

Public Health Service

Food and Drug Administration Washington, DC 20204

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DEC 27 200

Mr. David Stewart Label Regulations Young Living Essential Oils 250 So. Main Street Payson, Utah 84651

Dear Mr. Stewart:

This is in response to your letter of November 29, 2000 to the Food and Drug Administration (FDA) pursuant to 21 U.S.C. 343(r)(6) (section 403(r)(6) of the Federal Food, Drug, and Cosmetic Act (the Act)). Your submission states that Young Living Essential Oils is making the following claims, among others, for the following products:

### Coriander

"...for its effects in lowering glucose and insulin levels ... "

Dill

"...for its supportive effects on glucose levels..."

Helichrysum

... improving skin conditions..."

**Myrtle** 

"...help with chronic coughs and respiratory tract ailments"

## Pepper, Black

"... for soothing deep tissue muscle aches and pains."

Nutmeg

"...benefit circulation and muscle aches and pains"

21 U.S.C. 343(r)(6) makes clear that a statement included in labeling under the authority of that section may not claim to diagnose, mitigate, treat, cure, or prevent a specific disease or class of diseases. The statements that you are making for these products suggest that they are intended to treat, prevent, cure or mitigate diseases. These claims do not meet the requirements of 21 U.S.C. 343(r)(6). These claims suggest that these products are intended for use as drugs within the meaning of 21 U.S.C. 321(g)(1)(B), and that they are subject to regulation under the drug provisions of the Act. If you intend to make claims of this nature, you should contact FDA's Center for Drug Evaluation and Research (CDER), Office of Compliance, HFD-310, 7520 Standish Place, Rockville, Maryland 20855.

975-0163

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# Page 2 - Mr. David Stewart

Please contact us if we may be of further assistance.

Sincerely,

John B. Foret Director Division of Compliance and Enforcement Office of Nutritional Products, Labeling and Dietary Supplements Center for Food Safety and Applied Nutrition

Copies:

FDA, Center for Drug Evaluation and Research, Office of Compliance, HFD-300 FDA, Office of the Associate Commissioner for Regulatory Affairs, Office of Enforcement, HFC-200

FDA, Denver District Office, Office of Compliance, HFR-SW240

cc:

HFA-224 (w/incoming) HFA-305 (docket 97S-0163) HFS-22 (CCO) HFS-800 (r/f, file) HFS-810 HFS-811 (file) HFD-310 HFD-314 (Aronson) HFS-605 HFV-228 (Benz) GCF-1 (Dorsey, Nickerson) f/t:HFS-811:rjm:12/15/00:docname:73614.adv:disc53 - November 29, 2000

Office of Special Nutritionals (HFS-450) Center for Food Safety and Applied Nutrition U.S. Food and Drug Administration 200 C. Street S.W. Washington, D.C. 20204

#### Re: Notification for Statements on Dietary Supplement Labeling

Dear Sir/Madam:

This notification is being submitted on behalf of Young Living Essential Oils, Payson, Utah, a distributor of dietary supplement products (hereafter "Young Living").

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Pursuant to the requirements of Section 6 of the Dietary Supplement Health and Education Act of 1994, 21 U.S.C. § 343 (r) (6), and in accordance with the authorized provisions of 21 CFR § 101.93 (a), your Agency is hereby notified that Young Living proposes to make and/or has made statements of "nutritional support", as described in 21 U.S.C. § 343 (r) (6) (A), for its dietary supplements as follows:

| Product Name                      | Statement(s)  |
|-----------------------------------|---|
| Cistus (Cistus ladanifer)         | Has been studied for its effects on the regeneration of cells   |
| Coriander (Coriandrum sativum)    | Has been researched at Cairo University for its effects in<br>lowering glucose and insulin levels and supporting pancreatic<br>function                                 |
| Dill (Anethum graveolens)         | Has been researched at Cairo University for its supportive effects on glucose levels and pancreatic function  |
| Di-Tone                           | Aids digestion  |
| EndoFlex                          | May help overall vitality. May improve and balance metabolism. Associated with weight loss.   |
| Femalin                           | An herbal and oil tincture formulated to support the female reproductive system.  |
| FemiGen                           | An herbal complex with amino acids that supports the female<br>reproductive system and maintain body balance from<br>developmental years all the way through menopause. |
| Frankincense (Boswellia carteri)  | Supports the immune system  |
| Galbanum (Ferula gummosa)         | It is recognized for its antiseptic and body-supporting properties.   |
| Geranium (Pelargonium graveolens) | Its strength lies in the ability to revitalize tissue.  |
| Goldenrod (Solidago canadensis)   | Supports the circulatory system, urinary tract, and liver function  |
|                                   |   |



Product Name Helichrysum (Helichrysum italicum)

Juniper (Juniperus osteosperma and/or J. scopulorum)

JuvaFlex

Ledum (Ledum groenlandicum)

Lemon (Citrus limon)

Lemongrass (Cymbopogon flexuosus)

Marjoram (Origanum marjorana)

Mountain Savory (Satureja montana)

Myrtle (Myrtus communis)

Nutmeg (Myristica fragrans)

Patchouly (Pogostemon cablin)

Pepper, Black (Piper nigrum) Peppermint (Mentha piperita)

Petigrain (Citrus aurantium)

Radex

#### Statement(s)

Has been studied in Europe for regenerating tissue and improving skin conditions, nerves, and circulation.

Supports proper nerve function

A combination of essential oils that have been studied for their effect on the liver and digestion.

Stimulates the nerves

Has been studied for its effect on immune function

Used for purification and digestion

Used for soothing the muscles and the respiratory system

Used historically as a general tonic for the body

Has been research by Dr. Daniel Penoel for its effects on hormonal imbalances of the thyroid and ovaries. It has also beed researched for its soothing effects on the respiratory system. Myrtle may help with chronic coughs and respiratory tract ailments.

Helps support the adrenal glands for increased energy. Historically been used to benefit circulation and muscle aches, and pains. Helps to support the nervous system and may assist in overcoming nervous fatigue.

It is a general tonic that supports the digestive system. Beneficial for the skin and may help reduce wrinkled or chapped skin.

Has been used for soothing deep tissue muscle aches and pains

One of the oldest and most highly regarded herbs for soothing digestion. Jean Valnet, M.D., studied peppermint's effect on the liver and respiratory systems.

Antiseptic and re-establishes nerve equilibrium

An antioxidant that helps reduce the buildup of free radicals from air pollution and radiation while detoxifying, cleansing,and building the systems of the body.

250 So. Main Street • Payson, Utah 84651 USA • (801) 465-5400 • (801) 465-5424



#### Statement(s)

<u>Product Name</u> Rosemary verbenon (Rosmarinus officinalis CT verbenon)

Has been used by Dr. Penoel and Dr. Franchomme for supporting respiration and reducing stress and frustration

Sage (Salvia officinalis)

Sandalwood (Santalum album)

Spearmint (Mentha spicata)

Spruce (Picea mariana)

Super B

Super C

ThermaBurn

ThermaMist

Ultra Young

Ultra Young +

Wolfberry Bar

supporting respiration and reducing stress and frustration

It has been recognized for its benefits of strengthening the vital centers and supporting metabolism. May nutritionally support the body during the childbearing years and menopause.

Supports normal nerve function and circulation

Helps support the respiratory and nervous system

Helps support the respiratory and nervous systems

A powerful antioxidant that supports normal immune function, metabolism, energy, and overall health

A powerful antioxidant and vitamin C supplement that enhances the effectiveness and absorption of vitamin C.

A powerful modern and traditional herbal formula for enhanced carbohydrate burning. Helps to curb appetite and may help combat fatigue for enhanced weight management. Helps raise metabolism. Boosts energy.

Supports normal immune function and carbohydrate burning

Supports healthy pituitary function and growth hormone release

Supports growth hormone production in the body

A protein bar rich in the essential amino acids and minerals for building muscle and supporting normal immunity.

The undersigned certifies on behalf of Young Living Essential Oils that the information presented and contained in this correspondence is complete and accurate.

Sincerely yours,

Bil Arm

David Stewart, Label Regulations YOUNG LIVING ESSENTIAL OILS

250 So. Main Street • Payson, Utah 84651 USA • (801) 465-5400 • (801) 465-5424