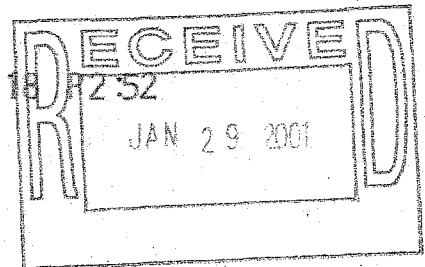


HERBALIST
&
ALCHEMIST



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January 10, 2001

Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street SW
Washington, DC 20204

Dear Food and Drug Administration,

Herbalist & Alchemist, Inc., manufacturer, located at 51 South Wandling Ave., Washington, NJ 07882 is marketing the following product:

Self Heal extract

bearing a structure/function claim of: Promotes Healthy Lymphatic Function

We have substantiation to support this claim.

Sincerely,

William Hoover

97S 0162 LET 7900

51 South Wandling Ave. Washington, NJ 07882

74227

tel. (908) 689-9020
fax. (908) 689-9071
www.herbalist-chemist.com