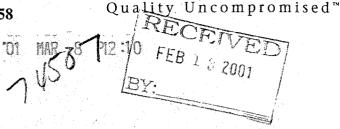
February 12, 2001



LET 7050

VIA UPS OVERNIGHT 1Z29EW582310003058

Office of Special Nutritionals, HFS-450 3 6 3 Center for Food Safety and Applied Nutrition Food and Drug Administration 200 C Street SW. Washington, District of Columbia 20204



Re: 21 U.S.C. Section 343 (r) (6), Notification of Statements on Dietary Supplements

Dear Sir or Madam:

Fax: 818.739.600

www.natrol.com

0162

On behalf of Prolab Nutrition, Inc. a wholly owned subsidiary of Natrol, Inc., I hereby notify the Food and Drug Administration of the use of statements of nutritional support for the following dietary supplement products:

1	Amino GELCAP	Helps support training recuperation, lean mass and strength.
2.	Androbolic	Assists to promote and balance the effects of testosterone in the body.
3.	CarbPRO	It's a performance and recovery formula that helps deliver energy to athletes during those intense workouts.
4.	Chromium Edge	Is an essential mineral cofactor involved in key metabolic processes.
5.	CLA	Improves nutrient usage, promote muscle tone and reduce fat.
6.	Colostrum	Helps the immune support formula.
	L-Arginine Pyroglutamate	L-Arginine Pyroglutamate and L-lysine, is a combination of amino acids key to the support of circulating growth hormones in the body.
8.	NitroGEN	Helps support post-training recovery. Promotes muscle tissue regeneration; promotes glycogen regeneration; replenishes electrolytes; and maximizes recovery.
9.	Peptide Plus	Is a fat fighting product. Chitosan may block the absorption of fat.
10.	Phosphocreatine Power	May help improve the mass development process, boost isometric workout power and help increase endurance. Provides phosphate groups together with creatine, which has been shown to increase the levels of intramuscular Phosphocreatine.
11.	Pro-Paks	Vitamins and minerals are a vital part of protein utilization and energy metabolism. Pro-Paks contain key nutrients to help convert stored energy into viable fuel, and branched chain amino acids to feed working muscles.
12.	Protein Shake	Soy protein and isoflavones have been shown to have several healthful benefits including maintaining strong bones and a healthy cardiovascular system.
21411 Prairie St. Chatsworth, CA		To support lean body mass, maintain cardiovascular health, manage hot flashes and promote strong bones.

Office of Special Nutritionals, HFS-450 Center for Food Safety and Applied Nutrition Food and Drug Administration February 12, 2001 Page 2 of 2.



Quality Uncompromised ®

14.	Pure WHEY	Nitrogen-boosting powder. Pure Whey helps support the protein needs of heavy athletic training and helps maintain positive nitrogen balance (PNB). PNB is the perfect environment for muscle growth, recuperation and repair
15.	Solutions Awesome Meal Replacement Powder	Optimizes metabolism while improving exercise performance. A before workout source of energy or an after-workout source of repletion.
16.	Solutions Awesome Soy Protein Bar	Helps support consistent energy levels throughout the day. a nutritional soy protein bar with 8g of soy protein, 18g carbs and 3.5g fat to help support the nutritional needs of female athletes and fitness enthusiasts. A form of protein that provides essential and nonessential amino acids.
17.	THERMO ACTIVES	Formulated to create a thermogenic response, which in turn raises energy levels and speeds up metabolism.
18.	THERMOGENIC CUTS III	Fat metabolism formula, to help in the burning of fat; help activate brown fat to stimulate calorie expenditure.
19.	Training Paks	To support intense training programs. B-Vitamins such as calcium and magnesium to help maintain strong bones. This Training Pak formula also contains Vitamin E, C and selenium, which have been found to help neutralize oxidative free radicals caused by intense training.
20.	Whey Amino	To promote protein accretion and muscle growth.
21.	Whey	To help maximize the hard earned lean mass. Glutamine is a key amino acid that promotes a healthy immune system.

To the best of my knowledge, and based upon information and belief present at the time of the executing of this notice, I certify that the above information is accurate and complete. Prolab nutrition, inc. possesses substantiation that the statements are truthful and not misleading.

Sincerely,

NATROL, INC.

Maria Solomon Legal Assistant

MS/abs FDA-001B

cc: Elliott Balbert, President/CEO — Natrol, Inc.

Rich Stanley, VP of Marketing — Prolab Nutrition, Inc.