

# FEDERAL YOUTH EMPLOYMENT LAWS

# YOUTH RULES!

● Youths 14 and 15 years old may work outside school hours up to:

\* 3 hours on a school day

\* 18 hours in a school week

\* 8 hours on a non-school day

\* 40 hours in a non-school week

● Work must be performed between the hours of 7a.m. and 7p.m., except from June 1 through Labor Day, when evening hours are extended to 9p.m.

For more information, visit DOL on the internet: [www.youthrules.dol.gov/](http://www.youthrules.dol.gov/)

● Or call the Toll-Free Help Line:  
1-866-4USWage

**youth rules!**  
Preparing the 21st Century Workforce