

**Great Decisions 2008:** A nationwide program of the Foreign Policy Association to broaden public involvement with the most important foreign policy topics facing the United States. The Great Decisions Discussion Program, the longest running and largest grassroots world affairs educational program of its kind, brings millions of Americans together in communities, classrooms and workplaces across the country to discuss and decide their opinions on foreign policy issues. Join us in local discussions of critical issues in United States foreign policy, which will be facilitated by leading experts in Western New York.

**All sessions will be held at the Orchard Park Senior Center, 70 Linwood Avenue, from 3-4:30 p.m. Register at 662-6452.**

**Four sessions** — \$15 includes the Great Decisions Briefing Booklet, which places the thematic or geographic issue in historical context and provides background, current policies and alternative policy options.

**Per session** — \$5 (does not include booklet).

**Iraq End Game:** A recurring question found in most public opinion polls and on the 2008 presidential campaign trail. What will be the end-game for the United States in Iraq? How will United States' decisions about continued engagement affect Iraq itself, and the Middle East?

Instructor: Sam Albofradi

- Thursday, Oct. 2

**European Union at 50:** The 50th anniversary of the great experiment in European integration, is a good time to take stock of the united Europe. Has the integration of new members been successful?

Instructor: Wolfgang Wolck, SUNY distinguished service professor emeritus, department of linguistics

- Thursday, Oct. 9

**United States Defense and Security Policy:** The United States military is adopting new policies and methods for defending the United States and its interests abroad. What should the United States priorities be? How should its forces be structured and deployed to meet new security challenges?

Instructor: Gary Roussie, border patrol agent, U.S. Border Patrol

- Thursday, Oct. 16

**United States-China Trade Policy:** Recent product safety scares have thrown the spotlight on the enormous role China plays in supplying products to the United States. Could the large and growing trade imbalance with China have an adverse effect on the

United States economy? What role does the undervalued Chinese currency play?

Instructor: Dr. Stan Zionts, distinguished professor emeritus, SUNY at Buffalo School of Management

- Monday, Oct. 27

### LIFE ENHANCEMENT

**Senior Financial Management for Boomers and Beyond:** A recent Ernst and Young study concluded that nearly three of five retirees may run out of money if they do not plan, prepare and manage money wisely. Become aware of the problems of managing assets in retirement. Learn how to use basic accounting skills such as an income statement and a balance sheet for your personal budgeting. We'll also explore and discuss other financial topics of interest to the audience.

Instructor: Stan Zionts, distinguished professor emeritus, SUNY at Buffalo School of Management

- Friday, Oct. 17 — 1-2 p.m.  
Orchard Park Senior Center — 662-6452
- Monday, Oct. 20 — 1-2 p.m.  
Town of Aurora Senior Center — 652-7934
- Thursday, Nov. 6 — 10-11 a.m.  
Salvation Army Center, Buffalo — 883-9800 ext. 261
- Monday, Nov. 10 — 10:30-11:30 a.m.  
Cheektowaga Senior Center — 686-3930

**How to be a Good Friend:** Analyze your own ideas of friendship to compare them to the ideas of friendship held by such great philosophers as Aristotle, Cicero, Francis Bacon, Immanuel Kant, C.S. Lewis and others. Discuss various ideas about what creates great friendships and what makes them endure.

Instructor: Dr. James Grunebaum, retired professor of philosophy, Buffalo State College

- Friday, Nov. 14 — 1-2 p.m.  
Orchard Park Senior Center — 662-6452

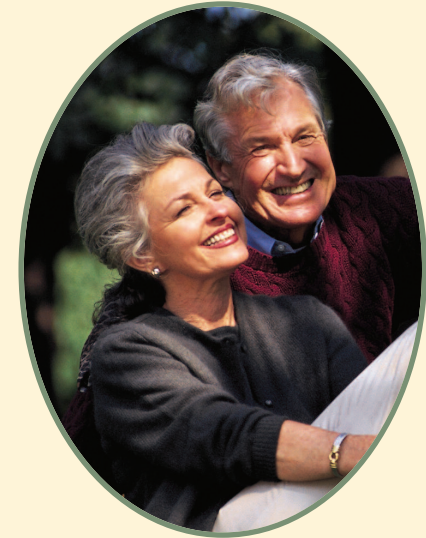
**Smile Power!** This lively presentation inspires audiences to learn how they can help make the world a better place — one smile at a time. We will look at the psychology, anthropology, physiology, and sociology of smiling and help you to find your inner smile. The class is stimulating and fun — a blueprint for a happy life.

Instructor: Gladys Dobelle, The New School in NYC; NY University; author of an upcoming book on the psychology of smiles

- Tuesday, Sept. 30 — 10-11:30 a.m.  
Salvation Army Center, Buffalo — 883-9800 ext. 261

## UNIVERSITY EXPRESS CALL FOR INSTRUCTORS

The University Express/Lifelong Learning Program seeks retired faculty or other retired professionals willing to volunteer to teach one or two classes per year at a senior center. Faculty will find mature students who are enthusiastic, willing to question and discuss, and attending because they want to learn! The goal of University Express/Lifelong Learning is to increase access for older adults to high-quality academic classes, mostly at local senior centers with comfortable facilities and good parking availability.



# University Express

NIAGARA UNIVERSITY

Continuing Education  
716-286-8181  
[www.niagara.edu/cce](http://www.niagara.edu/cce)

*Getting Things Done.*

RSVP

Retired and Senior Volunteer Program  
716-858-7548  
[www.erie.gov/rsvp](http://www.erie.gov/rsvp)

# University Express

## Get on board!

University Express is an exciting partnership between Niagara University Continuing Education and RSVP (Retired and Senior Volunteer Program) to bring stimulating academic classes to older adults.

We know that you have always wanted to take that special class that interested you. Or maybe you saw something in the media that you want to learn more about. Well, hop aboard University Express!

These educational programs are held at special locations throughout Western New York and are easy to access. Because we want you to see how much fun learning is again, these classes are free or have a low registration fee.

### WHAT DO YOU NEED TO DO?

- Find one class or many classes that you find interesting.
- Sign up. Each location has its own sign up numbers to call.

That's it. Easy, educational and right in your area. Now, there isn't any reason why you can't sign up for the class that will provide enrichment to your life today. Get a group of friends or family members together and register.

## University Express Sites for Fall 2008 Courses

- Canterbury Woods, 705 Renaissance Dr., Williamsville, 929-5800
- Cheektowaga Senior Center, 3349 Broadway, Cheektowaga, 686-3930
- Niagara University, Dunleavy Hall, Niagara University, 286-8181
- Orchard Park Senior Center, 70 Linwood Ave., Orchard Park, 662-6452
- Salvation Army Golden Age Center, 960 Main St., Buffalo, 883-9800 ext. 261
- Shea's Performing Arts Center, 646 Main St., Buffalo, 829-1155
- Town of Aurora Senior Center, 101 King St., East Aurora, 652-7934
- Town of Tonawanda Senior Center, 291 Ensminger Rd., Tonawanda, 874-3266
- Weinberg Campus, Forest Creek Commons Library, 2700 N. Forest Rd., Amherst, 639-3311 ext. 2473
- West Seneca Senior Center, 4620 Seneca St., West Seneca, 675-9288

### HISTORY

**Hull House and the Hull Family:** The Hull House, built circa 1810 by Warren and Polly Hull, is the oldest stone dwelling in Western New York. Located at Genesee Street and Pavement Road in the Town of Lancaster, the house and site are being restored and will be used as an educational center to interpret life in the early 19th century.

Instructor: Suzanne Jacobs, education director of Hull House

- Monday, Nov. 17 — 1-2 p.m.  
Town of Aurora Senior Center — 652-7934
- Wednesday, Nov. 19 — 1:30-2:30 p.m.  
Weinberg Campus — 639-3311 ext. 2473

**George Washington:** Come hear the fascinating history of our nation's commander during the revolution; chairman of the Constitutional Convention; and first president of the United States. As M.D. Holmes said, "He was the soul of a nation."

Instructor: Mary Louise Berg, retired teacher

- Wednesday, Sept. 24 — 1:30-2:30 p.m.  
Weinberg Campus — 639-3311 ext. 2473

**Grover Cleveland — Saint or Sinner?** Although we think of Grover Cleveland as our own, he was born and died in a state hundreds of miles from Buffalo. Did you know that a famous city was named after one of his ancestors? Or that he invited the John Philip Sousa band to play at his White House wedding to Buffalo's Frances Folsom? Come learn some little-known facts about this oft-maligned president.

Instructor: Mary Louise Berg, retired teacher

- Monday, Oct. 27 — 1-2 p.m.  
Town of Aurora Senior Center — 652-7934

**Shea's Performing Arts Center:** Learn about the history, architecture, and ongoing restoration of this jewel of Buffalo's theater district while you tour this grand building with the person who has led the restoration work since 1997. The group will meet at the Shea's Box Office, 650 Main St.

Instructor: Doris Collins, Shea's restoration consultant

- Wednesday, Oct. 22 — 10:30-11:30 a.m.  
Shea's Performing Arts Center — 829-1155

### CREATIVE EXPRESSIONS

**Freeing the Writer Within:** If you want to write, there is no limit to the creative expression you can pull from your inner writer! Drawing from the work of published writers, expect your creativity to explode rapturously on the page as you enjoy this workshop for beginning writers and beyond. Bring a pen and notebook.

Instructor: Marjorie Norris, 15 years teaching college and adult writing at SUNY/Buffalo, JustBuffalo, and Chautauqua Institution

- Monday, Sept. 22 — 1-2:30 p.m.  
Town of Tonawanda Senior Center — 874-3266

**"The Twilight Zone"** (four sessions): A popular and critical success, "The Twilight Zone" introduced many Americans to serious science fiction and abstract ideas through television. Narrated by creator Rod Serling, each episode is a mixture of fantasy, science fiction, and horror, often concluding with a macabre or unexpected twist.

Instructor: Jim Duffey, avid fan of "The Twilight Zone"

- Thursdays, Sept. 18 and 25, Oct. 2 and 9; 10-11 a.m.  
West Seneca Senior Center — 675-9288

### PLANET EARTH

**Renewal:** Explore ways that spirituality interfaces with environmental action. Discussion will be drawn from a documentary featuring eight different stories of actual groups (from Evangelical churches to Jewish organizations to Buddhist communities) who are addressing situations such as mountaintop removal by coal corporations, toxic waste and fumes affecting a poverty-stricken neighborhood, solar panels on a church, and others.

Instructor: Paul Reitan, emeritus professor, department of geology, SUNY-Buffalo

- Wednesdays, Nov. 5, 12, 26 — 1:30-2:30 p.m.  
Weinberg Campus — 639-3311 ext. 2473

**Buffalo's Wild Winter Weather:** Learn about the combination of weather ingredients that led to two historic weather events in Buffalo, and the Weather Service's forecast techniques associated with lake effect snow storms on the Great Lakes.

Instructor: Thomas Niziol, NOAA National Weather Service Forecast Office in Buffalo

- Tuesday, Sept. 30 — 10:30 a.m.  
Cheektowaga Senior Center — 686-3930
- Thursday, Nov. 6, — 8-9 p.m.  
Canterbury Woods — 929-5800

**Wind Potential of the Great Lakes:** The wind resource of the Great Lakes is much larger than its hydroelectric potential. In fact, the wind resources potential of the shallow waters of the Great Lakes is equal to roughly half of the combined electricity demand of the United States and Canada.

Instructor: Dave Bradley, Wind Action Group Engineering Committee

- Wednesday, Sept. 17 — 10:30-11:30 a.m.  
Cheektowaga Senior Center — 686-3930
- Saturday, Nov. 15 — 10:30-11:30 a.m.  
Niagara University — 286-8181
- Monday, Nov. 17 — 8-9 p.m.  
Canterbury Woods — 929-5800

### CURRENT AFFAIRS

**One Friday, Four Futures:** Sponsored through the Community Health Foundation and the UB Regional Institute, this community-wide initiative seeks to engage Western New York citizens in a dialogue about the future of health care in our region. What do we want the future of health care in Western New York to look like? Will the region be able to care for its aging population? Will the poor and underserved have access to health care? Will we be able to afford health care?

- Friday, Oct. 3 — 1-2:30 p.m.  
Orchard Park Senior Center — 662-6452
- Saturday, Oct. 18 — 10 a.m.-noon  
Niagara University — 286-8181
- Thursday, Oct. 23 — 10:30 a.m.-noon  
Cheektowaga Senior Center — 686-3930
- Tuesday, Oct. 28 — 10-11:30 a.m.  
Salvation Army Center, Buffalo — 883-9800 ext. 261