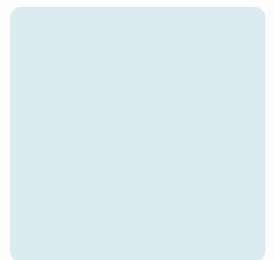
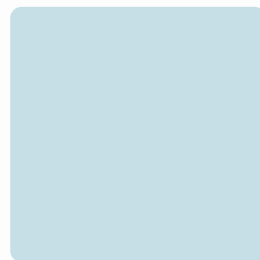
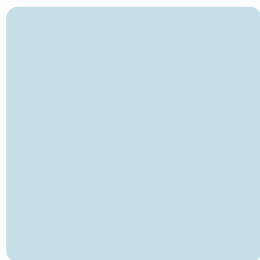
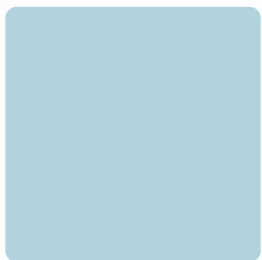
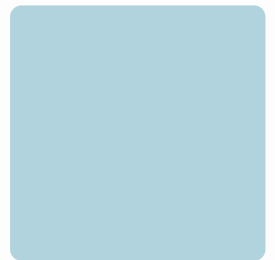


State-Level School Health Policies and Practices

A State-by-State Summary from the School Health Policies and Programs Study 2006



2. PHYSICAL EDUCATION AND ACTIVITY

2. Physical Education and Activity

Table 2.1	States with a Physical Education (PE) Coordinator and States That Require Each District and School to Have a PE Coordinator.....	40
Table 2.2	States That Require or Encourage Districts or Schools to Follow National or State Physical Education Standards or Guidelines.....	42
Table 2.3.1	States with Physical Education Standards or Guidelines Based on the <i>National Standards for Physical Education</i> , and States with Goals and Objectives for Physical Education That Address Specific Topics, by School Level	44
Table 2.3.2	States with Physical Education Standards or Guidelines Based on the <i>National Standards for Physical Education</i> , and States with Goals and Objectives for Physical Education That Address Specific Topics, by School Level	46
Table 2.3.3	States with Physical Education Standards or Guidelines Based on the <i>National Standards for Physical Education</i> , and States with Goals and Objectives for Physical Education That Address Specific Topics, by School Level	48
Table 2.4	States That Require Schools to Teach Physical Education, by School Level.....	50
Table 2.5	States That Require or Recommend Written Tests of Knowledge, Skill Performance Tests, and Fitness Level Tests, by School Level.....	52
Table 2.6	States That Require or Recommend That Districts or Schools Use One Particular Curriculum for Physical Education, by School Level	54
Table 2.7	States That Provided Information or Materials for Physical Education During the Past Two Years at Each School Level, by Type of Information or Materials	56
Table 2.8	States That Specify a Maximum Student-to-Teacher Ratio for Physical Education Classes, by School Level.....	58
Table 2.9	States with Specified Time Requirements for Physical Education, by School Level.....	60
Table 2.10	States That Require Newly Hired Physical Education Teachers to Have Undergraduate or Graduate Training in Physical Education or a Related Field, by School Level.....	62
Table 2.11	States That Require Newly Hired Physical Education Teachers to be Certified, Licensed, or Endorsed by the State, by School Level.....	64
Table 2.12	States That Offer Certification, Licensure, or Endorsement for Physical Education Teachers, by Type	66
Table 2.13	States That Provided Funding for Staff Development or Offered Staff Development on Physical Education Topics to Physical Education Teachers During the Past Two Years, by Topic	68
Table 2.14	States That Require or Recommend That Elementary Schools Provide Regularly Scheduled Recess	70

Table 2.15	States That Prohibit or Actively Discourage Using Physical Activity as Punishment for Bad Behavior and Excluding Students from Physical Education (PE) and Recess as Punishment for Bad Behavior	74
Table 2.16	States That Require Student Use of Protective Gear During Physical Activities, by Type of Activity	76
Table 2.17	States That Provided Funding for Staff Development or Offered Staff Development to Interscholastic Sports Coaches During the Past Two Years, by Source of Funding.....	78

**Table 2.1
States with a Physical Education (PE) Coordinator and States
That Require Each District and School to Have a PE Coordinator**

	Has PE Coordinator ¹	Requires Each District to Have PE Coordinator ²	Requires Each School to Have PE Coordinator ³
Alabama	●	○	○
Alaska	○	○	○
Arizona	●	○	○
Arkansas	●	○	○
California	●	○	○
Colorado	●	○	○
Connecticut	●	○	○
Delaware	●	○	○
District of Columbia	●	●	●
Florida	●	○	○
Georgia	●	○	○
Hawaii	●	○	○
Idaho	●	○	○
Illinois	●	○	○
Indiana	●	○	○
Iowa	●	○	○
Kansas	●	○	○
Kentucky	●	○	○
Louisiana	●	○	○
Maine	●	○	○
Maryland	●	●	●
Massachusetts	●	○	○
Michigan	●	○	○
Minnesota	●	○	○
Mississippi	●	○	○
Missouri	●	●	○
Montana	●	○	○
Nebraska	●	○	○
Nevada	●	○	○
New Hampshire	○	○	○
New Jersey	●	○	○
New Mexico	●	○	○
New York	●	●	○
North Carolina	●	○	○
North Dakota	○	○	○
Ohio	○	○	○
Oklahoma	●	○	○

● Yes
○ No

Table 2.1
States with a Physical Education (PE) Coordinator and States
That Require Each District and School to Have a PE Coordinator

	Has PE Coordinator ¹	Requires Each District to Have PE Coordinator ²	Requires Each School to Have PE Coordinator ³
Oregon	●	○	○
Pennsylvania	●	●	●
Rhode Island	●	○	○
South Carolina	●	○	○
South Dakota	○	○	○
Tennessee	●	●	○
Texas	●	●	○
Utah	●	●	●
Vermont	●	○	○
Virginia	●	○	○
Washington	●	○	○
West Virginia	●	○	○
Wisconsin	●	○	○
Wyoming	●	○	○

- Yes
- No

¹ "Currently, does someone in your state oversee or coordinate physical education?" (State Physical Education Questionnaire, Item 72)

² "Has your state adopted a policy stating that each district will have someone to oversee or coordinate physical education?" (State Physical Education Questionnaire, Item 62)

³ "Has your state adopted a policy stating that each school will have someone to oversee or coordinate physical education at the school?" (State Physical Education Questionnaire, Item 63)

Table 2.2
States That Require¹ or Encourage² Districts or Schools to Follow National or State Physical Education Standards or Guidelines

- Requires
- ◐ Encourages
- Neither Requires nor Encourages

Alabama	●
Alaska	○
Arizona	◐
Arkansas	●
California	◐
Colorado	●
Connecticut	◐
Delaware	●
District of Columbia	●
Florida	●
Georgia	●
Hawaii	●
Idaho	●
Illinois	●
Indiana	●
Iowa	○
Kansas	●
Kentucky	●
Louisiana	●
Maine	●
Maryland	●
Massachusetts	◐
Michigan	◐
Minnesota	○
Mississippi	●
Missouri	●
Montana	●
Nebraska	○
Nevada	●
New Hampshire	◐
New Jersey	●
New Mexico	●
New York	●
North Carolina	●

Table 2.2
States That Require¹ or Encourage² Districts or Schools to Follow National or State Physical Education Standards or Guidelines

- Requires
- ◐ Encourages
- Neither Requires nor Encourages

North Dakota	◐
Ohio	○
Oklahoma	●
Oregon	●
Pennsylvania	●
Rhode Island	◐
South Carolina	●
South Dakota	◐
Tennessee	●
Texas	●
Utah	●
Vermont	●
Virginia	●
Washington	●
West Virginia	●
Wisconsin	○
Wyoming	●

¹ "Has your state adopted a policy stating that districts or schools will follow any national or state physical education standards or guidelines?" (State Physical Education Questionnaire, Item 1)

² "Has your state adopted a policy encouraging districts or schools to follow any national or state physical education standards or guidelines?" (State Physical Education Questionnaire, Item 2)

Table 2.3.1
States with Physical Education Standards or Guidelines Based on the *National Standards for Physical Education*, and States with Goals and Objectives for Physical Education That Address Specific Topics, by School Level

	Standards and Guidelines Based on <i>National Standards for Physical Education</i> ²	Addresses Topic in Goals and Objectives Adopted for Elementary School Physical Education ³					
		Achievement and Maintenance of Health-Enhancing Level of Physical Fitness	Competence in Motor Skills and Movement Patterns to Perform Variety of Physical Activities	Regular Participation in Physical Activity	Responsible Personal and Social Behavior That Respects Self and Others in Physical Activity Settings	Understanding of Movement Concepts, Principles, Strategies, and Tactics	Value for Physical Activity for Health, Enjoyment, Challenge, Self-Expression, and/or Social Interaction
Alabama	●	●	●	●	●	●	●
Alaska	NA	NA	NA	NA	NA	NA	NA
Arizona	●	●	●	●	●	●	●
Arkansas	●	NA	NA	NA	NA	NA	NA
California	●	●	●	●	●	●	●
Colorado	○	NA	NA	NA	NA	NA	NA
Connecticut	●	●	●	●	●	●	●
Delaware	●	●	●	●	●	●	●
District of Columbia	●	●	●	●	●	●	●
Florida	●	NA	NA	NA	NA	NA	NA
Georgia	●	●	●	●	●	○	●
Hawaii	●	●	●	●	○	●	●
Idaho	●	●	●	●	●	●	●
Illinois	●	●	●	●	●	●	●
Indiana	●	●	●	●	●	●	●
Iowa	NA	NA	NA	NA	NA	NA	NA
Kansas	●	●	●	●	●	●	●
Kentucky	●	●	●	●	●	●	●
Louisiana	●	●	●	●	●	●	●
Maine	●	●	●	●	●	●	●
Maryland	●	●	●	●	●	●	●
Massachusetts	●	●	●	●	●	●	●
Michigan	●	●	●	●	●	●	●
Minnesota	NA	NA	NA	NA	NA	NA	NA
Mississippi	●	●	●	●	●	●	●
Missouri	○	NA	NA	NA	NA	NA	NA
Montana	●	●	●	●	●	●	●
Nebraska	NA	NA	NA	NA	NA	NA	NA
Nevada	●	●	●	●	●	●	●
New Hampshire	●	●	●	○	●	●	●
New Jersey	●	●	●	●	●	●	●

● Yes
○ No
NA Not Applicable¹

Table 2.3.1
States with Physical Education Standards or Guidelines Based on the *National Standards for Physical Education*, and States with Goals and Objectives for Physical Education That Address Specific Topics, by School Level

	Standards and Guidelines Based on <i>National Standards for Physical Education</i> ²	Addresses Topic in Goals and Objectives Adopted for Elementary School Physical Education ³					
		Achievement and Maintenance of Health-Enhancing Level of Physical Fitness	Competence in Motor Skills and Movement Patterns to Perform Variety of Physical Activities	Regular Participation in Physical Activity	Responsible Personal and Social Behavior That Respects Self and Others in Physical Activity Settings	Understanding of Movement Concepts, Principles, Strategies, and Tactics	Value for Physical Activity for Health, Enjoyment, Challenge, Self-Expression, and/or Social Interaction
New Mexico	●	●	●	●	●	●	●
New York	○	●	●	●	●	●	○
North Carolina	●	●	●	●	●	●	●
North Dakota	●	NA	NA	NA	NA	NA	NA
Ohio	NA	NA	NA	NA	NA	NA	NA
Oklahoma	●	●	●	●	●	●	●
Oregon	●	●	●	●	●	●	○
Pennsylvania	●	●	●	●	●	●	●
Rhode Island	●	●	●	●	●	●	●
South Carolina	●	●	●	●	●	●	●
South Dakota	●	NA	NA	NA	NA	NA	NA
Tennessee	●	○	●	●	●	●	●
Texas	●	●	●	●	●	●	●
Utah	●	●	●	●	●	●	●
Vermont	●	●	●	●	●	●	●
Virginia	●	●	●	●	●	●	●
Washington	●	●	●	●	●	●	●
West Virginia	●	●	●	●	●	●	●
Wisconsin	NA	NA	NA	NA	NA	NA	NA
Wyoming	●	●	●	●	●	●	●

● Yes
○ No
NA Not Applicable¹

¹ NA indicates the state has not adopted goals, objectives, or expected outcomes for elementary school, middle/junior high school, or senior high school physical education.

² "Are these physical education standards or guidelines based on the National Standards for Physical Education from the National Association for Sport and Physical Education?" (State Physical Education Questionnaire, Item 3)

³ "Do the goals and objectives adopted by your state for elementary school physical education specifically address the following topics: (a) competence in motor skills and movement patterns needed to perform a variety of physical activities, (b) understanding of movement concepts, principles, strategies, and tactics as they apply to the learning and performance of physical activities, (c) regular participation in physical activity, (d) achievement and maintenance of a health-enhancing level of physical fitness, (e) responsible personal and social behavior that respects self and others in physical activity settings, or (f) value for physical activity for health, enjoyment, challenge, self-expression, and/or social interaction?" (State Physical Education Questionnaire, Items 10a-f)

Table 2.3.2
States with Physical Education Standards or Guidelines Based on the *National Standards for Physical Education*, and States with Goals and Objectives for Physical Education That Address Specific Topics, by School Level

	Addresses Topic in Goals and Objectives Adopted for Middle School Physical Education ²					
	Achievement and Maintenance of Health-Enhancing Level of Physical Fitness	Competence in Motor Skills and Movement Patterns to Perform Variety of Physical Activities	Regular Participation in Physical Activity	Responsible Personal and Social Behavior that Respects Self and Others in Physical Activity Settings	Understanding of Movement Concepts, Principles, Strategies, and Tactics	Value for Physical Activity for Health, Enjoyment, Challenge, Self-Expression, and/or Social Interaction
Alabama	●	●	●	●	●	●
Alaska	NA	NA	NA	NA	NA	NA
Arizona	●	●	●	●	●	●
Arkansas	NA	NA	NA	NA	NA	NA
California	●	●	●	●	●	●
Colorado	NA	NA	NA	NA	NA	NA
Connecticut	●	●	●	●	●	●
Delaware	●	●	●	●	●	●
District of Columbia	●	●	●	●	●	●
Florida	NA	NA	NA	NA	NA	NA
Georgia	●	●	●	●	●	●
Hawaii	●	●	●	○	●	●
Idaho	●	●	●	●	●	●
Illinois	●	●	●	●	●	●
Indiana	●	●	●	●	●	●
Iowa	NA	NA	NA	NA	NA	NA
Kansas	●	●	●	●	●	●
Kentucky	●	●	●	●	●	●
Louisiana	●	●	●	●	●	●
Maine	●	●	●	●	●	●
Maryland	●	●	●	●	●	●
Massachusetts	●	●	●	●	●	●
Michigan	●	●	●	●	●	●
Minnesota	NA	NA	NA	NA	NA	NA
Mississippi	●	●	●	●	●	●
Missouri	●	●	●	●	●	●
Montana	●	●	●	●	●	●
Nebraska	NA	NA	NA	NA	NA	NA
Nevada	●	●	●	●	●	●
New Hampshire	●	●	●	●	●	●
New Jersey	●	●	●	●	●	●
New Mexico	●	●	●	●	●	●

● Yes
○ No
NA Not Applicable¹

Table 2.3.2
States with Physical Education Standards or Guidelines Based on the *National Standards for Physical Education*, and States with Goals and Objectives for Physical Education That Address Specific Topics, by School Level

	Addresses Topic in Goals and Objectives Adopted for Middle School Physical Education ²					
	Achievement and Maintenance of Health-Enhancing Level of Physical Fitness	Competence in Motor Skills and Movement Patterns to Perform Variety of Physical Activities	Regular Participation in Physical Activity	Responsible Personal and Social Behavior that Respects Self and Others in Physical Activity Settings	Understanding of Movement Concepts, Principles, Strategies, and Tactics	Value for Physical Activity for Health, Enjoyment, Challenge, Self-Expression, and/or Social Interaction
New York	●	●	●	●	●	○
North Carolina	●	●	●	●	●	●
North Dakota	NA	NA	NA	NA	NA	NA
Ohio	NA	NA	NA	NA	NA	NA
Oklahoma	●	●	●	●	●	●
Oregon	●	●	●	●	●	○
Pennsylvania	●	●	●	●	●	●
Rhode Island	●	●	●	●	●	●
South Carolina	●	●	●	●	●	●
South Dakota	NA	NA	NA	NA	NA	NA
Tennessee	●	●	●	●	●	●
Texas	●	●	●	●	●	●
Utah	●	●	●	●	●	●
Vermont	●	●	●	●	●	●
Virginia	●	●	●	●	●	●
Washington	●	●	●	●	●	●
West Virginia	●	●	●	●	●	●
Wisconsin	NA	NA	NA	NA	NA	NA
Wyoming	●	●	●	●	●	●

● Yes
○ No
NA Not Applicable¹

¹ NA indicates the state has not adopted goals, objectives, or expected outcomes for elementary school, middle/junior high school, or senior high school physical education.

² "Do the goals and objectives adopted by your state for middle or junior high school physical education specifically address the following topics: (a) competence in motor skills and movement patterns needed to perform a variety of physical activities, (b) understanding of movement concepts, principles, strategies, and tactics as they apply to the learning and performance of physical activities, (c) regular participation in physical activity, (d) achievement and maintenance of a health-enhancing level of physical fitness, (e) responsible personal and social behavior that respects self and others in physical activity settings, or (f) value for physical activity for health, enjoyment, challenge, self-expression, and/or social interaction?" (State Physical Education Questionnaire, Items 20a-f)

Table 2.3.3
States with Physical Education Standards or Guidelines Based on the *National Standards for Physical Education*, and States with Goals and Objectives for Physical Education That Address Specific Topics, by School Level

	Addresses Topic in Goals and Objectives Adopted for High School Physical Education²					
	Achievement and Maintenance of Health-Enhancing Level of Physical Fitness	Competence in Motor Skills and Movement Patterns to Perform Variety of Physical Activities	Regular Participation in Physical Activity	Responsible Personal and Social Behavior that Respects Self and Others in Physical Activity Settings	Understanding of Movement Concepts, Principles, Strategies, and Tactics	Value for Physical Activity for Health, Enjoyment, Challenge, Self-Expression, and/or Social Interaction
Alabama	●	●	●	●	●	●
Alaska	NA	NA	NA	NA	NA	NA
Arizona	●	●	●	●	●	●
Arkansas	NA	NA	NA	NA	NA	NA
California	●	●	●	●	●	●
Colorado	NA	NA	NA	NA	NA	NA
Connecticut	●	●	●	●	●	●
Delaware	●	●	●	●	●	●
District of Columbia	●	●	●	●	●	●
Florida	●	●	●	●	●	●
Georgia	●	●	●	●	●	●
Hawaii	●	●	●	○	●	●
Idaho	●	●	●	●	●	●
Illinois	●	●	●	●	●	●
Indiana	●	●	●	●	●	●
Iowa	NA	NA	NA	NA	NA	NA
Kansas	●	●	●	●	●	●
Kentucky	●	●	●	●	●	●
Louisiana	●	●	●	●	●	●
Maine	●	●	●	●	●	●
Maryland	●	●	●	●	●	●
Massachusetts	●	●	●	●	●	●
Michigan	●	●	●	●	●	●
Minnesota	NA	NA	NA	NA	NA	NA
Mississippi	●	●	●	●	●	●
Missouri	●	●	●	●	●	●
Montana	●	●	●	●	●	●
Nebraska	NA	NA	NA	NA	NA	NA
Nevada	●	●	●	●	●	●
New Hampshire	●	●	●	●	●	●

● Yes
○ No
NA Not Applicable¹

Table 2.3.3
States with Physical Education Standards or Guidelines Based on the *National Standards for Physical Education*, and States with Goals and Objectives for Physical Education That Address Specific Topics, by School Level

	Addresses Topic in Goals and Objectives Adopted for High School Physical Education ²					
	Achievement and Maintenance of Health-Enhancing Level of Physical Fitness	Competence in Motor Skills and Movement Patterns to Perform Variety of Physical Activities	Regular Participation in Physical Activity	Responsible Personal and Social Behavior that Respects Self and Others in Physical Activity Settings	Understanding of Movement Concepts, Principles, Strategies, and Tactics	Value for Physical Activity for Health, Enjoyment, Challenge, Self-Expression, and/or Social Interaction
New Jersey	●	●	●	●	●	●
New Mexico	●	●	●	●	●	●
New York	●	●	●	●	●	○
North Carolina	●	●	●	●	●	●
North Dakota	NA	NA	NA	NA	NA	NA
Ohio	NA	NA	NA	NA	NA	NA
Oklahoma	●	●	●	●	●	●
Oregon	●	●	●	●	●	○
Pennsylvania	●	●	●	●	●	●
Rhode Island	●	●	●	●	●	●
South Carolina	●	●	●	●	●	●
South Dakota	NA	NA	NA	NA	NA	NA
Tennessee	●	●	●	●	●	●
Texas	●	●	●	●	●	●
Utah	●	●	●	●	●	●
Vermont	●	●	●	●	●	●
Virginia	●	●	●	●	●	●
Washington	●	●	●	●	●	●
West Virginia	●	●	●	●	●	●
Wisconsin	NA	NA	NA	NA	NA	NA
Wyoming	●	●	●	●	●	●

● Yes
○ No
NA Not Applicable¹

¹ NA indicates the state has not adopted goals, objectives, or expected outcomes for elementary school, middle/junior high school, or senior high school physical education.

² "Do the goals and objectives adopted by your state for senior high school physical education specifically address the following topics: (a) competence in motor skills and movement patterns needed to perform a variety of physical activities, (b) understanding of movement concepts, principles, strategies, and tactics as they apply to the learning and performance of physical activities, (c) regular participation in physical activity, (d) achievement and maintenance of a health-enhancing level of physical fitness, (e) responsible personal and social behavior that respects self and others in physical activity settings, or (f) value for physical activity for health, enjoyment, challenge, self-expression, and/or social interaction?" (State Physical Education Questionnaire, Items 29a-f)

Table 2.4
States That Require Schools to Teach Physical Education, by School Level¹

	Elementary Schools	Middle Schools	High Schools
Alabama	●	●	●
Alaska	○	○	○
Arizona	●	○	○
Arkansas	●	●	●
California	●	●	●
Colorado	○	○	○
Connecticut	●	●	●
Delaware	●	●	●
District of Columbia	●	●	●
Florida	○	○	●
Georgia	●	○	●
Hawaii	●	●	●
Idaho	●	●	○
Illinois	●	●	●
Indiana	●	●	●
Iowa	●	●	●
Kansas	●	○	●
Kentucky	○	○	●
Louisiana	●	●	●
Maine	●	●	●
Maryland	●	●	●
Massachusetts	●	●	●
Michigan	○	○	○
Minnesota	●	●	●
Mississippi	●	●	●
Missouri	●	●	●
Montana	●	●	●
Nebraska	●	●	●
Nevada	○	●	●
New Hampshire	●	●	●
New Jersey	●	●	●
New Mexico	●	●	●
New York	●	●	●
North Carolina	●	●	●
North Dakota	●	●	●
Ohio	●	●	●
Oklahoma	○	○	○
Oregon	○	○	●
Pennsylvania	●	●	●

Table 2.4
States That Require Schools to Teach Physical Education, by School Level¹

	Elementary Schools	Middle Schools	High Schools
● Yes			
○ No			
Rhode Island	●	●	●
South Carolina	●	●	●
South Dakota	○	○	●
Tennessee	●	●	●
Texas	●	●	●
Utah	●	●	●
Vermont	●	●	●
Virginia	●	●	●
Washington	●	●	●
West Virginia	●	●	●
Wisconsin	●	●	●
Wyoming	○	●	○

¹ "Has your state adopted a policy stating that elementary, middle/junior high, and senior high schools will teach physical education?" (State Physical Education Questionnaire, Items 11, 21, and 30)

Table 2.5
States That Require or Recommend Written Tests of Knowledge,¹
Skill Performance Tests,¹ and Fitness Level Tests,² by School Level

	Elementary Schools			Middle Schools			High Schools		
	Written Tests of Knowledge	Skill Performance Tests	Fitness Level Tests	Written Tests of Knowledge	Skill Performance Tests	Fitness Level Tests	Written Tests of Knowledge	Skill Performance Tests	Fitness Level Tests
Alabama	●	●	●	○	●	●	●	●	●
Alaska	○	○	○	○	○	○	○	○	○
Arizona	○	○	○	○	○	○	○	○	○
Arkansas	●	●	●	●	●	●	●	●	●
California	●	●	●	●	●	●	●	●	●
Colorado	○	○	○	○	○	○	○	○	○
Connecticut	○	○	●	○	○	●	○	○	●
Delaware	○	○	○	○	○	○	○	○	○
District of Columbia	○	●	●	●	●	●	●	●	●
Florida	○	○	○	○	○	○	○	○	○
Georgia	○	○	○	○	○	○	○	○	○
Hawaii	●	●	○	●	●	●	●	●	●
Idaho	●	●	●	○	○	○	○	○	○
Illinois	○	○	○	○	○	○	○	○	○
Indiana	○	○	○	○	○	○	○	○	○
Iowa	○	○	○	○	○	○	○	○	○
Kansas	●	●	○	○	○	○	○	○	○
Kentucky	●	○	○	●	○	○	●	○	○
Louisiana	○	●	●	○	●	●	○	●	●
Maine	●	●	●	●	●	●	●	●	●
Maryland	●	●	●	●	●	●	●	●	●
Massachusetts	○	○	○	○	○	○	○	○	○
Michigan	●	●	●	●	●	●	●	●	●
Minnesota	○	○	○	○	○	○	○	○	○
Mississippi	●	●	●	●	●	●	●	●	●
Missouri	●	●	●	●	●	●	○	●	●
Montana	○	○	○	○	○	○	○	○	○
Nebraska	○	○	○	○	○	○	○	○	○
Nevada	○	○	○	●	●	●	●	●	●
New Hampshire	○	○	○	○	○	○	○	○	○
New Jersey	●	●	●	●	●	●	●	●	●

- Requires
- ◐ Recommends
- Neither Requires nor Recommends

Table 2.5
States That Require or Recommend Written Tests of Knowledge,¹
Skill Performance Tests,¹ and Fitness Level Tests,² by School Level

	Elementary Schools			Middle Schools			High Schools		
	Written Tests of Knowledge	Skill Performance Tests	Fitness Level Tests	Written Tests of Knowledge	Skill Performance Tests	Fitness Level Tests	Written Tests of Knowledge	Skill Performance Tests	Fitness Level Tests
New Mexico	●	●	●	●	●	●	●	●	●
New York	●	●	●	●	●	●	●	●	●
North Carolina	●	●	●	●	●	●	●	●	●
North Dakota	○	○	○	○	○	○	○	○	○
Ohio	○	○	○	○	○	○	○	○	○
Oklahoma	○	○	○	○	○	○	○	○	○
Oregon	○	○	○	○	○	○	○	○	○
Pennsylvania	●	●	○	●	●	○	●	●	○
Rhode Island	●	●	●	●	●	●	●	●	●
South Carolina	●	●	●	●	●	●	●	●	●
South Dakota	○	○	○	○	○	○	○	○	○
Tennessee	●	●	●	●	●	●	●	●	●
Texas	○	○	○	○	○	○	○	○	○
Utah	●	●	●	●	●	●	●	●	●
Vermont	○	○	○	○	●	○	○	○	○
Virginia	○	○	●	○	○	●	○	○	●
Washington	●	●	●	●	●	●	●	●	●
West Virginia	○	○	●	○	○	●	○	○	●
Wisconsin	○	●	●	○	○	●	○	●	●
Wyoming	○	○	○	○	○	○	○	○	○

- Requires
- ◐ Recommends
- Neither Requires nor Recommends

¹ “Does your state require or recommend that elementary, middle/junior high, or senior high schools give each of the following types of tests: (a) written tests of students’ knowledge related to physical education, or (b) skill performance tests related to physical education?” (State Physical Education Questionnaire, Items 38a-b, 41a-b, and 44a-b)

² “Does your state require or recommend that elementary, middle/junior high, or senior high schools test students’ fitness levels?” (State Physical Education Questionnaire, Items 39, 42, and 45)

Table 2.6
States That Require or Recommend That Districts or Schools Use One Particular Curriculum for Physical Education, by School Level¹

	Elementary Schools	Middle Schools	High Schools
Alabama	●	●	●
Alaska	○	○	○
Arizona	○	○	○
Arkansas	○	○	○
California	○	○	○
Colorado	○	○	○
Connecticut	○	○	○
Delaware	○	○	○
District of Columbia	○	●	○
Florida	○	○	●
Georgia	●	●	●
Hawaii	○	○	○
Idaho	○	○	○
Illinois	○	○	○
Indiana	○	○	○
Iowa	○	○	○
Kansas	○	○	○
Kentucky	○	○	○
Louisiana	○	○	○
Maine	○	○	○
Maryland	○	○	○
Massachusetts	○	○	○
Michigan	○	○	○
Minnesota	○	○	○
Mississippi	●	●	●
Missouri	○	○	○
Montana	○	○	○
Nebraska	○	○	○
Nevada	○	○	○
New Hampshire	○	○	○
New Jersey	○	○	○
New Mexico	○	○	○
New York	○	○	○
North Carolina	○	●	●
North Dakota	○	○	○

Table 2.6
States That Require or Recommend That Districts or Schools Use One Particular Curriculum for Physical Education, by School Level¹

	Elementary Schools	Middle Schools	High Schools
● Requires			
◐ Recommends			
○ Neither Requires nor Recommends			
Ohio	○	○	○
Oklahoma	○	○	○
Oregon	○	○	○
Pennsylvania	○	○	○
Rhode Island	○	○	○
South Carolina	○	○	○
South Dakota	○	○	○
Tennessee	●	●	●
Texas	○	○	○
Utah	●	●	●
Vermont	○	○	○
Virginia	○	○	○
Washington	○	○	○
West Virginia	○	○	○
Wisconsin	○	○	○
Wyoming	○	○	○

¹ "Does your state require or recommend that districts or schools use one particular curriculum for elementary, middle/junior high, and senior high school physical education?" (State Physical Education Questionnaire, Items 15, 25, and 34)

Table 2.7
States That Provided Information or Materials for Physical Education During the Past Two Years at Each School Level, by Type of Information or Materials¹

● Yes
○ No

	Elementary Schools					Middle Schools					High Schools				
	Chart Describing Scope and Sequence of Instruction	Curriculum	Lesson Plans or Learning Activities	List of Recommended Curricula	Plans for How to Assess or Evaluate Students	Chart Describing Scope and Sequence of Instruction	Curriculum	Lesson Plans or Learning Activities	List of Recommended Curricula	Plans for How to Assess or Evaluate Students	Chart Describing Scope and Sequence of Instruction	Curriculum	Lesson Plans or Learning Activities	List of Recommended Curricula	Plans for How to Assess or Evaluate Students
Alabama	○	○	○	●	○	○	○	○	●	○	○	○	○	●	○
Alaska	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Arizona	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Arkansas	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
California	●	○	○	●	○	●	○	○	○	○	○	○	○	○	○
Colorado	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Connecticut	○	○	●	○	●	○	○	●	○	●	○	○	●	○	●
Delaware	●	○	○	○	●	●	○	○	○	○	○	○	○	○	○
District of Columbia	○	●	○	○	○	○	○	○	○	○	○	○	○	○	○
Florida	●	●	○	●	○	●	●	○	●	○	○	○	○	○	○
Georgia	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Hawaii	●	○	●	●	●	●	○	●	●	●	○	○	●	●	●
Idaho	○	○	○	●	○	○	○	○	○	○	○	○	○	○	○
Illinois	●	○	●	○	●	●	○	○	○	○	○	○	○	○	●
Indiana	●	○	○	●	○	●	●	○	○	○	○	○	○	○	●
Iowa	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Kansas	●	○	●	○	●	●	○	○	○	○	○	○	○	○	●
Kentucky	○	○	●	○	●	○	○	○	○	○	○	○	○	○	●
Louisiana	○	○	●	○	●	○	○	○	○	○	○	○	○	○	●
Maine	○	●	●	●	●	○	○	○	○	○	○	○	○	○	●
Maryland	●	●	●	○	●	●	●	○	○	○	○	○	○	○	●
Massachusetts	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Michigan	○	○	○	●	○	○	○	○	○	○	○	○	○	○	○
Minnesota	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Mississippi	○	●	●	○	●	○	○	○	○	○	○	○	○	○	○
Missouri	●	○	○	○	●	●	○	○	○	○	○	○	○	○	○
Montana	●	○	●	○	●	●	○	○	○	○	○	○	○	○	○
Nebraska	○	●	●	●	●	○	○	○	○	○	○	○	○	○	○
Nevada	●	○	●	●	●	●	○	○	○	○	○	○	○	○	○

Table 2.7
States That Provided Information or Materials for Physical Education During the Past Two Years at Each School Level, by Type of Information or Materials¹

● Yes
○ No

	Elementary Schools					Middle Schools					High Schools				
	Chart Describing Scope and Sequence of Instruction	Curriculum	Lesson Plans or Learning Activities	List of Recommended Curricula	Plans for How to Assess or Evaluate Students	Chart Describing Scope and Sequence of Instruction	Curriculum	Lesson Plans or Learning Activities	List of Recommended Curricula	Plans for How to Assess or Evaluate Students	Chart Describing Scope and Sequence of Instruction	Curriculum	Lesson Plans or Learning Activities	List of Recommended Curricula	Plans for How to Assess or Evaluate Students
New Hampshire	○	●	○	●	○	○	●	○	●	○	○	●	○	●	○
New Jersey	○	○	●	●	●	○	○	●	●	●	○	○	●	●	●
New Mexico	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
New York	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
North Carolina	●	●	○	●	●	●	●	○	●	●	●	●	○	●	●
North Dakota	○	○	●	○	○	○	○	●	○	○	○	○	●	○	○
Ohio	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Oklahoma	○	●	●	○	●	○	●	●	○	●	○	●	●	○	●
Oregon	○	○	○	○	○	○	○	○	○	○	○	○	○	○	●
Pennsylvania	○	○	●	○	●	○	○	●	○	●	○	○	●	○	●
Rhode Island	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
South Carolina	○	○	○	○	●	○	○	○	○	●	○	○	○	○	●
South Dakota	○	○	●	○	●	○	○	●	○	●	○	○	●	○	●
Tennessee	○	●	○	○	○	○	●	○	○	○	○	●	○	○	○
Texas	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Utah	●	●	●	●	●	○	●	●	●	●	○	●	●	●	●
Vermont	●	○	○	○	●	●	○	○	○	●	●	○	○	○	○
Virginia	●	○	●	○	●	●	○	●	○	●	●	○	●	○	●
Washington	●	○	●	○	●	●	○	○	○	●	●	○	●	○	●
West Virginia	○	○	○	●	○	○	○	○	○	○	○	○	○	○	○
Wisconsin	○	○	●	○	●	○	○	●	○	●	○	○	●	○	●
Wyoming	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○

¹ "During the past two years, has your state provided any of the following information or materials for elementary, middle/junior high, or senior high school physical education: (a) a list of one or more recommended physical education curricula, (b) a physical education curriculum, (c) a chart describing the scope and sequence of instruction for physical education, (d) lesson plans or learning activities for physical education, or (e) plans for how to assess or evaluate students in physical education?" (State Physical Education Questionnaire, Items 17a-e, 27a-e, and 36a-e)

Table 2.8
States That Specify a Maximum Student-to-Teacher Ratio for Physical Education Classes, by School Level¹

	Elementary Schools	Middle Schools	High Schools
Alabama	●	●	●
Alaska	○	○	○
Arizona	○	○	○
Arkansas	●	●	●
California	○	○	○
Colorado	○	○	○
Connecticut	○	○	○
Delaware	○	○	○
District of Columbia	●	●	●
Florida	○	○	○
Georgia	●	●	●
Hawaii	○	○	○
Idaho	○	○	○
Illinois	○	○	○
Indiana	○	○	○
Iowa	○	○	○
Kansas	○	○	○
Kentucky	○	○	○
Louisiana	●	●	●
Maine	●	○	○
Maryland	○	○	○
Massachusetts	○	○	○
Michigan	○	○	○
Minnesota	○	○	○
Mississippi	○	○	○
Missouri	●	●	●
Montana	●	●	●
Nebraska	○	○	○
Nevada	○	○	○
New Hampshire	●	●	●
New Jersey	○	○	○
New Mexico	○	○	○
New York	○	○	○
North Carolina	●	●	●
North Dakota	●	●	●
Ohio	○	○	○
Oklahoma	○	○	○
Oregon	○	○	○

Table 2.8
States That Specify a Maximum Student-to-Teacher Ratio for Physical Education Classes, by School Level¹

	Elementary Schools	Middle Schools	High Schools
● Yes			
○ No			
Pennsylvania	○	○	○
Rhode Island	○	○	○
South Carolina	●	●	●
South Dakota	○	○	○
Tennessee	●	●	●
Texas	○	○	○
Utah	○	●	●
Vermont	●	●	●
Virginia	○	●	●
Washington	○	○	○
West Virginia	●	○	○
Wisconsin	○	○	○
Wyoming	○	○	○

¹ "Has your state adopted a policy specifying a maximum student-to-teacher ratio for physical education in elementary, middle/junior high, and senior high school?" (State Physical Education Questionnaire, Items 56a-c)

Table 2.9
States with Specified Time Requirements for Physical Education, by School Level¹

- Yes
- No
- ? Incomplete Data

	Elementary Schools	Middle Schools	High Schools
Alabama	●	●	●
Alaska	○	○	○
Arizona	○	○	○
Arkansas	○	○	●
California	●	●	●
Colorado	○	○	○
Connecticut	○	○	●
Delaware	○	○	●
District of Columbia	●	●	●
Florida	○	○	●
Georgia	●	?	●
Hawaii	●	●	●
Idaho	○	○	○
Illinois	●	●	●
Indiana	●	●	●
Iowa	○	○	●
Kansas	○	○	●
Kentucky	?	?	●
Louisiana	●	●	○
Maine	○	○	●
Maryland	○	○	●
Massachusetts	○	○	○
Michigan	?	?	?
Minnesota	○	○	○
Mississippi	○	○	○
Missouri	●	●	●
Montana	○	●	●
Nebraska	○	○	●
Nevada	○	●	●
New Hampshire	○	○	○
New Jersey	●	●	●
New Mexico	○	○	○
New York	●	○	○
North Carolina	○	○	●
North Dakota	●	●	●
Ohio	○	○	●
Oklahoma	●	○	○
Oregon	●	○	○

Table 2.9
States with Specified Time Requirements for Physical Education, by School Level¹

	Elementary Schools	Middle Schools	High Schools
● Yes			
○ No			
? Incomplete Data			
Pennsylvania	○	○	○
Rhode Island	●	●	●
South Carolina	○	○	●
South Dakota	○	○	●
Tennessee	○	○	○
Texas	○	○	○
Utah	●	●	●
Vermont	○	○	○
Virginia	○	○	●
Washington	●	●	●
West Virginia	●	●	●
Wisconsin	●	●	●
Wyoming	○	○	○

¹ "In your state, are there specified time requirements for physical education at the elementary, middle/junior high, and senior high school levels?" (State Physical Education Questionnaire, Items 12, 22, and 31)

Table 2.10
States That Require Newly Hired Physical Education Teachers to Have Undergraduate or Graduate Training in Physical Education or a Related Field, by School Level¹

	Elementary Schools	Middle Schools	High Schools
Alabama	●	●	●
Alaska	●	●	●
Arizona	○	●	●
Arkansas	●	●	●
California	●	●	●
Colorado	○	○	○
Connecticut	●	●	●
Delaware	●	●	●
District of Columbia	●	●	●
Florida	●	●	●
Georgia	●	●	●
Hawaii	○	○	○
Idaho	●	●	●
Illinois	●	●	●
Indiana	●	●	●
Iowa	●	●	●
Kansas	●	●	●
Kentucky	○	●	●
Louisiana	○	●	●
Maine	●	●	●
Maryland	●	●	●
Massachusetts	●	●	●
Michigan	○	●	●
Minnesota	●	●	●
Mississippi	○	○	●
Missouri	●	●	●
Montana	●	●	●
Nebraska	○	●	●
Nevada	○	●	●
New Hampshire	●	●	●
New Jersey	○	●	●
New Mexico	○	●	●
New York	●	●	●
North Carolina	●	●	●

Table 2.10
States That Require Newly Hired Physical Education Teachers to Have Undergraduate or Graduate Training in Physical Education or a Related Field¹

	Elementary Schools	Middle Schools	High Schools
● Yes			
○ No			
North Dakota	●	●	●
Ohio	○	○	○
Oklahoma	●	●	●
Oregon	○	●	●
Pennsylvania	●	●	●
Rhode Island	○	○	○
South Carolina	●	●	●
South Dakota	○	○	○
Tennessee	●	●	●
Texas	●	●	●
Utah	○	●	●
Vermont	●	●	●
Virginia	●	●	●
Washington	○	●	●
West Virginia	○	○	○
Wisconsin	●	●	●
Wyoming	○	●	●

¹ "Has your state adopted a policy stating that newly hired staff who teach physical education at the elementary, middle/junior high, or senior high school level will have undergraduate or graduate training in physical education or a related field?" (State Physical Education Questionnaire, Items 57a-c)

Table 2.11
States That Require Newly Hired Physical Education Teachers to be Certified, Licensed, or
Endorsed by the State, by School Level¹

● Yes

○ No

NA Not Applicable²

	Elementary Schools	Middle Schools	High Schools
Alabama	●	●	●
Alaska	●	●	●
Arizona	●	●	●
Arkansas	●	●	●
California	●	●	●
Colorado	○	○	○
Connecticut	●	●	●
Delaware	●	●	●
District of Columbia	●	●	●
Florida	●	●	●
Georgia	●	●	●
Hawaii	○	○	○
Idaho	●	●	●
Illinois	●	●	●
Indiana	●	●	●
Iowa	●	●	●
Kansas	●	●	●
Kentucky	○	●	●
Louisiana	○	●	●
Maine	●	●	●
Maryland	●	●	●
Massachusetts	●	●	●
Michigan	●	●	●
Minnesota	●	●	●
Mississippi	○	○	○
Missouri	●	●	●
Montana	●	●	●
Nebraska	○	●	●
Nevada	NA	●	●
New Hampshire	●	●	●
New Jersey	○	●	●
New Mexico	○	●	●
New York	●	●	●
North Carolina	●	●	●
North Dakota	●	●	●
Ohio	●	●	●
Oklahoma	●	●	●

Table 2.11
States That Require Newly Hired Physical Education Teachers to be Certified, Licensed, or
Endorsed by the State, by School Level¹

● Yes

○ No

NA Not Applicable²

	Elementary Schools	Middle Schools	High Schools
Oregon	○	○	●
Pennsylvania	●	●	●
Rhode Island	●	●	●
South Carolina	●	●	●
South Dakota	○	○	○
Tennessee	●	●	●
Texas	●	●	●
Utah	●	●	●
Vermont	●	●	●
Virginia	NA	NA	NA
Washington	○	●	●
West Virginia	○	●	●
Wisconsin	●	●	●
Wyoming	○	●	●

¹ "Has your state adopted a policy stating that newly hired staff who teach physical education at the elementary, middle or junior high school, or high school level will be certified, licensed, or endorsed by the state to teach physical education?" (State Physical Education Questionnaire, Items 60a–c)

² NA indicates that the state does not offer certification, licensure, or endorsement to newly hired staff who teach physical education at that school level.

Table 2.12
States That Offer Certification, Licensure, or Endorsement for
Physical Education (PE) Teachers, by Type¹

	Combined PE and Health Education for Grades K–12	Combined PE and Health Education for Elementary School	Combined PE and Health Education for Middle School	Combined PE and Health Education for High School	PE for Grades K–12	PE for Elementary School	PE for Middle School	PE for High School
Alabama	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
Alaska	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
Arizona	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
Arkansas	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
California	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Colorado	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Connecticut	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Delaware	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
District of Columbia	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Florida	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
Georgia	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
Hawaii	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Idaho	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
Illinois	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
Indiana	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
Iowa	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
Kansas	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
Kentucky	<input checked="" type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
Louisiana	<input type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
Maine	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Maryland	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Massachusetts	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
Michigan	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
Minnesota	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
Mississippi	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
Missouri	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Montana	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Nebraska	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
Nevada	<input checked="" type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
New Hampshire	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
New Jersey	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
New Mexico	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
New York	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>

● Yes
○ No

Table 2.12
States That Offer Certification, Licensure, or Endorsement for
Physical Education (PE) Teachers, by Type¹

	Combined PE and Health Education for Grades K–12	Combined PE and Health Education for Elementary School	Combined PE and Health Education for Middle School	Combined PE and Health Education for High School	PE for Grades K–12	PE for Elementary School	PE for Middle School	PE for High School
North Carolina	○	○	○	○	●	●	●	●
North Dakota	●	●	●	●	●	●	●	●
Ohio	○	○	○	○	●	○	○	○
Oklahoma	●	●	●	○	○	○	○	○
Oregon	○	●	●	●	○	●	●	●
Pennsylvania	●	○	○	○	○	○	○	○
Rhode Island	●	●	●	●	●	●	●	●
South Carolina	○	○	○	○	●	○	○	○
South Dakota	●	○	○	○	●	○	○	○
Tennessee	●	○	○	○	●	○	○	○
Texas	●	○	●	●	●	●	●	●
Utah	●	●	○	●	●	●	●	●
Vermont	○	○	○	○	●	●	●	●
Virginia	●	○	○	○	○	○	○	○
Washington	○	●	●	●	○	○	○	○
West Virginia	●	●	●	●	●	●	●	●
Wisconsin	○	○	○	○	●	●	○	●
Wyoming	●	●	●	●	●	●	●	●

● Yes
○ No

¹ “Does your state offer certification, licensure, or endorsement for: (a) physical education for grades K-12, (b) physical education for elementary school, (c) physical education for middle/junior high school, (d) physical education for senior high school, (e) combined physical education and health education for grades K-12, (f) combined physical education and health education for elementary school, (g) combined physical education and health education for middle/junior high school, or (h) combined physical education and health education for senior high school?” (State Physical Education Questionnaire, Items 59a-h)

Table 2.13
States That Provided Funding for Staff Development or Offered Staff Development on
Physical Education Topics to Physical Education Teachers During the Past Two Years, by Topic¹

- Yes
- No
- ? Incomplete Data

	Administering or Using Fitness Tests	Assessing or Evaluating Student Performance	Developing and Using Student Portfolios	Developing Individualized Physical Activity Plans	Encouraging Family Involvement in Physical Activity	Injury Prevention and First Aid	Methods for Inclusion and Participation of Overweight Children	Methods to Increase Amount of Class Time Students Are Active	Methods to Promote Gender Equity	Recognizing and Responding to Chronic Health Conditions	Teaching Individual or Paired Activities or Sports	Teaching Movement Skills and Concepts	Teaching Students with Long-Term Disabilities	Teaching Team or Group Activities or Sports	Using Physical Activity Monitoring Devices	Using Technology for Physical Education
Alabama	○	○	○	○	○	○	●	○	○	○	○	○	○	○	○	○
Alaska	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Arizona	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Arkansas	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
California	●	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Colorado	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Connecticut	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Delaware	●	●	●	●	●	●	●	●	●	○	●	●	○	●	●	●
District of Columbia	○	○	○	●	●	●	○	○	○	○	●	○	○	○	○	○
Florida	●	●	○	○	●	○	●	○	○	○	○	○	○	○	●	○
Georgia	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Hawaii	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Idaho	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Illinois	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Indiana	○	●	○	○	○	●	○	○	●	○	○	○	○	●	●	○
Iowa	●	●	●	●	○	●	●	●	●	●	○	●	●	●	●	○
Kansas	●	●	●	●	●	○	●	●	●	●	●	●	●	●	●	●
Kentucky	○	●	○	○	●	○	●	●	○	○	○	○	○	○	●	●
Louisiana	○	●	○	○	○	○	○	○	○	●	○	●	●	●	●	○
Maine	○	●	○	○	●	○	○	○	○	●	○	○	●	○	●	●
Maryland	●	●	●	●	●	●	●	●	●	○	●	●	●	●	●	●
Massachusetts	○	●	○	○	○	○	○	●	○	○	○	○	○	○	●	●
Michigan	○	○	○	●	●	○	○	○	○	●	○	○	●	○	●	○
Minnesota	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Mississippi	●	●	●	●	●	○	○	●	●	●	●	●	●	●	●	○
Missouri	●	●	○	○	●	○	○	●	○	●	○	●	○	○	●	○
Montana	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Nebraska	●	●	○	○	●	○	●	●	○	○	●	●	●	●	●	●
Nevada	●	●	●	●	●	●	○	●	●	○	●	●	●	●	●	○
New Hampshire	●	●	●	?	●	●	●	●	●	●	●	●	●	●	●	●
New Jersey	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
New Mexico	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
New York	●	●	●	●	○	●	●	●	●	●	●	●	●	●	●	●

Table 2.13
States That Provided Funding for Staff Development or Offered Staff Development on Physical Education Topics to Physical Education Teachers During the Past Two Years, by Topic¹

● Yes
○ No
? Incomplete Data

	Administering or Using Fitness Tests	Assessing or Evaluating Student Performance	Developing and Using Student Portfolios	Developing Individualized Physical Activity Plans	Encouraging Family Involvement in Physical Activity	Injury Prevention and First Aid	Methods for Inclusion and Participation of Overweight Children	Methods to Increase Amount of Class Time Students Are Active	Methods to Promote Gender Equity	Recognizing and Responding to Chronic Health Conditions	Teaching Individual or Paired Activities or Sports	Teaching Movement Skills and Concepts	Teaching Students with Long-Term Disabilities	Teaching Team or Group Activities or Sports	Using Physical Activity Monitoring Devices	Using Technology for Physical Education
North Carolina	●	●	○	○	●	○	○	●	●	●	●	●	●	●	●	●
North Dakota	●	●	○	○	●	●	●	●	●	●	●	●	○	●	●	●
Ohio	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Oklahoma	●	●	○	○	●	●	●	●	○	○	●	●	●	●	●	●
Oregon	○	●	○	○	○	○	○	○	○	●	○	○	○	○	○	●
Pennsylvania	●	●	○	○	●	○	○	●	○	●	●	○	○	●	●	●
Rhode Island	●	●	○	●	●	●	○	○	○	○	○	●	●	○	●	●
South Carolina	●	●	●	●	●	○	○	●	○	○	●	●	●	●	●	●
South Dakota	●	●	○	○	●	●	○	●	●	●	●	●	●	●	●	○
Tennessee	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Texas	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Utah	●	●	●	●	●	●	○	●	●	●	●	●	●	●	●	●
Vermont	●	●	○	○	○	○	○	○	○	○	○	●	○	○	●	●
Virginia	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Washington	●	●	○	○	○	○	○	○	○	○	○	○	○	○	○	○
West Virginia	●	●	●	●	●	●	●	●	○	●	●	●	●	●	●	●
Wisconsin	●	●	●	●	●	●	○	●	●	○	●	●	●	●	●	●
Wyoming	●	●	●	○	●	●	●	●	●	●	●	●	●	●	○	○

¹ "During the past two years, has your state provided funding for or offered staff development on each of the following topics to those who teach physical education? This might include workshops, conferences, continuing education, graduate courses, or any other kind of in-service: (a) methods to increase the amount of class time students are physically active, (b) methods to promote gender equity in physical education and sports, (c) using technology such as computers or video cameras for physical education, (d) using physical activity monitoring devices, such as pedometers or heart rate monitors, for physical education, (e) encouraging family involvement in physical activity, (f) administering or using fitness tests, (g) helping students develop individualized physical activity plans, (h) injury prevention and first aid, (i) teaching physical education to students with long-term physical, medical, or cognitive disabilities, (j) teaching individual or paired activities or sports (k) teaching team or group activities or sports (l) teaching movement skills and concepts, (m) assessing or evaluating student performance in physical education, (n) developing and using student portfolios for physical education, (o) teaching methods to promote inclusion and active participation of overweight children during physical education, or (p) chronic health conditions, for example asthma or diabetes, including recognizing and responding to severe symptoms or reducing triggers?" (State Physical Education Questionnaire, Items 64a-p)

**Table 2.14
States That Require or Recommend That Elementary Schools
Provide Regularly Scheduled Recess¹**

- Requires
- ◐ Recommends
- Neither Requires nor Recommends

Alabama	○
Alaska	○
Arizona	○
Arkansas	◐
California	●
Colorado	○
Connecticut	●
Delaware	●
District of Columbia	◐
Florida	○
Georgia	○
Hawaii	◐
Idaho	◐
Illinois	○
Indiana	○
Iowa	○
Kansas	◐
Kentucky	◐
Louisiana	◐
Maine	○
Maryland	○
Massachusetts	○
Michigan	◐
Minnesota	○
Mississippi	◐
Missouri	○
Montana	○
Nebraska	○
Nevada	◐
New Hampshire	○
New Jersey	○
New Mexico	◐
New York	○

Table 2.14
States That Require or Recommend That Elementary Schools
Provide Regularly Scheduled Recess¹

- Requires
- ◐ Recommends
- Neither Requires nor Recommends

North Carolina	●
North Dakota	◐
Ohio	○
Oklahoma	○
Oregon	○
Pennsylvania	○
Rhode Island	○
South Carolina	○
South Dakota	○
Tennessee	●
Texas	○
Utah	◐
Vermont	○
Virginia	●
Washington	○
West Virginia	○
Wisconsin	●
Wyoming	○

¹ "Does your state require or recommend that elementary schools provide students with regularly scheduled recess?"
(State Physical Education Questionnaire, Item 18)

Table 2.15
States That Prohibit or Actively Discourage Using Physical Activity as Punishment for Bad Behavior and Excluding Students from Physical Education (PE) and Recess as Punishment for Bad Behavior

	Using Physical Activity as Punishment for Bad Behavior in PE ¹	Using Physical Activity as Punishment for Poor Performance or Bad Behavior in Sports ²	Excluding Students from Physical Education as Punishment for Bad Behavior in Another Class ³	Excluding Students from Recess as Punishment for Bad Behavior ⁴
● Prohibits				
◐ Discourages				
○ Neither Prohibits nor Discourages				
Alabama	◐	◐	◐	◐
Alaska	○	○	○	○
Arizona	◐	◐	◐	○
Arkansas	◐	◐	◐	●
California	●	○	◐	◐
Colorado	○	○	○	○
Connecticut	◐	○	○	○
Delaware	◐	◐	◐	◐
District of Columbia	●	◐	◐	◐
Florida	●	●	●	●
Georgia	○	◐	○	○
Hawaii	●	○	○	●
Idaho	●	◐	◐	◐
Illinois	○	○	○	○
Indiana	◐	◐	◐	◐
Iowa	○	○	○	○
Kansas	◐	◐	◐	◐
Kentucky	◐	◐	◐	◐
Louisiana	◐	◐	◐	○
Maine	◐	◐	○	○
Maryland	◐	◐	◐	◐
Massachusetts	○	○	○	○
Michigan	◐	○	◐	◐
Minnesota	◐	●	◐	◐
Mississippi	◐	◐	◐	◐
Missouri	◐	○	◐	○
Montana	○	○	○	○
Nebraska	◐	○	◐	◐
Nevada	◐	◐	○	○
New Hampshire	◐	○	◐	◐
New Jersey	◐	◐	●	◐
New Mexico	◐	◐	◐	◐
New York	◐	◐	◐	◐

Table 2.15
States That Prohibit or Actively Discourage Using Physical Activity as Punishment for Bad Behavior and Excluding Students from Physical Education (PE) and Recess as Punishment for Bad Behavior

	Using Physical Activity as Punishment for Bad Behavior in PE ¹	Using Physical Activity as Punishment for Poor Performance or Bad Behavior in Sports ²	Excluding Students from Physical Education as Punishment for Bad Behavior in Another Class ³	Excluding Students from Recess as Punishment for Bad Behavior ⁴
● Prohibits				
◐ Discourages				
○ Neither Prohibits nor Discourages				
North Carolina	●	●	●	●
North Dakota	◐	◐	◐	◐
Ohio	○	○	○	○
Oklahoma	◐	◐	◐	◐
Oregon	●	●	○	○
Pennsylvania	◐	○	◐	◐
Rhode Island	○	○	○	○
South Carolina	○	○	○	○
South Dakota	◐	○	◐	◐
Tennessee	●	●	●	●
Texas	○	○	○	○
Utah	●	◐	◐	◐
Vermont	◐	◐	◐	◐
Virginia	○	○	○	○
Washington	◐	◐	◐	◐
West Virginia	○	○	○	○
Wisconsin	◐	◐	◐	◐
Wyoming	●	○	○	○

¹ “Has your state adopted a policy that prohibits schools from using physical activity, for example laps or push-ups, to punish students for bad behavior in physical education?” “Does your state actively discourage schools from using physical activity to punish students for bad behavior in physical education?” (State Physical Education Questionnaire, Items 48 and 49)

² “Has your state adopted a policy that prohibits schools from using physical activity to punish students for poor performance or bad behavior in interscholastic sports?” “Does your state actively discourage schools from using physical activity to punish students for poor performance or bad behavior in interscholastic sports?” (State Physical Education Questionnaire, Items 50 and 51)

³ “Has your state adopted a policy that prohibits schools from excluding students from all or part of physical education as punishment for bad behavior in another class?” (State Physical Education Questionnaire, Items 52 and 53)

⁴ “Has your state adopted a policy that prohibits elementary schools from excluding students from all or part of recess as punishment for bad behavior?” “Does your state actively discourage schools from excluding students from all or part of recess as punishment for bad behavior?” (State Physical Education Questionnaire, Items 54 and 55)

Table 2.16
States That Require Student Use of Protective Gear During Physical Activities,
by Type of Activity¹

	Physical Education	Intramural Activities or Physical Activity Clubs	Interscholastic Sports
Alabama	○	○	●
Alaska	○	○	●
Arizona	○	○	○
Arkansas	○	○	○
California	○	○	●
Colorado	○	○	○
Connecticut	●	○	●
Delaware	●	●	●
District of Columbia	○	●	●
Florida	○	○	○
Georgia	○	○	●
Hawaii	○	●	●
Idaho	○	○	○
Illinois	○	○	○
Indiana	●	●	●
Iowa	○	○	○
Kansas	●	●	●
Kentucky	○	○	?
Louisiana	○	○	○
Maine	○	○	●
Maryland	○	○	●
Massachusetts	○	○	●
Michigan	○	○	●
Minnesota	○	○	○
Mississippi	○	○	●
Missouri	○	○	○
Montana	○	○	●
Nebraska	○	○	○
Nevada	●	●	●
New Hampshire	○	○	○
New Jersey	○	○	○
New Mexico	○	○	●
New York	●	●	●
North Carolina	○	○	○
North Dakota	○	○	●
Ohio	○	○	○
Oklahoma	○	○	●

- Yes
- No
- ? Incomplete Data

Table 2.16
States That Require Student Use of Protective Gear During Physical Activities,
by Type of Activity¹

	Physical Education	Intramural Activities or Physical Activity Clubs	Interscholastic Sports
● Yes			
○ No			
? Incomplete Data			
Oregon	○	○	○
Pennsylvania	○	○	○
Rhode Island	○	○	○
South Carolina	○	○	○
South Dakota	○	○	○
Tennessee	○	○	●
Texas	○	○	○
Utah	●	●	●
Vermont	○	○	○
Virginia	○	○	●
Washington	○	○	○
West Virginia	○	○	●
Wisconsin	○	○	○
Wyoming	○	○	○

¹ "Has your state adopted a policy requiring that students wear appropriate protective gear when engaged in the following activities: (a) physical education, (b) intramural activities or physical activity clubs, or (c) interscholastic sports?" (State Physical Education Questionnaire, Item 47a-c)

Table 2.17
States That Provided Funding for Staff Development or Offered Staff Development to Interscholastic Sports Coaches During the Past Two Years, by Source of Funding

	State Education Agency ¹	Any Other State-Level Organization or Agency ²
Alabama	○	○
Alaska	○	●
Arizona	○	○
Arkansas	○	●
California	○	●
Colorado	○	○
Connecticut	●	●
Delaware	○	○
District of Columbia	●	○
Florida	○	●
Georgia	○	○
Hawaii	●	●
Idaho	○	●
Illinois	○	○
Indiana	○	●
Iowa	○	●
Kansas	○	●
Kentucky	?	?
Louisiana	○	○
Maine	○	●
Maryland	○	●
Massachusetts	○	○
Michigan	○	○
Minnesota	○	●
Mississippi	●	●
Missouri	○	●
Montana	○	●
Nebraska	○	●
Nevada	○	●
New Hampshire	○	●
New Jersey	●	●
New Mexico	○	○
New York	●	●
North Carolina	●	●
North Dakota	○	○

- Yes
- No
- ? Incomplete Data

Table 2.17
States That Provided Funding for Staff Development or Offered Staff Development to Interscholastic Sports Coaches During the Past Two Years, by Source of Funding

	State Education Agency ¹	Any Other State-Level Organization or Agency ²
Ohio	○	○
Oklahoma	○	●
Oregon	○	●
Pennsylvania	○	●
Rhode Island	○	○
South Carolina	○	●
South Dakota	●	○
Tennessee	○	○
Texas	○	○
Utah	●	●
Vermont	○	●
Virginia	○	●
Washington	○	○
West Virginia	●	●
Wisconsin	○	○
Wyoming	○	●

- Yes
- No
- ? Incomplete Data

¹ "During the past two years, has your state education agency provided any funding for or offered staff development to coaches of interscholastic sports?" (State Physical Education Questionnaire, Item 70)

² "During the past two years, has any other state-level organization or agency provided any funding for or offered staff development to coaches of interscholastic sports?" (State Physical Education Questionnaire, Item 71)

