

## 15.0: SPORTS, COMMUNITY ACTIVITIES AND DRUG USAGE:

An overwhelming majority of the students are not involved in community activities (74%). However, just over half of them are actively involved in organised competitive sports as indicated by the table below. Additionally, it would appear that this influences the fact that 76% of students did not receive drug education through community involvement, since few students attend these fora and evidently all of them do not provide such exposure.

| <b>TABLE 02: INVOLVEMENT IN ACTIVITIES</b> |               |                  |
|--|---------------|------------------|
|  | <b>Sports</b> | <b>Community</b> |
| Yes  | 55%           | 26%              |
| No   | 45%           | 74%              |

Among the students who play competitive sports 14% indicated that they would take drugs if they believed that it could help improve their performance in sports, with 16% being boys and 11% girls. A conclusion may be drawn that due to the lack of drug education, students may be more inclined to believe that drugs can enhance their performance in sports, since only one-third (30%) of students involved in sports programmes were told of the dangers of using illegal drugs by coaches.

| <b>TABLE 03: DRUG USE FOR SPORTS AND RELATED EDUCATION</b> |  |   |
|--|--|---|
|  | <b>Has your coach spoken to you about drug use</b> | <b>Would you take drugs if you believed it could enhance your performance</b> |
| Yes  | 30%  | 14%   |
| No   | 29%  | 57%   |