

# BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

(Project Title)

☐ Input  
 Validity    ☐ Yes   ☐ No    1985  
☐ Output                      Project Number

Sec. \_\_\_\_\_  
 Exh. \_\_\_\_\_  
 Page    1  
 Date \_\_\_\_\_

(Project Title)

## TYPE OF FILE

(File Name)

☐ Punch Card Form      RECORD SPECIFICATIONS

☐ Magnetic Tape

☐ Disk      (Record Title)

☐ ISAM      \*FILE SEQUENCE

☐ Key Tape      Data      Positions

☐ Paper Tape      \_\_\_\_\_      \_\_\_\_\_  
    \_\_\_\_\_      \_\_\_\_\_  
    \_\_\_\_\_      \_\_\_\_\_

## RECORD DATA

## MISCELLANEOUS DATA

Label \_\_\_\_\_  
 Record Length \_\_\_\_\_  
 Blocking Factor \_\_\_\_\_

Volume \_\_\_\_\_ Per \_\_\_\_\_  
 Source \_\_\_\_\_  
 Recipient \_\_\_\_\_

Field Seq.	Size	Columns or Positions	Field Title (Name) (Indicate Filler if not used)	Type	Data Field Seq.	Comments
	26	1 - 26	IDENTIFICATION INFORMATION			
	2	1 - 2	FIPS STATE CODE			
	1	3	STRATUM CODE			
	4	4 - 7	PSU NUMBER			
	1	8	RECORD NUMBER			
	6	9 - 14	DATE OF INTERVIEW			
	2	15 - 16	INTERVIEWER IDENTIFICATION			

Sorted Tape - \*If sorted tape, fill in top of this page and refer to basic file in the field data

Data Field Seq. - List sequence from Details of Data Fields.

Type - N = Numeric   A = Alpha   AN= Alpha/Numeric

RECORD SPECIFICATION - CONTINUATION SHEET

Sec. \_\_\_\_\_  
 Exh. \_\_\_\_\_  
 Page 2  
 Date \_\_\_\_\_

Field Seq.	Size	Columns or Positions	Field Title (Name) (Indicate Filler if not used)	Type	Data Field Seq.	Comments
	8	17 - 24	TELEPHONE NUMBER			
	2	25 - 26	FINAL DISPOSITION OF TELEPHONE CALL			01=Completed Interview 02=Refused Interview 03=Non-Working Number 04=No Answer 05=Business Telephone 06=No Eligible Respondent at this Number 07=No Eligible Respondent could be reached during time period 08=Language barrier Prevented Completion of Interview 09=Interview Terminated within Questionnaire 10=Line Busy 11=Selected Respondent Unable Respond Because of Physical or Mental Impairment 12=Other
	1	27	NUMBER OF ADULTS IN HOUSEHOLD			(18 Years Plus)
	1	28	NUMBER OF ADULT MALES IN HOUSEHOLD			(18 Years Plus)
	1	29	NUMBER OF ADULT WOMEN IN HOUSEHOLD			(18 Years Plus)
	1	30	SEATBELT USE			1=Always 2=Nearly Always 3=Sometimes 4=Seldom 5=Never 7=Don't Know/Not Sure 8=Never Ride in a Car 9=Refused

# RECORD SPECIFICATION - CONTINUATION SHEET

Exh. \_\_\_\_\_  
 Page 3  
 Date \_\_\_\_\_

Field Seq.	Size	Columns or Positions	Field Title (Name) (Indicate Filler if not used)	Type	Data Field Seq.	Comments
	1	31	TOLD YOU HAVE HIGH BLOOD PRESSURE			1=No 2=Yes, By a Doctor 3=Yes, By a Nurse 4=Yes, By a Health Professional 7=Don't Know/ Not Sure 9=Refused
	1	32	TOLD BLOOD PRESSURE HIGH MORE THAN ONCE			1=More Than Once 2=Only Once 7=Do Not Remember/ Not Sure 9=Refused
	1	33	MEDICINE PRESCRIBED FOR HIGH BLOOD			1=Yes 2=No 7=Do Not Remember/ Not Sure 9=Refused
	1	34	STILL TAKING MEDICATION			1=Yes, Most of the Time 2=Yes, Occasionally 3=No 7=Do Not Remember/ Not Sure 9=Refused
	5	35 - 39	DOING THE FOLLOWING TO HELP CONTROL HIGH BLOOD PRESSURE			1=Yes 2=No 7=Not Sure 9=Refused
	1	35	FOLLOWING A LOW SALT DIET			
	1	36	WATCHING WEIGHT			
	1	37	AVOIDING STRESS, RELAXING			
	1	38	CUTTING DOWN OR STOPPING SMOKING			4=Do Not Smoke
	1	39	FOLLOWING AN EXERCISE PROGRAM			

# RECORD SPECIFICATION - CONTINUATION SHEET

Sec. \_\_\_\_\_  
 Exh. \_\_\_\_\_  
 Page 4  
 Date \_\_\_\_\_

Field Seq.	Size	Columns or Positions	Field Title (Name) (Indicate Filler if not used)	Type	Data Field Seq.	Comments
	1	40	BLOOD PRESSURE IS PRESENTLY NORMAL			1=Normal 2=Under Control 3=Still High 7=Don't Know/ Not Sure 9=Refused
	1	41	PARTICIPATE IN ACTIVITIES SUCH AS RUN, CALISTHENICS, GOLF GARDENING, WALKING			1=Yes 2=No 7=Don't Know/ Not Sure 9=Refused
	1	42	OTHER ACTIVITIES BESIDES RUN, WALK, ETC			1=Yes 2=No 7=Don't Know/ Not Sure 9=Refused
	2	43 - 44	TYPE OF PHYSICAL ACTIVITY OR EXERCISE			99=Refused (See Activity Codes Last Page)
NOTE: DATA IS CODED IN COLUMNS 45-47 IF COLUMNS 43-44 IS CODED 22, 30, 46, or 51						
	3	45 - 47	HOW FAR DO YOU WALK/RUN/SWIM?			Coded in Miles and Tenths 777=Don't Know/ Not Sure 999=Refused
	3	48 - 50	HOW OFTEN TAKE PART IN ACTIVITY?			101-198=# Times a Week 201-298=# Times a Month 777=Don't Know/ Not Sure 999=Refused
	3	51 - 53	HOW MANY MINUTES OR HOURS TAKE PART IN ACTIVITY?			Coded in Hours and Minutes 777=Don't Know/ Not Sure 999=Refused
	1	54	WAS THERE ANOTHER EXERCISE OR ACTIVITY YOU PARTICIPATED IN?			1=Yes 2=No 7=Don't Know/ Not Sure 9=Refused

RECORD SPECIFICATION - CONTINUATION SHEET

Sec. \_\_\_\_\_  
 Exh. \_\_\_\_\_  
 Page 5  
 Date \_\_\_\_\_

Field Seq.	Size	Columns or Positions	Field Title (Name) (Indicate Filler if not used)	Type	Data Field Seq.	Comments
	2	55 - 56	TYPE OF PHYSICAL ACTIVITY GIVE NEXT MOST EXERCISE			77=Don't Know/ Not Sure 99=Refused (See Activity Codes Last Page)
			* NOTE: DATA IS CODED IN COLUMNS 57 - 59 IF COLUMNS 55 - 56 IS CODED 22, 30, 46, OR 51			
	3	57 - 59	HOW FAR DO YOU WALK/ RUN/JOG/SWIM ?			777=Don't Know 999=Refused Coded in Miles and Tenths
	3	60 - 62	HOW OFTEN DO YOU TAKE PART IN ACTIVITY?			101-198=# Times a Week 201-298=# Times a Month 777=Don't Know/ Not Sure 999=Refused
	3	63 - 65	HOW MANY MINUTES OR HOURS TAKE PART IN ACTIVITY?			777=Don't Know/ Not Sure 999=Refused Coded in Hours and Minutes
	3	66 - 68	WEIGHT WITHOUT SHOES			777=Don't Know/ Not Sure 999=Refused Coded in Pounds
	3	69 - 71	HEIGHT WITHOUT SHOES			777=Don't Know/ Not Sure 999=Refused Coded in Feet and Inches
	1	72	NOW TRYING TO LOSE WEIGHT			1=Yes 2=No 9=Refused
	1	73	EATING FEWER CALORIES TO LOSE WEIGHT			1=Yes 2=No 7=Don't know 9=Refused
	1	74	INCREASED PHYSICAL ACTIVITY TO LOSE WEIGHT			1=Yes 2=No 7=Don't know 9=Refused

RECORD SPECIFICATION - CONTINUATION SHEET

Sec. \_\_\_\_\_  
 Exh. \_\_\_\_\_  
 Page 6  
 Date \_\_\_\_\_

Field Seq.	Size	Columns or Positions	Field Title (Name) (Indicate Filler if not used)	Type	Data Field Seq.	Comments
	1	75	HOW OFTEN DO YOU ADD SALT TO YOUR FOOD?			1=Most of the Time 2=Sometimes 3=Rarely 4=Never 7=Don't know/ Not Sure 9=Refused
	1	76	SMOKED 100 CIGARETTES IN LIFE			1=Yes 2=No 8=Don't Know/ Not Sure 9=Refused
	1	77	DO YOU SMOKE NOW?			1=Yes 2=No 9=Refused
	2	78 - 79	NUMBER OF CIGARETTES SMOKE A DAY			01-87=# of Cigarettes 88=Do Not Smoke Regularly 99=Refused
	1	80	STOPPED SMOKING FOR A WEEK OR MORE IN PAST YEAR?			1=Yes 2=No 9=Refused
	1	81	HAD ANY BEER, WINE, OR LIQUOR IN THE PAST MONTH?			1=Yes 2=No 9=Refused
	3	82 - 84	IN PAST MONTH, HOW OFTEN DRINK BEER?			101-198=# Times a Week 201-298=# Times a Month 777=Don't Know/ Not Sure 888=Never or None 999=Refused
	2	85 - 86	NUMBER OF BEERS DRANK ON THE AVERAGE			Number of Beers 77=Don't Know/ Not Sure 99=Refused
	3	87 - 89	HOW OFTEN DRINK WINE IN PAST MONTH?			101-198=# Times a Week 201-298=# Times a Month 777=Don't Know/ Not Sure 888=Never or None 999=Refused

## RECORD SPECIFICATION - CONTINUATION SHEET

 Sec. \_\_\_\_\_  
 Exh. \_\_\_\_\_  
 Page 7  
 Date \_\_\_\_\_

Field Seq.	Size	Columns or Positions	Field Title (Name) (Indicate Filler if not used)	Type	Data Field Seq.	Comments
	2	90 - 91	# GLASSES OF WINE DRANK ON THE AVERAGE			Number of Glasses of Wine 77=Don't Know/ Not Sure 99=Refused
	3	92 - 94	HOW OFTEN DRINK LIQUOR IN PAST MONTH?			101-198=# Times a Week 201-298=# Times a Month 777=Don't Know/ Not Sure 888=Never or None 999=Refused
	2	95 - 96	NUMBER OF DRINKS OF LIQUOR ON THE AVERAGE			Number of Drinks 77=Don't Know/ Not Sure 99=Refused
	2	97 - 98	# TIMES 5+ DRINKS ON AN OCCASION			Number of Drinks 77=Don't Know/ Not Sure 88=None 99=Refused
	2	99 -100	# TIMES DRIVEN WHEN YOU'VE HAD TOO MUCH TO DRINK			Number of Times Driven 77=Don't Know/ Not Sure 88=None 99=Refused
	2	101-102	AGE ON LAST BIRTHDAY			18-99=All Ages 07=Don't Know/ Not Sure 09=Refused
	1	103	RACE			1=White 2=Black 3=Asian or Pacific Islander 4=Aleutian, Eskimo or American Indian 5=Other 7=Don't know/ Not sure 9=Refused
	1	104	HISPANIC ORIGIN			1=Yes 2=No 7=Don't Know/ Not Sure 9=Refused

RECORD SPECIFICATION - CONTINUATION SHEET

Sec. \_\_\_\_\_  
 Exh. \_\_\_\_\_  
 Page 8  
 Date \_\_\_\_\_

Field Seq.	Size	Columns or Positions	Field Title (Name) (Indicate Filler if not used)	Type	Data Field Seq.	Comments
	1	105	HIGHEST GRADE OR YEAR OF SCHOOL COMPLETED			1=Less Than 9th Grade 2=Some High School 3=High School Grad or GED Cert 4=Some Technical School 5=Technical School Graduate 6=Some College 7=College Graduate 8=Post Grad. or Professional Degree 9=Refused
	1	106	EMPLOYMENT STATUS			1=Employed for Wages 2=Self Employed 3=Out of Work For More Than On Year 4=Out of Work For Less Than On Year 5=Homemaker 6=Student 7=Retired 9=Refused
	1	107	MARITAL STATUS			1=Married 2=Divorced 3=Widowed 4=Separated 5=Never Been Married 6=Member of An Unmarried Coupl 9=Refused
	1	108	TOTAL HOUSEHOLD INCOME			1=Less Than \$10,000 2=\$10,000 to \$15,000 3=\$15,000 to \$20,000 4=\$20,000 to \$25,000 5=\$25,000 to \$35,000 6=\$35,000 to \$50,000 7=Don't Know/ Not Sure 8=Over \$50,000 9=Refused
	1	109	SEX			1=Male 2=Female



## RECORD SPECIFICATION - CONTINUATION SHEET

Sec. \_\_\_\_\_  
Exh. \_\_\_\_\_  
Page 9  
Date \_\_\_\_\_

[illegible]

RECORD SPECIFICATION - CONTINUATION SHEET 1985 (Rev 7/87)

Sec. \_\_\_\_\_  
 Exh. \_\_\_\_\_  
 Page 10  
 Date \_\_\_\_\_

Field Seq.	Size	Columns or Positions	Field Title (Name) (Indicate Filler if not used)	Type	Data Field Seq.	Comments
	2	139-140	NEW RACE CODE			1=White 2=Black 3=Hispanic, White 4=Hispanic, Black 5=Other Hispanic 6=Asian or Pacific Islander 7=Aleutian, Eskimo, or Am. Ind. 8=Other 99=Refused 77Don't Know/Not Sure
	1	141	COMPUTED SMOKING STATUS			1=Current 2=Former Smoker 3=Never Smoked 4=Not Regular Smoker 9=Refused
	1	142 *	NOTE: THIS COLUMN IS NOT FOR USE			
	3	143-145	NUMBER OF BEERS DRANK			001-766=# Beers Monthly 888=Never or None 777=Not Sure How Many 999=Refused 000=Didn't Drink in Past Month
	1	146 *	NOTE: THIS COLUMN IS NOT FOR USE			
	3	147-149	NUMBER OF GLASSES OF WINE			001-766=# Glasses Monthly 888=Never or None 777=Not Sure How Many 999=Refused 000=Didn't Drink in Past Month
	1	150 *	NOTE: THIS COLUMN IS NOT FOR USE			
	3	151-153	NUMBER OF DRINKS OF LIQUOR			001-766=# Of Drinks Monthly 888=Never or None 777=Not Sure How Many 999=Refused 000=Didn't Drink in Past Month
	4	154-157	TOTAL NUMBER DRINKS A MONTH			0001-1000=# Drinks 8888=Did not Drink in The Past Month 9999=Refused

RECORD SPECIFICATION - CONTINUATION SHEET

Sec. \_\_\_\_\_  
 Exh. \_\_\_\_\_  
 Page 11  
 Date \_\_\_\_\_

Field Seq.	Size	Columns or Positions	Field Title (Name) (Indicate Filler if not used)	Type	Data Field Seq.	Comments
	5	158-162	WEIGHT FOR HEIGHT PERCENT OF MEDIAN			99999=Refused (2 Decimal Places Implied)
	10	163-172	RISK FACTORS			1=At Risk 0=Not At Risk 9=Refused
	1	163	AT RISK FOR SEATBELT USE(1) (SELDOM AND NEVER)			
	1	164	AT RISK FOR SEATBELT USE (2) (SOMETIMES, SELDOM & NEVER)			
	1	165	AT RISK FOR HYPERTENSION(1) (TOLD BLOOD PRESSURE HIGH AND BLOOD PRESSURE STILL HIGH)			
	1	166	AT RISK FOR HYPERTENSION(2) (TOLD BLOOD PRESSURE HIGH)			
	1	167	AT RISK FOR HYPERTENSION(3) (TOLD BP HIGH, OR PERSON TOLD ON MORE THAN ONE OCCASION BP HIGH OR, PERSON CURRENTLY TAKING MEDICATION FOR HYPERTENSION)			
	1	168	AT RISK FOR OBESITY (GREATER THAN 120% OF WEIGHT FOR HEIGHT PERCENT OF MEDIAN)			
	1	169	AT RISK FOR SMOKING (CURRENT SMOKERS)			
	1	170	AT RISK FOR ACUTE DRINKING (REPORTED HAVING 5+ DRINKS AT LEAST ONCE ON AN OCCASION)			
	1	171	AT RISK FOR DRINKING AND DRIVING (REPORTED HAVING DRIVEN AT LEAST ONCE WHEN PERHAPS HAD TOO MUCH TO DRINK)			
	1	172	AT RISK FOR CHRONIC DRINKING (HAVING 60+ DRINKS A MONTH)			

# RECORD SPECIFICATION - CONTINUATION SHEET

Sec. \_\_\_\_\_  
 Exh. \_\_\_\_\_  
 Page 12  
 Date \_\_\_\_\_

Field Seq.	Size	Columns or Positions	Field Title (Name) (Indicate Filler if not used)	Type	Data Field Seq.	Comments
1	173		AT RISK FOR SEDENTARY LIFESTYLE (SEDENTARY OR IRREGULAR PHYSICAL ACTIVITY PROFILE)			
1	174		PHYSICAL ACTIVITY LEVEL			1=SEDENTARY 2=Irregular Activity 3=Regular Activity 4=1990 Objective 0,9=Unknown
6	175-180		BLANK			
4	181-184		RAW WEIGHTING FACTOR UNEQUAL SELECTION PROBABILITY WEIGHT			99.99 (2 Implied Decimal Places) Number of Adults in Household Divided by the Number of Telephones to Reach Household
4	185-188		CLUSTER SIZE ADJUSTMENT (CSA)			99.99 (2 Implied Decimal Places) Expected Cluster Size Divided by the Actual Cluster Size
4	189-192		WT1 THE PRODUCT OF UNEQUAL SELECTION PROBABILITY WEIGHT AND CLUSTER SIZE ADJUSTMENT			RAW * CSA 99.99 (2 Implied Decimal Places)
10	193-202		POST STRATIFICATION (FREQUENCY BY AGE/RACE/SEX DISTRIBUTION FROM 1980 CENSUS DIVIDED BY THE WEIGHTED SAMPLE FREQUENCY BY AGE/RACE/SEX)			99.99 (2 Implied Decimal Places )

RECORD SPECIFICATION - CONTINUATION SHEET

Sec. \_\_\_\_\_  
 Exh. \_\_\_\_\_  
 Page 13  
 Date \_\_\_\_\_

Field Seq.	Size	Columns or Positions	Field Title (Name) (Indicate Filler if not used)	Type	Data Field Seq.	Comments
	10	203-212	FINAL WEIGHT			99.99 (2 Implied Demical Places)
			POST STRATIFICATION			
			MULTIPLIED BY THE			
			PRODUCT OF STRATUM			
			ADJUSTMENT AND THE			
			PRODUCT OF UNEQUAL			
			SELECTION PROBABILITY			
			WEIGHT AND CLUSTER			
			SIZE ADJUSTMENT			
						--
	1	213	AGE GROUP CODES USED IN POST- STRATIFICATION			CODES 1 - 6
						1 = 18 - 24
						2 = 25 - 34
						3 = 35 - 44
						4 = 45 - 54
						5 = 55 - 64
						6 = 65 +
	1	214	RACE GROUP CODES USED IN POST- STRATIFICATION			1 = White 2 = Non-white
	1	215	SEX GROUP CODES USED IN POST- STRATIFICATION			1 = Male 2 = Female
	36	216-251	BLANK			

### CODING LIST A

#### ACTIVITY CODES AND INTENSITY FACTORS FOR COMMON LEISURE ACTIVITIES

##### CODE DESCRIPTION

01 AEROBICS CLASS  
02 BACK PACKING  
03 BADMINTON  
04 BASKETBALL  
05 BICYCLING FOR PLEASURE  
06 BOATING (CANOEING, ROWING,  
SAILING FOR PLEASURE/CAMPING)  
07 BOWLING  
08 BOXING  
09 CALISTHENICS  
10 CANOEING/ROWING-IN COMPETITION  
11 CARPENTRY  
12 DANCING-AEROBIC/BALLET  
13 FISHING FROM RIVER BANK OR BOAT  
14 GARDENING (SPADING, WEEDING,  
DIGGING, FILLING)  
15 GOLF  
16 HANDBALL  
17 HEALTH CLUB EXERCISE  
18 HIKING-CROSS COUNTRY  
19 HOME EXERCISE  
20 HORSEBACK RIDING  
21 HUNTING LARGE GAME-DEER, ELK  
22 \*JOGGING  
23 JUDO/KARATE  
24 MOUNTAIN CLIMBING  
25 MOWING LAWN  
26 PADDLEBALL

##### CODE DESCRIPTION

27 PAINTING/PAPERING HOUSE  
28 RACKETBALL  
29 RAKING LAWN  
30 \*RUNNING  
31 ROPE SKIPPING  
32 SCUBA DIVING  
33 SKATING - ICE OR ROLLER  
34 SLEDDING, TOBOGGANING  
35 SNORKELING  
36 SNOW SHOEING  
37 SNOW SHOVELLING BY HAND  
38 SNOW BLOWING  
39 SNOW SKIING  
40 SOCCER  
41 SOFTBALL  
42 SQUASH  
43 STAIR CLIMBING  
44 STREAM FISHING IN WADERS  
45 SURFING  
46 \*SWIMMING LAPS  
47 TABLE TENNIS  
48 TENNIS  
49 TOUCH FOOTBALL  
50 VOLLEY BALL  
51 \*WALKING  
52 WATER SKIING  
53 WEIGHT LIFTING  
54 OTHER \_\_\_\_\_

### CODING LIST B

#### Lap Swimming

	Laps
50 ft. pool	10 laps = .1 mile
100 ft. pool	5 laps = .1 mile
50 meter pool	3 laps = .1 mile

#### Running/Jogging/Walking

1/2 mile	= .5 mile
1/4 mile	= .3 mile
1/8 mile	= .1 mile
1 block	= .1 mile