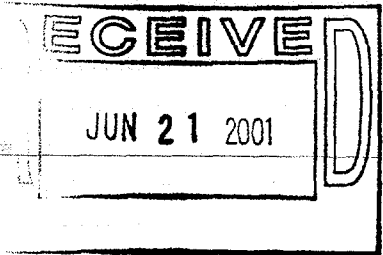




Eniva Corporation
PO Box 49755
Minneapolis, MN 55449



June 8, 2001

Office of Special Nutritionals (HFS-450)
Center for Food Safety & Applied Nutrition
Food and Drug Administration
200 C Street SW
Washington, D.C. 20204

Dear Sir or Madam:

This letter will serve as 30-day notification, pursuant to section 403 (r)(6) of the Federal Food, Drug & Cosmetic Act and regulations promulgated thereunder.

Name and address of Dietary Supplement Manufacturer:

Eniva Corporation
PO Box 49755
Minneapolis, MN 55449

Text of statement being made: Eniva's Body Essentials is a specialized mineral blend to help promote optimal vitality and general well being. Body Essentials utilizes Eniva's proprietary Solutomic technology to provide superior mineral nutrition for maximum effectiveness.

Dietary supplement ingredient: Magnesium, Zinc, Selenium, Manganese, Germanium, Sulfur, Water, Potassium

Dietary supplement brand and name: Minerals for Life, Body Essentials AM

As required, enclosed are two photocopies of this notification.

The signee certifies that the information contained in this notice is complete and accurate, and that Twin Laboratories, Inc., has substantiation that the statement is truthful and not misleading.

Sincerely,

Andrew J. Baechler
President
Eniva

ajb:as

Enclosures

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Eniva's Body Essentials™ is a specialized mineral blend to help promote optimal vitality and general well-being.* Body Essentials utilizes Eniva's proprietary Solutomic™ technology to provide superior mineral nutrition for maximum effectiveness.*

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Minerals for Life™ Body Essentials Morning is a dietary supplement of mineral Germanium, Magnesium, Manganese, Selenium, Sulfur, and Zinc in an aqueous solution. Its molecular advanced proprietary delivery system was developed by Minerals for Life, a division of Eniva Corporation.

Solutomic™ is defined as water-soluble, mono-atomic mineral ions.

As a dietary supplement:
Serving Sizes:

Adults: 2 Tablespoons taken in the morning
Children: 1 Tablespoon taken in the morning

Do not use if tamper evident seal is either broken or missing.

KEEP OUT OF REACH OF CHILDREN.


minerals for life™

Body Essentials™



morning
dietary
supplement

Solutomic™
Bio-Available
Minerals

32 FL OZ (1 QT)
or (946 ml)

ENIVA™

Supplement Facts

Amount Per Serving	1 Tablespoon		2 Tablespoons	
	Servings/Container		Servings/Container	
	64		32	
	% Daily Value for Children Under 4 Years of Age		% Daily Value for Adults and Children 4 or more Years of Age	
Magnesium	2.8 mg	1%	5.6 mg	1%
Zinc	405 mcg	5%	810 mcg	5%
Selenium	55 mcg	†	110 mcg	160%
Manganese	325 mcg	†	650 mcg	33%
Proprietary blend	1.0 mg		2.1 mg	
Germanium	†		†	
Sulfur	†		†	

† Daily Value not established.

Other Ingredients: Purified Water, Potassium.

Eniva Corporation • Blaine, MN 55449

Solutomic™/ Bio-Available Properties

Due to the instant bio-available properties of this Solutomic™ product, maximum absorption is achieved.

It is recommended that before starting any new mineral or supplementation program, you first consult your health care professional. Recommended: Best if taken in conjunction with a comprehensive nutritional supplement regimen. No preservatives, artificial colors, flavors, or additives are used.

EXP. 02 03

www.eniva.com