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**Mental Health and Social Services  
State Questionnaire**

**School Health Policies and Programs Study 2006  
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# Mental Health and Social Services State Questionnaire

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## Special Instructions

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NOTE: THROUGHOUT THIS QUESTIONNAIRE, TEXT THAT APPEARS IN ALL CAPITAL LETTERS WILL NOT BE READ ALOUD TO RESPONDENTS.

THIS QUESTIONNAIRE WILL BE ADMINISTERED USING COMPUTER ASSISTED TELEPHONE INTERVIEW TECHNOLOGY. THE INTERVIEWER WILL READ THE QUESTIONS ALOUD AND TYPE RESPONSES TO THE QUESTIONS INTO THE COMPUTER. THE INTERVIEW PROGRAM WILL 1) DISPLAY THE CORRECT TENSE OF VERBS, 2) PROVIDE ALTERNATE ANSWERS TO QUESTIONS (E.G., NOT APPLICABLE, "I DON'T KNOW"), 3) NAVIGATE COMPLEX SKIP PATTERNS, AND 4) PERFORM OTHER USEFUL FUNCTIONS. THE PROGRAMMING SPECIFICATIONS FOR THE INTERVIEW ARE NOT INCLUDED IN THIS PRINTED VERSION OF THE QUESTIONNAIRE.

1. This questionnaire focuses on your state's policies and practices regarding mental health and social services.
2. When I use the word "policy," I mean any law, rule, regulation, administrative order, or similar kind of mandate issued by the state board of education, state legislature, or other state agency with authority over schools in your state. I am most interested in what is required by the state, not what is recommended or contained in non-binding guidance documents, unless the question specifically asks about recommendations.
3. If a state policy is worded in such a way that it requires districts or schools to develop and adopt their own policies on a given topic, for the purpose of this questionnaire please consider it the same as a statewide requirement.
4. I recognize that the state may sometimes grant policy exceptions or waivers, but please answer each question based on what is considered the general policy and standard practice.
5. Please do not consider district or school practices or policies when answering the questions. We will ask about district and school practices and policies when we collect information from districts and schools across the country.

## Provision of Services

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The following questions ask about standard mental health and social services, such as crisis intervention, alcohol or other drug use treatment, or identification of emotional disorders, offered to all students at a school. These services usually are provided by a school counselor, psychologist, or social worker but also could be provided at the school by staff from collaborating community agencies.

First I would like to ask you about student assistance programs. Student assistance programs provide services designed to assist students experiencing personal or social problems that can impact school performance, physical health, or overall well-being.

1. Has your state adopted a policy stating that student assistance programs will be offered to all students?

Yes .....1

No.....2

Some schools have teams of school staff who collaborate to provide assistance to students with disabilities or those who are experiencing academic difficulties or behavioral problems. These sometimes are called student support teams, student assistance teams, or student guidance teams.

2. Has your state adopted a policy stating that schools will create and maintain such teams?

Yes .....1

No.....2

3. Has your state adopted a policy stating that school mental health or social services staff, for example school counselors, psychologists, or social workers, will participate in the development of Individualized Education Programs, or IEPs, when indicated?

Yes .....1

No.....2

4. Has your state adopted a policy stating that school mental health or social services staff will participate in the development of Individualized Health Plans, or IHPs, when indicated?

Yes .....1

No.....2

5. Has your state adopted a policy stating that mental health or social services staff will participate in the development of 504 plans, when indicated?

- Yes .....1
- No.....2

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## Collaboration

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6. In your state, do any schools serve as Medicaid providers, by providing mental health or social services to students?

Yes .....1  
No.....2

Now I'm going to ask you about collaboration among mental health or social services staff and other staff in your state.

7a. During the past 12 months, have state-level mental health or social services staff worked on school mental health or social services activities with state-level school health education staff?

Yes .....1  
No.....2  
State does not have state-level school health  
education staff.....3

7b. What about with state-level physical education staff?

Yes .....1  
No.....2  
State does not have state-level physical  
education staff.....3

7c. What about with state-level school nutrition or food service staff?

Yes .....1  
No.....2  
State does not have state-level school  
nutrition or food service staff.....3

7d. What about with state-level school health services staff?

Yes .....1  
No.....2  
State does not have state-level school health  
services staff.....3

8. During the past 12 months, have state mental health or social services staff worked on school mental health or social services activities with staff or members from...

	Yes	No
a. The state health department? .....	1.....	2.....
b. The state mental health or social services agency?.....	1.....	2.....
c. The state child welfare agency?.....	1.....	2.....
d. The state juvenile justice department?.....	1.....	2.....
e. A state-level school counselor, psychologist, or social worker association?.....	1.....	2.....
f. A state-level school nurses' association?.....	1.....	2.....
g. A state-level physicians' organization, such as the American Academy of Pediatrics?.....	1.....	2.....
h. A state-level health organization, such as the American Heart Association or the American Red Cross? .....	1.....	2.....
i. A state-level school health committee, council, or team? .....	1.....	2.....
j. Colleges or universities?.....	1.....	2.....
k. Businesses? .....	1.....	2.....

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## Evaluation

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The next questions ask about different aspects of your state's mental health or social services program that might have been evaluated during the past two years.

9a. During the past two years, has the state evaluated student use of the school mental health or social services program?

Yes .....1  
No.....2

9b. What about the quality of the school mental health or social services program?

Yes .....1  
No.....2

9c. What about school mental health or social services policies?

Yes .....1  
No.....2

9d. What about mental health or social services staff development or in-service programs?

Yes .....1  
No.....2



## Staffing Characteristics

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Now I'm going to ask you several questions about staffing and staff development in your state.

10. Based on policies adopted by your state, what is the minimum level of education required for a newly hired school counselor?

Undergraduate degree in counseling.....1  
Undergraduate degree in any field.....2  
Master's degree in counseling .....3  
Master's degree in any field.....4  
Doctoral degree in counseling .....5  
Doctoral degree in any field.....6  
Other degree.....7  
Specific requirements not described .....8

11. Has your state adopted a policy stating that a newly hired school counselor will be licensed or certified by a state agency or board?

Yes .....1  
No.....2  
State does not license or certify school  
counselors .....3

12. Based on policies adopted by your state, what is the minimum level of education required for a newly hired school psychologist?

Undergraduate degree in psychology.....1  
Undergraduate degree in any field.....2  
Master's degree in psychology .....3  
Master's degree in any field.....4  
Doctoral degree in psychology .....5  
Doctoral degree in any field.....6  
Other degree.....7  
Specific requirements not described .....8

13. Has your state adopted a policy stating that a newly hired school psychologist will be licensed or certified by a state agency or board?

Yes .....1  
No.....2  
State does not license or certify school  
psychologists.....3

14. Based on policies adopted by your state, what is the minimum level of education required for a newly hired school social worker?

- Undergraduate degree in social work .....1
- Undergraduate degree in any field.....2
- Master’s degree in social work .....3
- Master’s degree in any field.....4
- Doctoral degree in social work .....5
- Doctoral degree in any field.....6
- Other degree.....7
- Specific requirements not described .....8

15. Has your state adopted a policy stating that a newly hired school social worker will be licensed or certified by a state agency or board?

- Yes .....1
- No.....2
- State does not license or certify school social workers .....3

16. Has your state adopted a policy stating that school mental health or social services staff will earn continuing education credits on mental health or social services topics to maintain state licensure or certification?

- Yes .....1
- No.....2
- State does not license or certify any school mental health or social services staff .....3

17. Has your state adopted a policy stating that each elementary school will have at least one full-time school counselor?

- Yes .....1
- No.....2

18. Has your state adopted a policy stating that each middle or junior high school will have at least one full-time school counselor?

- Yes .....1
- No.....2

19. Has your state adopted a policy stating that each senior high school will have at least one full-time school counselor?

Yes .....1  
 No.....2

20. Has your state adopted a policy stating that each district will have someone to oversee or coordinate mental health or social services in the district?

Yes .....1  
 No.....2

21. Has your state adopted a policy stating that each school will have someone to oversee or coordinate mental health or social services at the school?

Yes .....1  
 No.....2

My next questions are about staff development which might include workshops, conferences, continuing education, graduate courses, or any other kind of in-service.

22. During the past two years, has your state provided funding for or offered staff development to mental health or social services staff on...

	Yes	No
a. Tobacco use cessation?.....	1	2
b. Alcohol or other drug use treatment?.....	1	2
c. Counseling after a natural disaster or other emergency or crisis situation? .....	1	2
d. Crisis intervention for personal problems?.....	1	2
e. Emergency preparedness?.....	1	2
f. Identification of emotional or behavioral disorders, such as anxiety, depression, or ADHD? .....	1	2
g. Counseling for emotional or behavioral disorders, such as anxiety, depression, or ADHD?.....	1	2
h. Stress management?.....	1	2
i. Weight management?.....	1	2
j. Eating disorders treatment?.....	1	2
k. Identification of or referral for physical, sexual, or emotional abuse?.....	1	2

- l. Identification of or referral for students with family problems, such as parental divorce, substance abuse, or violence? .....1.....2
- m. HIV counseling, testing, and referral? .....1.....2
- n. After-school programs such as day-care or supervised recreation?.....1.....2
- o. Services for gay, lesbian, or bisexual students?.....1.....2
- p. Child care options for teen mothers? .....1.....2
- q. Enrollment in WIC or accessing food stamps or food banks? .....1.....2
- r. Enrollment in Medicaid or SCHIP?.....1.....2
- s. Job readiness skills programs?.....1.....2
- t. Ways to promote a positive school climate?.....1.....2
23. During the past two years, has your state provided funding for or offered staff development to mental health or social services staff on...
- |   | Yes    | No |
|---|--------|----|
| a. Nutrition and dietary behavior counseling?.....                        | 1..... | 2  |
| b. Physical activity and fitness counseling?.....                         | 1..... | 2  |
| c. Pregnancy prevention?.....   | 1..... | 2  |
| d. HIV prevention?.....   | 1..... | 2  |
| e. Sexually transmitted disease or STD prevention? .....                  | 1..... | 2  |
| f. Suicide prevention?.....   | 1..... | 2  |
| g. Tobacco use prevention?.....   | 1..... | 2  |
| h. Alcohol or other drug use prevention?.....                             | 1..... | 2  |
| i. Violence prevention, for example bullying, fighting, or homicide?..... | 1..... | 2  |
| j. Injury prevention and safety?.....                                     | 1..... | 2  |

24. During the past two years, has your state provided funding for or offered staff development to mental health or social services staff on...

	Yes	No
a. Case management for students with emotional or behavioral problems? .....	1	2
b. Case management for students with chronic health conditions, such as asthma or diabetes?.....	1	2
c. Family counseling? .....	1	2
d. Group counseling? .....	1	2
e. Individual counseling? .....	1	2
f. Comprehensive assessment or intake evaluation? .....	1	2
g. Peer counseling or mediation? .....	1	2
h. Self-help or support groups?.....	1	2

25. During the past two years, has your state provided model policies or other guidance to districts or schools on providing mental health or social services to students?

Yes .....	1
No.....	2

## School-Based Health Center Services

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The following questions ask about mental health and social services offered at school-based health centers — that is, health centers on school property where enrolled students can receive mental health and social services, including diagnostic and treatment services. These services are usually provided by a psychologist, social worker, counselor, or other mental health or social services professional. Please do not include a traveling or mobile health center.

26. Currently, how many school-based health centers offer mental health or social services to students in your state?

\_\_\_\_\_ School-based health centers

IF Q26 IS 0, SKIP TO THE INTRODUCTION TO Q28.

27. In your state, do any school-based health centers serve as Medicaid providers, by providing mental health or social services to students?

Yes .....1

No.....2

## Services Provided at Other Sites

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The next question asks about mental health and social services delivered to students at other sites not on school property regardless of whether the services are paid for by the school system. These services may be provided by mental health and social services professionals who work at school-linked health centers or who have a contract, memorandum of agreement, or other similar arrangement with a district or school to provide mental health or social services to students.

28. Has your state adopted a policy stating that districts or schools will have such arrangements to provide mental health or social services when needed to students?

Yes .....1  
No.....2

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## Mental Health and Social Services Coordinator

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29. Currently, does someone in your state oversee or coordinate school mental health and social services?

Yes .....1

No.....2

→ That is the last question.  
Thank you very much for taking the time to complete this questionnaire.

30. Are you this person?

Yes .....1

No.....2

→ That is the last question.  
Thank you very much for taking the time to complete this questionnaire.

31. Who do you work for?  
MARK ALL THAT APPLY

State education agency.....1

State mental health or social services agency .....2

State public health agency .....3

Other .....4

Finally, I'd like to ask you some questions about your educational background.

32. Do you have an undergraduate degree?

Yes .....1

No.....2

→ That is the last question.  
Thank you very much for taking the time to complete this questionnaire.



33. What did you major in?

MARK ALL THAT APPLY

- Counseling .....1
- Psychology .....2
- Social work .....3
- Nursing.....4
- Health care administration or business .....5
- Biology or other science .....6
- Education .....7
- Other .....8

34. Did you have an undergraduate minor?

- Yes .....1
- No.....2 →SKIP TO Q36

35. What did you minor in?

MARK ALL THAT APPLY

- Counseling .....1
- Psychology .....2
- Social work .....3
- Nursing.....4
- Health care administration or business .....5
- Biology or other science .....6
- Education .....7
- Other .....8

36. Do you have a graduate degree?

- Yes .....1
- No.....2 →SKIP TO Q38

37. In what area or areas was your graduate work?  
MARK ALL THAT APPLY

- Counseling .....1
- Psychology .....2
- Social work .....3
- Nursing.....4
- Medicine .....5
- Health care administration or business .....6
- Biology or other science .....7
- Education .....8
- Other .....9

38. Are you licensed or certified by a state agency or board to provide school mental health or social services?

- Yes .....1
- No.....2
- State does not license or certify school  
mental health or social services  
professionals .....3

Thank you very much for taking the time to participate in this study.

If you would like more information about this study or would like clarification of any questions in this survey, please call 800-287-1815.