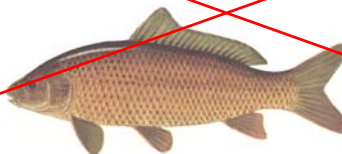
Channel Catfish



Sheepshead longer than 13 inches



White Bass



Carp



Musky

**Oconto River after the Dam at Stiles, Oshkosh and Highcliff State Park, Kewaunee River, Omro by Highway 21, and Fremont on Highway 10
Eat no more than...**

One meal per week:

One meal per month:



Chinook Salmon shorter than 30 inches



Walleye shorter than 20 inches



Smallmouth Bass shorter than 17 inches



Coho Salmon



Rainbow Trout



Carp



White Bass

Eat no more than...

1 meal every 2 months (6 meals per year):



Brown Trout longer than 22 inches

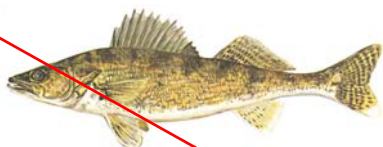


Lake Trout between 23 and 27 inches long



Chinook Salmon longer than 30 inches

Do not eat:



Walleye longer than 20 inches



Lake Trout longer than 27 inches



Northern Pike longer than 32 inches



Musky



Smallmouth Bass longer than 17 inches

Oconto River from the mouth (at Green Bay) to the dam at Stiles

Eat no more than...

One meal per week:



Yellow Perch

One meal per month:



Walleye shorter than 17 inches



Chinook Salmon shorter than 30 inches



Smallmouth Bass

1 meal every 2 months (6 meals per year):



Walleye between 17 and 26 inches

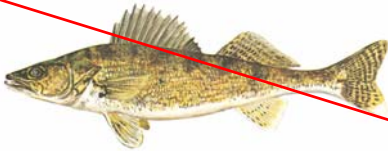


Chinook Salmon longer than 30 inches

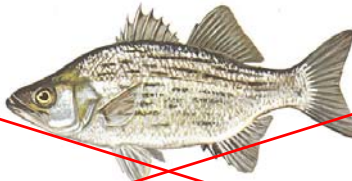


Channel Catfish

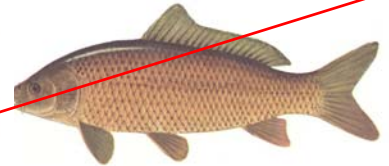
Do not eat:



Walleye longer than 26 inches



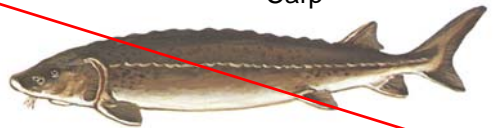
White Bass



Carp

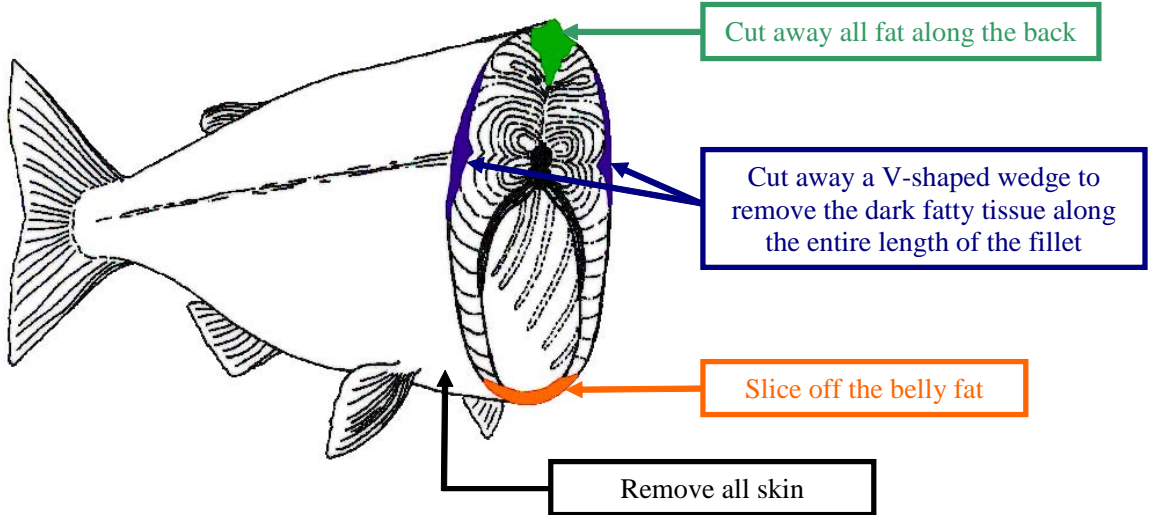


Musky



Lake Sturgeon

How to Clean Sport-Caught Fish to Reduce PCBs



PCBs are stored in skin and fat tissue. You can reduce the amount of PCBs in the fish you eat by cutting off this tissue before you cook it.

The Safest Ways to Cook Sport-Caught Fish

Safer ways:

- Broiling
- Grilling
- Baking

Avoid these:

- x Pan-frying
- x Deep frying
- x Soups/stews

Heat does not reduce PCBs in fish. Broiling, grilling, and baking are the safest ways to cook fish because this allows some of the PCBs to drip away with the fat. Do not use these fat drippings to make sauces or gravy.

PCBs and Mercury affect the nervous system and may cause developmental problems in babies whose mothers eat polluted fish while they are pregnant or nursing. These chemicals may also cause cancer.

Some fish are not safe to eat, no matter how you clean and prepare them. Please read the advisories inside this pamphlet to learn where you can safely fish.

This pamphlet contains sections of the advisory that are most useful to people who fish in the Green Bay area. We have simplified the information, so that you only need to look in one place for each lake or river. The DNR advisory has separate sections for PCBs and Mercury, and different recommendations for men than for women and children. If you follow the advisories in this pamphlet, the fish you catch will be safe for your whole family. If you want more detailed information, or the fish that you catch are not in this pamphlet, please refer to the DNR booklets listed on the front cover.



If you have any questions about the FRIENDS Center or the Wisconsin fishing advisory, feel free to call Mai Nou Lor-Vang, the FRIENDS Center Manager, at 432-0015.