

GENERAL VITAMIN CORP

PO Box 1500 Chapel Hill NC 27516
919-929-5785 fax 919-929-2458

February 20, 2001

CERTIFIED MAIL
Return Receipt Requested

FEB 23 2001

Office of Special Nutritionals
H FS-450
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street, SW
Washington, D.C. 20204

To Whom it May Concern,

This letter is submitted pursuant to Section 406 (r)(6) of the Federal Food, Drug, and Cosmetic Act for the purpose of notifying the agency of statements being made in connection with the marketing of dietary supplements being distributed by this company.

The product name and the dietary ingredients for which, the statement is being made is as follows:

Super Vit-A-Boost	Vitamin A	200001 u
	Beta Carotene	15000IU
	Retinyl Palmitate	5000IU
	Vitamin C with Rose Hips (ascorbic acid)	250mg
	Vitamin D-3	400IU
	Vitamin E (d-alpha Tocopheryl succinate)	100IU
	Vitamin B-1 (thiamine HCL)	100mg
	Vitamin B-2 (riboflavin)	100mg
	Niacinamide	100mg
	Vitamin B-6 (pyridoxine HCL)	100mg
	Folic Acid	400mcg
	Vitamin B-1 2	1 00mcg
	d-Biotin	1 00mcg
	Pantothenic Acid (d-calcium Patothenate)	1 00mg
	Calcium (carbonate)	80mg
	Iron (sulfate)	15mg
	Iodine (kelp)	150mcg

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Magnesium (oxide)	40mg
Zinc (oxide)	20mg
Selenium (amino acid Chelate)	50mcg
Manganese (carbonate)	7mg
Chromium (amino acid Chelate)	200mcg
Potassium (carbonate)	15mg
Inulin	200mg
Lycopenes (from tomato)	500mcg
Lutein (from marigold Extract)	500mcg
Beta Glucan 1/3-beta, 1/6 glucan (insoluble form- from cell walls of Saccharomyces cerevisiae)	2.5mg
Kelp	150mg
Inositol	50mg
Choline (bitartrate)	25mg
Rutin	30mg
PABA (para aminobenzoic Acid)	50mg
Citrus Bioflavonoid complex	30mg
Betaine (HCL)	23mg
Hesperidin (citrus Bioflavonoid complex)	5mg

Other Ingredients: Oregano, Cloves, Cinnamon, Garlic, Grapeskin Extract, Tumeric Extract, Protein Hydrolysate, Alfalfa, Watercress, Parsley, Goldenseal, Damiana, Hawthorne Berry, Rice Bran, Lecithin, Natural Vanilla Flavor, Colloidal Silica, Modified Cellulose Gum, Magnesium Silicate, Cholesterol Free magnesium Stearate and Stearic Acid.
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The text of the statements that are being made in regards to the above stated product are listed below:

- Super nutrition made easy
- gives you more to support healthy immune function-and that's important for overall health and well-being
- which acts to support healthy beneficial bacteria in the gastrointestinal tract
- beta-l, 3D glucan in each tablet, another important nutrient for immune function
- also an herbal blend for a healthy gut

Sincerely,

GENERAL VITAMIN CORP.

A handwritten signature in cursive script that reads "Megan Joslin". The signature is written in black ink and is positioned above the printed name.

Megan Joslin
Product Development Coordinator