



National Women's Health Week
 May 11-17, 2008



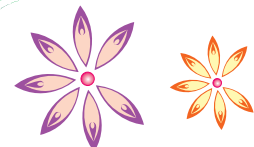
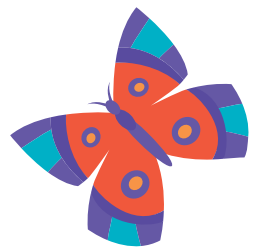
Eat Better
Move More
Visit Your Doctor
Relax and Take
Care of Yourself
You're Worth It!



It's Your Time!

Get Inspired.
Get Healthy.

Talk to Your
Health Care Provider
Today!



In order to stay healthy, you need:

- * Breast and cervical cancer screenings
- * Colorectal cancer screenings
- * Shots—flu, pneumococcal and Hepatitis B
- * Bone mass measurements
- * Cardiovascular screenings
- * Diabetes screenings
- * Physical examination
- * Glaucoma tests

For reliable and current information on women's health, go to www.womenshealth.gov or call 1-800-994-9662



Medicare now covers prescription drugs.

For more information on Medicare-covered preventive services, including prescription drug coverage, go to www.medicare.gov or call 1-800-MEDICARE



* Medicare-covered preventive services