

**Rebif® (interferon beta-1a)****DESCRIPTION**

Rebif® (interferon beta-1a) is a purified 166 amino acid glycoprotein with a molecular weight of approximately 22,500 daltons. It is produced by recombinant DNA technology using genetically engineered Chinese Hamster Ovary cells into which the human interferon beta gene has been introduced. The amino acid sequence of Rebif® is identical to that of natural fibroblast derived human interferon beta. Natural interferon beta and interferon beta-1a (Rebif®) are glycosylated with each containing a single N-linked complex carbohydrate moiety.

Using a reference standard calibrated against the World Health Organization natural interferon beta standard (Second International Standard for Interferon, Human Fibroblast GB 23 902 531), Rebif® has a specific activity of approximately 270 million international units (MIU) of antiviral activity per mg of interferon beta-1a determined specifically by an in vitro cytopathic effect bioassay using WISH cells and Vesicular Stomatitis virus. Rebif® 8.8 mcg, 22 mcg and 44 mcg contains approximately 2.4 MIU, 6 MIU or 12 MIU, respectively, of antiviral activity using this method.

Rebif® (interferon beta-1a) is formulated as a sterile solution in a prefilled syringe intended for subcutaneous (sc) injection. Each 0.5 ml (0.5 cc) of Rebif® contain either 22 mcg or 44 mcg of interferon beta-1a, 2 mg or 4 mg albumin (human) USP, 27.3 mg mannitol USP, 0.4 mg sodium acetate, Water for Injection USP. Each 0.2 ml (0.2 cc) of Rebif® contains 8.8 mcg of interferon beta-1a, 0.8 mg albumin (human) USP, 10.9 mg mannitol USP, 0.16 mg sodium acetate, and Water for Injection USP.

**CLINICAL PHARMACOLOGY****General**

Interferons are a family of naturally occurring proteins that are produced by eukaryotic cells in response to viral infection and other biological inducers. Interferons possess immunomodulatory, antiviral and antiproliferative biological activities. They exert their biological effects by binding to specific receptors on the surface of cells. Three major groups of interferons have been distinguished: alpha, beta, and gamma. Interferons alpha and beta form the Type I interferons and interferon gamma is a Type II interferon. Type I interferons have considerably overlapping but also distinct biological activities. Interferon beta is produced naturally by various cell types including fibroblasts and macrophages. Binding of interferon beta to its receptors initiates a complex cascade of intracellular events that leads to the expression of numerous interferon-induced gene products and markers, including 2', 5'-oligoadenylate synthetase, beta 2-microglobulin and neopterin, which may mediate some of the biological activities. The specific interferon-induced proteins and mechanisms by which interferon beta-1a exerts its effects in multiple sclerosis have not been fully defined.

**Pharmacokinetics**

The pharmacokinetics of Rebif<sup>®</sup> (interferon beta-1a) in people with multiple sclerosis have not been evaluated. In healthy volunteer subjects, a single subcutaneous (sc) injection of 60 mcg of Rebif<sup>®</sup> (liquid formulation), resulted in a peak serum concentration ( $C_{max}$ ) of  $5.1 \pm 1.7$  IU/mL (mean  $\pm$  SD), with a median time of peak serum concentration ( $T_{max}$ ) of 16 hours. The serum elimination half-life ( $t_{1/2}$ ) was  $69 \pm 37$  hours, and the area under the serum concentration versus time curve (AUC) from zero to 96 hours was  $294 \pm 81$  IU·h/mL. Following every other day sc injections in healthy volunteer subjects, an increase in AUC of approximately 240% was

46 observed, suggesting that accumulation of interferon beta-1a occurs after repeat administration.  
47 Total clearance is approximately 33-55 L/hour. There have been no observed gender-related  
48 effects on pharmacokinetic parameters. Pharmacokinetics of Rebif® in pediatric and geriatric  
49 patients or patients with renal or hepatic insufficiency have not been established.

## 50 **Pharmacodynamics**

51 Biological response markers (e.g., 2',5'-OAS activity, neopterin and beta 2-microglobulin) are  
52 induced by interferon beta-1a following parenteral doses administered to healthy volunteer  
53 subjects and to patients with multiple sclerosis. Following a single sc administration of 60 mcg  
54 of Rebif® intracellular 2',5'-OAS activity peaked between 12 to 24 hours and beta-2-  
55 microglobulin and neopterin serum concentrations showed a maximum at approximately 24 to 48  
56 hours. All three markers remained elevated for up to four days. Administration of Rebif 22 mcg  
57 three times per week (tiw) inhibited mitogen-induced release of pro-inflammatory cytokines  
58 (IFN- $\gamma$ , IL-1, IL-6, TNF- $\alpha$  and TNF- $\beta$ ) by peripheral blood mononuclear cells that, on average,  
59 was near double that observed with Rebif® administered once per week (qw) at either 22 or 66  
60 mcg.

61 The relationships between serum interferon beta-1a levels and measurable pharmacodynamic  
62 activities to the mechanism(s) by which Rebif® exerts its effects in multiple sclerosis are  
63 unknown. No gender-related effects on pharmacodynamic parameters have been observed.

## 64 **CLINICAL STUDIES**

65 Two multicenter studies evaluated the safety and efficacy of Rebif® in patients with relapsing-  
66 remitting multiple sclerosis.

67 Study 1 was a randomized, double-blind, placebo controlled study in patients with multiple  
68 sclerosis for at least one year, Kurtzke Expanded Disability Status Scale (EDSS) scores ranging  
69 from 0 to 5, and at least 2 acute exacerbations in the previous 2 years.<sup>(1)</sup> Patients with secondary  
70 progressive multiple sclerosis were excluded from the study. Patients received sc injections of  
71 either placebo (n = 187), Rebif<sup>®</sup> 22 mcg (n = 189), or Rebif<sup>®</sup> 44 mcg (n = 184) administered tiw  
72 for two years. Doses of study agents were progressively increased to their target doses during  
73 the first 4 to 8 weeks for each patient in the study (see **DOSAGE AND ADMINISTRATION**).

74 The primary efficacy endpoint was the number of clinical exacerbations. Numerous secondary  
75 efficacy endpoints were also evaluated and included exacerbation-related parameters, effects of  
76 treatment on progression of disability and magnetic resonance imaging (MRI)-related  
77 parameters. Progression of disability was defined as an increase in the EDSS score of at least 1  
78 point sustained for at least 3 months. Neurological examinations were completed every  
79 3 months, during suspected exacerbations, and coincident with MRI scans. All patients  
80 underwent proton density T2-weighted (PD/T2) MRI scans at baseline and every 6 months. A  
81 subset of 198 patients underwent PD/T2 and T1-weighted gadolinium-enhanced (Gd)-MRI scans  
82 monthly for the first 9 months. Of the 560 patients enrolled, 533 (95%) provided 2 years of data  
83 and 502 (90%) received 2 years of study agent.

84 Study results are shown in Table 1 and Figure 1. Rebif<sup>®</sup> at doses of 22 mcg and 44 mcg  
85 administered sc tiw significantly reduced the number of exacerbations per patient as compared to  
86 placebo. Differences between the 22 mcg and 44 mcg groups were not significant (p >0.05).

87 The exact relationship between MRI findings and the clinical status of patients is unknown.  
88 Changes in lesion area often do not correlate with changes in disability progression. The  
89 prognostic significance of the MRI findings in these studies has not been evaluated.

90 **Table 1: Clinical and MRI Endpoints from Study 1**

	Placebo	22 mcg tiw	44 mcg tiw
	n = 187	n = 189	n = 184
<b>Exacerbation-related</b>			
Mean number of exacerbations per patient over 2 years <sup>1,2</sup> (Percent reduction)	2.56	1.82** (29%)	1.73*** (32%)
Percent (%) of patients exacerbation-free at 2 years <sup>3</sup>	15%	25%*	32%***
Median time to first exacerbation (months) <sup>1,4</sup>	4.5	7.6**	9.6***
<b><u>MRI</u></b>	n = 172	n = 171	n = 171
Median percent (%) change of MRI PD-T2 lesion area at 2 years <sup>5</sup>	11.0	-1.2***	-3.8***
Median number of active lesions per patient per scan (PD/T2; 6 monthly) <sup>5</sup>	2.25	0.75***	0.5***

91

92

93 \* p&lt;0.05 compared to placebo \*\* p&lt;0.001 compared to placebo \*\*\* p&lt;0.0001 compared to placebo

94 (1) Intent-to-treat analysis

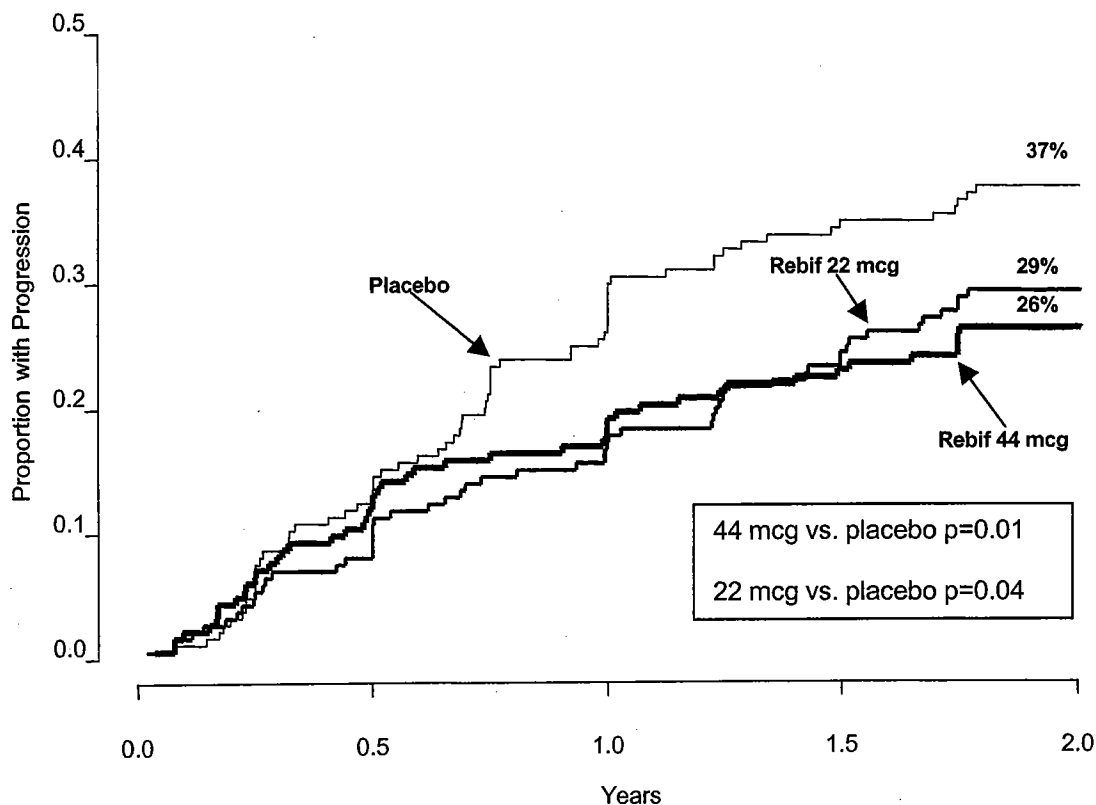
95 (2) Poisson regression model adjusted for center and time on study

96 (3) Logistic regression adjusted for center. Patients lost to follow-up prior to an exacerbation were  
 97 excluded from this analysis (n = 185, 183, and 184 for the placebo, 22 mcg tiw, and 44 mcg tiw groups,  
 98 respectively)

99 (4) Cox proportional hazard model adjusted for center

100 (5) ANOVA on ranks adjusted for center. Patients with missing scans were excluded from this analysis

101 The time to onset of progression in disability sustained for three months was significantly longer  
 102 in patients treated with Rebif<sup>®</sup> than in placebo-treated patients. The Kaplan-Meier estimates of  
 103 the proportions of patients with sustained disability are depicted in Figure 1.



105

106 The safety and efficacy of treatment with Rebif<sup>®</sup> beyond 2 years have not been established.

107

108 Study 2 was a randomized, open-label, evaluator-blinded, active comparator study.<sup>(2)</sup> Patients  
 109 with relapsing-remitting multiple sclerosis with EDSS scores ranging from 0 to 5.5, and at least 2  
 110 exacerbations in the previous 2 years were eligible for inclusion. Patients with secondary  
 111 progressive multiple sclerosis were excluded from the study. Patients were randomized to  
 112 treatment with Rebif<sup>®</sup> 44 mcg tiw by sc injection (n=339) or Avonex<sup>®</sup> 30 mcg qw by  
 113 intramuscular (im) injection (n=338). Study duration was 48 weeks.

114

115 The primary efficacy endpoint was the proportion of patients who remained exacerbation-free at  
 116 24 weeks. The principal secondary endpoint was the mean number per patient per scan of  
 117 combined unique active MRI lesions through 24 weeks, defined as any lesion that was T1 active  
 118 or T2 active. Neurological examinations were performed every three months by a neurologist

119 blinded to treatment assignment. Patient visits were conducted monthly, and mid-month  
 120 telephone contacts were made to inquire about potential exacerbations. If an exacerbation was  
 121 suspected, the patient was evaluated with a neurological examination. MRI scans were  
 122 performed monthly and analyzed in a treatment-blinded manner.  
 123 Patients treated with Rebif® 44 mcg sc tiw were more likely to remain relapse-free at 24 and 48  
 124 weeks than were patients treated with Avonex® 30 mcg im qw (Table 2). This study does not  
 125 support any conclusion regarding effects on the accumulation of physical disability.

126 **Table 2: Clinical and MRI Results from Study 2**

	Rebif®	Avonex®	Absolute Difference	Risk of relapse on Rebif® relative to Avonex®
Relapses	N=339	N=338		
Proportion of patients relapse-free at 24 weeks <sup>1</sup>	75%*	63%	12% (95% CI: 5%, 19%)	0.68 (95% CI: 0.54, 0.86)
Proportion of patients relapse-free at 48 weeks	62%**	52%	10% (95%CI: 2%, 17%)	0.81 (95%CI: 0.68, 0.96)
MRI (through 24 weeks)	N=325	N=325		
Median of the mean number of combined unique MRI lesions per patient per scan <sup>2</sup> (25 <sup>th</sup> , 75 <sup>th</sup> percentiles)	0.17* (0.00, 0.67)	0.33 (0.00, 1.25)		

127 \* p < 0.001, and \*\* p = 0.009, Rebif® compared to Avonex®

128 (1) Logistic regression model adjusted for treatment and center, intent to treat analysis

129 (2) Nonparametric ANCOVA model adjusted for treatment and center, with baseline combined unique

130 lesions as the single covariate.

131 The adverse reactions over 48 weeks were generally similar between the two treatment groups.  
132 Exceptions included injection site disorders (83% of patients on Rebif® vs. 28% of patients on  
133 Avonex®), hepatic function disorders (18% on Rebif® vs. 10% on Avonex®), and leukopenia  
134 (6% on Rebif® vs. <1% on Avonex®), which were observed with greater frequency in the  
135 Rebif® group compared to the Avonex® group.

## 136 **INDICATIONS AND USAGE**

137 Rebif® (interferon beta-1a) is indicated for the treatment of patients with relapsing forms of  
138 multiple sclerosis to decrease the frequency of clinical exacerbations and delay the accumulation  
139 of physical disability. Efficacy of Rebif® in chronic progressive multiple sclerosis has not been  
140 established.

## 141 **CONTRAINDICATIONS**

142 Rebif® (interferon beta-1a) is contraindicated in patients with a history of hypersensitivity to  
143 natural or recombinant interferon, human albumin, or any other component of the formulation.

## 144 **WARNINGS**

### 145 **Depression**

146 Rebif® (interferon beta-1a) should be used with caution in patients with depression, a condition  
147 that is common in people with multiple sclerosis. Depression, suicidal ideation, and suicide  
148 attempts have been reported to occur with increased frequency in patients receiving interferon  
149 compounds, including Rebif®. Patients should be advised to report immediately any symptoms  
150 of depression and/or suicidal ideation to the prescribing physician. If a patient develops  
151 depression, cessation of treatment with Rebif® should be considered.

152



153

**Hepatic Injury**

154 Severe liver injury, including some cases of hepatic failure requiring liver transplantation, has  
155 been reported rarely in patients taking Rebif®. Symptoms of liver dysfunction began from one  
156 to six months following the initiation of Rebif®. If jaundice or other symptoms of liver  
157 dysfunction appear, treatment with Rebif® should be discontinued immediately due to the  
158 potential for rapid progression to liver failure.

159 Asymptomatic elevation of hepatic transaminases (particularly SGPT) is common with interferon  
160 therapy (see **ADVERSE REACTIONS**). Rebif® should be initiated with caution in patients  
161 with active liver disease, alcohol abuse, increased serum SGPT (> 2.5 times ULN), or a history  
162 of significant liver disease. Also, the potential risk of Rebif® used in combination with known  
163 hepatotoxic products should be considered prior to Rebif® administration, or when adding new  
164 agents to the regimen of patients already on Rebif®. Reduction of Rebif® dose should be  
165 considered if SGPT rises above 5 times the upper limit of normal. The dose may be gradually  
166 re-escalated when enzyme levels have normalized. (See **PRECAUTIONS: Laboratory Tests**  
167 **and Drug Interactions**; and **DOSAGE AND ADMINISTRATION**)

**Anaphylaxis**

169 Anaphylaxis has been reported as a rare complication of Rebif® use. Other allergic reactions  
170 have included skin rash and urticaria, and have ranged from mild to severe without a clear  
171 relationship to dose or duration of exposure. Several allergic reactions, some severe, have  
172 occurred after prolonged use.

173

174

175  
176 This product contains albumin, a derivative of human blood. Based on effective donor screening  
177 and product manufacturing processes, it carries an extremely remote risk for transmission of viral  
178 diseases. A theoretical risk for transmission of Creutzfeldt-Jakob disease (CJD) also is  
179 considered extremely remote. No cases of transmission of viral diseases or CJD have ever been  
180 identified for albumin.

## 181 **PRECAUTIONS**

### 182 **General**

183 Caution should be exercised when administering Rebif® to patients with pre-existing seizure  
184 disorders. Seizures have been associated with the use of beta interferons. A relationship  
185 between occurrence of seizures and the use of Rebif® has not been established. Leukopenia and  
186 new or worsening thyroid abnormalities have developed in some patients treated with Rebif®  
187 (see **ADVERSE REACTIONS**). Regular monitoring for these conditions is recommended (see  
188 **PRECAUTIONS: Laboratory Tests**).

### 189 **Information for Patients**

190 All patients should be instructed to read the Rebif® Medication Guide supplied to them. Patients  
191 should be cautioned not to change the dosage or the schedule of administration without medical  
192 consultation.

193 Patients should be informed of the most common and the most severe adverse reactions  
194 associated with the use of Rebif® (see **WARNINGS and ADVERSE REACTIONS**). Patients  
195 should be advised of the symptoms associated with these conditions, and to report them to their  
196 physician.

197 Female patients should be cautioned about the abortifacient potential of Rebif® (see

198 **PRECAUTIONS: Pregnancy).**

199 Patients should be instructed in the use of aseptic technique when administering Rebif®.

200 Appropriate instruction for self-injection or injection by another person should be provided,

201 including careful review of the Rebif® Medication Guide. If a patient is to self-administer

202 Rebif®, the physical and cognitive ability of that patient to self-administer and properly dispose

203 of syringes should be assessed. The initial injection should be performed under the supervision

204 of an appropriately qualified health care professional. Patients should be advised of the

205 importance of rotating sites of injection with each dose, to minimize the likelihood of severe

206 injection site reactions or necrosis. A puncture-resistant container for disposal of used needles

207 and syringes should be supplied to the patient along with instructions for safe disposal of full

208 containers. Patients should be instructed in the technique and importance of proper syringe

209 disposal and be cautioned against reuse of these items.

## 210 **Laboratory Tests**

211 In addition to those laboratory tests normally required for monitoring patients with multiple

212 sclerosis, blood cell counts and liver function tests are recommended at regular intervals (1, 3,

213 and 6 months) following introduction of Rebif® therapy and then periodically thereafter in the

214 absence of clinical symptoms. Thyroid function tests are recommended every 6 months in

215 patients with a history of thyroid dysfunction or as clinically indicated. Patients with

216 myelosuppression may require more intensive monitoring of complete blood cell counts, with

217 differential and platelet counts.

219 No formal drug interaction studies have been conducted with Rebif®. Due to its potential to  
220 cause neutropenia and lymphopenia, proper monitoring of patients is required if Rebif® is given  
221 in combination with myelosuppressive agents.

222 Also, the potential for hepatic injury should be considered when Rebif® is used in combination  
223 with other products associated with hepatic injury, or when new agents are added to the regimen  
224 of patients already on Rebif® (see **WARNINGS: Hepatic injury**).

## 225 **Immunization**

226 In a nonrandomized prospective clinical study, 86 multiple sclerosis (MS) patients on Rebif® 44  
227 mcg tiw for at least 6 months and 77 patients not receiving interferon received influenza  
228 vaccination. The proportion of patients achieving a positive antibody response (defined as a titer  
229 > 1:40 measured by a hemagglutination inhibition assay) was similar in the two groups (93% and  
230 91%, respectively). The exact relationship of antibody titers to vaccine efficacy was not studied  
231 and is not known in patients receiving Rebif®. Therefore, while patients receiving Rebif® may  
232 receive concomitant vaccination, the overall effectiveness of such vaccination is unknown.

## 233 **Carcinogenesis, Mutagenesis, Impairment of Fertility**

234 *Carcinogenesis:* No carcinogenicity data for Rebif® are available in animals or humans.

235 *Mutagenesis:* Rebif® was not mutagenic when tested in the Ames bacterial test and in an *in vitro*  
236 cytogenetic assay in human lymphocytes in the presence and absence of metabolic activation.

237 *Impairment of Fertility:* No studies have been conducted to evaluate the effects of Rebif® on  
238 fertility in humans. In studies in normally cycling female cynomolgus monkeys given daily sc  
239 injections of Rebif® for six months at doses of up to 9 times the recommended weekly human  
240 dose (based on body surface area), no effects were observed on either menstrual cycling or serum  
241 estradiol levels. The validity of extrapolating doses used in animal studies to human doses is not

242 established. In male monkeys, the same doses of Rebif® had no demonstrable adverse effects on  
243 sperm count, motility, morphology, or function.

#### 244 **Pregnancy Category C**

245 Rebif® treatment has been associated with significant increases in embryolethal or abortifacient  
246 effects in cynomolgus monkeys administered doses approximately 2 times the cumulative  
247 weekly human dose (based on either body weight or surface area) either during the period of  
248 organogenesis (gestation day 21-89) or later in pregnancy. There were no fetal malformations or  
249 other evidence of teratogenesis noted in these studies. These effects are consistent with the  
250 abortifacient effects of other type I interferons. There are no adequate and well-controlled  
251 studies of Rebif® in pregnant women. However, in Studies 1 and 2, there were 2 spontaneous  
252 abortions observed and 5 fetuses carried to term among 7 women in the Rebif® groups. If a  
253 woman becomes pregnant or plans to become pregnant while taking Rebif®, she should be  
254 informed about the potential hazards to the fetus, and discontinuation of Rebif® should be  
255 considered.

#### 256 **Nursing Mothers**

257 It is not known whether Rebif® is excreted in human milk. Because many drugs are excreted in  
258 human milk, caution should be exercised when Rebif® is administered to a nursing woman.

259 **Pediatric Use:** The safety and effectiveness of Rebif® in pediatric patients have not been  
260 studied.

261 **Geriatric Use:** Clinical studies of Rebif® did not include sufficient numbers of subjects aged 65  
262 and over to determine whether they respond differently than younger subjects. In general, dose  
263 selection for an elderly patient should be cautious, usually starting at the low end of the dosing

264 range, reflecting the greater frequency of decreased hepatic, renal or cardiac function, and of  
265 concomitant disease or other drug therapy.

## 266 **ADVERSE REACTIONS**

267 The most frequently reported serious adverse reactions with Rebif® were psychiatric disorders  
268 including depression and suicidal ideation or attempt (see **WARNINGS**). The incidence of  
269 depression of any severity in the Rebif®-treated groups and placebo-treated group was  
270 approximately 25%. In post-marketing experience, Rebif® administration has been rarely  
271 associated with severe liver dysfunction, including hepatic failure requiring liver transplantation  
272 (see **WARNINGS: Hepatic Injury**).

273

274 The most commonly reported adverse reactions were injection site  
275 disorders, influenza-like symptoms (headache, fatigue, fever, rigors, chest pain, back pain,  
276 myalgia), abdominal pain, depression, elevation of liver enzymes and hematologic abnormalities.  
277 The most frequently reported adverse reactions resulting in clinical intervention (e.g.,  
278 discontinuation of Rebif®, adjustment in dosage, or the need for concomitant medication to treat  
279 an adverse reaction symptom) were injection site disorders, influenza-like symptoms, depression  
280 and elevation of liver enzymes (see **WARNINGS**).

281

282 In Study 1, 6 patients randomized to Rebif® 44 mcg tiw (3%), and 2 patients who received  
283 Rebif® 22 mcg tiw (1%) developed injection site necrosis during two years of therapy. Rebif®  
284 was continued in 7 patients and interrupted briefly in one patient. There was one report of  
285 injection site necrosis in Study 2 during 48 weeks of Rebif treatment. All events resolved with  
286 conservative management; none required skin debridement or grafting.

287

288 The rates of adverse reactions and association with Rebif® in patients with relapsing-remitting  
 289 multiple sclerosis are drawn from the placebo-controlled study (n = 560) and the active  
 290 comparator-controlled study (n = 339).

291  
 292 The population encompassed an age range from 18 to 55 years. Nearly three-fourths of the  
 293 patients were female, and more than 90% were Caucasian, largely reflecting the general  
 294 demographics of the population of patients with multiple sclerosis.

295  
 296 Because clinical trials are conducted under widely varying conditions, adverse reaction rates  
 297 observed in the clinical trials of Rebif® cannot be directly compared to rates in the clinical trials  
 298 of other drugs and may not reflect the rates observed in practice.

299  
 300 Table 3 enumerates adverse events and laboratory abnormalities that occurred at an incidence  
 301 that was at least 2% more in either Rebif®-treated group than was observed in the placebo group.

302

303 Table 3. Adverse Reactions and Laboratory Abnormalities in Study 1

Body System Preferred Term	Placebo tiw (n=187)	Rebif® 22 mcg tiw (n=189)	Rebif® 44 mcg tiw (n=184)
<b>BODY AS A WHOLE</b>			
Influenza-like symptoms	51%	56%	59%
Headache	63%	65%	70%
Fatigue	36%	33%	41%
Fever	16%	25%	28%
Rigors	5%	6%	13%
Chest Pain	5%	6%	8%
Malaise	1%	4%	5%
<b>INJECTION SITE DISORDERS</b>			
Injection Site Reaction	39%	89%	92%
Injection Site Necrosis	0%	1%	3%
<b>CENTRAL &amp; PERIPH NERVOUS SYSTEM DISORDERS</b>			
Hypertonia	5%	7%	6%
Coordination Abnormal	2%	5%	4%
Convulsions	2%	5%	4%

Thyroid Disorder	3%	4%	6%
<b>GASTROINTESTINAL SYSTEM DISORDERS</b>			
Abdominal Pain	17%	22%	20%
Dry Mouth	1%	1%	5%
<b>LIVER AND BILIARY SYSTEM DISORDERS</b>			
SGPT Increased	4%	20%	27%
SGOT Increased	4%	10%	17%
Hepatic Function Abnormal	2%	4%	9%
Bilirubinaemia	1%	3%	2%
<b>MUSCULO-SKELETAL SYSTEM DISORDERS</b>			
Myalgia	20%	25%	25%
Back Pain	20%	23%	25%
Skeletal Pain	10%	15%	10%
<b>HEMATOLOGIC DISORDERS</b>			
Leukopenia	14%	28%	36%
Lymphadenopathy	8%	11%	12%
Thrombocytopenia	2%	2%	8%
Anemia	3%	3%	5%
<b>PSYCHIATRIC DISORDERS</b>			
Somnolence	1%	4%	5%
<b>SKIN DISORDERS</b>			
Rash Erythematous	3%	7%	5%
Rash Maculo-Papular	2%	5%	4%
<b>URINARY SYSTEM DISORDERS</b>			
Micturition Frequency	4%	2%	7%
Urinary Incontinence	2%	4%	2%
<b>VISION DISORDERS</b>			
Vision Abnormal	7%	7%	13%
Xerophthalmia	0%	3%	1%

304 The adverse reactions were generally similar in Studies 1 and 2, taking into account the disparity  
305 in study durations.

### 306 **Immunogenicity**

307 As with all therapeutic proteins, there is a potential for immunogenicity. In study 1, the presence  
308 of neutralizing antibodies (NAb) to Rebif® was determined by collecting and analyzing serum  
309 pre-study and at 6 month time intervals during the 2 years of the clinical trial. Serum NAb were  
310 detected in 59/189 (31%) and 45/184 (24%) of Rebif®-treated patients at the 22 mcg and 44 mcg  
311 tiw doses, respectively, at one or more times during the study. The clinical significance of the  
312 presence of NAb to Rebif® is unknown.



313 The data reflect the percentage of patients whose test results were considered positive for  
314 antibodies to Rebif® using an antiviral cytopathic effect assay, and are highly dependent on the  
315 sensitivity and specificity of the assay. Additionally, the observed incidence of NAb positivity in  
316 an assay may be influenced by several factors including sample handling, timing of sample  
317 collection, concomitant medications and underlying disease. For these reasons, comparison of  
318 the incidence of antibodies to Rebif® with the incidence of antibodies to other products may be  
319 misleading.

320 Anaphylaxis and other allergic reactions have been observed with the use of Rebif® (see  
321 **WARNINGS: Anaphylaxis**).

## 322 **DRUG ABUSE AND DEPENDENCE**

323 There is no evidence that abuse or dependence occurs with Rebif® therapy. However, the risk of  
324 dependence has not been systematically evaluated.

## 325 **OVERDOSAGE**

326 Safety of doses higher than 44 mcg sc tiw has not been adequately evaluated. The maximum  
327 amount of Rebif® that can be safely administered has not been determined.

## 328 **DOSAGE AND ADMINISTRATION**

329 Dosages of Rebif® shown to be safe and effective are 22 mcg and 44 mcg injected  
330 subcutaneously three times per week. Rebif® should be administered, if possible, at the same  
331 time (preferably in the late afternoon or evening) on the same three days (e.g., Monday,  
332 Wednesday, and Friday) at least 48 hours apart each week (see **CLINICAL STUDIES**).

333 Generally, patients should be started at 20% of the prescribed dose tiw and increased over a 4-  
334 week period to the targeted dose, either 22 mcg or 44 mcg tiw (see **Table 4**). Following the

335 administration of each dose, any residual product remaining in the syringe should be discarded in  
 336 a safe and proper manner.

337 A Rebif® Titration Pack containing 6 doses of 8.8 mcg (0.2 mL) and 6 doses of 22 mcg (0.5 mL)  
 338 is available for use during the titration period.

339 **Table 4: Schedule for Patient Titration**  
 340  
 341

	Recommended Titration (% of final dose)	Titration dose for Rebif® 22 mcg	Titration dose for Rebif® 44 mcg
Weeks 1-2	20 %	4.4 mcg	8.8 mcg
Weeks 3-4	50 %	11 mcg	22 mcg
Weeks 5+	100 %	22 mcg	44 mcg

342 Leukopenia or elevated liver function tests may necessitate dose reduction or discontinuation of  
 343 Rebif® administration until toxicity is resolved (see **WARNINGS: Hepatic Injury,**  
 344 **PRECAUTIONS: General and ADVERSE REACTIONS**).

346 Rebif® is intended for use under the guidance and supervision of a physician. It is recommended  
 347 that physicians or qualified medical personnel train patients in the proper technique for self-  
 348 administering subcutaneous injections using the pre-filled syringe. Patients should be advised to  
 349 rotate sites for sc injections (see **PRECAUTIONS: Information for Patients**). Concurrent use  
 350 of analgesics and/or antipyretics may help ameliorate flu-like symptoms on treatment days.

351 Rebif® should be inspected visually for particulate matter and discoloration prior to  
 352 administration.

354 Rebif<sup>®</sup> should be stored refrigerated between 2-8°C (36-46°F). DO NOT FREEZE. If a  
355 refrigerator is not available, Rebif<sup>®</sup> may be stored at or below 25° C/77° F for up to 30 days and  
356 away from heat and light.

357 Do not use beyond the expiration date printed on packages. Rebif<sup>®</sup> contains no preservatives.  
358 Each syringe is intended for single use. Unused portions should be discarded.

### 359 **HOW SUPPLIED**

360 Rebif<sup>®</sup> is supplied as a sterile, preservative-free solution packaged in graduated, ready to use in  
361 0.2 mL or 0.5 mL pre-filled syringes with 27-gauge, 0.5 inch needle for subcutaneous injection.  
362 The following package presentations are available.

#### 363 **Rebif<sup>®</sup> (interferon beta -1a) Titration Pack, NDC 44087-8822-1**

364 - Six Rebif<sup>®</sup> 8.8 mcg pre-filled syringes and Six Rebif<sup>®</sup> 22 mcg pre-filled syringe

#### 365 **Rebif<sup>®</sup> (interferon beta -1a) 22 mcg Pre-filled syringe**

366 - One Rebif<sup>®</sup> 22 mcg pre-filled syringe, NDC 44087-0022-1

367 - Twelve Rebif<sup>®</sup> 22 mcg pre-filled syringes, NDC 44087-0022-3

#### 368 **Rebif<sup>®</sup> (interferon beta -1a) 44 mcg Pre-filled syringe**

369 - One Rebif<sup>®</sup> 44 mcg pre-filled syringe, NDC 44087-0044-1

370 - Twelve Rebif<sup>®</sup> 44 mcg pre-filled syringes, NDC 44087-0044-3

371 **RX only.**

373 References

374 1. PRISMS Study Group. Randomized double-blind placebo-controlled study of interferon  
375  $\beta$ -1a in relapsing/remitting multiple sclerosis. Lancet 1998; 352: 1498-1504.

376 2. Data on file.

377

378 Manufacturer: Serono, Inc. Rockland, MA 02370 U.S. License # 1574

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380 Co-Marketed by:  
381 Serono, Inc.  
382 Rockland, MA 02370  
383 Pfizer Inc.  
384 New York, NY 10017  
385

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388 \*Avonex<sup>®</sup> is a registered trademark of Biogen Idec, Inc.

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