

GENERAL VITAMIN CORP

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April 10, 2001

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CERTIFIED MAIL
Return Receipt Requested

Office of Nutritional Products, Labeling and Dietary Supplements
HFS-810
Center for Food Safety and Applied Nutrition
Food and Drug Administration,
200 C Street, SW
Washington, D.C. 20204

To Whom it May Concern,

This letter is submitted pursuant to Section 406 (r)(6) of the Federal Food, Drug, and Cosmetic Act for the purpose of notifying the agency of statements being made in connection with the marketing of dietary supplements being distributed by this company.

The product name and the dietary ingredients for which the statement is being made is as follows:

Superior Athlete's Formula

Vitamin A (as vitamin A acetate)	5000 IU
Vitamin C (as ascorbic acid)	90mg
Vitamin D (as cholecalciferol)	400 IU
Vitamin E (as dl-alpha tocopheryl Acetate)	30 IU
Thiamin (vitamin B1) (as thiamin Hydrochloride)	2.25mg
Riboflavin (vitamin B2)	2.6mg
Niacin (as niacinamide)	20mg
Vitamin B6 (as pyridoxine Hydrochloride)	3mg
Folate (as folic acid)	400mcg
Vitamin B12 (as cyanocobalamin)	9mcg
Biotin	45mcg
Pantothenic acid (as d-calcium Pantothenate)	10mg
Calcium (as dicalcium phosphate)	162mg
Iron (as ferrous fumarate)	27mg
Phosphorus (as dicalcium phosphate)	125mg

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Iodine (as potassium iodide)	150mcg
Magnesium (as magnesium oxide)	100mg
Zinc (as zinc sulfate)	22.5mg
Selenium (as selenium yeast)	15mcg
Copper (as copper sulfate)	3mg
Manganese (as manganese Carbonate)	7.5mg
Molybdenum (as molybdenum Chelate)	3mcg
Potassium (as potassium chloride & potassium iodide)	7.7mg

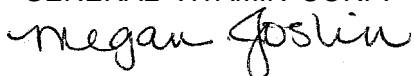
Other ingredients: Stearic acid, croscarmellose sodium, magnesium stearate, silicon dioxide, chromium chelate

The text of the statements that are being made in regards to the above stated product are listed below:

- Formulated for intense physical activity
- nutritional support

Sincerely,

GENERAL VITAMIN CORP.



Megan Joslin
Product Development Coordinator