

WHAT WAS.....

The first death that I can remember was: _____

I was (age) _____

The feelings I remember I had at the time were: _____

The first funeral I ever attended was: _____

I was (age) _____

The thing I remember about that time was: _____

My most recent loss by death was: _____

I coped for this loss by: _____

The most difficult death for me was the death of: _____

It was difficult because: _____

My primary style of coping with loss is to: _____

I know my own grief is resolved when: _____