

# Amerifit<sup>TM</sup> NUTRITION

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February 14, 2001

Office of Special Nutritionals (HFS-450)  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
200 c St. SW  
Washington DC 20204

Re: Notification of DSHEA nutritional support claim for AmeriFIT Flex Able Maximum Strength Dietary Supplement

Dear Sir or Madam:

The purpose of this letter is to provide notification pursuant to section 403 (r)(6) of the Federal Food, Drug, and Cosmetic Act ("the Act") and 7 C.F.R. § 101.93 that AmeriFIT, Inc., is marketing a dietary supplement that bears a statement of nutritional support as defined in section 403 (r)(6) of the Act.

The labeling for Flex Able Maximum Strength bears the following statements:

"Flex Able"

"Actively help support joint flexibility . . ."

". . . to help support healthy, flexible joints and reduce minor joint discomfort brought on by aging or exercise"

". . . is a strong glucosamine supplement for joint health"

"(Glucosamine is) a natural substance noted to play a role in the health and resiliency of joints. It helps build cartilage to maintain range of motion and joint flexibility?"

"Chondroitin Sulfate: A vital, natural compound that helps keep your joints lubricated"

"Glucosamine . . . plays an important role in the health and resiliency of joints and cartilage . . ."

". . . can help support normal joint tissue functioning"

"Chondroitin is a vital compound in connective tissue that is partly responsible for building and supporting the basic substance of cartilage . . . helps attract and hold water, which aids in keeping your joint membranes fluidized . . . (and can) assist(s) with joint mobility and range of motion . . ."

AmeriFIT, Inc. has on file substantiation that the above statements are truthful and not misleading. To the best of my knowledge, the information contained in this notice is complete and accurate.

Sincerely,



Craig Larsen  
Director of Product Integrity

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