



A MINUTE OF HEALTH WITH CDC

De-Bugging Safely

Illnesses and Injuries Related to Total Release Foggers — Eight States, 2001–2006

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This program is presented by the Centers for Disease Control and Prevention. CDC — safer, healthier people.

If you've got a problem with roaches, ants, or other household pests, beware. Sometimes the solution can be worse than the problem. One of the most popular do-it-yourself methods of getting rid of bugs is using total release foggers, commonly known as bug bombs. But improper use of foggers can cause more problems than the bugs. Overuse of the pesticide, failure to vacate the premises, and re-entry to a home too soon after use can lead to serious health problems. Before releasing a bug bomb, make sure you read the label and follow the instructions exactly. Better yet, let a trained professional do the job.

Thank you for joining us on *A Minute of Health with CDC*.

For the most accurate health information, visit www.cdc.gov or call 1-800-CDC-INFO, 24/7.