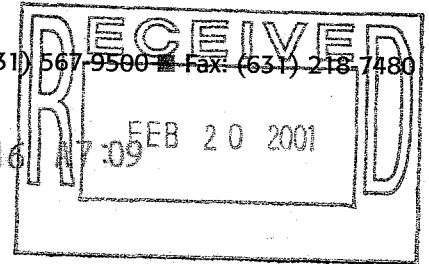




90 Orville Drive, Bohemia, NY 11716-2510 ■ Phone: (631) 567-9500 ■ Fax: (631) 218-7480



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February 14, 2001

Office of Special Nutritionals  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
200 C Street, SW (HFS-450)  
Washington, D.C. 20204

Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our High Lignan Flax Oil supplement under one or more of the following brand names: American Health, Body Fortress, Good 'N Natural, Health's Finest, HealthWatchers, Heartland, Home Health, Hudson, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, Precision Engineered, Puritan's Pride, US Nutrition, Vitamin World:

- Flaxseed oil is an important source of Alpha-Linolenic Acid (Omega-3) and Linoleic Acid (Omega-6), two essential fatty acids that cannot be made by the body and must be obtained from diet.
- High Lignan Flaxseed Oil is a source of lignans – phytochemicals, which play a part in the well being of the body.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Ona Scandurra, MS, RD  
Director of Nutrition Communications

OS/je

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