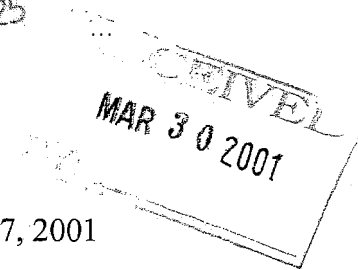




90 Orville Drive, Bohemia, NY 11716-2510 ■ Phone: (631) 567-9500 ■ Fax: (631) 218-7480

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March 27, 2001

Office of Special Nutritionals
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street, SW (HFS-450)
Washington, D.C. 20204

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Dear Sir or Madam:

This letter will serve as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Iron supplements under one or more of the following brand names: American Health, Body Fortress, Good 'N Natural, Health's -Finest, Heartland, HealthWatchers, Herbal Authority, Herbal Harvest, Herbal Sure, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, Precision Engineered, Puritan's Pride, Select Herbal, US Nutrition, Vitamin City and Vitamin World:

- Every living cell contains iron.
- Iron is a necessary component of hemoglobin, the oxygen carrier in the blood.
- Iron is important for energy utilization.
- The amount of iron in the body is affected by many factors including physical attributes, food restriction, even exercise.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Ona Scandurra, MS, RD
Director of Nutrition Communications

OS/lt

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