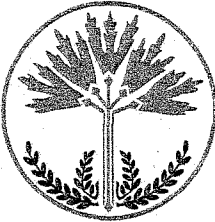
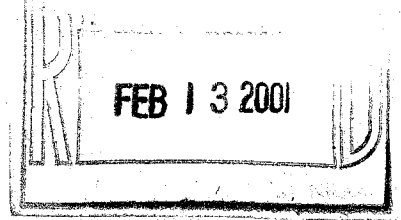


GAIA  HERBS

Manufacturers of Fresh Botanical Extracts #12:09



Division of Compliance and Enforcement/ONPLDS
Center for Food Safety and Applied Nutrition
Food and Drug Administration
HFS-810
200 C Street, SW
Washington, DC 20204

February 6, 2001

Dear Sir:

This letter is to provide notification, within the prescribed 30 days of marketing, of a new product line that contains structure function claims. The line is composed of 34 Liquid Phyto-Caps that are herbal dietary supplements. I have attached a list of these products to include a group of trial size versions of these products. I have also attached a copy of each label that contains the structure function claim as pointed out in the "label example".

Please call at 828-883-5938 if you need addition information or if you have any questions.

Sincerely,

James A. Grant
Regulatory Compliance Officer

976 0162

LET 7038

Herbal Solutions
for Healthy Living



DATE:

ORDER FORM - Herbal Solutions for Healthy Living Line

NEW ACCT

ACCT NAME

ACCT #

BILL TO ADDRESS

SHIP TO ADDRESS (IF DIFFERENT)

CITY

STATE

ZIP

TEL

FAX

ACCOUNT INSTRUCTIONS

PRODUCT NAME		ITEM #	QUANTITY ORDERED/NOTES
<input type="checkbox"/> ANTI-OXIDANT SUPREME	60 caps	A27060	
<input type="checkbox"/> CELL WISE	60 caps	A01060	
<input type="checkbox"/> DAILY DETOX	60 caps	A02060	
<input type="checkbox"/> DIET-SLIM	60 caps	A03060	
<input type="checkbox"/> ECHINACEA/GOLDENSEAL SUPREME	60 caps	A04060	
<input type="checkbox"/> ECHINACEA SUPREME	60 caps	A05060	
<input type="checkbox"/> ENERGY & VITALITY	60 caps	A06060	
<input type="checkbox"/> GINKGO/GOTU KOLA SUPREME	60 caps	A07060	
<input type="checkbox"/> GINKGO LEAF	60 caps	A08060	
<input type="checkbox"/> HAWTHORN SUPREME	60 caps	A31060	
<input type="checkbox"/> HEP-C DEEP LIVER SUPPORT	60 caps	A32060	
<input type="checkbox"/> INFLA-PROFEN	60 caps	A36060	
<input type="checkbox"/> KAVA KAVA	60 caps	A10060	
<input type="checkbox"/> LIVER HEALTH	60 caps	A11060	
<input type="checkbox"/> LOMATIUM OSHA SUPREME	60 caps	A34060	
<input type="checkbox"/> MALE LIBIDO	60 caps	A12060	
<input type="checkbox"/> MIGRA-PROFEN	60 caps	A09060	
<input type="checkbox"/> MILK THISTLE SEED	60 caps	A13060	
<input type="checkbox"/> NETTLE LEAF	60 caps	A14060	

<input type="checkbox"/> OLIVE LEAF	60 caps	A15060
<input type="checkbox"/> OREGANO LEAF	60 caps	A16060
<input type="checkbox"/> PHYTO-ESTROGEN	60 caps	A17060
<input type="checkbox"/> PHYTO-PROZ SUPREME	60 caps	A18060
<input type="checkbox"/> SERENITY with KAVA KAVA	60 caps	A23060
<input type="checkbox"/> PMS DAY 1-14	60 caps	A19060
<input type="checkbox"/> PMS DAY 14-28	60 caps	A20060
<input type="checkbox"/> SAW PALMETTO	60 caps	A21060
<input type="checkbox"/> SIBERIAN GINSENG	60 caps	A24060
<input type="checkbox"/> SOUND SLEEP	60 caps	A25060
<input type="checkbox"/> ST. JOHN'S WORT	60 caps	A22060
<input type="checkbox"/> THYROID SUPPORT	60 caps	A30060
<input type="checkbox"/> VALERIAN ROOT	60 caps	A26060
<input type="checkbox"/> VISION ENHANCEMENT	60 caps	A28060
<input type="checkbox"/> WOMEN'S LIBIDO	60 caps	A29060
<input type="checkbox"/> ECHINACEA SUPREME trial size counter display	12 paks	A71KIT
<input type="checkbox"/> ENERGY VITALITY trial size counter display	12 paks	A72KIT
<input type="checkbox"/> KAVA KAVA trial size counter display	12 paks	A73KIT
<input type="checkbox"/> MIGRA-PROFEN trial size counter display	12 paks	A74KIT
<input type="checkbox"/> SERENITY with KAVA KAVA trial size counter display	12 paks	A75KIT
<input type="checkbox"/> SOUND SLEEP trial size counter display	12 paks	A76KIT
<input type="checkbox"/> ECHINACEA SUPREME trial size shelf tray	12 paks	A80KIT
<input type="checkbox"/> ENERGY VITALITY trial size shelf tray	12 paks	A81KIT
<input type="checkbox"/> KAVA KAVA trial size shelf tray	12 paks	A82KIT
<input type="checkbox"/> MIGRA-PROFEN trial size shelf tray	12 paks	A83KIT
<input type="checkbox"/> SERENITY with KAVA KAVA trial size shelf tray	12 paks	A84KIT
<input type="checkbox"/> SOUND SLEEP trial size shelf tray	12 paks	A85KIT
<input type="checkbox"/> PHYTOCAP SHIPPER DISPLAY	108 count	A79DIS

SPECIAL ORDERING INSTRUCTIONS

TAKEN BY:

Your Product Line

Herbal Solutions for Healthy Living

Suggested Usage Panel

SUGGESTED USE:

Take 1 capsule with a small amount of warm water, every 2 hours at the onset of cold or flu. *Not to be used during pregnancy or lactation. Keep away from children. Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.*

LIQUID PHYTO-CAPS™ – Gaia Herbs' patent pending technology delivers a concentrated full spectrum alcohol-free liquid extract in a 100% vegetarian capsule. Now you can have the superior bioavailability and fast absorption of a liquid delivery system, from certified organic and ecologically wildcrafted herbs, in a convenient capsule.

CERTIFIED ORGANIC

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



Certified Organic and/or Ecologically Wildcrafted

Labels for Liquid Phyto-Caps Product

FDA-Compliant Supplement Facts Panel

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per 2 Capsules mg

Calories 14

ALCOHOL FREE CONCENTRATED EXTRACTS OF:

Echinacea purpurea flowering top ▲	120 mg†
Echinacea purpurea root ▲	72 mg†
Echinacea angustifolia root ▲	72 mg†
Echinacea purpurea seed ▲	3.0 mg†

STANDARDIZED TO FULL SPECTRUM ACTIVITY PROFILE

Bioactivity Per 2 Capsules	mg Activity
1% Isobutylamides (from Echinacea)	1.8 mg†
Total phenolic compounds	4.8 mg†

†Daily Value not established.

Other ingredients: Vegetable glycerin, lecithin, vegetable gelatin (capsule).

▲ = Certified Organic

Each 2 capsules contain 2,600 mg crude herb equivalent. Gaia Herbs Liquid Phyto-Caps™ Patent pending.

Milligrams of extract per daily dosage listed for each ingredient. Standardized Full-Spectrum Activity Profile panel. Gaia Herbs address and website.

Lot # Best By: Gaia Herbs, Inc., 108 Island Ford Rd., Brevard, NC 28712 www.gaiaherbs.com

GAIA HERBS
Liquid Phyto-Caps
ECHINACEA SUPREME
CERTIFIED ORGANIC

Ultimate Support for Healthy Immune Function*

100% VEGETARIAN
60 LIQUID-FILLED CAPSULES

Bold Structure/Function claim
Certified Organic, Ecologically Wildcrafted code for quick reference

Crude Herb equivalency compared to capsules with dry herbs.
Lot Number and "Best By" Date

SUGGESTED USE:

Take 1 capsule with a small amount of warm water 2 times daily between meals. *Not to be used during pregnancy or lactation. Keep away from children. Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.*

LIQUID PHYTO-CAPS™ – Gaia Herbs' patent pending technology delivers a concentrated full spectrum alcohol-free liquid extract in a 100% vegetarian capsule. Now you can have the superior bioavailability and fast absorption of a liquid delivery system, from certified organic and ecologically wildcrafted herbs, in a convenient capsule.

ECOLOGICALLY WILDCRAFTED

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GAIA HERBS
Liquid Phyto-Caps
ANTI-OXIDANT SUPREME

Whole-Body Plant Anti-Oxidant*

100% VEGETARIAN
60 LIQUID-FILLED CAPSULES

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per 2 Capsules mg

Calories 14

ALCOHOL FREE CONCENTRATED EXTRACTS OF:

Hawthorn berry, Solid Extract (<i>Crataegus</i> spp.) ●	100 mg†
Green Tea leaf, Decaffeinated (<i>Camellia sinensis</i>) ◆	100 mg†
Bilberry berry (<i>Vaccinium myrtillus</i>) ●	50 mg†
Ginkgo leaf (<i>Ginkgo biloba</i>) ●	20 mg†

STANDARDIZED TO FULL SPECTRUM ACTIVITY PROFILE

Bioactivity Per 2 Capsules	mg Activity
25% Anthocyanidins (from Bilberry)	12.5 mg†
80% Polyphenols (from Green Tea)	80 mg†

†Daily Value not established.

Other ingredients: Vegetable glycerin, vegetable gelatin (capsule).

● = Ecologically Wildcrafted ◆ = Untreated Chinese Origin

Each 2 capsules contain 3,000 mg crude herb equivalent. Gaia Herbs Liquid Phyto-Caps™ Patent pending.

Lot # Best By: Gaia Herbs, Inc., 108 Island Ford Rd., Brevard, NC 28712 www.gaiaherbs.com

SUGGESTED USE:

Take 1 capsule with a small amount of warm water 2 times daily between meals. *Not to be used during pregnancy or lactation. Keep away from children. Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.*

LIQUID PHYTO-CAPS™ – Gaia Herbs' patent pending technology delivers a concentrated full spectrum alcohol-free liquid extract in a 100% vegetarian capsule. Now you can have the superior bioavailability and fast absorption of a liquid delivery system, from certified organic and ecologically wildcrafted herbs, in a convenient capsule.

ECOLOGICALLY WILDCRAFTED

CERTIFIED ORGANIC

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



GAIA HERBS
Liquid Phyto-Caps
CELL WISE

For Optimum Intra-Cellular Communication*

100% VEGETARIAN
60 LIQUID-FILLED CAPSULES

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per 2 Capsules mg

Calories 14

ALCOHOL FREE CONCENTRATED EXTRACTS OF:

Coleus root (<i>Coleus forskohlii</i>) ●	114 mg†
Ch. Skullcap (<i>Scutellaria baicalensis</i>) ◆	88 mg†
Bupleurum root (<i>Bupleurum chinense</i>) ◆	70 mg†
Feverfew (<i>Tanacetum parthenium</i>) ▲	60 mg†
Jujube date seed (<i>Zizyphus jujuba</i>) ◆	32 mg†
Licorice root (<i>Glycyrrhiza glabra</i>) ◆	20 mg†

STANDARDIZED TO FULL SPECTRUM ACTIVITY PROFILE

Bioactivity Per 2 Capsules	mg Activity
Supercritical CO ₂ Extract (<i>Zingiber off.</i>) ●	8 mg†

†Daily Value not established.

Other ingredients: Vegetable glycerin, lecithin, vegetable gelatin (capsule).

▲ = Certified Organic ● = Ecologically Wildcrafted

◆ = Untreated Chinese Origin

Each 2 capsules contain 2,000 mg crude herb equivalent. Gaia Herbs Liquid Phyto-Caps™ Patent pending.

Lot # Best By: Gaia Herbs, Inc., 108 Island Ford Rd., Brevard, NC 28712 www.gaiaherbs.com

SUGGESTED USE:

Take 1 capsule with a small amount of warm water 2 times daily between meals. *Not to be used during pregnancy or lactation. Keep away from children. Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.*

LIQUID PHYTO-CAPS™ – Gaia Herbs' patent pending technology delivers a concentrated full spectrum alcohol-free liquid extract in a 100% vegetarian capsule. Now you can have the superior bioavailability and fast absorption of a liquid delivery system, from certified organic and ecologically wildcrafted herbs, in a convenient capsule.

ECOLOGICALLY WILDCRAFTED

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**EXTRA STRENGTH**

GAIA HERBS
Liquid Phyto-Caps

**DAILY
DETOX**

For Ultimate Support of
Internal Cleansing*

100% VEGETARIAN
60 LIQUID-FILLED CAPSULES

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per 2 Capsules	mg
Calories 14	
ALCOHOL FREE CONCENTRATED EXTRACTS OF:	
Corydalis tubers (<i>Dicentra canadensis</i>) ●	40 mg†
Yellow Dock root (<i>Rumex crispus</i>) ●	40 mg†
Black Alder bark (<i>Alnus serrulata</i>) ●	36 mg†
Mayapple rhizome (<i>Podophyllum peltatum</i>) ●	32 mg†
Figwort herb (<i>Scrophularia nodosa</i>) ●	32 mg†

†Daily Value not established.

Other ingredients: Vegetable glycerin, vegetable gelatin (capsule).
● = Ecologically Wildcrafted

Each 2 capsules contain 1,800 mg crude herb equivalent.
Gaia Herbs Liquid Phyto-Caps™ Patent pending.

Lot #
Best by:

Gaia Herbs, Inc., 108 Island Ford Rd., Brevard, NC 28712
www.gaiaherbs.com

SUGGESTED USE:

Take 1 capsule with a small amount of warm water 3 times daily between meals. *Not to be used during pregnancy or lactation. Keep away from children. Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.*

LIQUID PHYTO-CAPS™ – Gaia Herbs' patent pending technology delivers a concentrated full spectrum alcohol-free liquid extract in a 100% vegetarian capsule. Now you can have the superior bioavailability and fast absorption of a liquid delivery system, from certified organic and ecologically wildcrafted herbs, in a convenient capsule.

ECOLOGICALLY WILDCRAFTED CERTIFIED ORGANIC

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**EXTRA STRENGTH**

GAIA HERBS
Liquid Phyto-Caps

DIET SLIM
with Thermogenic
and Alpha-2 Regulators

Ultimate Support for
Weight Loss*

100% VEGETARIAN
60 LIQUID-FILLED CAPSULES

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per 3 Capsules	mg
Calories 21	
ALCOHOL FREE CONCENTRATED EXTRACTS OF:	
Garcinia fruit (<i>Garcinia cambogia</i>) ●	300 mg†
Green Tea leaf* (<i>Camellia sinensis</i>) ●	150 mg†
Coleus root (<i>Coleus forskohlii</i>) ●	133 mg†
Turmeric rhizome (<i>Curcuma longa</i>) ●	80 mg†
Elder berry (<i>Sambucus canadensis</i>) ▲	80 mg†
Bitter Orange peel (<i>Citrus aurantium</i>) ●	57 mg†
Gymnema leaf (<i>Gymnema sylvestris</i>) ●	51 mg†
Yohimbe bark (<i>Corynanthe yohimbe</i>) ●	36 mg†
Bladderwrack fronds (<i>Fucus vesiculosus</i>) ●	18 mg†
Ginger rhizome, Supercritical CO ₂ Extr. (<i>Zingiber off.</i>) ●	12 mg†

STANDARDIZED TO FULL SPECTRUM ACTIVITY PROFILE

Bioactivity Per 3 Capsules	mg Activity
47% Hydroxytricric acid (from Garcinia)	141 mg†
80% Polyphenols (from Green Tea)	120 mg†

†Daily Value not established.

Other ingredients: Vegetable glycerin, lecithin, vegetable gelatin (capsule).

▲ = Certified Organic ● = Ecologically Wildcrafted

◆ = Ultra-sourced Chinese Origin ◆◆ = Ayurvedic Origin

Each 3 capsules contain 6,400 mg crude herb equivalent.
Gaia Herbs Liquid Phyto-Caps™ Patent pending.

*Note: This product contains caffeine from Green Tea.

Lot #
Best by:

Gaia Herbs, Inc., 108 Island Ford Rd., Brevard, NC 28712
www.gaiaherbs.com

SUGGESTED USE:

Take 1 capsule with a small amount of warm water 3 times daily between meals. *Not to be used during pregnancy or lactation. Keep away from children. Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.*

LIQUID PHYTO-CAPS™ – Gaia Herbs' patent pending technology delivers a concentrated full spectrum alcohol-free liquid extract in a 100% vegetarian capsule. Now you can have the superior bioavailability and fast absorption of a liquid delivery system, from certified organic and ecologically wildcrafted herbs, in a convenient capsule.

ECOLOGICALLY WILDCRAFTED CERTIFIED ORGANIC

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**EXTRA STRENGTH**

GAIA HERBS
Liquid Phyto-Caps

**ECHINACEA
GOLDENSEAL**

Ultimate Support for
Healthy Immune Function*

100% VEGETARIAN
60 LIQUID-FILLED CAPSULES

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per 3 Capsules	mg
Calories 21	
ALCOHOL FREE CONCENTRATED EXTRACTS OF:	
Echinacea purpurea root ▲	66 mg†
Echinacea purpurea flowering top ▲	66 mg†
St. John's Wort bud (<i>Hypericum perforatum</i>) ▲	60 mg†
Goldenseal root (<i>Hydrastis canadensis</i>) ▲	60 mg†
Echinacea angustifolia root ▲	54 mg†
Barberry root (<i>Berberis vulgaris</i>) ●	45 mg†
Oregon Grape root (<i>Berberis aquifolium</i>) ●	45 mg†
Echinacea purpurea seed ▲	12 mg†

STANDARDIZED TO FULL SPECTRUM ACTIVITY PROFILE

Bioactivity Per 3 Capsules	mg Activity
1% Isobutyramides (from Echinacea)	1.35 mg†
25% Total alkaloids	15 mg†

†Daily Value not established.

Other ingredients: Vegetable glycerin, lecithin, vegetable gelatin (capsule).

▲ = Certified Organic ● = Ecologically Wildcrafted

Each 3 capsules contain 3,900 mg crude herb equivalent.
Gaia Herbs Liquid Phyto-Caps™ Patent pending.

Lot #
Best by:

Gaia Herbs, Inc., 108 Island Ford Rd., Brevard, NC 28712
www.gaiaherbs.com

SUGGESTED USE:

Take 1 capsule with a small amount of warm water every 2 hours at the onset of cold or flu. *Not to be used during pregnancy or lactation. Keep away from children. Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.*

LIQUID PHYTO-CAPS™ – Gaia Herbs' patent pending technology delivers a concentrated full spectrum alcohol-free liquid extract in a 100% vegetarian capsule. Now you can have the superior bioavailability and fast absorption of a liquid delivery system, from certified organic and ecologically wildcrafted herbs, in a convenient capsule.

CERTIFIED ORGANIC

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**EXTRA STRENGTH**

GAIA HERBS
Liquid Phyto-Caps

**ECHINACEA
SUPREME**
CERTIFIED ORGANIC

Ultimate Support for
Healthy Immune Function*

100% VEGETARIAN
60 LIQUID-FILLED CAPSULES

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per 2 Capsules	mg
Calories 14	
ALCOHOL FREE CONCENTRATED EXTRACTS OF:	
Echinacea purpurea flowering top ▲	120 mg†
Echinacea purpurea root ▲	72 mg†
Echinacea angustifolia root ▲	72 mg†
Echinacea purpurea seed ▲	3.0 mg†

STANDARDIZED TO FULL SPECTRUM ACTIVITY PROFILE

Bioactivity Per 2 Capsules	mg Activity
1% Isobutyramides (from Echinacea)	1.3 mg†
Total phenolic compounds	4.8 mg†

†Daily Value not established.

Other ingredients: Vegetable glycerin, lecithin, vegetable gelatin (capsule).

▲ = Certified Organic

Each 2 capsules contain 2,600 mg crude herb equivalent.

Gaia Herbs Liquid Phyto-Caps™ Patent pending.

Lot #
Best by:

Gaia Herbs, Inc., 108 Island Ford Rd., Brevard, NC 28712
www.gaiaherbs.com

SUGGESTED USE:

Take 1 capsule with a small amount of warm water 3 times daily between meals. *Not to be used during pregnancy or lactation. Keep away from children. Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.*

LIQUID PHYTO-CAPS™ – Gaia Herbs' patent pending technology delivers a concentrated full spectrum alcohol-free liquid extract in a 100% vegetarian capsule. Now you can have the superior bioavailability and fast absorption of a liquid delivery system, from certified organic and ecologically wildcrafted herbs, in a convenient capsule.

ECOLOGICALLY WILDCRAFTED CERTIFIED ORGANIC

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0 00000 00000 0

EXTRA STRENGTH

GAIA HERBS
Liquid Phyto-Caps™

ENERGY VITALITY
with Ginseng and Green Tea

Ultimate Enhancement of
Mental and Physical Stamina*

100% VEGETARIAN
60 LIQUID-FILLED CAPSULES

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per 3 Capsules mg

Calories 21

ALCOHOL FREE CONCENTRATED EXTRACTS OF:

Green Tea leaf* (Camellia sinensis) ◆	90 mg†
Siberian Ginseng root (Eleutherococcus senticosus) ◆	90 mg†
Schizandra berry (Schizandra chinensis) ◆	75 mg†
Korean Ginseng root (Panax ginseng) ◆	51 mg†
Coia nut (Cala nutida) ●	42 mg†
Ginkgo leaf (Ginkgo biloba) ▲	36 mg†
Licorice root (Glycyrrhiza glabra) ●	30 mg†
Nettle seed (Urtica dioica) ▲	6 mg†
Prickly Ash bark (Xanthoxylum clava-herculis) ●	6 mg†

STANDARDIZED TO FULL SPECTRUM ACTIVITY PROFILE

Bioactivity Per 3 Capsules	mg Activity
80% Polyphenols (from Green Tea)	72 mg†
15% Ginsenosides (from Korean Ginseng)	7.65 mg†
0.8% Eleutherosides B & E (from Siberian Ginseng)	0.72 mg†

†Daily Value not established.

Other ingredients: Vegetable glycerin, vegetable gelatin (capsule).

▲ = Certified Organic ● = Ecologically Wildcrafted ◆ = Untreated Chinese Origin

Each 3 capsules contain 5,400 mg crude herb equivalent.

Gaia Herbs Liquid Phyto-Caps™ Patent pending.

Lot # Best by:

Gaia Herbs, Inc., 108 Island Ford Rd., Brevard, NC 28712
www.gaiaherbs.com

SUGGESTED USE:

Take 1 capsule with a small amount of warm water 2 times daily between meals. *Not to be used during pregnancy or lactation. Keep away from children. Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.*

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ECOLOGICALLY WILDCRAFTED CERTIFIED ORGANIC

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0 00000 00000 0

EXTRA STRENGTH

GAIA HERBS
Liquid Phyto-Caps™

GINKGO GOTU KOLA

Ultimate Support to
Improve Memory*

100% VEGETARIAN
60 LIQUID-FILLED CAPSULES

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per 2 Capsules mg

Calories 14

ALCOHOL FREE CONCENTRATED EXTRACTS OF:

Siberian Ginseng root (Eleutherococcus senticosus) ◆	80 mg†
Ginkgo leaf (Ginkgo biloba) ▲	40 mg†
Gotu Kola herb (Centella asiatica) ▲	40 mg†
Fo Ti (Polygonum multiflorum) ◆	28 mg†
Wild Oats tully seed (Avena sativa) ▲	22 mg†
Peppermint herb (Mentha piperita) ▲	20 mg†
Rosmary leaf, Supercritical CO ₂ Extract (Rosmarinus off.) ●	8 mg†

STANDARDIZED TO FULL SPECTRUM ACTIVITY PROFILE

Bioactivity Per 2 Capsules	mg Activity
12% Ginkgo flavonoid glycosides (from Ginkgo)	4.8 mg†
2.5% Triterpenoids (from Gotu Kola)	1.0 mg†
0.8% Eleutherosides B&E (from Siberian Ginseng)	0.64 mg†

†Daily Value not established.

Other ingredients: Vegetable glycerin, vegetable gelatin (capsule).

▲ = Certified Organic ● = Ecologically Wildcrafted ◆ = Untreated Chinese Origin

Each 2 capsules contain 3,600 mg crude herb equivalent.

Gaia Herbs Liquid Phyto-Caps™ Patent pending.

Lot # Best by:

Gaia Herbs, Inc., 108 Island Ford Rd., Brevard, NC 28712
www.gaiaherbs.com

SUGGESTED USE:

Take 1 capsule with a small amount of warm water 2 times daily between meals. *Not to be used during pregnancy or lactation. Keep away from children. Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.*

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ECOLOGICALLY WILDCRAFTED CERTIFIED ORGANIC

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0 00000 00000 0

EXTRA STRENGTH

GAIA HERBS
Liquid Phyto-Caps™

GINKGO LEAF

Ultimate Support to
Improve Memory*

100% VEGETARIAN
60 LIQUID-FILLED CAPSULES

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per 2 Capsules mg

Calories 14

ALCOHOL FREE CONCENTRATED EXTRACT OF:

Ginkgo leaf (Ginkgo biloba) ●/▲	128 mg†
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STANDARDIZED TO FULL SPECTRUM ACTIVITY PROFILE

Bioactivity Per 2 Capsules	mg Activity
24% Ginkgo flavonoid glycosides	30.8 mg†

†Daily Value not established.

Other ingredients: Vegetable glycerin, vegetable gelatin (capsule).

▲ = Certified Organic ● = Ecologically Wildcrafted

Each 2 capsules contain 6,000 mg crude herb equivalent.

Gaia Herbs Liquid Phyto-Caps™ Patent pending.

Lot # Best by:

Gaia Herbs, Inc., 108 Island Ford Rd., Brevard, NC 28712
www.gaiaherbs.com

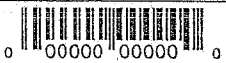
SUGGESTED USE:

Take 1 capsule with a small amount of warm water 2 times daily between meals. *Not to be used during pregnancy or lactation. Keep away from children. Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.*

LIQUID PHYTO-CAPS™ – Gaia Herbs' patent pending technology delivers a concentrated full spectrum alcohol-free liquid extract in a 100% vegetarian capsule. Now you can have the superior bioavailability and fast absorption of a liquid delivery system, from certified organic and ecologically wildcrafted herbs, in a convenient capsule.

ECOLOGICALLY WILDCRAFTED CERTIFIED ORGANIC

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



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EXTRA STRENGTH

GAIA HERBS
Liquid Phyto-Caps™

HAWTHORN SUPREME

Ultimate Support of
Healthy Cardiovascular Function*

100% VEGETARIAN
60 LIQUID-FILLED CAPSULES

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per 2 Capsules mg

Calories 14

ALCOHOL FREE CONCENTRATED EXTRACTS OF:

Hawthorn leaf & flower (Crataegus spp.) ▲	100 mg†
Hawthorn berry (Crataegus spp.) ●	240 mg†

STANDARDIZED TO FULL SPECTRUM ACTIVITY PROFILE

Bioactivity Per 2 Capsules	mg Activity
2% Vitexin-2''-rhamnoside (from leaf & flower)	2 mg†
5% Total flavonoid (from berry)	12 mg†

†Daily Value not established.

Other ingredients: Vegetable glycerin, vegetable gelatin (capsule).

▲ = Certified Organic ● = Ecologically Wildcrafted

Each 2 capsules contain 3,000 mg crude herb equivalent.

Gaia Herbs Liquid Phyto-Caps™ Patent pending.

Lot # Best by:

Gaia Herbs, Inc., 108 Island Ford Rd., Brevard, NC 28712
www.gaiaherbs.com

SUGGESTED USE:

Take 1 capsule with a small amount of warm water 2 times daily between meals. Not to be used during pregnancy or lactation. Keep away from children. Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.

LIQUID PHYTO-CAPS™ - Gaia Herbs' patent pending technology delivers a concentrated full spectrum alcohol-free liquid extract in a 100% vegetarian capsule. Now you can have the superior bioavailability and fast absorption of a liquid delivery system, from certified organic and ecologically wildcrafted herbs, in a convenient capsule.

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EXTRA STRENGTH

GAIA HERBS
Liquid Phyto-Caps™

HEP C
with
Astragalus and Maitake

For
Deep Liver Support*

100% VEGETARIAN
60 LIQUID-FILLED CAPSULES

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per 2 Capsules	mg
Calories 14	
ALCOHOL FREE CONCENTRATED EXTRACTS OF:	
Astragalus root (<i>Astragalus membranaceus</i>)	200 mg†
Chinese Skullcap root (<i>Scutellaria baicalensis</i>)	100 mg†
Chinese Eupileurum root (<i>Eupileurum falcatum</i>)	60 mg†
Reishi mushroom (<i>Ganoderma lucidum</i>)	30 mg†
Maitake mushroom (<i>Grifola frondosa</i>)	20 mg†
Licorice root (<i>Glycyrrhiza glabra</i>)	20 mg†

†Daily Value not established.

Other ingredients: Vegetable glycerin, vegetable gelatin (capsule).
◆ = Untreated Chinese Origin

Each 2 capsules contain 3,000 mg crude herb equivalent.
Gaia Herbs Liquid Phyto-Caps™ Patent pending.

Lot #
Best by:

Gaia Herbs, Inc., 108 Island Ford Rd., Brevard, NC 28712
www.gaiaherbs.com

SUGGESTED USE:

Take 2 capsules with a small amount of warm water 2-3 times daily between meals. Not to be used during pregnancy or lactation. Keep away from children. Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.

LIQUID PHYTO-CAPS™ - Gaia Herbs' patent pending technology delivers a concentrated full spectrum alcohol-free liquid extract in a 100% vegetarian capsule. Now you can have the superior bioavailability and fast absorption of a liquid delivery system, from certified organic and ecologically wildcrafted herbs, in a convenient capsule.

**ECOLOGICALLY WILDCRAFTED
CERTIFIED ORGANIC**

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EXTRA STRENGTH

GAIA HERBS
Liquid Phyto-Caps™

INFLA-PROFEN

For Ultimate Relief of
Back Pain & Inflammation*

100% VEGETARIAN
60 LIQUID-FILLED CAPSULES

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per 2 Capsules	mg
Calories 14	
ALCOHOL FREE CONCENTRATED EXTRACTS OF:	
Devil's Claw root (<i>Harpagophytum procumbens</i>)	300 mg†
Feverfew tops (<i>Chrysanthemum parthenium</i>)	200 mg†
Turmeric rhizome (<i>Curcuma longa</i>)	100 mg†
Yucca root (<i>Yucca spp.</i>)	46 mg†
Burdock root & seed (<i>Arctium lappa</i>)	32 mg†
Galery seed (<i>Apium graveolens</i>)	16 mg†
Jamaican Dogwood bark (<i>Piscidia erythrina</i>)	12 mg†
Nettle leaf (<i>Urtica dioica</i>)	10 mg†
Ginger rhizome, Supercritical CO ₂ Extract (<i>Zingiber off.</i>)	8 mg†

STANDARDIZED TO FULL SPECTRUM ACTIVITY PROFILE
Bioactivity Per 2 Capsules mg Activity
95% Curcumin (from Turmeric) 95 mg†
0.5% Parthenolide (from Feverfew) 1.0 mg†

†Daily Value not established.

Other ingredients: Vegetable glycerin, lecithin, vegetable gelatin (capsule).
▲ = Certified Organic ● = Ecologically Wildcrafted

Each 2 capsules contain 3,800 mg crude herb equivalent.
Gaia Herbs Liquid Phyto-Caps™ Patent pending.

Lot #
Best by:

Gaia Herbs, Inc., 108 Island Ford Rd., Brevard, NC 28712
www.gaiaherbs.com

SUGGESTED USE:

Take 1 capsule with a small amount of warm water 3 times daily between meals. Not to be used during pregnancy or lactation. Keep away from children. Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.

LIQUID PHYTO-CAPS™ - Gaia Herbs' patent pending technology delivers a concentrated full spectrum alcohol-free liquid extract in a 100% vegetarian capsule. Now you can have the superior bioavailability and fast absorption of a liquid delivery system, from certified organic and ecologically wildcrafted herbs, in a convenient capsule.

**ECOLOGICALLY WILDCRAFTED
(Boroku variety from Vanuatu)**

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



EXTRA STRENGTH

GAIA HERBS
Liquid Phyto-Caps™

KAVA KAVA

Ultimate Support for
Relaxation*

100% VEGETARIAN
60 LIQUID-FILLED CAPSULES

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per 3 Capsules	mg
Calories 6	
ALCOHOL FREE CONCENTRATED EXTRACT OF:	
Kava Kava rhizome (<i>Piper methysticum</i>)	408 mg†

STANDARDIZED TO FULL SPECTRUM ACTIVITY PROFILE
Bioactivity Per 3 Capsules mg Activity
55% Total Kavalactones (from Kava Kava) 225 mg†

†Daily Value not established.

Other ingredients: Lecithin, vegetable glycerin, vegetable gelatin (capsule).
● = Ecologically Wildcrafted

Each 3 capsules contain 3,750 mg crude herb equivalent.
Gaia Herbs Liquid Phyto-Caps™ Patent pending.

Lot #
Best by:

Gaia Herbs, Inc., 108 Island Ford Rd., Brevard, NC 28712
www.gaiaherbs.com

SUGGESTED USE:

Take 1 capsule with a small amount of warm water 2 times daily between meals. Not to be used during pregnancy or lactation. Keep away from children. Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.

LIQUID PHYTO-CAPS™ - Gaia Herbs' patent pending technology delivers a concentrated full spectrum alcohol-free liquid extract in a 100% vegetarian capsule. Now you can have the superior bioavailability and fast absorption of a liquid delivery system, from certified organic and ecologically wildcrafted herbs, in a convenient capsule.

**ECOLOGICALLY WILDCRAFTED
CERTIFIED ORGANIC**

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EXTRA STRENGTH

GAIA HERBS
Liquid Phyto-Caps™

**LIVER
HEALTH**

For Ultimate Support of
Healthy Liver Function*

100% VEGETARIAN
60 LIQUID-FILLED CAPSULES

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per 2 Capsules	mg
Calories 14	
ALCOHOL FREE CONCENTRATED EXTRACTS OF:	
Milk Thistle seed (<i>Silybum marianum</i>)	100 mg†
Turmeric rhizome (<i>Curcuma longa</i>)	100 mg†
Schizandra berry (<i>Schizandra chinensis</i>)	100 mg†
MSM (Methylsulfoniylmethane)	100 mg†
Ch. Skullcap root (<i>Scutellaria baicalensis</i>)	56 mg†
Licorice root (<i>Glycyrrhiza glabra</i>)	20 mg†

STANDARDIZED TO FULL SPECTRUM ACTIVITY PROFILE
Bioactivity Per 2 Capsules mg Activity
80% Silymarins (from Milk Thistle) 80 mg†
95% Curcumin (from Turmeric) 95 mg†

†Daily Value not established.

Other ingredients: Vegetable glycerin, lecithin, vegetable gelatin (capsule).
▲ = Certified Organic ● = Ecologically Wildcrafted
◆ = Untreated Chinese Origin

Each 2 capsules contain 5,000 mg crude herb equivalent.
Gaia Herbs Liquid Phyto-Caps™ Patent pending.

Lot #
Best by:

Gaia Herbs, Inc., 108 Island Ford Rd., Brevard, NC 28712
www.gaiaherbs.com

see docket
975-0163

SUGGESTED USE:
Take 1 capsule with a small amount of warm water 2 times daily between meals. *Not to be used during pregnancy or lactation. Keep away from children. Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.*

LIQUID PHYTO-CAPS™ - Gaia Herbs' patent pending technology delivers a concentrated full spectrum alcohol-free liquid extract in a 100% vegetarian capsule. Now you can have the superior bioavailability and fast absorption of a liquid delivery system, from certified organic and ecologically wildcrafted herbs, in a convenient capsule.

ECOLOGICALLY WILDCRAFTED CERTIFIED ORGANIC

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



EYE STRAIN STRENGTH

GAIA HERBS
Liquid Phyto-Caps™
LOMATIUM OSHA SUPREME

Ultimate Support for
Healthy Upper Respiratory Function*

100% VEGETARIAN
60 LIQUID-FILLED CAPSULES

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per 2 Capsules	mg
Calories 14	
ALCOHOL FREE CONCENTRATED EXTRACTS OF:	
Garlic bulb (<i>Allium sativum</i>) ▲	40 mg†
Osha root (<i>Ligusticum porteri</i>) ●	34 mg†
Lomatium root (<i>Lomatium dissectum</i>) ●	30 mg†
Grindelia floral bud (<i>Grindelia robusta</i>) ●	22 mg†
Irish Moss (<i>Chondrus crispus</i>) ●	20 mg†
Hyssop flowers (<i>Hyssopus off.</i>) ▲	10 mg†
Barberry root (<i>Berberis vulgaris</i>) ●	8 mg†
Oregon Grape root (<i>Berberis aquifolium</i>) ●	8 mg†
Goldenseal root (<i>Hydrastis canadensis</i>) ▲	8 mg†
Mullein leaf (<i>Verbascum ol ympicum</i>) ▲	8 mg†
Lobelia herb & seed (<i>Lobelia inflata</i>) ●	6 mg†
St. John's Wort flower bud (<i>Hypericum perforatum</i>) ▲	6 mg†
Echinacea purpurea root ▲	4 mg†
Echinacea purpurea flowering top ▲	3 mg†
Echinacea angustifolia root ▲	3 mg†
Echinacea purpurea seed ▲	0.7 mg†

†Daily Value not established.
Other ingredients: Vegetable glycerin, vegetable gelatin (capsule).
▲ = Certified Organic ● = Ecologically Wildcrafted
Each 2 capsules contain 1,200 mg crude herb equivalent.
Gaia Herbs Liquid Phyto-Caps™ Patent pending.

Lot # Best by:

Gaia Herbs, Inc., 108 Island Ford Rd., Brevard, NC 28712
www.gaiaherbs.com

SUGGESTED USE:
Take 1 capsule with a small amount of warm water 3 times daily between meals. *Not to be used during pregnancy or lactation. Keep away from children. Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.*

LIQUID PHYTO-CAPS™ - Gaia Herbs' patent pending technology delivers a concentrated full spectrum alcohol-free liquid extract in a 100% vegetarian capsule. Now you can have the superior bioavailability and fast absorption of a liquid delivery system, from certified organic and ecologically wildcrafted herbs, in a convenient capsule.

ECOLOGICALLY WILDCRAFTED CERTIFIED ORGANIC

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EYE STRAIN STRENGTH

GAIA HERBS
Liquid Phyto-Caps™
MALE LIBIDO
with Maca Root and Yohimbe

For Ultimate Enhancement of
Male Stamina & Performance*

100% VEGETARIAN
60 LIQUID-FILLED CAPSULES

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per 3 Capsules	mg
Calories 21	
ALCOHOL FREE CONCENTRATED EXTRACTS OF:	
Maca tuber (<i>Lepidium meyenii</i>) ●	120 mg†
Horny Goat Weed (<i>Epimedium grandiflorum</i>) ●	54 mg†
Saw Palmetto,	
Supercritical CO ₂ Extract (<i>Serenoa repens</i>) ●	54 mg†
Tribulus bark (<i>Tribulus terrestris</i>) ●	45 mg†
Yohimbe bark (<i>Corynanthe yohimbe</i>) ●	30 mg†
Sarsaparilla root (<i>Smilax off. v. ornata</i>) ●	24 mg†
Muira puama root (<i>Ptychopetalum olacoides</i>) ●	15 mg†
Fo Ti root (<i>Polygonum multiflorum</i>) ◆	15 mg†
Wild Oats milky seed (<i>Avena sativa</i>) ▲	15 mg†

†Daily Value not established.
Other ingredients: Vegetable glycerin, vegetable gelatin (capsule).
▲ = Certified Organic ● = Ecologically Wildcrafted
◆ = Untreated Chinese Origin
Each 3 capsules contain 2,700 mg crude herb equivalent.
Gaia Herbs Liquid Phyto-Caps™ Patent pending.

Lot # Best by:

Gaia Herbs, Inc., 108 Island Ford Rd., Brevard, NC 28712
www.gaiaherbs.com

SUGGESTED USE:
Take 2 capsules with a small amount of warm water at the onset of pain and repeat 2-3 times at 15 minute intervals. *Not to be used during pregnancy or lactation. Keep away from children. Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.*

LIQUID PHYTO-CAPS™ - Gaia Herbs' patent pending technology delivers a concentrated full spectrum alcohol-free liquid extract in a 100% vegetarian capsule. Now you can have the superior bioavailability and fast absorption of a liquid delivery system, from certified organic and ecologically wildcrafted herbs, in a convenient capsule.

ECOLOGICALLY WILDCRAFTED CERTIFIED ORGANIC

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



EYE STRAIN STRENGTH

GAIA HERBS
Liquid Phyto-Caps™
MIGRA-PROFEN
with Phospholipase A2 and COX-2 Inhibitors

For Ultimate Relief of
Headache Pain & Cramps

100% VEGETARIAN
60 LIQUID-FILLED CAPSULES

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per 2 Capsules	mg
Calories 14	
ALCOHOL FREE CONCENTRATED EXTRACTS OF:	
Feverfew leaf (<i>Tanacetum parthenium</i>) ▲	240 mg†
Ch. Skullcap root (<i>Scutellaria baicalensis</i>) ◆	110 mg†
Kava Kava (<i>Piper methysticum</i>) ●	70 mg†
Valerian root (<i>Valeriana officinalis</i>) ▲	30 mg†
Jamaican Dogwood bark (<i>Piscidia erythrina</i>) ●	20 mg†
Rosemary leaf, Supercritical Extr. (<i>Rosmarinus off.</i>) ●	8 mg†
Ginger rhizome,	
Supercritical CO ₂ Extract (<i>Zingiber off.</i>) ●	8 mg†

STANDARDIZED TO FULL SPECTRUM ACTIVITY PROFILE
Bioactivity Per 2 Capsules mg Activity
55% Kavalactones (from Kava Kava) 38.5 mg†
0.5% Parthenolide (from Feverfew) 1.2 mg†
†Daily Value not established.
Other ingredients: Vegetable glycerin, vegetable gelatin (capsule).
▲ = Certified Organic ● = Ecologically Wildcrafted
◆ = Untreated Chinese Origin
Each 2 capsules contain 5,000 mg crude herb equivalent.
Gaia Herbs Liquid Phyto-Caps™ Patent pending.

Lot # Best by:

Gaia Herbs, Inc., 108 Island Ford Rd., Brevard, NC 28712
www.gaiaherbs.com

SUGGESTED USE:
Take 1 capsule with a small amount of warm water 2 times daily between meals. *Not to be used during pregnancy or lactation. Keep away from children. Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.*

LIQUID PHYTO-CAPS™ - Gaia Herbs' patent pending technology delivers a concentrated full spectrum alcohol-free liquid extract in a 100% vegetarian capsule. Now you can have the superior bioavailability and fast absorption of a liquid delivery system, from certified organic and ecologically wildcrafted herbs, in a convenient capsule.

ECOLOGICALLY WILDCRAFTED CERTIFIED ORGANIC

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EYE STRAIN STRENGTH

GAIA HERBS
Liquid Phyto-Caps™
MILK THISTLE SEED

Ultimate Support for
Healthy Liver Function*

100% VEGETARIAN
60 LIQUID-FILLED CAPSULES

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per 2 Capsules	mg
Calories 4	
ALCOHOL FREE CONCENTRATED EXTRACT OF:	
Milk Thistle seed (<i>Silybum marianum</i>) ●/▲	300 mg†

STANDARDIZED TO FULL SPECTRUM ACTIVITY PROFILE
Bioactivity Per 2 Capsules mg Activity
80% Silymarins (from Milk Thistle) 240 mg†
†Daily Value not established.
Other ingredients: Lecithin, vegetable glycerin, vegetable gelatin (capsule).
▲ = Certified Organic ● = Ecologically Wildcrafted
Each 2 capsules contain 9,000 mg crude herb equivalent.
Gaia Herbs Liquid Phyto-Caps™ Patent pending.

Lot # Best by:

Gaia Herbs, Inc., 108 Island Ford Rd., Brevard, NC 28712
www.gaiaherbs.com

see docket
975-0163

SUGGESTED USE:

Take 1 capsule with a small amount of warm water 2 times daily between meals. *Not to be used during pregnancy or lactation. Keep away from children. Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.*

LIQUID PHYTO-CAPS™ - Gaia Herbs' patent pending technology delivers a concentrated full spectrum alcohol-free liquid extract in a 100% vegetarian capsule. Now you can have the superior bioavailability and fast absorption of a liquid delivery system, from certified organic and ecologically wildcrafted herbs, in a convenient capsule.
CERTIFIED ORGANIC

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EXTRA STRENGTH

GAIA HERBS
Liquid Phyto-Caps

NETTLE LEAF
CERTIFIED ORGANIC

For Ultimate Relief of
Allergy Symptoms*

100% VEGETARIAN
60 LIQUID-FILLED CAPSULES

Supplement Facts

Serving Size 1 Capsule	
Servings Per Container 60	
Amount Per 2 Capsules	mg
Calories 14	
ALCOHOL FREE CONCENTRATED EXTRACT OF:	
Nettle leaf (<i>Urtica dioica</i>) ▲	100 mg†
STANDARDIZED TO FULL SPECTRUM ACTIVITY PROFILE	
Bioactivity Per 2 Capsules	mg Activity
1% Caffeic acid derivatives (from Nettle)	1.0 mg†
†Daily Value not established.	

Other ingredients: Vegetable glycerin, vegetable gelatin (capsule).
▲ = Certified Organic
Each 2 capsules contain 4,000 mg crude herb equivalent.
Gaia Herbs Liquid Phyto-Caps™ Patent pending.

Lot #
Best by:

Gaia Herbs, Inc., 108 Island Ford Rd., Brevard, NC 28712
www.gaiaherbs.com

see docket
975-0163

SUGGESTED USE:

Take 1 capsule with a small amount of warm water 2 times daily between meals. *Not to be used during pregnancy or lactation. Keep away from children. Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.*

LIQUID PHYTO-CAPS™ - Gaia Herbs' patent pending technology delivers a concentrated full spectrum alcohol-free liquid extract in a 100% vegetarian capsule. Now you can have the superior bioavailability and fast absorption of a liquid delivery system, from certified organic and ecologically wildcrafted herbs, in a convenient capsule.
ECOLOGICALLY WILDCRAFTED

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EXTRA STRENGTH

GAIA HERBS
Liquid Phyto-Caps

OIL OF OREGANO

Supercritical CO₂
Extract of Oregano

100% VEGETARIAN
60 LIQUID-FILLED CAPSULES

Supplement Facts

Serving Size 1 Capsule	
Servings Per Container 60	
Amount Per 2 Capsules	mg
Calories 14	
ALCOHOL FREE CONCENTRATED EXTRACT OF:	
Oregano leaf, Supercritical CO ₂ Extract (<i>Origanum vulgare</i>) ●	400 mg†
†Daily Value not established.	

Other ingredients: Lecithin, vegetable gelatin (capsule).
● = Ecologically Wildcrafted
Each 2 capsules contain 4,000 mg crude herb equivalent.
Gaia Herbs Liquid Phyto-Caps™ Patent pending.

Lot #
Best by:

Gaia Herbs, Inc., 108 Island Ford Rd., Brevard, NC 28712
www.gaiaherbs.com

SUGGESTED USE:

Take 1 capsule with a small amount of warm water 2 times daily between meals. *Not to be used during pregnancy or lactation. Keep away from children. Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.*

LIQUID PHYTO-CAPS™ - Gaia Herbs' patent pending technology delivers a concentrated full spectrum alcohol-free liquid extract in a 100% vegetarian capsule. Now you can have the superior bioavailability and fast absorption of a liquid delivery system, from certified organic and ecologically wildcrafted herbs, in a convenient capsule.
ECOLOGICALLY WILDCRAFTED

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



EXTRA STRENGTH

GAIA HERBS
Liquid Phyto-Caps

OLIVE LEAF

Support for
Healthy Immune Function*

100% VEGETARIAN
60 LIQUID-FILLED CAPSULES

Supplement Facts

Serving Size 1 Capsule	
Servings Per Container 60	
Amount Per 2 Capsules	mg
Calories 14	
ALCOHOL FREE CONCENTRATED EXTRACT OF:	
Olive leaf (<i>Olea europaea</i>) ●	500 mg†
STANDARDIZED TO FULL SPECTRUM ACTIVITY PROFILE	
Bioactivity Per 2 Capsules	mg Activity
10% Oleuropeins	50 mg†
†Daily Value not established.	

Other ingredients: Vegetable glycerin, lecithin, vegetable gelatin (capsule).
● = Ecologically Wildcrafted
Each 2 capsules contain 3,200 mg crude herb equivalent.
Gaia Herbs Liquid Phyto-Caps™ Patent pending.

Lot #
Best by:

Gaia Herbs, Inc., 108 Island Ford Rd., Brevard, NC 28712
www.gaiaherbs.com

SUGGESTED USE:

Take 1 capsule with a small amount of warm water 3 times daily between meals. *Not to be used during pregnancy or lactation. Keep away from children. Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.*

LIQUID PHYTO-CAPS™ - Gaia Herbs' patent pending technology delivers a concentrated full spectrum alcohol-free liquid extract in a 100% vegetarian capsule. Now you can have the superior bioavailability and fast absorption of a liquid delivery system, from certified organic and ecologically wildcrafted herbs, in a convenient capsule.
ECOLOGICALLY WILDCRAFTED
CERTIFIED ORGANIC

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EXTRA STRENGTH

GAIA HERBS
Liquid Phyto-Caps

PHYTO-ESTROGEN

Support for the
Peri-Menopause and Menopausal Years*

100% VEGETARIAN
60 LIQUID-FILLED CAPSULES

Supplement Facts

Serving Size 1 Capsule	
Servings Per Container 60	
Amount Per 2 Capsules	mg
Calories 21	
ALCOHOL FREE CONCENTRATED EXTRACTS OF:	
Alfalfa leaf (<i>Medicago sativa</i>) ●	300 mg†
Vitex berry (<i>Vitex agnus-castus</i>) ●	30 mg†
Black Cohosh rhizome (<i>Cimicifuga racemosa</i>) ●	27 mg†
Red Clover blossoms (<i>Trifolium pratense</i>) ▲	21 mg†
Wild Oats milky seed (<i>Avena sativa</i>) ▲	21 mg†
Blue Vervain herb (<i>Verbena hastata</i>) ▲	18 mg†
Dandelion leaf & root (<i>Taraxacum off.</i>) ▲	12 mg†
St. John's Wort flower bud (<i>Hypericum perforatum</i>) ▲	12 mg†
Sage leaf (<i>Salvia off.</i>) ▲	12 mg†
†Daily Value not established.	

Other ingredients: Vegetable glycerin, lecithin, vegetable gelatin (capsule).
▲ = Certified Organic ● = Ecologically Wildcrafted
Each 3 capsules contain 3,000 mg crude herb equivalent.
Gaia Herbs Liquid Phyto-Caps™ Patent pending.

Lot #
Best by:

Gaia Herbs, Inc., 108 Island Ford Rd., Brevard, NC 28712
www.gaiaherbs.com

SUGGESTED USE:

Take 1 capsule with a small amount of warm water 3 times daily between meals. *Not to be used during pregnancy or lactation. Keep away from children. Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.*

LIQUID PHYTO-CAPS™ - Gaia Herbs' patent pending technology delivers a concentrated full spectrum alcohol-free liquid extract in a 100% vegetarian capsule. Now you can have the superior bioavailability and fast absorption of a liquid delivery system, from certified organic and ecologically wildcrafted herbs, in a convenient capsule.

ECOLOGICALLY WILDCRAFTED CERTIFIED ORGANIC

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



PHOTOCOPIABLES PERMITTED

GAIA HERBS
Liquid Phyto-Caps

PHYTO-PROZ SUPREME
with Professional Strength Extracts of St. John's Wort and Kava Kava

Ultimate Support for Emotional Well-Being*

100% VEGETARIAN
60 LIQUID-FILLED CAPSULES

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per 3 Capsules	mg
Calories 21	
ALCOHOL FREE CONCENTRATED EXTRACTS OF:	
St. John's Wort flower bud (<i>Hypericum perforatum</i>)	▲ 105 mg†
Kava Kava rhizome (<i>Piper methysticum</i>)	● 96 mg†
Schizandra berry (<i>Schizandra chinensis</i>)	◆ 90 mg†
Siberian Ginseng root (<i>Eleutherococcus senticosus</i>)	◆ 45 mg†
Passionflower vine (<i>Passiflora incarnata</i>)	▲ 27 mg†
Wild Oats milky seed (<i>Avena sativa</i>)	▲ 21 mg†
Goat Kola herb (<i>Centella asiatica</i>)	▲ 18 mg†
Prickly Ash bark (<i>Xanthoxylum clava-herculis</i>)	● 9 mg†
Nettle seed (<i>Urtica dioica</i>)	▲ 8 mg†
Calamus root (<i>Accurus calamus</i>)	● 3 mg†

STANDARDIZED TO FULL SPECTRUM ACTIVITY PROFILE	
Bioactivity Per 2 Capsules	mg Activity
0.5% Hypericins (from St. John's Wort)	0.525 mg†
55% Kavalactones (from Kava Kava)	52.8 mg†

†Daily Value not established.
Other ingredients: Vegetable glycerin, vegetable gelatin (capsule).
▲ = Certified Organic ● = Ecologically Wildcrafted ◆ = Untreated Chinese Origin
Each 3 capsules contain 5,400 mg crude herb equivalent.
Gaia Herbs Liquid Phyto-Caps™ Patent pending.

Lot # Best by: Gaia Herbs, Inc., 108 Island Ford Rd., Brevard, NC 28712
www.gaiaherbs.com

SUGGESTED USE:

Take 1 capsule with a small amount of warm water 2 times daily between meals. *Not to be used during pregnancy or lactation. Keep away from children. Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.*

LIQUID PHYTO-CAPS™ - Gaia Herbs' patent pending technology delivers a concentrated full spectrum alcohol-free liquid extract in a 100% vegetarian capsule. Now you can have the superior bioavailability and fast absorption of a liquid delivery system, from certified organic and ecologically wildcrafted herbs, in a convenient capsule.

ECOLOGICALLY WILDCRAFTED CERTIFIED ORGANIC

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PHOTOCOPIABLES PERMITTED

GAIA HERBS
Liquid Phyto-Caps

PMS DAY 1-14

For Ultimate Support of the Follicle Phase of the Menstrual Cycle*

100% VEGETARIAN
60 LIQUID-FILLED CAPSULES

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per 2 Capsules	mg
Calories 14	
ALCOHOL FREE CONCENTRATED EXTRACTS OF:	
Chinese Dong Quai root (<i>Angelica sinensis</i>)	◆ 164 mg†
Black Cohosh root (<i>Cimicifuga racemosa</i>)	● 30 mg†
Saw Palmetto berry (<i>Serenoa repens</i>)	● 20 mg†
Licorice root (<i>Glycyrrhiza glabra</i>)	◆ 16 mg†
Partridge berry (<i>Mitchella repens</i>)	● 16 mg†
Dandelion root & leaf (<i>Taraxacum off.</i>)	▲ 14 mg†
Ginger rhizome, Supercritical CO ₂ Extract (<i>Zingiber off.</i>)	● 8 mg†

†Daily Value not established.
Other ingredients: Vegetable glycerin, lecithin, vegetable gelatin (capsule).
▲ = Certified Organic ● = Ecologically Wildcrafted ◆ = Untreated Chinese Origin
Each 2 capsules contain 2,200 mg crude herb equivalent.
Gaia Herbs Liquid Phyto-Caps™ Patent pending.

Lot # Best by: Gaia Herbs, Inc., 108 Island Ford Rd., Brevard, NC 28712
www.gaiaherbs.com

SUGGESTED USE:

Take 1 capsule with a small amount of warm water 2 times daily between meals. *Not to be used during pregnancy or lactation. Keep away from children. Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.*

LIQUID PHYTO-CAPS™ - Gaia Herbs' patent pending technology delivers a concentrated full spectrum alcohol-free liquid extract in a 100% vegetarian capsule. Now you can have the superior bioavailability and fast absorption of a liquid delivery system, from certified organic and ecologically wildcrafted herbs, in a convenient capsule.

ECOLOGICALLY WILDCRAFTED CERTIFIED ORGANIC

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



PHOTOCOPIABLES PERMITTED

GAIA HERBS
Liquid Phyto-Caps

PMS DAY 14-28

For Ultimate Support of the Luteal Phase of the Menstrual Cycle*

100% VEGETARIAN
60 LIQUID-FILLED CAPSULES

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per 2 Capsules	mg
Calories 14	
ALCOHOL FREE CONCENTRATED EXTRACTS OF:	
Dong Quai root (<i>Angelica sinensis</i>)	◆ 36 mg†
Kava Kava rhizome (<i>Piper methysticum</i>)	● 28 mg†
Licorice root (<i>Glycyrrhiza glabra</i>)	◆ 20 mg†
Chaste Tree berry (<i>Vitex agnus-castus</i>)	● 20 mg†
Black Cohosh rhizome (<i>Cimicifuga racemosa</i>)	● 20 mg†
Wild Yam root (<i>Dioscorea villosa</i>)	▲ 16 mg†
St. John's Wort flower bud (<i>Hypericum perforatum</i>)	▲ 16 mg†
Motherwort (<i>Leonurus cardiaca</i>)	▲ 16 mg†
Ginger rhizome, Supercritical CO ₂ Extract (<i>Zingiber off.</i>)	● 8 mg†

†Daily Value not established.
Other ingredients: Vegetable glycerin, vegetable gelatin (capsule).
▲ = Certified Organic ● = Ecologically Wildcrafted ◆ = Untreated Chinese Origin
Each 2 capsules contain 1,000 mg crude herb equivalent.
Gaia Herbs Liquid Phyto-Caps™ Patent pending.

Lot # Best by: Gaia Herbs, Inc., 108 Island Ford Rd., Brevard, NC 28712
www.gaiaherbs.com

SUGGESTED USE:

Take 1 capsule with a small amount of warm water 2 times daily between meals. *Not to be used during pregnancy or lactation. Keep away from children. Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.*

LIQUID PHYTO-CAPS™ - Gaia Herbs' patent pending technology delivers a concentrated full spectrum alcohol-free liquid extract in a 100% vegetarian capsule. Now you can have the superior bioavailability and fast absorption of a liquid delivery system, from certified organic and ecologically wildcrafted herbs, in a convenient capsule.

ECOLOGICALLY WILDCRAFTED

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



PHOTOCOPIABLES PERMITTED

GAIA HERBS
Liquid Phyto-Caps

SAW PALMETTO SUPERCritical EXTRACT

Ultimate Support of Prostate Health*

100% VEGETARIAN
60 LIQUID-FILLED CAPSULES

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per 2 Capsules	mg
Calories 14	
ALCOHOL FREE CONCENTRATED EXTRACT OF:	
Saw Palmetto, Supercritical CO ₂ Extract (<i>Serenoa repens</i>)	◆ 320 mg†
STANDARDIZED TO FULL SPECTRUM ACTIVITY PROFILE	
Bioactivity Per 2 Capsules	mg Activity
85% Fatty acids (minimum)	272 mg†

†Daily Value not established.
Other ingredients: Lecithin, vegetable gelatin (capsule).
◆ = Ecologically Wildcrafted
Each 2 capsules contain 2,000 mg crude herb equivalent.
Gaia Herbs Liquid Phyto-Caps™ Patent pending.

Lot # Best by: Gaia Herbs, Inc., 108 Island Ford Rd., Brevard, NC 28712
www.gaiaherbs.com

SUGGESTED USE:

Take 1 capsule with a small amount of warm water 3 times daily between meals. *Not to be used during pregnancy or lactation. Keep away from children. Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.*

LIQUID PHYTO-CAPS™ - Gaia Herbs' patent pending technology delivers a concentrated full spectrum alcohol-free liquid extract in a 100% vegetarian capsule. Now you can have the superior bioavailability and fast absorption of a liquid delivery system, from certified organic and ecologically wildcrafted herbs, in a convenient capsule.

ECOLOGICALLY WILDCRAFTED CERTIFIED ORGANIC

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EXTRA STRENGTH

GAIA HERBS
Liquid Phyto-Caps

SERENITY
with Kava Kava

Ultimate Support of Relaxation*

100% VEGETARIAN
60 LIQUID-FILLED CAPSULES

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per 3 Capsules	mg
Calories 21	
ALCOHOL FREE CONCENTRATED EXTRACTS OF:	
Skullcap herb (<i>Scutellaria lateriflora</i>) ▲	60 mg†
Passionflower vine (<i>Passiflora incarnata</i>) ▲	60 mg†
Kava Kava rhizome (<i>Piper methysticum</i>) ●	60 mg†
Chamomile flowers (<i>Matricaria recutita</i>) ▲	45 mg†
Wild Oat milky seed (<i>Avena sativa</i>) ▲	27 mg†
Hops Strobile (<i>Humulus lupulus</i>) ▲	24 mg†
Mugwort herb (<i>Artemisia vulgaris</i>) ▲	15 mg†
Peppermint leaf (<i>Mentha piperita</i>) ▲	9 mg†

†Daily Value not established.

Other ingredients: Vegetable glycerin, vegetable gelatin (capsule).
▲ = Certified Organic ● = Ecologically Wildcrafted

Each 3 capsules contain 2,400 mg crude herb equivalent.
Gaia Herbs Liquid Phyto-Caps™ Patent pending.

Lot #
Best by:

Gaia Herbs, Inc., 108 Island Ford Rd., Brevard, NC 28712
www.gaiaherbs.com

SUGGESTED USE:

Take 1 capsule with a small amount of warm water 2 times daily between meals. *Not to be used during pregnancy or lactation. Keep away from children. Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.*

LIQUID PHYTO-CAPS™ - Gaia Herbs' patent pending technology delivers a concentrated full spectrum alcohol-free liquid extract in a 100% vegetarian capsule. Now you can have the superior bioavailability and fast absorption of a liquid delivery system, from certified organic and ecologically wildcrafted herbs, in a convenient capsule.

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



EXTRA STRENGTH

GAIA HERBS
Liquid Phyto-Caps

SIBERIAN GINSENG

Ultimate Support to Enhance Energy & Stamina*

100% VEGETARIAN
60 LIQUID-FILLED CAPSULES

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per 2 Capsules	mg
Calories 14	
ALCOHOL FREE CONCENTRATED EXTRACT OF:	
Siberian Ginseng root (<i>Eleutherococcus senticosus</i>) ◆	400 mg†
STANDARDIZED TO FULL SPECTRUM ACTIVITY PROFILE	
Bioactivity Per 2 Capsules	mg Activity
0.8% Eleutheroside B & E	3.2 mg†

†Daily Value not established.

Other ingredients: Vegetable glycerin, vegetable gelatin (capsule).
◆ = Untreated Chinese Origin

Each 2 capsules contain 10,000 mg crude herb equivalent.
Gaia Herbs Liquid Phyto-Caps™ Patent pending.

Lot #
Best by:

Gaia Herbs, Inc., 108 Island Ford Rd., Brevard, NC 28712
www.gaiaherbs.com

SUGGESTED USE:

Take 2 capsules with a small amount of warm water 1 hour before bed. *Not to be used during pregnancy or lactation. Keep away from children. Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.*

LIQUID PHYTO-CAPS™ - Gaia Herbs' patent pending technology delivers a concentrated full spectrum alcohol-free liquid extract in a 100% vegetarian capsule. Now you can have the superior bioavailability and fast absorption of a liquid delivery system, from certified organic and ecologically wildcrafted herbs, in a convenient capsule.

ECOLOGICALLY WILDCRAFTED CERTIFIED ORGANIC

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EXTRA STRENGTH

GAIA HERBS
Liquid Phyto-Caps

SOUND SLEEP

Ultimate Support for Refreshing and Revitalizing Sleep*

100% VEGETARIAN
60 LIQUID-FILLED CAPSULES

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per 2 Capsules	mg
Calories 14	
ALCOHOL FREE CONCENTRATED EXTRACTS OF:	
GABA (Gamma aminobutyric acid)	106 mg†
L-Glycine	106 mg†
Valerian root (<i>Valeriana off.</i>) ▲	30 mg†
Kava Kava root & rhizome (<i>Piper methysticum</i>) ●	26 mg†
Passionflower vine (<i>Passiflora incarnata</i>) ▲	18 mg†
California Poppy (<i>Eschscholzia californica</i>) ▲	16 mg†
Skullcap herb (<i>Scutellaria lateriflora</i>) ▲	12 mg†
Hops Strobile (<i>Humulus lupulus</i>) ▲	12 mg†

†Daily Value not established.

Other ingredients: Vegetable glycerin, vegetable gelatin (capsule).
▲ = Certified Organic ● = Ecologically Wildcrafted

Each 2 capsules contain 1,800 mg crude herb equivalent.
Gaia Herbs Liquid Phyto-Caps™ Patent pending.

Lot #
Best by:

Gaia Herbs, Inc., 108 Island Ford Rd., Brevard, NC 28712
www.gaiaherbs.com

SUGGESTED USE:

Take 1 capsule with a small amount of warm water 3 times daily between meals. *Not to be used during pregnancy or lactation. Keep away from children. Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.*

LIQUID PHYTO-CAPS™ - Gaia Herbs' patent pending technology delivers a concentrated full spectrum alcohol-free liquid extract in a 100% vegetarian capsule. Now you can have the superior bioavailability and fast absorption of a liquid delivery system, from certified organic and ecologically wildcrafted herbs, in a convenient capsule.

CERTIFIED ORGANIC

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EXTRA STRENGTH

GAIA HERBS
Liquid Phyto-Caps

ST. JOHN'S WORT
CERTIFIED ORGANIC

Ultimate Support for Emotional Well-Being*

100% VEGETARIAN
60 LIQUID-FILLED CAPSULES

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per 3 Capsules	mg
Calories 21	
ALCOHOL FREE CONCENTRATED EXTRACT OF:	
St. John's Wort flower buds (<i>Hypericum perforatum</i>) ▲	540 mg†
STANDARDIZED TO FULL SPECTRUM ACTIVITY PROFILE	
Bioactivity Per 3 Capsules	mg Activity
0.5% Hypericins	2.7

†Daily Value not established.

Other ingredients: Vegetable glycerin, vegetable gelatin (capsule).
▲ = Certified Organic

Each 3 capsules contain 3,600 mg crude herb equivalent.
Gaia Herbs Liquid Phyto-Caps™ Patent pending.

Lot #
Best by:

Gaia Herbs, Inc., 108 Island Ford Rd., Brevard, NC 28712
www.gaiaherbs.com

SUGGESTED USE:

Take 1 capsule with a small amount of warm water 2 times daily between meals. *Not to be used during pregnancy or lactation. Keep away from children. Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.*

LIQUID PHYTO-CAPS™ – Gaia Herbs' patent pending technology delivers a concentrated full spectrum alcohol-free liquid extract in a 100% vegetarian capsule. Now you can have the superior bioavailability and fast absorption of a liquid delivery system, from certified organic and ecologically wildcrafted herbs, in a convenient capsule.

ECOLOGICALLY WILDCRAFTED

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EXTRA STRENGTH

GAIA HERBS
Liquid Phyto-Caps

THYROID SUPPORT

Ultimate Support for
Metabolic Enhancement*

100% VEGETARIAN
60 LIQUID-FILLED CAPSULES

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per 2 Capsules	mg
Calories 14	
ALCOHOL FREE CONCENTRATED EXTRACTS OF:	
Coleus root (<i>Coleus forskohlii</i>) ●	192 mg†
L-Tyrosine	150 mg†
Kelp fronds (<i>Nareocystis luetkeana</i>) ●	40 mg†
Bladderwrack fronds (<i>Fucus vesiculosus</i>) ●	34 mg†
Stone root (<i>Collinsonia canadensis</i>) ●	6 mg†

†Daily Value not established.

Other ingredients: Vegetable glycerin, lecithin, vegetable gelatin (capsule).

● = Ecologically wildcrafted

Each 2 capsules contain 1,800 mg crude herb equivalent.
Gaia Herbs Liquid Phyto-Caps™ Patent pending.

Lot #
Best by:Gaia Herbs, Inc., 108 Island Ford Rd., Brevard, NC 28712
www.gaiaherbs.com**SUGGESTED USE:**

Take 2 capsules with a small amount of warm water 1 hour before bed time.

Not to be used during pregnancy or lactation. Keep away from children. Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.

LIQUID PHYTO-CAPS™ – Gaia Herbs' patent pending technology delivers a concentrated full spectrum alcohol-free liquid extract in a 100% vegetarian capsule. Now you can have the superior bioavailability and fast absorption of a liquid delivery system, from certified organic and ecologically wildcrafted herbs, in a convenient capsule.

CERTIFIED ORGANIC

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EXTRA STRENGTH

GAIA HERBS
Liquid Phyto-Caps

**VALERIAN ROOT
CERTIFIED ORGANIC**

For Ultimate Support of
Restful Sleep*

100% VEGETARIAN
60 LIQUID-FILLED CAPSULES

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per 2 Capsules	mg
Calories 14	
ALCOHOL FREE CONCENTRATED EXTRACT OF:	
Valerian root (<i>Valeriana off.</i>) ▲	200 mg†
STANDARDIZED TO FULL SPECTRUM ACTIVITY PROFILE	
Bioactivity Per 2 Capsules	mg Activity
0.9% Valeranic acid (from Valerian)	1.8 mg†

†Daily Value not established.

Other ingredients: Vegetable glycerin, vegetable gelatin (capsule).

▲ = Certified Organic

Each 2 capsules contain 2,000 mg crude herb equivalent.
Gaia Herbs Liquid Phyto-Caps™ Patent pending.

Lot #
Best by:Gaia Herbs, Inc., 108 Island Ford Rd., Brevard, NC 28712
www.gaiaherbs.com**SUGGESTED USE:**

Take 1 capsule with a small amount of warm water 2 times daily between meals.

Not to be used during pregnancy or lactation. Keep away from children. Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.

LIQUID PHYTO-CAPS™ – Gaia Herbs' patent pending technology delivers a concentrated full spectrum alcohol-free liquid extract in a 100% vegetarian capsule. Now you can have the superior bioavailability and fast absorption of a liquid delivery system, from certified organic and ecologically wildcrafted herbs, in a convenient capsule.

ECOLOGICALLY WILDCRAFTED

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EXTRA STRENGTH

GAIA HERBS
Liquid Phyto-Caps

VISION ENHANCEMENT

Anti-Oxidant Support for
Healthy Vision and Eye Function*

100% VEGETARIAN
60 LIQUID-FILLED CAPSULES

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per 2 Capsules	mg
Calories 14	
ALCOHOL FREE CONCENTRATED EXTRACTS OF:	
Bilberry berry (<i>Vaccinium myrtillus</i>) ●	50 mg†
Grape seed (<i>Vitis vinifera</i>) ●	20 mg†
Lutein	10 mg†
Astaxanthin ●	2 mg†
STANDARDIZED TO FULL SPECTRUM ACTIVITY PROFILE	
Bioactivity Per 2 Capsules	mg Activity
25% Anthocyanins (from Bilberry)	12.5 mg†
95% Polyphenols (from Grape Seed)	19 mg†

†Daily Value not established.

Other ingredients: Vegetable glycerin, lecithin, vegetable gelatin (capsule).

● = Ecologically Wildcrafted

Each 2 capsules contain 3,000 mg crude herb equivalent.
Gaia Herbs Liquid Phyto-Caps™ Patent pending.

Lot #
Best by:Gaia Herbs, Inc., 108 Island Ford Rd., Brevard, NC 28712
www.gaiaherbs.com**SUGGESTED USE:**

Take 1 capsule with a small amount of warm water 2 times daily between meals.

Not to be used during pregnancy or lactation. Keep away from children. Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.

LIQUID PHYTO-CAPS™ – Gaia Herbs' patent pending technology delivers a concentrated full spectrum alcohol-free liquid extract in a 100% vegetarian capsule. Now you can have the superior bioavailability and fast absorption of a liquid delivery system, from certified organic and ecologically wildcrafted herbs, in a convenient capsule.

ECOLOGICALLY WILDCRAFTED**CERTIFIED ORGANIC**

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



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EXTRA STRENGTH

GAIA HERBS
Liquid Phyto-Caps

WOMEN'S LIBIDO

For Enhancement of
Fertility and Libido*

100% VEGETARIAN
60 LIQUID-FILLED CAPSULES

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per 2 Capsules	mg
Calories 14	
ALCOHOL FREE CONCENTRATED EXTRACTS OF:	
Suma root (<i>Puffia paniculata</i>) ●	50 mg†
Catuba bark (<i>Juniperus brasiliensis</i>) ●	50 mg†
Chuchuhuasi bark (<i>Maytenus krukovii</i>) ●	30 mg†
Damiana leaf (<i>Turnera diffusa</i>) ●	26 mg†
Sarsaparilla rhizome (<i>Smilax ornata</i>) ●	26 mg†
Horny Goat Weed (<i>Epimedium grandiflorum</i>) ●	26 mg†
Wild Oats milky seed (<i>Avena sativa</i>) ▲	16 mg†
Helonias root (<i>Chamaelirium luteum</i>) ●	16 mg†
Ginger rhizome, Supercritical CO ₂ Extract ●	8 mg†

†Daily Value not established.

Other ingredients: Vegetable glycerin, vegetable gelatin (capsule).

▲ = Certified Organic ● = Ecologically Wildcrafted

Each 2 capsules contain 2,000 mg crude herb equivalent.
Gaia Herbs Liquid Phyto-Caps™ Patent pending.

Lot #
Best by:Gaia Herbs, Inc., 108 Island Ford Rd., Brevard, NC 28712
www.gaiaherbs.com