

"Just for the Patient" Thursday, September 25, 2008

1:45PM - 4:45PM Adam's Mark Buffalo Niagara 120 Church St • Buffalo, NY 14202

This afternoon of special sessions are targeted to people living with chronic conditions, interested in learning more about self-management. This track is *FREE* to those who wish to attend.

1:45PM - 2:30PM

Everything You Ever Wanted to Know about Living with Chronic Conditions but Were Afraid to Ask with Kate Lorig, RN, DrPH

Dr. Lorig is the director of the Stanford Patient Education Research Center. She will kick off the afternoon with her session by engaging participants in a dialogue and discuss helpful tools for successful self-management.

2:45PM – 3:45PM

It's All About Me: Learning Patient Self-Management Skills Theater Production by Alafia Theater

This is an interactive production where participants will watch the story unfold as a group of people begin their journey to learn how to self-manage their chronic health conditions. See how they begin the process of selecting the appropriate doctor, learn how to ask the right questions, and understand that their health and wellness is primarily dependent on their own involvement.

4:00PM – 4:45PM Spirit of the Revolutionary

Leanne Kaiser Carlson

Leanne Kaiser Carlson is one of the most visible and influential futurists in the United States. She approaches the future with a powerful perspective—a perspective that it is not enough to simply predict what lies ahead.

Just for the Patient Registration

Name:	
Address:	
City:	St: Zip:
Phone:	Email:
Please return by mail or fax by September 22, 2008 to: P ² Collaborative of WNY • 6225 Sheridan Dr Ste 206 • Williamsville, NY 14221 Fax: 716-299-2121 • Phone: 716-636-5797 • <u>www.p2wny.org</u>	