

# Chronic Fatigue Syndrome: Fundamentals of Diagnosis and Management

**NOVEMBER 10, 2007**

Jointly sponsored by the University of Colorado, School of Medicine, Office of Continuing Medical Education; the Centers for Disease Control and Prevention; and the CFIDS Association of America

Presented by the Center for Integrative Medicine and University of Colorado at Denver and Health Sciences Center



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Chronic Fatigue Syndrome

University of Colorado at Denver and Health Sciences Center  
CDCCFS-SOM-CME  
4200 East Ninth Avenue, C295  
Denver, CO 80262

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## GENERAL INFORMATION

### ACCREDITATION:

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the University of Colorado School of Medicine, the U.S. Center for Integrative Medicine, the Centers for Disease Control and Prevention and the CFIDS Association of America. The University of Colorado School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Colorado School of Medicine designates this education activity for a maximum of 4 *AMA PRA Category 1 Credits™*.

Physicians should only claim credit commensurate with the extent of their participation in the activity.

### REGISTRATION FEES:

\$45.00 — licensed or registered health care professionals  
\$10.00 — students and residents

Pre-registration is required. The registration fee includes continental breakfast, refreshments, syllabus and CME certificate or certificate of attendance for non-physicians.

### FOR MORE INFORMATION

Please contact the Office of Continuing Medical Education at 1-800-882-9153 or 303-372-9063.  
Email: [cme.meetings@uchsc.edu](mailto:cme.meetings@uchsc.edu).

Conference Manager - Susan Morrison

To print a registration form or register online, please visit:

<http://www.uchsc.edu/cme>.

### LOCATION:

University of Colorado at Denver and Health Sciences Center  
Anschutz Medical Campus  
Research Tower North Auditorium  
12800 East 19<sup>th</sup> Avenue, Aurora, CO  
(enter on the North side of the building – the 19<sup>th</sup> Street side)

### DIRECTIONS:

The University of Colorado School of Medicine - Anschutz Medical Campus is located on Colfax Avenue and Peoria Street. Please check the website at [www.uchsc.edu/cme](http://www.uchsc.edu/cme) for driving and parking direction one week before the conference as there is construction and directions change.

### ACCOMMODATIONS:

Both the Double Tree Hotel at 3333 Quebec Street, Denver - phone: 500-222-8733 and The Red Lion Inn at 4040 Quebec Street, Denver - phone: 800-733-5466 have blocks of rooms and group rates for this conference. Hotels have shuttles from the airport, but not to the Anschutz Medical Campus.

### CANCELLATION:

The full conference fee is refundable, less a 10% processing fee if your cancellation is received in writing prior to November 6, 2007. The processing fee is nonrefundable regardless of the reason for cancellation. No refunds will be granted after the deadline or for nonattendance. The conference committee reserves the right to cancel this conference in the event of an unforeseen circumstance, or if the minimum acceptable registration is not attained. In the event of a cancellation the Office of CME is obligated to refund the registration fee only.

## COURSE DESCRIPTION

The primary goal of the seminar is to increase knowledge about CFS and to facilitate improved detection, diagnosis and care management for people who are affected by the illness. The target audience includes physicians, physician assistants, nurse practitioners, and allied health professionals.

### Learning Objectives:

Upon completion of the program, participants should be able to:

- Define chronic fatigue syndrome, based on the 1994 International Case Definition
- Explain the diagnostic process for CFS
- Identify care management approaches for CFS
- Recognize the wide-ranging impact of CFS

## AGENDA - SATURDAY, NOVEMBER 10, 2007

- 8:00 am Registration and Continental Breakfast
- 8:30 am **Opening Remarks**  
Lisa Corbin, MD
- 8:40 am **CFS Epidemiology, Contributing Factors  
CFS Case Definition and Diagnosis**  
James F. Jones, MD
- 9:20 am **CFS Management Interventions**  
Lisa Corbin, MD
- 10:00 am **Question and Answer Session**
- 10:10 am **Case Study—Differential Diagnosis / Interactive Q & A**  
Dawn LaBarbera, PhD, PA-C
- 10:30 am **Case Study—Integrating Complementary Interventions in  
CFS Care Management /Interactive Q & A**  
Lisa Corbin, MD
- 10:50 am **Energy Conservation: Developing an Activity Plan**  
Christopher Snell, PhD
- 11:15 am **Coping with an Invisible Chronic Illness**  
Bennett Leslie, PsyD
- 11:40 am **Question and Answer Session / Post-Survey Completion**
- 11:50 am **Small Group Discussions/Q & A**  
**Group A – State of the Science: CFS Research** – Dr. James Jones  
**Group B – CFS Care Management** – Drs. Corbin and LaBarbera  
**Group C – Behavioral Interventions for CFS** – Drs. Snell and Leslie
- 12:15 pm **Reconvene for closing remarks and program evaluation**
- 12:30 pm **Adjourn**

## FACULTY

### Lisa Corbin, MD

Medical Director  
The Center for Integrative Medicine  
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Associate Professor, Departments of Physical Medicine and  
Rehabilitation and General Internal Medicine  
University of Colorado at Denver & Health Sciences Center

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# Chronic Fatigue Syndrome: FUNDAMENTALS OF DIAGNOSIS AND MANAGEMENT

November 10, 2007, Aurora, Colorado

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