

# Fluorene

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CAS Number: 86-73-7

## What is fluorene?

Fluorene is one of a group of chemicals called polycyclic aromatic hydrocarbons, PAHs for short. PAHs are often found together in groups of two or more. They can exist in over 100 different combinations but the most common are treated as a group of 15. PAHs are found naturally in the environment but they can also be man-made. PAHs are solid and range in appearance from colorless to white or pale yellow-green. PAHs are created when products like coal, oil, gas, and garbage are burned but the burning process is not complete.

Very little information is available on the individual chemicals within the PAH group. Most of the information available is for the PAH group as a whole. Information specific to fluorene is included in this fact sheet when available.

## What is fluorene used for?

Most of the PAHs are used to conduct research. Like most PAHs, fluorene is used to make dyes, plastics and pesticides.

## How can fluorene enter and leave your body?

One of the most common ways fluorene can enter your body is through breathing contaminated air. It can get into your lungs when you breathe it. If you work in a hazardous waste site where PAHs are disposed, you are likely to breathe fluorene and other PAHs. If you eat or drink food and water that are contaminated with PAHs, you could be

exposed.

Exposure can also occur if your skin comes into contact with contaminated soil or products like heavy oils, coal tar, roofing tar or creosote where PAHs have been found. Creosote is an oily liquid found in coal tar and is used to preserve wood. Once in your body, the PAHs can spread and target fat tissues. Target organs include kidneys, liver and fat. However, in just a matter of days, the PAHs will leave your body through urine and feces.

## How can you be exposed to fluorene?

You can be exposed to PAHs in the environment, in your home and in the work place. Because PAHs exist naturally in the environment, and they are man-made, you can be exposed in a number of ways. Fumes from vehicle exhaust, coal, coal tar, asphalt, wildfires, agricultural burning and hazardous waste sites are all sources of exposure.

You could be exposed to PAHs by breathing cigarette and tobacco smoke, eating foods grown in contaminated soil or by eating meat or other food that you grilled. Grilling and charring food actually increases the amount of PAHs in the food.

If you work in a plant that makes coal tar, asphalt and aluminum, or that burns trash, you can be exposed to PAHs. You can also be exposed if you work in a facility that uses petroleum or coal or where wood, corn and oil are burned.

## What are the health affects of exposure to fluorene?

A number of PAHs have caused tumors in laboratory animals that were exposed to PAHs through their food, from breathing contaminated air and when it was applied to their skin. When pregnant mice ate high doses of a PAH (benzo(a)pyrene) they experienced reproductive problems. In addition, the offspring of the pregnant mice showed birth defects and a decrease in their body weight. Other effects include damage to skin, body fluids and the immune system which helps the body fight disease. However, these effects have not been seen in humans.

1. Agency for Toxic Substances and Disease Registry (ATSDR). *Public Health Statement, Polycyclic Aromatic Hydrocarbons*. Atlanta, GA: U.S. Department of Health and Human 1990.

### **What levels of exposure have resulted in harmful health effects?**

There is no information available from studies on humans to tell what effects can result from being exposed to individual PAHs at certain levels. However, breathing PAHs and skin contact seem to be associated with cancer in humans. Animal studies showed that mice exposed to 308 parts per million (ppm) of PAHs (specifically benzo (a) pyrene) in food for 10 days (short term exposure) had offspring with birth defects. Mice exposed to 923 ppm of benzo(a)pyrene in food for months developed problems in the liver and blood.

The U.S. Environmental Protection Agency (EPA) has indicated that not enough information exists to classify fluorene as a cancer-causing substance.

### **Where can you get more information?**

Contact your state health or environmental department, or:

Agency for Toxic Substances and Disease Registry  
Division of Toxicology  
1600 Clifton Road, N.E., E-29  
Atlanta, Georgia 30333

### **References**