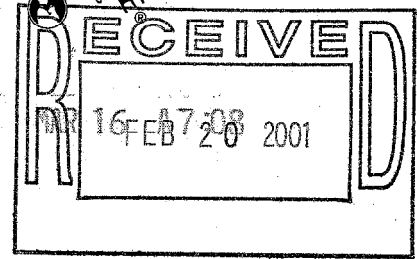




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Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street, SW
Washington, D.C. 20204

February 7, 2001

This letter serves as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 (DSHEA), that Country Life@ is using the following statement on the label of L-Histidine Tablets (dietary ingredients: vitamin B-6, calcium, L-Histidine). This statement is accompanied by the required disclaimer. To the best of my knowledge, the information contained in this notice is complete and accurate.

B-6 aids in the utilization of Histidine.

Sincerely,

Morag Thorsen
Regulatory Affairs Manager B.A., M.A.L.S.

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