



**Aredia<sup>®</sup>**

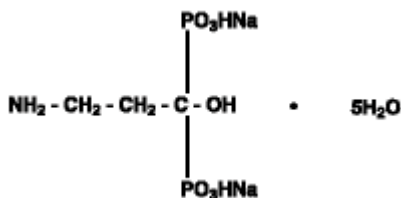
**pamidronate disodium for injection**  
**For Intravenous Infusion**

**Rx only**

**Prescribing Information**

## DESCRIPTION

Aredia, pamidronate disodium (APD), is a bone-resorption inhibitor available in 30-mg or 90-mg vials for intravenous administration. Each 30-mg, and 90-mg vial contains, respectively, 30 mg and 90 mg of sterile, lyophilized pamidronate disodium and 470 mg and 375 mg of mannitol, USP. The pH of a 1% solution of pamidronate disodium in distilled water is approximately 8.3. Aredia, a member of the group of chemical compounds known as bisphosphonates, is an analog of pyrophosphate. Pamidronate disodium is designated chemically as phosphonic acid (3-amino-1-hydroxypropylidene) bis-, disodium salt, pentahydrate, (APD), and its structural formula is



Pamidronate disodium is a white-to-practically-white powder. It is soluble in water and in 2N sodium hydroxide, sparingly soluble in 0.1N hydrochloric acid and in 0.1N acetic acid, and practically insoluble in organic solvents. Its molecular formula is  $\text{C}_3\text{H}_9\text{NO}_7\text{P}_2\text{Na}_2 \cdot 5\text{H}_2\text{O}$  and its molecular weight is 369.1.

*Inactive Ingredients.* Mannitol, USP, and phosphoric acid (for adjustment to pH 6.5 prior to lyophilization).

## CLINICAL PHARMACOLOGY

The principal pharmacologic action of Aredia is inhibition of bone resorption. Although the mechanism of antiresorptive action is not completely understood, several factors are thought to contribute to this action. Aredia adsorbs to calcium phosphate (hydroxyapatite) crystals in bone and may directly block dissolution of this mineral component of bone. In vitro studies also suggest that inhibition of osteoclast activity contributes to inhibition of bone resorption. In animal studies, at doses recommended for the treatment of hypercalcemia, Aredia inhibits bone resorption apparently without inhibiting bone formation and mineralization. Of relevance to the treatment of hypercalcemia of malignancy is the finding that Aredia inhibits the

34 accelerated bone resorption that results from osteoclast hyperactivity induced by various  
35 tumors in animal studies.

### 36 **Pharmacokinetics**

37 Cancer patients (n=24) who had minimal or no bony involvement were given an intravenous  
38 infusion of 30, 60, or 90 mg of Aredia over 4 hours and 90 mg of Aredia over 24 hours  
39 (Table 1).

### 40 ***Distribution***

41 The mean  $\pm$  SD body retention of pamidronate was calculated to be  $54 \pm 16\%$  of the dose over  
42 120 hours.

### 43 ***Metabolism***

44 Pamidronate is not metabolized and is exclusively eliminated by renal excretion.

### 45 ***Excretion***

46 After administration of 30, 60, and 90 mg of Aredia over 4 hours, and 90 mg of Aredia over  
47 24 hours, an overall mean  $\pm$  SD of  $46 \pm 16\%$  of the drug was excreted unchanged in the urine  
48 within 120 hours. Cumulative urinary excretion was linearly related to dose. The mean  $\pm$  SD  
49 elimination half-life is  $28 \pm 7$  hours. Mean  $\pm$  SD total and renal clearances of pamidronate  
50 were  $107 \pm 50$  mL/min and  $49 \pm 28$  mL/min, respectively. The rate of elimination from bone  
51 has not been determined.

### 52 ***Special Populations***

53 There are no data available on the effects of age, gender, or race on the pharmacokinetics of  
54 pamidronate.

#### 55 *Pediatric*

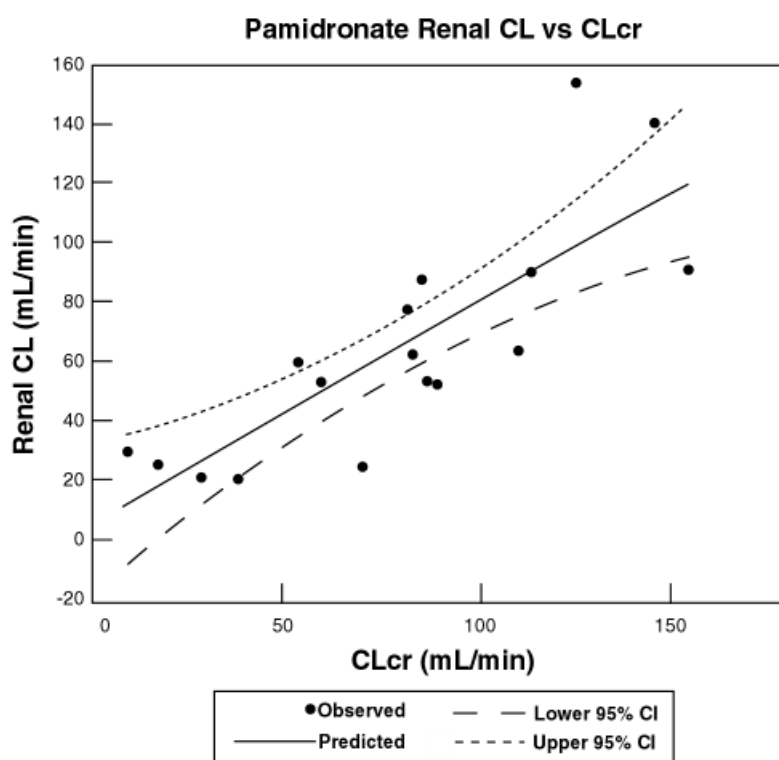
56 Pamidronate is not labeled for use in the pediatric population.

#### 57 *Renal Insufficiency*

58 The pharmacokinetics of pamidronate were studied in cancer patients (n=19) with normal and  
59 varying degrees of renal impairment. Each patient received a single 90-mg dose of Aredia  
60 infused over 4 hours. The renal clearance of pamidronate in patients was found to closely  
61 correlate with creatinine clearance (see Figure 1). A trend toward a lower percentage of drug  
62 excreted unchanged in urine was observed in renally impaired patients. Adverse experiences  
63 noted were not found to be related to changes in renal clearance of pamidronate. Given the  
64 recommended dose, 90 mg infused over 4 hours, excessive accumulation of pamidronate in  
65 renally impaired patients is not anticipated if Aredia is administered on a monthly basis.

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68

**Figure 1: Pamidronate renal clearance as a function of creatinine clearance in patients with normal and impaired renal function. The lines are the mean prediction line and 95% confidence intervals.**



69

70 *Hepatic Insufficiency*

71 There are no human pharmacokinetic data for Aredia in patients who have hepatic  
72 insufficiency.

73 *Drug-Drug Interactions*

74 There are no human pharmacokinetic data for drug interactions with Aredia.

75

**Table 1**  
**Mean (SD, CV%) Pamidronate Pharmacokinetic Parameters in Cancer Patients**  
**(n=6 for each group)**

76  
77

<u>Dose</u> <u>(infusion rate)</u>	<u>Maximum</u> <u>Concentration</u> <u>(µg/mL)</u>	<u>Percent</u> <u>of dose</u> <u>excreted in urine</u>	<u>Total</u> <u>Clearance</u> <u>(mL/min)</u>	<u>Renal</u> <u>Clearance</u> <u>(mL/min)</u>
81 30 mg	0.73	43.9	136	58
82 (4 hrs)	(0.14, 19.1%)	(14.0, 31.9%)	(44, 32.4%)	(27, 46.5%)
83 60 mg	1.44	47.4	88	42
84 (4 hrs)	(0.57, 39.6%)	(47.4, 54.4%)	(56, 63.6%)	(28, 66.7%)
85 90 mg	2.61	45.3	103	44
86 (4 hrs)	(0.74, 28.3%)	(25.8, 56.9%)	(37, 35.9%)	(16, 36.4%)
87 90 mg	1.38	47.5	101	52
88 (24 hrs)	(1.97, 142.7%)	(10.2, 21.5%)	(58, 57.4%)	(42, 80.8%)

89

90

After intravenous administration of radiolabeled pamidronate in rats, approximately 50%-60% of the compound was rapidly adsorbed by bone and slowly eliminated from the

91 body by the kidneys. In rats given 10 mg/kg bolus injections of radiolabeled Aredia,  
92 approximately 30% of the compound was found in the liver shortly after administration and  
93 was then redistributed to bone or eliminated by the kidneys over 24-48 hours. Studies in rats  
94 injected with radiolabeled Aredia showed that the compound was rapidly cleared from the  
95 circulation and taken up mainly by bones, liver, spleen, teeth, and tracheal cartilage.  
96 Radioactivity was eliminated from most soft tissues within 1-4 days; was detectable in liver  
97 and spleen for 1 and 3 months, respectively; and remained high in bones, trachea, and teeth for  
98 6 months after dosing. Bone uptake occurred preferentially in areas of high bone turnover. The  
99 terminal phase of elimination half-life in bone was estimated to be approximately 300 days.

## 100 **Pharmacodynamics**

101 Serum phosphate levels have been noted to decrease after administration of Aredia,  
102 presumably because of decreased release of phosphate from bone and increased renal  
103 excretion as parathyroid hormone levels, which are usually suppressed in hypercalcemia  
104 associated with malignancy, return toward normal. Phosphate therapy was administered in  
105 30% of the patients in response to a decrease in serum phosphate levels. Phosphate levels  
106 usually returned toward normal within 7-10 days.

107 Urinary calcium/creatinine and urinary hydroxyproline/creatinine ratios decrease and  
108 usually return to within or below normal after treatment with Aredia. These changes occur  
109 within the first week after treatment, as do decreases in serum calcium levels, and are  
110 consistent with an antiresorptive pharmacologic action.

## 111 **Hypercalcemia of Malignancy**

112 Osteoclastic hyperactivity resulting in excessive bone resorption is the underlying  
113 pathophysiologic derangement in metastatic bone disease and hypercalcemia of malignancy.  
114 Excessive release of calcium into the blood as bone is resorbed results in polyuria and  
115 gastrointestinal disturbances, with progressive dehydration and decreasing glomerular  
116 filtration rate. This, in turn, results in increased renal resorption of calcium, setting up a cycle  
117 of worsening systemic hypercalcemia. Correction of excessive bone resorption and adequate  
118 fluid administration to correct volume deficits are therefore essential to the management of  
119 hypercalcemia.

120 Most cases of hypercalcemia associated with malignancy occur in patients who have  
121 breast cancer; squamous-cell tumors of the lung or head and neck; renal-cell carcinoma; and  
122 certain hematologic malignancies, such as multiple myeloma and some types of lymphomas.  
123 A few less-common malignancies, including vasoactive intestinal-peptide-producing tumors  
124 and cholangiocarcinoma, have a high incidence of hypercalcemia as a metabolic complication.  
125 Patients who have hypercalcemia of malignancy can generally be divided into two groups,  
126 according to the pathophysiologic mechanism involved.

127 In humoral hypercalcemia, osteoclasts are activated and bone resorption is stimulated  
128 by factors such as parathyroid-hormone-related protein, which are elaborated by the tumor and  
129 circulate systemically. Humoral hypercalcemia usually occurs in squamous-cell malignancies  
130 of the lung or head and neck or in genitourinary tumors such as renal-cell carcinoma or  
131 ovarian cancer. Skeletal metastases may be absent or minimal in these patients.

132 Extensive invasion of bone by tumor cells can also result in hypercalcemia due to local  
133 tumor products that stimulate bone resorption by osteoclasts. Tumors commonly associated  
134 with locally mediated hypercalcemia include breast cancer and multiple myeloma.

135 Total serum calcium levels in patients who have hypercalcemia of malignancy may not  
136 reflect the severity of hypercalcemia, since concomitant hypoalbuminemia is commonly  
137 present. Ideally, ionized calcium levels should be used to diagnose and follow hypercalcemic  
138 conditions; however, these are not commonly or rapidly available in many clinical situations.  
139 Therefore, adjustment of the total serum calcium value for differences in albumin levels is  
140 often used in place of measurement of ionized calcium; several nomograms are in use for this  
141 type of calculation (see DOSAGE AND ADMINISTRATION).

### 142 **Clinical Trials**

143 In one double-blind clinical trial, 52 patients who had hypercalcemia of malignancy were  
144 enrolled to receive 30 mg, 60 mg, or 90 mg of Aredia as a single 24-hour intravenous infusion  
145 if their corrected serum calcium levels were  $\geq 12.0$  mg/dL after 48 hours of saline hydration.

146 The mean baseline-corrected serum calcium for the 30-mg, 60-mg, and 90-mg groups  
147 were 13.8 mg/dL, 13.8 mg/dL, and 13.3 mg/dL, respectively.

148 The majority of patients (64%) had decreases in albumin-corrected serum calcium  
149 levels by 24 hours after initiation of treatment. Mean-corrected serum calcium levels at days  
150 2-7 after initiation of treatment with Aredia were significantly reduced from baseline in all  
151 three dosage groups. As a result, by 7 days after initiation of treatment with Aredia, 40%,  
152 61%, and 100% of the patients receiving 30 mg, 60 mg, and 90 mg of Aredia, respectively,  
153 had normal-corrected serum calcium levels. Many patients (33%-53%) in the 60-mg and  
154 90-mg dosage groups continued to have normal-corrected serum calcium levels, or a partial  
155 response ( $\geq 15\%$  decrease of corrected serum calcium from baseline), at day 14.

156 In a second double-blind, controlled clinical trial, 65 cancer patients who had corrected  
157 serum calcium levels of  $\geq 12.0$  mg/dL after at least 24 hours of saline hydration were  
158 randomized to receive either 60 mg of Aredia as a single 24-hour intravenous infusion or  
159 7.5 mg/kg of etidronate disodium as a 2-hour intravenous infusion daily for 3 days. Thirty  
160 patients were randomized to receive Aredia and 35 to receive etidronate disodium.

161 The mean baseline-corrected serum calcium for the Aredia 60-mg and etidronate  
162 disodium groups were 14.6 mg/dL and 13.8 mg/dL, respectively.

163 By day 7, 70% of the patients in the Aredia group and 41% of the patients in the  
164 etidronate disodium group had normal-corrected serum calcium levels ( $P < 0.05$ ). When partial  
165 responders ( $\geq 15\%$  decrease of serum calcium from baseline) were also included, the response  
166 rates were 97% for the Aredia group and 65% for the etidronate disodium group ( $P < 0.01$ ).  
167 Mean-corrected serum calcium for the Aredia and etidronate disodium groups decreased from  
168 baseline values to 10.4 and 11.2 mg/dL, respectively, on day 7. At day 14, 43% of patients in  
169 the Aredia group and 18% of patients in the etidronate disodium group still had normal-  
170 corrected serum calcium levels, or maintenance of a partial response. For responders in the  
171 Aredia and etidronate disodium groups, the median duration of response was similar (7 and 5  
172 days, respectively). The time course of effect on corrected serum calcium is summarized in the  
173 following table.

174  
175**Change in Corrected Serum Calcium by Time  
from Initiation of Treatment**

Time (hr)	Mean Change from Baseline in Corrected Serum Calcium (mg/dL)			P-Value <sup>1</sup>
	Aredia <sup>®</sup>	Didronel		
Baseline	14.6	13.8		
24	-0.3	-0.5		
48	-1.5	-1.1		
72	-2.6	-2.0		
96	-3.5	-2.0		<0.01
168	-4.1	-2.5		<0.01

185 <sup>1</sup>Comparison between treatment groups

186 In a third multicenter, randomized, parallel double-blind trial, a group of 69 cancer  
187 patients with hypercalcemia was enrolled to receive 60 mg of Aredia as a 4- or 24-hour  
188 infusion, which was compared to a saline treatment group. Patients who had a corrected serum  
189 calcium level of  $\geq 12.0$  mg/dL after 24 hours of saline hydration were eligible for this trial.

190 The mean baseline-corrected serum calcium levels for Aredia 60-mg 4-hour infusion,  
191 Aredia 60-mg 24-hour infusion, and saline infusion were 14.2 mg/dL, 13.7 mg/dL, and  
192 13.7 mg/dL, respectively.

193 By day 7 after initiation of treatment, 78%, 61%, and 22% of the patients had normal-  
194 corrected serum calcium levels for the 60-mg 4-hour infusion, 60-mg 24-hour infusion, and  
195 saline infusion, respectively. At day 14, 39% of the patients in the Aredia 60-mg 4-hour  
196 infusion group and 26% of the patients in the Aredia 60-mg 24-hour infusion group had  
197 normal-corrected serum calcium levels or maintenance of a partial response.

198 For responders, the median duration of complete responses was 4 days and 6.5 days for  
199 Aredia 60-mg 4-hour infusion and Aredia 60-mg 24-hour infusion, respectively.

200 In all three trials, patients treated with Aredia had similar response rates in the  
201 presence or absence of bone metastases. Concomitant administration of furosemide did not  
202 affect response rates.

203 Thirty-two patients who had recurrent or refractory hypercalcemia of malignancy were  
204 given a second course of 60 mg of Aredia over a 4- or 24-hour period. Of these, 41% showed  
205 a complete response and 16% showed a partial response to the retreatment, and these  
206 responders had about a 3-mg/dL fall in mean-corrected serum calcium levels 7 days after  
207 retreatment.

208 In a fourth multicenter, randomized, double-blind trial, 103 patients with cancer and  
209 hypercalcemia (corrected serum calcium  $\geq 12.0$  mg/dL) received 90 mg of Aredia as a 2-hour  
210 infusion. The mean baseline corrected serum calcium was 14.0 mg/dL. Patients were not  
211 required to receive IV hydration prior to drug administration, but all subjects did receive at  
212 least 500 mL of IV saline hydration concomitantly with the pamidronate infusion. By Day 10  
213 after drug infusion, 70% of patients had normal corrected serum calcium levels  
214 ( $<10.8$  mg/dL).

## 215 **Paget's Disease**

216 Paget's disease of bone (osteitis deformans) is an idiopathic disease characterized by chronic,  
 217 focal areas of bone destruction complicated by concurrent excessive bone repair, affecting one  
 218 or more bones. These changes result in thickened but weakened bones that may fracture or  
 219 bend under stress. Signs and symptoms may be bone pain, deformity, fractures, neurological  
 220 disorders resulting from cranial and spinal nerve entrapment and from spinal cord and brain  
 221 stem compression, increased cardiac output to the involved bone, increased serum alkaline  
 222 phosphatase levels (reflecting increased bone formation) and/or urine hydroxyproline  
 223 excretion (reflecting increased bone resorption).

## 224 **Clinical Trials**

225 In one double-blind clinical trial, 64 patients with moderate to severe Paget's disease of bone  
 226 were enrolled to receive 5 mg, 15 mg, or 30 mg of Aredia as a single 4-hour infusion on 3  
 227 consecutive days, for total doses of 15 mg, 45 mg, and 90 mg of Aredia.

228 The mean baseline serum alkaline phosphatase levels were 1409 U/L, 983 U/L, and  
 229 1085 U/L, and the mean baseline urine hydroxyproline/creatinine ratios were 0.25, 0.19, and  
 230 0.19 for the 15-mg, 45-mg, and 90-mg groups, respectively.

231 The effects of Aredia on serum alkaline phosphatase (SAP) and urine  
 232 hydroxyproline/creatinine ratios (UOHP/C) are summarized in the following table:

233 **Percent of Patients With**  
 234 **Significant % Decreases in SAP and UOHP/C**

235	SAP			UOHP/C			
	<u>% Decrease</u>	<u>15 mg</u>	<u>45 mg</u>	<u>90 mg</u>	<u>15 mg</u>	<u>45 mg</u>	<u>90 mg</u>
236	$\geq 50$	26	33	60	15	47	72
237	$\geq 30$	40	65	83	35	57	85

239 The median maximum percent decreases from baseline in serum alkaline phosphatase  
 240 and urine hydroxyproline/creatinine ratios were 25%, 41%, and 57%, and 25%, 47%, and 61%  
 241 for the 15-mg, 45-mg, and 90-mg groups, respectively. The median time to response ( $\geq 50\%$   
 242 decrease) for serum alkaline phosphatase was approximately 1 month for the 90-mg group,  
 243 and the response duration ranged from 1 to 372 days.

244 No statistically significant differences between treatment groups, or statistically  
 245 significant changes from baseline were observed for the bone pain response, mobility, and  
 246 global evaluation in the 45-mg and 90-mg groups. Improvement in radiologic lesions occurred  
 247 in some patients in the 90-mg group.

248 Twenty-five patients who had Paget's disease were retreated with 90 mg of Aredia. Of  
 249 these, 44% had a  $\geq 50\%$  decrease in serum alkaline phosphatase from baseline after treatment,  
 250 and 39% had a  $\geq 50\%$  decrease in urine hydroxyproline/creatinine ratio from baseline after  
 251 treatment.

## 252 **Osteolytic Bone Metastases of Breast Cancer and Osteolytic Lesions of** 253 **Multiple Myeloma**

254 Osteolytic bone metastases commonly occur in patients with multiple myeloma or breast  
255 cancer. These cancers demonstrate a phenomenon known as osteotropism, meaning they  
256 possess an extraordinary affinity for bone. The distribution of osteolytic bone metastases in  
257 these cancers is predominantly in the axial skeleton, particularly the spine, pelvis, and ribs,  
258 rather than the appendicular skeleton, although lesions in the proximal femur and humerus are  
259 not uncommon. This distribution is similar to the red bone marrow in which slow blood flow  
260 possibly assists attachment of metastatic cells. The surface-to-volume ratio of trabecular bone  
261 is much higher than cortical bone, and therefore disease processes tend to occur more floridly  
262 in trabecular bone than at sites of cortical tissue.

263         These bone changes can result in patients having evidence of osteolytic skeletal  
264 destruction leading to severe bone pain that requires either radiation therapy or narcotic  
265 analgesics (or both) for symptomatic relief. These changes also cause pathologic fractures of  
266 bone in both the axial and appendicular skeleton. Axial skeletal fractures of the vertebral  
267 bodies may lead to spinal cord compression or vertebral body collapse with significant  
268 neurologic complications. Also, patients may experience episode(s) of hypercalcemia.

### 269 ***Clinical Trials***

270 In a double-blind, randomized, placebo-controlled trial, 392 patients with advanced multiple  
271 myeloma were enrolled to receive Aredia or placebo in addition to their underlying  
272 antimyeloma therapy to determine the effect of Aredia on the occurrence of skeletal-related  
273 events (SREs). SREs were defined as episodes of pathologic fractures, radiation therapy to  
274 bone, surgery to bone, and spinal cord compression. Patients received either 90 mg of Aredia  
275 or placebo as a monthly 4-hour intravenous infusion for 9 months. Of the 392 patients, 377  
276 were evaluable for efficacy (196 Aredia, 181 placebo). The proportion of patients developing  
277 any SRE was significantly smaller in the Aredia group (24% vs 41%,  $P<0.001$ ), and the mean  
278 skeletal morbidity rate (#SRE/year) was significantly smaller for Aredia patients than for  
279 placebo patients (mean: 1.1 vs 2.1,  $P<.02$ ). The times to the first SRE occurrence, pathologic  
280 fracture, and radiation to bone were significantly longer in the Aredia group ( $P=.001$ , .006,  
281 and .046, respectively). Moreover, fewer Aredia patients suffered any pathologic fracture  
282 (17% vs 30%,  $P=.004$ ) or needed radiation to bone (14% vs 22%,  $P=.049$ ).

283         In addition, decreases in pain scores from baseline occurred at the last measurement  
284 for those Aredia patients with pain at baseline ( $P=.026$ ) but not in the placebo group. At the  
285 last measurement, a worsening from baseline was observed in the placebo group for the  
286 Spitzer quality of life variable ( $P<.001$ ) and ECOG performance status ( $P<.011$ ) while there  
287 was no significant deterioration from baseline in these parameters observed in Aredia-treated  
288 patients.\*

289         After 21 months, the proportion of patients experiencing any skeletal event remained  
290 significantly smaller in the Aredia group than the placebo group ( $P=.015$ ). In addition, the  
291 mean skeletal morbidity rate (#SRE/year) was 1.3 vs 2.2 for Aredia patients vs placebo  
292 patients ( $P=.008$ ), and time to first SRE was significantly longer in the Aredia group compared  
293 to placebo ( $P=.016$ ). Fewer Aredia patients suffered vertebral pathologic fractures (16% vs  
294 27%,  $P=.005$ ). Survival of all patients was not different between treatment groups.



Two double-blind, randomized, placebo-controlled trials compared the safety and efficacy of 90 mg of Aredia infused over 2 hours every 3 to 4 weeks for 24 months to that of placebo in preventing SREs in breast cancer patients with osteolytic bone metastases who had one or more predominantly lytic metastases of at least 1 cm in diameter: one in patients being treated with antineoplastic chemotherapy and the second in patients being treated with hormonal antineoplastic therapy at trial entry.

382 patients receiving chemotherapy were randomized, 185 to Aredia and 197 to placebo. 372 patients receiving hormonal therapy were randomized, 182 to Aredia and 190 to placebo. All but three patients were evaluable for efficacy. Patients were followed for 24 months of therapy or until they went off study. Median duration of follow-up was 13 months in patients receiving chemotherapy and 17 months in patients receiving hormone therapy. Twenty-five percent of the patients in the chemotherapy study and 37% of the patients in the hormone therapy study received Aredia for 24 months. The efficacy results are shown in the table below:

	Breast Cancer Patients Receiving Chemotherapy						Breast Cancer Patients Receiving Hormonal Therapy					
	Any SRE		Radiation		Fractures		Any SRE		Radiation		Fractures	
	A	P	A	P	A	P	A	P	A	P	A	P
N	185	195	185	195	185	195	182	189	182	189	182	189
Skeletal Morbidity Rate (#SRE/year)												
Mean	2.5	3.7	0.8	1.3	1.6	2.2	2.4	3.6	0.6	1.2	1.6	2.2
P-Value	<.001		<.001 <sup>†</sup>		.018 <sup>†</sup>		.021		.013 <sup>†</sup>		.040 <sup>†</sup>	
Proportion of patients having an SRE	46%	65%	28%	45%	36%	49%	55%	63%	31%	40%	45%	55%
P-Value	<.001		<.001 <sup>†</sup>		.014 <sup>†</sup>		.094		.058 <sup>†</sup>		.054 <sup>†</sup>	
Median Time to SRE (months)	13.9	7.0	NR**	14.2	25.8	13.3	10.9	7.4	NR**	23.4	20.6	12.8
P-Value	<.001		<.001 <sup>†</sup>		.009 <sup>†</sup>		.118		.016 <sup>†</sup>		.113 <sup>†</sup>	

<sup>†</sup>Fractures and radiation to bone were two of several secondary endpoints. The statistical significance of these analyses may be overestimated since numerous analyses were performed.

\*\*NR = Not Reached.

Bone lesion response was radiographically assessed at baseline and at 3, 6, and 12 months. The complete + partial response rate was 33% in Aredia patients and 18% in placebo patients treated with chemotherapy (P=.001). No difference was seen between Aredia and placebo in hormonally-treated patients.

Pain and analgesic scores, ECOG performance status and Spitzer quality of life index were measured at baseline and periodically during the trials. The changes from baseline to the last measurement carried forward are shown in the following table:

	Mean Change ( $\Delta$ ) from Baseline at Last Measurement			
	Breast Cancer Patients Receiving Chemotherapy		Breast Cancer Patients Receiving Hormonal Therapy	

	Aredia		Placebo		A vs P	Aredia		Placebo		A vs P
	N	Mean $\Delta$	N	Mean $\Delta$	P-Value*	N	Mean $\Delta$	N	Mean $\Delta$	P-Value*
339 Pain Score	175	+0.93	183	+1.69	.050	173	+0.50	179	+1.60	.007
342 Analgesic										
343 Score	175	+0.74	183	+1.55	.009	173	+0.90	179	+2.28	<.001
344 ECOG PS	178	+0.81	186	+1.19	.002	175	+0.95	182	+0.90	.773
345 Spitzer										
346 QOL	177	-1.76	185	-2.21	.103	173	-1.86	181	-2.05	.409

347 Decreases in pain, analgesic scores and ECOG PS, and increases in Spitzer QOL indicate an  
348 improvement from baseline.

349  
350 \*The statistical significance of analyses of these secondary endpoints of pain, quality of life, and  
351 performance status in all three trials may be overestimated since numerous analyses were performed.

## 352 INDICATIONS AND USAGE

### 353 Hypercalcemia of Malignancy

354 Aredia, in conjunction with adequate hydration, is indicated for the treatment of moderate or  
355 severe hypercalcemia associated with malignancy, with or without bone metastases. Patients  
356 who have either epidermoid or non-epidermoid tumors respond to treatment with Aredia.  
357 Vigorous saline hydration, an integral part of hypercalcemia therapy, should be initiated  
358 promptly and an attempt should be made to restore the urine output to about 2 L/day  
359 throughout treatment. Mild or asymptomatic hypercalcemia may be treated with conservative  
360 measures (i.e., saline hydration, with or without loop diuretics). Patients should be hydrated  
361 adequately throughout the treatment, but overhydration, especially in those patients who have  
362 cardiac failure, must be avoided. Diuretic therapy should not be employed prior to correction  
363 of hypovolemia. The safety and efficacy of Aredia in the treatment of hypercalcemia  
364 associated with hyperparathyroidism or with other non-tumor-related conditions has not been  
365 established.

### 366 Paget's Disease

367 Aredia is indicated for the treatment of patients with moderate to severe Paget's disease of  
368 bone. The effectiveness of Aredia was demonstrated primarily in patients with serum alkaline  
369 phosphatase  $\geq 3$  times the upper limit of normal. Aredia therapy in patients with Paget's  
370 disease has been effective in reducing serum alkaline phosphatase and urinary hydroxyproline  
371 levels by  $\geq 50\%$  in at least 50% of patients, and by  $\geq 30\%$  in at least 80% of patients. Aredia  
372 therapy has also been effective in reducing these biochemical markers in patients with Paget's  
373 disease who failed to respond, or no longer responded to other treatments.

### 374 Osteolytic Bone Metastases of Breast Cancer and Osteolytic Lesions of 375 Multiple Myeloma

376 Aredia is indicated, in conjunction with standard antineoplastic therapy, for the treatment of  
377 osteolytic bone metastases of breast cancer and osteolytic lesions of multiple myeloma. The

378 Aredia treatment effect appeared to be smaller in the study of breast cancer patients receiving  
379 hormonal therapy than in the study of those receiving chemotherapy, however, overall  
380 evidence of clinical benefit has been demonstrated (see CLINICAL PHARMACOLOGY,  
381 Osteolytic Bone Metastases of Breast Cancer and Osteolytic Lesions of Multiple Myeloma,  
382 Clinical Trials section).

## 383 **CONTRAINDICATIONS**

384 Aredia is contraindicated in patients with clinically significant hypersensitivity to Aredia or  
385 other bisphosphonates.

## 386 **WARNINGS**

387 **DUE TO THE RISK OF CLINICALLY SIGNIFICANT DETERIORATION IN**  
388 **RENAL FUNCTION, WHICH MAY PROGRESS TO RENAL FAILURE, SINGLE**  
389 **DOSES OF AREDIA SHOULD NOT EXCEED 90 MG (see DOSAGE AND**  
390 **ADMINISTRATION for appropriate infusion durations).**

391 Bisphosphonates, including Aredia, have been associated with renal toxicity  
392 manifested as deterioration of renal function and potential renal failure.

393 Patients who receive Aredia should have serum creatinine assessed prior to each  
394 treatment. Patients treated with Aredia for bone metastases should have the dose withheld if  
395 renal function has deteriorated. (See DOSAGE AND ADMINISTRATION.)

396 In both rats and dogs, nephropathy has been associated with intravenous (bolus and  
397 infusion) administration of Aredia.

398 Two 7-day intravenous infusion studies were conducted in the dog wherein Aredia was  
399 given for 1, 4, or 24 hours at doses of 1-20 mg/kg for up to 7 days. In the first study, the  
400 compound was well tolerated at 3 mg/kg (1.7 x highest recommended human dose [HRHD]  
401 for a single intravenous infusion) when administered for 4 or 24 hours, but renal findings such  
402 as elevated BUN and creatinine levels and renal tubular necrosis occurred when 3 mg/kg was  
403 infused for 1 hour and at doses of  $\geq 10$  mg/kg. In the second study, slight renal tubular necrosis  
404 was observed in 1 male at 1 mg/kg when infused for 4 hours. Additional findings included  
405 elevated BUN levels in several treated animals and renal tubular dilation and/or inflammation  
406 at  $\geq 1$  mg/kg after each infusion time.

407 Aredia was given to rats at doses of 2, 6, and 20 mg/kg and to dogs at doses of 2, 4, 6,  
408 and 20 mg/kg as a 1-hour infusion, once a week, for 3 months followed by a 1-month recovery  
409 period. In rats, nephrotoxicity was observed at  $\geq 6$  mg/kg and included increased BUN and  
410 creatinine levels and tubular degeneration and necrosis. These findings were still present at  
411 20 mg/kg at the end of the recovery period. In dogs, moribundity/death and renal toxicity  
412 occurred at 20 mg/kg as did kidney findings of elevated BUN and creatinine levels at  
413  $\geq 6$  mg/kg and renal tubular degeneration at  $\geq 4$  mg/kg. The kidney changes were partially  
414 reversible at 6 mg/kg. In both studies, the dose level that produced no adverse renal effects  
415 was considered to be 2 mg/kg (1.1 x HRHD for a single intravenous infusion).

416 **PREGNANCY: AREDIA SHOULD NOT BE USED DURING**  
417 **PREGNANCY**

418 Aredia may cause fetal harm when administered to a pregnant woman. (See PRECAUTIONS,  
419 Pregnancy Category D.)

420 There are no studies in pregnant women using Aredia. If the patient becomes pregnant  
421 while taking this drug, the patient should be apprised of the potential harm to the fetus.  
422 Women of childbearing potential should be advised to avoid becoming pregnant.

423 Studies conducted in young rats have reported the disruption of dental dentine  
424 formation following single- and multi-dose administration of bisphosphonates. The clinical  
425 significance of these findings is unknown.

426 **PRECAUTIONS**

427 **General**

428 Standard hypercalcemia-related metabolic parameters, such as serum levels of calcium,  
429 phosphate, magnesium, and potassium, should be carefully monitored following initiation of  
430 therapy with Aredia. Cases of asymptomatic hypophosphatemia (12%), hypokalemia (7%),  
431 hypomagnesemia (11%), and hypocalcemia (5%-12%), were reported in Aredia-treated  
432 patients. Rare cases of symptomatic hypocalcemia (including tetany) have been reported in  
433 association with Aredia therapy. If hypocalcemia occurs, short-term calcium therapy may be  
434 necessary. In Paget's disease of bone, 17% of patients treated with 90 mg of Aredia showed  
435 serum calcium levels below 8 mg/dL.

436 **Renal Insufficiency**

437 Aredia is excreted intact primarily via the kidney, and the risk of renal adverse reactions may  
438 be greater in patients with impaired renal function. Patients who receive Aredia should have  
439 serum creatinine assessed prior to each treatment. In patients receiving Aredia for bone  
440 metastases, who show evidence of deterioration in renal function, Aredia treatment should be  
441 withheld until renal function returns to baseline (see WARNINGS and DOSAGE AND  
442 ADMINISTRATION).

443 Aredia has not been tested in patients who have class Dc renal impairment (creatinine  
444 >5.0 mg/dL), and has been tested in few multiple myeloma patients with serum creatinine  
445  $\geq$ 3.0 mg/dL. (See also CLINICAL PHARMACOLOGY, Pharmacokinetics.) For the treatment  
446 of bone metastases, the use of Aredia in patients with severe renal impairment is not  
447 recommended. In other indications, clinical judgment should determine whether the potential  
448 benefit outweighs the potential risk in such patients.

449 **Laboratory Tests**

450 Patients who receive Aredia should have serum creatinine assessed prior to each treatment.  
451 Serum calcium, electrolytes, phosphate, magnesium, and CBC, differential, and  
452 hematocrit/hemoglobin must be closely monitored in patients treated with Aredia. Patients

453 who have preexisting anemia, leukopenia, or thrombocytopenia should be monitored carefully  
454 in the first 2 weeks following treatment.

## 455 **Drug Interactions**

456 Concomitant administration of a loop diuretic had no effect on the calcium-lowering action of  
457 Aredia.

458 Caution is indicated when Aredia is used with other potentially nephrotoxic drugs.

## 459 **Carcinogenesis, Mutagenesis, Impairment of Fertility**

460 In a 104-week carcinogenicity study (daily oral administration) in rats, there was a positive  
461 dose response relationship for benign adrenal pheochromocytoma in males ( $P < 0.00001$ ).  
462 Although this condition was also observed in females, the incidence was not statistically  
463 significant. When the dose calculations were adjusted to account for the limited oral  
464 bioavailability of Aredia in rats, the lowest daily dose associated with adrenal  
465 pheochromocytoma was similar to the intended clinical dose. Adrenal pheochromocytoma was  
466 also observed in low numbers in the control animals and is considered a relatively common  
467 spontaneous neoplasm in the rat. Aredia (daily oral administration) was not carcinogenic in an  
468 80-week study in mice.

469 Aredia was nonmutagenic in six mutagenicity assays: Ames test, *Salmonella* and  
470 *Escherichia*/ liver-microsome test, nucleus-anomaly test, sister-chromatid-exchange study,  
471 point-mutation test, and micronucleus test in the rat.

472 In rats, decreased fertility occurred in first-generation offspring of parents who had  
473 received 150 mg/kg of Aredia orally; however, this occurred only when animals were mated  
474 with members of the same dose group. Aredia has not been administered intravenously in such  
475 a study.

## 476 **Pregnancy Category D** (See WARNINGS)

477 There are no adequate and well-controlled studies in pregnant women.

478 Bolus intravenous studies conducted in rats and rabbits determined that Aredia  
479 produces maternal toxicity and embryo/fetal effects when given during organogenesis at doses  
480 of 0.6 to 8.3 times the highest recommended human dose for a single intravenous infusion. As  
481 it has been shown that Aredia can cross the placenta in rats and has produced marked maternal  
482 and nonteratogenic embryo/fetal effects in rats and rabbits, it should not be given to women  
483 during pregnancy.

484 Bisphosphonates are incorporated into the bone matrix, from where they are gradually  
485 released over periods of weeks to years. The extent of bisphosphonate incorporation into  
486 adult bone, and hence, the amount available for release back into the systemic circulation, is  
487 directly related to the total dose and duration of bisphosphonate use. Although there are no  
488 data on fetal risk in humans, bisphosphonates do cause fetal harm in animals, and animal data  
489 suggest that uptake of bisphosphonates into fetal bone is greater than into maternal bone.  
490 Therefore, there is a theoretical risk of fetal harm (e.g., skeletal and other abnormalities) if a  
491 woman becomes pregnant after completing a course of bisphosphonate therapy. The impact  
492 of variables such as time between cessation of bisphosphonate therapy to conception, the

493 particular bisphosphonate used, and the route of administration (intravenous versus oral) on  
494 this risk has not been established.

## 495 **Nursing Mothers**

496 It is not known whether Aredia is excreted in human milk. Because many drugs are excreted  
497 in human milk, caution should be exercised when Aredia is administered to a nursing woman.

## 498 **Pediatric Use**

499 Safety and effectiveness of Aredia in pediatric patients have not been established.

## 500 **ADVERSE REACTIONS**

### 501 **Clinical Studies**

#### 502 ***Hypercalcemia of Malignancy***

503 Transient mild elevation of temperature by at least 1°C was noted 24 to 48 hours after  
504 administration of Aredia in 34% of patients in clinical trials. In the saline trial, 18% of patients  
505 had a temperature elevation of at least 1°C 24 to 48 hours after treatment.

506 Drug-related local soft-tissue symptoms (redness, swelling or induration and pain on  
507 palpation) at the site of catheter insertion were most common in patients treated with 90 mg of  
508 Aredia. Symptomatic treatment resulted in rapid resolution in all patients.

509 Rare cases of uveitis, iritis, scleritis, and episcleritis have been reported, including one  
510 case of scleritis, and one case of uveitis upon separate rechallenges.

511 Five of 231 patients (2%) who received Aredia during the four U.S. controlled  
512 hypercalcemia clinical studies were reported to have had seizures, 2 of whom had preexisting  
513 seizure disorders. None of the seizures were considered to be drug-related by the investigators.  
514 However, a possible relationship between the drug and the occurrence of seizures cannot be  
515 ruled out. It should be noted that in the saline arm 1 patient (4%) had a seizure.

516 There are no controlled clinical trials comparing the efficacy and safety of 90 mg  
517 Aredia over 24 hours to 2 hours in patients with hypercalcemia of malignancy. However, a  
518 comparison of data from separate clinical trials suggests that the overall safety profile in  
519 patients who received 90 mg Aredia over 24 hours is similar to those who received 90 mg  
520 Aredia over 2 hours. The only notable differences observed were an increase in the proportion  
521 of patients in the Aredia 24 hour group who experienced fluid overload and  
522 electrolyte/mineral abnormalities.

523 At least 15% of patients treated with Aredia for hypercalcemia of malignancy also  
524 experienced the following adverse events during a clinical trial:

525 ***General:*** Fluid overload, generalized pain

526 ***Cardiovascular:*** Hypertension

527 ***Gastrointestinal:*** Abdominal pain, anorexia, constipation, nausea, vomiting

528 **Genitourinary:** Urinary tract infection

529 **Musculoskeletal:** Bone pain

530 **Laboratory abnormality:** Anemia, hypokalemia, hypomagnesemia,  
531 hypophosphatemia

532 Many of these adverse experiences may have been related to the underlying disease  
533 state. The following table lists the adverse experiences considered to be treatment-related  
534 during comparative, controlled U.S. trials.

535 **Treatment-Related Adverse Experiences Reported in Three U.S. Controlled Clinical Trials**

	Percent of Patients			Didronel 7.5 mg/kg x 3 days n=35	Saline n=23
	60 mg over 4 hr n=23	Aredia® 60 mg over 24 hr n=73	90 mg over 24 hr n=17		
541 <b>General</b>					
542 Edema	0	1	0	0	0
543 Fatigue	0	0	12	0	0
544 Fever	26	19	18	9	0
545 Fluid overload	0	0	0	6	0
546 Infusion-site reaction	0	4	18	0	0
547 Moniliasis	0	0	6	0	0
548 Rigors	0	0	0	0	4
549 <b>Gastrointestinal</b>					
550 Abdominal pain	0	1	0	0	0
551 Anorexia	4	1	12	0	0
552 Constipation	4	0	6	3	0
553 Diarrhea	0	1	0	0	0
554 Dyspepsia	4	0	0	0	0
555 Gastrointestinal hemorrhage	0	0	6	0	0
557 Nausea	4	0	18	6	0
558 Stomatitis	0	1	0	3	0
559 Vomiting	4	0	0	0	0
560 <b>Respiratory</b>					
561 Dyspnea	0	0	0	3	0
562 Rales	0	0	6	0	0
563 Rhinitis	0	0	6	0	0
564 Upper respiratory infection	0	3	0	0	0
566 <b>CNS</b>					
567 Anxiety	0	0	0	0	4
568 Convulsions	0	0	0	3	0
569 Insomnia	0	1	0	0	0
570 Nervousness	0	0	0	0	4
571 Psychosis	4	0	0	0	0
572 Somnolence	0	1	6	0	0
573 Taste perversion	0	0	0	3	0
574 <b>Cardiovascular</b>					
575 Atrial fibrillation	0	0	6	0	4

576	Atrial flutter	0	1	0	0	0
577	Cardiac failure	0	1	0	0	0
578	Hypertension	0	0	6	0	4
579	Syncope	0	0	6	0	0
580	Tachycardia	0	0	6	0	4
581	<b>Endocrine</b>					
582	Hypothyroidism	0	0	6	0	0
583	<b>Hemic and Lymphatic</b>					
584	Anemia	0	0	6	0	0
585	Leukopenia	4	0	0	0	0
586	Neutropenia	0	1	0	0	0
587	Thrombocytopenia	0	1	0	0	0
588	<b>Musculoskeletal</b>					
589	Myalgia	0	1	0	0	0
590	<b>Urogenital</b>					
591	Uremia	4	0	0	0	0
592	<b>Laboratory Abnormalities</b>					
593	Hypocalcemia	0	1	12	0	0
594	Hypokalemia	4	4	18	0	0
595	Hypomagnesemia	4	10	12	3	4
596	Hypophosphatemia	0	9	18	3	0
597	Abnormal liver					
598	function	0	0	0	3	0

### 599 ***Paget's Disease***

600 Transient mild elevation of temperature >1°C above pretreatment baseline was noted within  
601 48 hours after completion of treatment in 21% of the patients treated with 90 mg of Aredia in  
602 clinical trials.

603 Drug-related musculoskeletal pain and nervous system symptoms (dizziness,  
604 headache, paresthesia, increased sweating) were more common in patients with Paget's  
605 disease treated with 90 mg of Aredia than in patients with hypercalcemia of malignancy  
606 treated with the same dose.

607 Adverse experiences considered to be related to trial drug, which occurred in at least  
608 5% of patients with Paget's disease treated with 90 mg of Aredia in two U.S. clinical trials,  
609 were fever, nausea, back pain, and bone pain.

610 At least 10% of all Aredia-treated patients with Paget's disease also experienced the  
611 following adverse experiences during clinical trials:

612 ***Cardiovascular:*** Hypertension

613 ***Musculoskeletal:*** Arthrosis, bone pain

614 ***Nervous system:*** Headache

615 Most of these adverse experiences may have been related to the underlying disease  
616 state.



617 ***Osteolytic Bone Metastases of Breast Cancer and Osteolytic Lesions of***  
 618 ***Multiple Myeloma***

619 The most commonly reported (>15%) adverse experiences occurred with similar frequencies  
 620 in the Aredia and placebo treatment groups, and most of these adverse experiences may have  
 621 been related to the underlying disease state or cancer therapy.

622 **Commonly Reported Adverse Experiences in Three U.S. Controlled Clinical Trials**

	Aredia <sup>®</sup> 90 mg <u>over 4 hours</u> N=205 %		Aredia <sup>®</sup> 90 mg <u>over 2 hours</u> N=367 %		All Aredia <sup>®</sup> <u>90 mg</u> N=572 %		<u>Placebo</u> N=187 %	<u>Placebo</u> N=386 %	<u>Placebo</u> N=573 %
628 <b>General</b>									
629 Asthenia	16.1	17.1	25.6	19.2	22.2	18.5			
630 Fatigue	31.7	28.3	40.3	28.8	37.2	29.0			
631 Fever	38.5	38.0	38.1	32.1	38.5	34.0			
632 Metastases	1.0	3.0	31.3	24.4	20.5	17.5			
633 Pain	13.2	11.8	15.0	18.1	14.3	16.1			
634 <b>Digestive System</b>									
635 Anorexia	17.1	17.1	31.1	24.9	26.0	22.3			
636 Constipation	28.3	31.7	36.0	38.6	33.2	35.1			
637 Diarrhea	26.8	26.8	29.4	30.6	28.5	29.7			
638 Dyspepsia	17.6	13.4	18.3	15.0	22.6	17.5			
639 Nausea	35.6	37.4	63.5	59.1	53.5	51.8			
640 Pain Abdominal	19.5	16.0	24.3	18.1	22.6	17.5			
641 Vomiting	16.6	19.8	46.3	39.1	35.7	32.8			
642 <b>Hemic and Lymphatic</b>									
643 Anemia	47.8	41.7	39.5	36.8	42.5	38.4			
644 Granulocytopenia	20.5	15.5	19.3	20.5	19.8	18.8			
645 Thrombocytopenia	16.6	17.1	12.5	14.0	14.0	15.0			
646 <b>Musculoskeletal System</b>									
647 Arthralgias	10.7	7.0	15.3	12.7	13.6	10.8			
648 Myalgia	25.4	15.0	26.4	22.5	26.0	20.1			
649 Skeletal Pain	61.0	71.7	70.0	75.4	66.8	74.0			
650 <b>CNS</b>									
651 Anxiety	7.8	9.1	18.0	16.8	14.3	14.3			
652 Headache	24.4	19.8	27.2	23.6	26.2	22.3			
653 Insomnia	17.1	17.2	25.1	19.4	22.2	19.0			
654 <b>Respiratory System</b>									
655 Coughing	26.3	22.5	25.3	19.7	25.7	20.6			
656 Dyspnea	22.0	21.4	35.1	24.4	30.4	23.4			
657 Pleural Effusion	2.9	4.3	15.0	9.1	10.7	7.5			
658 Sinusitis	14.6	16.6	16.1	10.4	15.6	12.0			
659 Upper Respiratory Tract 660 Infection	32.2	28.3	19.6	20.2	24.1	22.9			
661 <b>Urogenital System</b>									
662 Urinary Tract Infection	15.6	9.1	20.2	17.6	18.5	15.6			

663 Of the toxicities commonly associated with chemotherapy, the frequency of vomiting,  
 664 anorexia, and anemia were slightly more common in the Aredia patients whereas stomatitis  
 665 and alopecia occurred at a frequency similar to that in placebo patients. In the breast cancer  
 666 trials, mild elevations of serum creatinine occurred in 18.5% of Aredia patients and 12.3% of  
 667 placebo patients. Mineral and electrolyte disturbances, including hypocalcemia, were reported  
 668 rarely and in similar percentages of Aredia-treated patients compared with those in the placebo  
 669 group. The reported frequencies of hypocalcemia, hypokalemia, hypophosphatemia, and  
 670 hypomagnesemia for Aredia-treated patients were 3.3%, 10.5%, 1.7%, and 4.4%, respectively,  
 671 and for placebo-treated patients were 1.2%, 12%, 1.7%, and 4.5%, respectively. In previous  
 672 hypercalcemia of malignancy trials, patients treated with Aredia (60 or 90 mg over 24 hours)  
 673 developed electrolyte abnormalities more frequently (see ADVERSE REACTIONS,  
 674 Hypercalcemia of Malignancy).

675 Arthralgias and myalgias were reported slightly more frequently in the Aredia group  
 676 than in the placebo group (13.6% and 26% vs 10.8% and 20.1%, respectively).

677 In multiple myeloma patients, there were five Aredia-related serious and unexpected  
 678 adverse experiences. Four of these were reported during the 12-month extension of the  
 679 multiple myeloma trial. Three of the reports were of worsening renal function developing in  
 680 patients with progressive multiple myeloma or multiple myeloma-associated amyloidosis. The  
 681 fourth report was the adult respiratory distress syndrome developing in a patient recovering  
 682 from pneumonia and acute gangrenous cholecystitis. One Aredia-treated patient experienced  
 683 an allergic reaction characterized by swollen and itchy eyes, runny nose, and scratchy throat  
 684 within 24 hours after the sixth infusion.

685 In the breast cancer trials, there were four Aredia-related adverse experiences, all  
 686 moderate in severity, that caused a patient to discontinue participation in the trial. One was  
 687 due to interstitial pneumonitis, another to malaise and dyspnea. One Aredia patient  
 688 discontinued the trial due to a symptomatic hypocalcemia. Another Aredia patient  
 689 discontinued therapy due to severe bone pain after each infusion, which the investigator felt  
 690 was trial-drug-related.

## 691 Renal Toxicity

692 In a study of the safety and efficacy of Aredia 90 mg (2 hour infusion) versus Zometa 4 mg  
 693 (15 minute infusion) in bone metastases patients with multiple myeloma or breast cancer,  
 694 renal deterioration was defined as an increase in serum creatinine of 0.5 mg/dL for patients  
 695 with normal baseline creatinine (<1.4 mg/dL) or an increase of 1.0 mg/dL for patients with an  
 696 abnormal baseline creatinine ( $\geq$ 1.4 mg/dL). The following are data on the incidence of renal  
 697 deterioration in patients in this trial. See Table below.

### 698 Incidence of Renal Function Deterioration in Multiple Myeloma and Breast Cancer 699 Patients with Normal and Abnormal Serum Creatinine at Baseline\*

700 Patient Population/Baseline Creatinine	Aredia <sup>®</sup> 90 mg/2 hours		Zometa <sup>®</sup> 4 mg/15 minutes	
701	n/N	(%)	n/N	(%)
702 Normal	20/246	(8.1%)	23/246	(9.3%)
703 Abnormal	2/22	(9.1%)	1/26	(3.8%)
704 Total	22/268	(8.2%)	24/272	(8.8%)

705 *\*Patients were randomized following the 15-minute infusion amendment for the Zometa arm.*

## 706 **Post-Marketing Experience**

707 Rare instances of allergic manifestations have been reported, including hypotension, dyspnea,  
708 or angioedema, and, very rarely, anaphylactic shock. Aredia is contraindicated in patients with  
709 clinically significant hypersensitivity to Aredia or other bisphosphonates (see  
710 CONTRAINDICATIONS).

## 711 **OVERDOSAGE**

712 There have been several cases of drug maladministration of intravenous Aredia in  
713 hypercalcemia patients with total doses of 225 mg to 300 mg given over 2 ½ to 4 days. All of  
714 these patients survived, but they experienced hypocalcemia that required intravenous and/or  
715 oral administration of calcium. **Single doses of Aredia should not exceed 90 mg and the**  
716 **duration of the intravenous infusion should be no less than 2 hours. (See WARNINGS.)**

717 In addition, one obese woman (95 kg) who was treated with 285 mg of Aredia/day for  
718 3 days experienced high fever (39.5°C), hypotension (from 170/90 mmHg to 90/60 mmHg),  
719 and transient taste perversion, noted about 6 hours after the first infusion. The fever and  
720 hypotension were rapidly corrected with steroids.

721 If overdosage occurs, symptomatic hypocalcemia could also result; such patients  
722 should be treated with short-term intravenous calcium.

## 723 **DOSAGE AND ADMINISTRATION**

### 724 **Hypercalcemia of Malignancy**

725 Consideration should be given to the severity of as well as the symptoms of hypercalcemia.  
726 Vigorous saline hydration alone may be sufficient for treating mild, asymptomatic  
727 hypercalcemia. Overhydration should be avoided in patients who have potential for cardiac  
728 failure. In hypercalcemia associated with hematologic malignancies, the use of glucocorticoid  
729 therapy may be helpful.

### 730 ***Moderate Hypercalcemia***

731 **The recommended dose of Aredia in moderate hypercalcemia (corrected serum calcium\***  
732 **of approximately 12-13.5 mg/dL) is 60 to 90 mg given as a SINGLE-DOSE, intravenous**  
733 **infusion over 2 to 24 hours. Longer infusions (i.e., >2 hours) may reduce the risk for renal**  
734 **toxicity, particularly in patients with preexisting renal insufficiency.**

### 735 ***Severe Hypercalcemia***

736 **The recommended dose of Aredia in severe hypercalcemia (corrected serum**  
737 **calcium\*>13.5 mg/dL) is 90 mg given as a SINGLE-DOSE, intravenous infusion over 2**  
738 **to 24 hours. Longer infusions (i.e., >2 hours) may reduce the risk for renal toxicity,**  
739 **particularly in patients with pre-existing renal insufficiency.**

740

---

741 \*Albumin-corrected serum calcium (CCa,mg/dL) = serum calcium, mg/dL + 0.8  
742 (4.0-serum albumin, g/dL).

### 743 ***Retreatment***

744 A limited number of patients have received more than one treatment with Aredia for  
745 hypercalcemia. Retreatment with Aredia, in patients who show complete or partial response  
746 initially, may be carried out if serum calcium does not return to normal or remain normal after  
747 initial treatment. **It is recommended that a minimum of 7 days elapse before retreatment,**  
748 **to allow for full response to the initial dose.** The dose and manner of retreatment is  
749 identical to that of the initial therapy.

### 750 **Paget's Disease**

751 **The recommended dose of Aredia in patients with moderate to severe Paget's disease of**  
752 **bone is 30 mg daily, administered as a 4-hour infusion on 3 consecutive days for a total**  
753 **dose of 90 mg.**

### 754 ***Retreatment***

755 A limited number of patients with Paget's disease have received more than one treatment of  
756 Aredia in clinical trials. When clinically indicated, patients should be retreated at the dose of  
757 initial therapy.

### 758 ***Osteolytic Bone Lesions of Multiple Myeloma***

759 **The recommended dose of Aredia in patients with osteolytic bone lesions of multiple**  
760 **myeloma is 90 mg administered as a 4-hour infusion given on a monthly basis.**

761 Patients with marked Bence-Jones proteinuria and dehydration should receive  
762 adequate hydration prior to Aredia infusion.

763 Limited information is available on the use of Aredia in multiple myeloma patients  
764 with a serum creatinine  $\geq 3.0$  mg/dL.

765 Patients who receive Aredia should have serum creatinine assessed prior to each  
766 treatment. Treatment should be withheld for renal deterioration. In a clinical study, renal  
767 deterioration was defined as follows:

- 768 • For patients with normal baseline creatinine, increase of 0.5 mg/dL.
- 769 • For patients with abnormal baseline creatinine, increase of 1.0 mg/dL.

770 In this clinical study, Aredia treatment was resumed only when the creatinine returned  
771 to within 10% of the baseline value.

772 The optimal duration of therapy is not yet known, however, in a study of patients with  
773 myeloma, final analysis after 21 months demonstrated overall benefits (see CLINICAL  
774 TRIALS section).

## 775 ***Osteolytic Bone Metastases of Breast Cancer***

776 **The recommended dose of Aredia in patients with osteolytic bone metastases is 90 mg**  
777 **administered over a 2-hour infusion given every 3-4 weeks.**

778 Aredia has been frequently used with doxorubicin, fluorouracil, cyclophosphamide,  
779 methotrexate, mitoxantrone, vinblastine, dexamethasone, prednisone, melphalan, vincristine,  
780 megestrol, and tamoxifen. It has been given less frequently with etoposide, cisplatin,  
781 cytarabine, paclitaxel, and aminoglutethimide.

782 Patients who receive Aredia should have serum creatinine assessed prior to each  
783 treatment. Treatment should be withheld for renal deterioration. In a clinical study, renal  
784 deterioration was defined as follows:

- 785 • For patients with normal baseline creatinine, increase of 0.5 mg/dL.
- 786 • For patients with abnormal baseline creatinine, increase of 1.0 mg/dL.

787 In this clinical study, Aredia treatment was resumed only when the creatinine returned  
788 to within 10% of the baseline value.

789 The optimal duration of therapy is not known, however, in two breast cancer studies,  
790 final analyses performed after 24 months of therapy demonstrated overall benefits (see  
791 CLINICAL TRIALS section).

## 792 **Preparation of Solution**

### 793 ***Reconstitution***

794 Aredia is reconstituted by adding 10 mL of Sterile Water for Injection, USP, to each vial,  
795 resulting in a solution of 30 mg/10 mL or 90 mg/10 mL. The pH of the reconstituted solution  
796 is 6.0 - 7.4. The drug should be completely dissolved before the solution is withdrawn.

### 797 ***Method of Administration***

798 **DUE TO THE RISK OF CLINICALLY SIGNIFICANT DETERIORATION IN**  
799 **RENAL FUNCTION, WHICH MAY PROGRESS TO RENAL FAILURE, SINGLE**  
800 **DOSES OF AREDIA SHOULD NOT EXCEED 90 MG. (SEE WARNINGS.)**

801 There must be strict adherence to the intravenous administration recommendations for  
802 Aredia in order to decrease the risk of deterioration in renal function.

### 803 ***Hypercalcemia of Malignancy***

804 The daily dose must be administered as an intravenous infusion over at least 2 to 24 hours for  
805 the 60-mg and 90-mg doses. The recommended dose should be diluted in 1000 mL of sterile  
806 0.45% or 0.9% Sodium Chloride, USP, or 5% Dextrose Injection, USP. This infusion solution  
807 is stable for up to 24 hours at room temperature.

808 **Paget's Disease**

809 The recommended daily dose of 30 mg should be diluted in 500 mL of sterile 0.45% or 0.9%  
810 Sodium Chloride, USP, or 5% Dextrose Injection, USP, and administered over a 4-hour  
811 period for 3 consecutive days.

812 **Osteolytic Bone Metastases of Breast Cancer**

813 The recommended dose of 90 mg should be diluted in 250 mL of sterile 0.45% or 0.9%  
814 Sodium Chloride, USP, or 5% Dextrose Injection, USP, and administered over a 2-hour  
815 period every 3-4 weeks.

816 **Osteolytic Bone Lesions of Multiple Myeloma**

817 The recommended dose of 90 mg should be diluted in 500 mL of sterile 0.45% or 0.9%  
818 Sodium Chloride, USP, or 5% Dextrose Injection, USP, and administered over a 4-hour  
819 period on a monthly basis.

820 **Aredia must not be mixed with calcium-containing infusion solutions, such as**  
821 **Ringer's solution, and should be given in a single intravenous solution and line separate**  
822 **from all other drugs.**

823 **Note: Parenteral drug products should be inspected visually for particulate matter and**  
824 **discoloration prior to administration, whenever solution and container permit.**

825 Aredia reconstituted with Sterile Water for Injection may be stored under refrigeration  
826 at 2°C-8°C (36°F-46°F) for up to 24 hours.

827 **HOW SUPPLIED**

828 *Vials* -30 mg - each contains 30 mg of sterile, lyophilized pamidronate disodium and  
829 470 mg of mannitol, USP.

830 Carton of 4 vials..... NDC 0083-2601-04

831 *Vials* -90 mg - each contains 90 mg of sterile, lyophilized pamidronate disodium and  
832 375 mg of mannitol, USP.

833 Carton of 1 vial ..... NDC 0083-2609-01

834 Do not store above 30°C (86°F).

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