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GENERAL VITAMIN CORP

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February 20, 2001

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CERTIFIED MAIL
Return Receipt Requested

Office of Special Nutritionals
HFS-450
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street, SW
Washington, D.C. 20204

To Whom it May Concern,

This letter is submitted pursuant to Section 406 (r)(6) of the Federal Food, Drug, and Cosmetic Act for the purpose of notifying the agency of statements being made in connection with the marketing of dietary supplements being distributed by this company.

The product name and the dietary ingredients for which the statement is being made is as follows:

Vitamin C with Rose Hips & Timed Release	VitaminC (as ascorbic acid And rose hips) (Rosa canina) (fruit) Other ingredients: Hydroxypropyl methylcellulose, whey, stearic acid, magnesium stearate, silicon dioxide, pharmaceutical glaze	1 000mg
Vitamin C with Rose Hips & timed Release	Vitamin C (as ascorbic acid and rose hips (rosa canina) (fruit) Calcium (as dicalcium phosphate) Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, stearic acid, magnesium stearate, silicon dioxide, pharmaceutical glaze	1500mg 33mg
Goldenseal	Goldenseal (root) Other ingredients: Gelatin, magnesium stearate.	1 000mg
Nail Formula	Calcium (as calcium carbonate) Gelatin Other ingredients: Magnesium stearate	55mg 1950mg

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The text of the statements that are being made in regards to the above stated product are listed below:

Vitamin C with Rose Hips and Timed Release

-High potency

-Almost all activity in our body is somehow connected to Vitamin C

Goldenseal

-can help support the immune system and soothe the digestive tract

Nail Formula

-Stronger nails

-nourishing your nails can be simple

Sincerely,

GENERAL VITAMIN CORP.

A handwritten signature in cursive script that reads "megan joslin".

Megan Joslin

Product Development Coordinator