

# Amerifit NUTRITION™

3528

'01

MAR 16 A7:09  
FEB 21 2001

February 14, 2001

Office of Special Nutritionals (HFS-450)  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
200 c st. SW  
Washington DC 20204

Re: Notification of DSHEA nutritional support claim for AmeriFIT Flex Able Advanced Formula with Cm-cumin Dietary Sunnlement

Dear Sir or Madam:

The purpose of this letter is to provide notification pursuant to section 403 (r)(6) of the Federal Food, Drug, and Cosmetic Act ("the Act") and 7 C.F.R. § 101.93 that AmeriFIT, Inc., is marketing a dietary supplement that bears a statement of nutritional support as defined in section 403 (r)(6) of the Act.

The labeling for Flex Able Advanced Formula with Cut-cumin bears the following statements:

"Flex Able"

"A natural substance which helps build joint cartilage to maintain range of motion and joint flexibility"

"A natural compound which helps the body produce collagen. . . (and is) important for the integrity and resiliency of connective tissue, helping support and strengthen joints"

"Aids your body's natural ability to inhibit the buildups that lead to joint stiffness and inflexibility, And, it's an excellent antioxidant, protecting cells in your joints from unwanted free radicals"

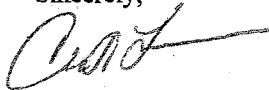
"Glucosamine . . . plays an important role in the health and resiliency of joints and cartilage . . ."

". . . can help support normal joint tissue functioning"

"MSM is a valuable compound which aids in the production of collagen . . . is a key contributor to the integrity and resiliency of connective tissue and is a marker of joint health"

AmeriFIT, Inc. has on file substantiation that the above statements are truthful and not misleading. To the best of my knowledge, the information contained in this notice is complete and accurate.

Sincerely,



Craig Larsen  
Director of Product Integrity

975 0162

LET 7309

74696