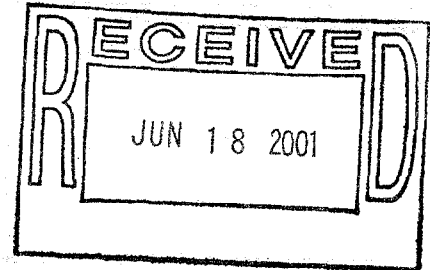


May 31, 2001



Office of Nutritional Products
Labeling and Dietary Supplements (HFS-810)
Center for Food Safety & Applied Nutrition
Food and Drug Administration
200 C Street SW
Washington, D.C. 20204

Dear Sir or Madam:

This letter will serve as a 30-day notification, pursuant to 403 (r)(6) of the Federal Food, Drug & Cosmetic Act and regulations promulgated thereunder.

Name and address of Product Manufacturer: Twin Laboratories, Inc.
150 Motor Parkway
Hauppauge, NY 11788

Nutritional support claim being made: CREATINE FUEL COCKTAIL...Advanced creatine transport formula...energy producing substance for enhanced performance. ...Taken after high intensity weight training exercise can speed recovery, enhance muscle cell hydration that, preliminary studies suggest, may be favorable to protein synthesis and muscle growth.

Dietary supplement ingredients: Creatine, Complex Carbohydrate, L-Glutamine, Potassium, Ascorbic Acid, Magnesium, Vitamin E, .

Product brand and name: Twinlab CREATINE FUEL COCKTAIL

As required, enclosed are two photocopies of this notification.

The signee certifies that the information contained in this notice is complete and accurate, and that Twin Laboratories, Inc., has substantiation that the statement is truthful and not misleading.

Sincerely,

A handwritten signature in cursive script, appearing to read "Neil Blechman".

Neil Blechman
Executive Vice President
Twin Laboratories Inc.

Enclosures

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