



Eniva Corporation
PO Box 49755
Minneapolis, MN 55449

RECEIVED
8050 MAY 29 2001
BY:

May 23, 2001

Office of Special Nutritionals (HFS-450)
Center for Food Safety & Applied Nutrition
Food and Drug Administration
200 C Street SW
Washington, D.C. 20204

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Dear Sir or Madam:

This letter will serve as 30-day notification, pursuant to section 403 (r)(6) of the Federal Food, Drug & Cosmetic Act and regulations promulgated thereunder.

Name and address of Dietary Supplement Manufacturer:

Eniva Corporation
PO Box 49755
Minneapolis, MN 55449


Text of statement being made: Vitamins for Life B Complex is a dietary supplement of B vitamins in an aqueous solution. Its molecular advanced proprietary delivery system was developed by Vitamins for Life, a division of Eniva Corporation.

Dietary supplement ingredient: Thiamin (Vitamin B1), Riboflavin (Vitamin B2), Niacin, Vitamin B6, Folic Acid (Folate), Vitamin B12, Biotin, Pantothenic Acid, Water

Dietary supplement brand and name: Eniva Vitamins for Life B-Complex

As required, enclosed are two photocopies of this notification.

The signee certifies that the information contained in this notice is complete and accurate, and that Twin Laboratories, Inc., has substantiation that the statement is truthful and not misleading.

Sincerely,

Andrew J. Baechler
President
Eniva

ajb:ls

Encl: 2

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Vitamins for Life™ B-Complex™ is a dietary supplement of B vitamins in an aqueous solution. Its molecular advanced proprietary delivery system was developed by Vitamins for Life, a division of Eniva Corporation.

The B vitamins work synergistically to have maximum beneficial effect on the body. Acting together, they can energize the body for optimal health.*

Women who consume healthful diets with adequate folate [folic acid] may reduce their risk of having a child with birth defects of the brain or spinal cord. Folate intake should not exceed 1,000 mcg daily.

*** This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

As a dietary supplement - Serving Sizes:

Adults: 1 teaspoon - 3 times daily
Children: 1 teaspoon - 2 times daily

It is recommended that before starting any new mineral or supplementation program, you first consult your health care professional.

Do not use if tamper evident seal is either broken or missing.

**SHAKE WELL
BEFORE USING.
REFRIGERATE
AFTER
OPENING.**

www.eniva.com



b
b-complex
dietary supplement

Liquid Bio-Available Vitamins™

16 FL OZ (1PT) (473 ML)

ENIVA™

Supplement Facts

Serving Size: 1 teaspoon
Servings/Container: 96

Amount Per Serving	% Daily Value for Children Under 4 Years of Age	% Daily Value for Adults and Children 4 or more Years of Age
Thiamin (Vitamin B1) 0.7 mg	100%	47%
Riboflavin (Vitamin B2) 0.9 mg	113%	53%
Niacin 9.5 mg	105%	48%
Vitamin B6 1.2 mg	171%	60%
Folic Acid (Folate) 176.5 mcg	89%	44%
Vitamin B12 3.5 mcg	117%	58%
Biotin 93.5 mcg	63%	31%
Pantothenic Acid 6.5 mg	134%	65%
Inositol 8.5 mg	†	†

† Daily Value not established.

Ingredients: Purified Water, Riboflavin, Niacin, D-Biotin, Folic Acid, D-Pantothenic Acid, Thiamin Hydrochloride, Cyanocobalamin, Pyridoxine Hydrochloride, Inositol, Ascorbic Acid, Sorbic Acid, Sodium Benzoate.

Eniva Corporation • Minneapolis, MN 55449