



BREASTFEED FOR 6 MONTHS. YOU MAY HELP REDUCE YOUR CHILD'S RISK FOR CHILDHOOD OBESITY.

Recent studies show babies may be less likely to develop childhood obesity when exclusively breastfed for six months. Call 800-994-WOMAN or visit www.4woman.gov to learn more. Or talk to your healthcare provider.

Babies were born to be breastfed.



U.S. Department of Health and Human Services

