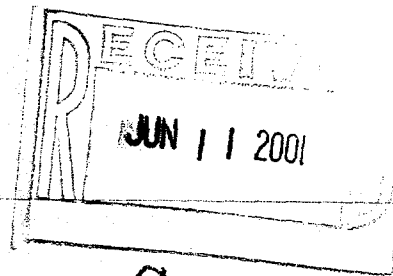




June 5, 2001



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Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street, S.W.
Washington, D.C. 20204

**NOTIFICATION OF STATEMENTS
OF NUTRITIONAL SUPPORT**

This notification is filed pursuant to section 403 (r)(6) for the Federal Food, Drug, and Cosmetic Act (FDC Act), 21 U.S.C. § 343(r)(6):

Name of dietary supplement: Metabolic Makeover
Dietary ingredients: Biotin, Carnitine, Chromium, Magnesium, Green Tea and *Garcinia cambogia*

Statements of nutritional support:

- Balance body composition
- Boost energy level and metabolism
- Chromium is an essential trace mineral needed for normal fat and carbohydrate metabolism. Chromax® chromium picolinate has been patented for helping to preserve lean body mass while losing fat.
- Carnitine helps transport fat into cells where it can be metabolized into energy.
- Biotin can be used by the body to help metabolize carbohydrates into energy.
- Magnesium is involved in over 300 metabolic reactions, playing a vital role in energy production.
- Green tea contains protective antioxidants and naturally occurring caffeine, which can help increase energy.

I certify that the information contained in this notice is complete and accurate, and that we have substantiation that the statements are truthful and not misleading.

By Victoria M. Malia
Victoria M. Malia
Associate General Counsel

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Nutrition 21, Inc.