



Standardized Patient Case DVD

**Assessing Risk,
Negotiating for Behavior Change,
Respecting Culture**



This DVD demonstrates some implementation techniques and strategies for use of

“The Heart Truth: Assessing Risk, Negotiating for Behavior Change, Respecting Culture” standardized patient case.



**The case depicts a
43 year old African
American woman
with significant
risk factors for
cardiovascular
disease.**



Content areas include:

- **heart disease risk factor assessment using evidence based guidelines**
- **patient centered negotiation for behavior change**
- **respect for cultural perspectives**



**The case can be
used for small
group teaching or
adapted for use as
an assessment
tool.**



The case can be customized:

- **to learners from all health professional backgrounds**
 - **Medicine**
 - **nurse practitioner**
 - **physician assistant**
 - **Pharmacist**
 - **physical therapist**
 - **nursing students**
 - **lay health educators**
- **for women of different cultural and ethnic backgrounds**
- **to different levels of learner**
 - **preclinical or clinical students**
 - **Residents**
 - **practicing clinicians**





**To order a free copy of the full 2-hour DVD,
use the order form at:**

<http://www.womenshealth.gov/hearttruth/order>